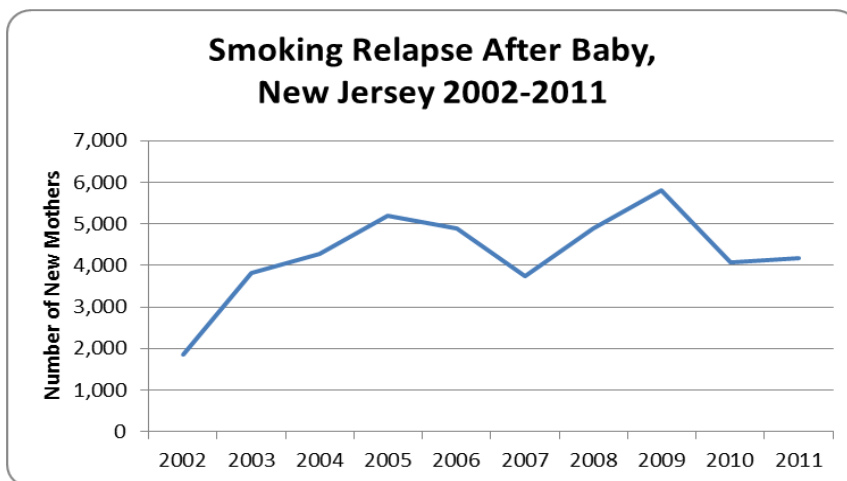




HIGHLIGHTS

Pregnancy Risk Assessment Monitoring System—A survey for healthier babies in New Jersey

Did you know that over 4,000 mothers who quit smoking during pregnancy relapse after the baby is born?



17.1% of new mothers smoked before or during pregnancy.

According to the [Smoking Cessation and Relapse Brief](#), the gold standard for screening and intervention is the Ask-Advise-Assess-Assist-Arrange (5 A's) model. Due to time constraints placed on healthcare providers, an alternative brief intervention promoted by the New Jersey Department of Health is the [Ask, Advise, Refer \(2 A's & R\)](#) model.

	(%)	(Population Estimate)
Smoked thru pregnancy	5.7	5,565
Quit late	9.6	9,278
Quit early	1.8	1,716

For more information about New Jersey mothers go to: [NJ-PRAMS Annual Chart Book](#)

To learn more about [NJ-PRAMS](#), visit: <http://nj.gov/health/fhs/professional/prams.shtml>

