Characteristics of the PAHS Sample in New Jersey, 2021-22

Race-Ethnicity
- Non-Hispanic (NH) White: 45%
- NH Black: 14%
- Hispanic or Latinx (H/L): 27%
- NH Asian: 12%
- Other NH: 2%

Employment Status (1 Year After Birth)
- Employed (Full/Part time): 60%
- Unemployed (looking for work/no plans to work): 40%

Maternal Insurance At Birth
- Commercial: 58%
- Medicaid: 39%
- Uninsured: 3%

Among birthing people in NJ:
- 29% reported delaying or did not get needed care in the year after birth.
- 19% reported *no usual source of care* in the year after birth.
- 4% reported cost-related barriers to access to prescriptions in the year after birth.

Mistreatment By Care Providers During Childbirth (MCPC)

By Race/Ethnicity
- NH White: 15%
- NH Black: 15%
- H/L: 15%
- NH Asian: 16%

By Insurance At Birth
- Commercial: 11%
- Medicaid: 21%
- Uninsured: 4%

Postpartum Substance Use Disorder (SUD)

SUD By Race-Ethnicity
- Nicotine: 11%
- Marijuana/Cannabis: 11%
- Prescription Drugs Not As Prescribed: 3% 3% 1% 1%

SUD By Health Care Access
- No SUD: 28%
- Any SUD: 35%

- Delayed/Did Not Get Needed Care in Year After Birth: 28%
- Did Not Fill/Skipped Prescriptions Due to Cost in Year After Birth: 17%

*The MCPC scale is a patient-designed and validated measure of mistreatment during childbirth spanning multiple domains: physical abuse, sexual abuse, verbal abuse, neglect and abandonment, poor rapport between women and providers, loss of confidentiality, and lack of supportive care.

* Any Susual source of care is a place or provider that an individual or family usually goes to when sick or in need of advice about their health. Emergency rooms and hospitals are not considered usual sources of care. The 2020 PAHS was undertaken by the Columbia World Project, leveraging policy to improve maternal health in the fourth trimester, Columbia University in the City of New York. More information about PAHS is available at worldprojects.columbia.edu/postpartum-assessment-health-survey-pahs
*A usual source of care is a place or provider that an individual or family usually goes to when sick or in need of advice about their health. Emergency rooms and hospitals are not considered usual sources of care.

Eviction/Unstable Housing defined as being forced to move, since giving birth, by a landlord, by a bank or other financial institutions, by the government, or currently living in temporary housing, group shelter, on the street, in a park, abandoned building, or automobile. Food insecurity defined as being concerned about having enough food for you or your family in the past 30 days. Low social support defined as MSPSS score ≤ 9. The MSPSS measures perceived adequacy of social support from three sources: family, friends, and significant other.

Anxiety defined as a score of 3 or greater (generalized anxiety disorder likely) on the GAD-2 at 12-14 months after childbirth.

Anxiety defined as a score of 3 or greater (major depressive disorder likely) on the PHQ-2 at 12-14 months after childbirth.

Anxiety By Race/Ethnicity

- Non-Hispanic (NH) White
- NH Black
- Hispanic or Latinx (H/L)
- NH Asian

12% NH White 9% NH Black 7% H/L 6% NH Asian

8% *no usual source of care
12% delayed or did not get needed care
15% did not fill or skipped prescriptions due to cost

Depression defined as a score of 3 or greater (major depressive disorder likely) on the PHQ-2 at 12-14 months after childbirth.

Depression By Race/Ethnicity

- Non-Hispanic (NH) White
- NH Black
- Hispanic or Latinx (H/L)
- NH Asian

7% NH White 11% NH Black 5% H/L 3% NH Asian

8% *no usual source of care
12% delayed or did not get needed care
15% did not fill or skipped prescriptions due to cost

Any Debt Collection

- NH White
- NH Black
- H/L
- NH Asian

18% NH White 43% NH Black 35% H/L 12% NH Asian

Food Insecurity

- NH White
- NH Black
- H/L
- NH Asian

6% NH White 22% NH Black 19% H/L 9% NH Asian

Unsatisfactory Child Care

- NH White
- NH Black
- H/L
- NH Asian

5% NH White 17% NH Black 8% H/L 7% NH Asian

Low Social Support

- NH White
- NH Black
- H/L
- NH Asian

10% NH White 16% NH Black 8% H/L 7% NH Asian

Eviction/Unstable housing

- NH White
- NH Black
- H/L
- NH Asian

3% NH White 6% NH Black 3% H/L 1% NH Asian

Intimate Partner Violence

- NH White
- NH Black
- H/L
- NH Asian

5% NH White 8% NH Black 4% H/L 3% NH Asian