



# HNJ2030 *HEALTHY COMMUNITIES* ACTION TEAM MEETING

December 11, 2025 1-2pm

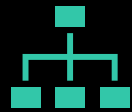
# A G E N D A



Meeting Feedback



Action Plan and Resources Review



Action Team Chair



Next Steps

# ACTION TEAM MEETING FEEDBACK



# HNJ2030 OBJECTIVES

## GOAL 2: HEALTHY COMMUNITY CONDITIONS

#	SMART Objective	Data Source	Baseline 2020	2021	2022	2023	2024	Target 2030
5A	Reduce the emergency department visit rate due to heat-related illness	<a href="#">NJDDCS</a>	7.7	9.4	8.8	6.9	9.9	5.0
5B	Reduce the incidence of Lyme disease	<a href="#">CDRSS</a>	27.7	38.0	63.4	77.0	65.8	30.0
6A	Reduce deaths due to motor vehicle-related injuries	<a href="#">Death certificate database</a>	6.4	7.5	7.4	6.8		4.5
6B	Eliminate the racial/ethnic disparity in homicide rates	<a href="#">Death certificate database</a>	20.7	17.8	13.9	11.7		1.00
6C	Eliminate the racial/ethnic disparity in adverse childhood experiences (ACEs)	<a href="#">NSCH</a>	--	--	1.2	1.7	3.0	1.00
7A	Eliminate the racial/ethnic disparity in the food insecurity rate	<a href="#">Map the Meal Gap</a>	5.67	4.00	3.50	3.43		1.00
7B	Reduce the proportion of children ages 6-17 years with obesity	<a href="#">NSCH</a>	--	--	--	21.4%		8.4%
7C	Reduce the proportion of adults with obesity	<a href="#">BRFSS</a>	28.0%	28.6%	29.1%	28.9%	27.9%	23.2%
7D	Reduce the proportion of adolescents who were not physically active for at least 60 minutes on at least 1 day in the 7 days before the survey.	<a href="#">YRBS</a>	--	14.1%	--	12.9%	--	11.6%
7E	Reduce the proportion of adults who engage in no leisure time physical activity	<a href="#">BRFSS</a>	20.4%	23.5%	22.9%	23.5%	22.5%	15.6%



**PRIORITY 5:  
REDUCE EXPOSURE TO  
ENVIRONMENTAL  
CONTAMINANTS/HAZARDS.**

# HNJ2030

## HEALTHY COMMUNITIES

### ENVIRONMENTAL HEALTH

**Goal: Healthy community conditions.**

**Priority 5: Reduce exposure to environmental contaminants/hazards**

#### **SMART Objective**

##### **5A. Reduce emergency department visits due to heat-related illness in May-September**

- **Indicator:** ED visit rate per 100,000 population due to heat-related illness in May-Sept (age-adjusted)
- **Baseline:** **7.7 (2020)**
- **Target:** **5.0** by **6/30/2030**
- **Data Source:** NJ Hospital Discharge Data Collection System (NJDDCS)
- **Lead:** **NJ Interagency Council on Climate Resilience**

#### **Strategies**

- Pass legislation requiring NJ county and municipal OEMs to issue extreme heat (Code Red) alerts.
- Provide municipalities with guidance and assistance to incorporate a climate change hazard vulnerability assessment into their Master Plan Land Use Element.
- Provide financial and technical support for urban community responses to Urban Heat Islands
- Implement a Statewide Extreme Heat Strategy
- Educate summer/sports camp programs of the public health impacts of exposure to extreme heat
- Develop statewide heat-related “maximum acceptable temperature/humidity” index standard for rental and low-income housing, workplaces, and state building code.

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## HEALTHY COMMUNITIES

### ENVIRONMENTAL HEALTH

**Goal: Healthy community conditions.**

**Priority 5: Reduce exposure to environmental contaminants/hazards**

#### **Resources**

- NJ Department of Environmental Protection
- Heat Hub NJ
- NJDOH Heat-related Illness Dashboard
- NJ Cooling Centers
- NJDOH Climate Change Resources
- NJ Environmental Public Health Tracking (EPHT) system
- Health Community Planning – NJ
- Environmental Justice Mapping, Assessment and Protection (EJMAP) tool

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## HEALTHY COMMUNITIES

### ENVIRONMENTAL HEALTH

**Goal: Healthy community conditions.**

**Priority 5: Reduce exposure to environmental contaminants/hazards**

#### **SMART Objective**

##### **5B. Reduce Lyme disease incidence.**

- **Indicator:** Incidence of Lyme disease per 100,000 population.
- **Baseline:** **38.0 (2021)**
- **Target:** **30.0** by **6/30/2030**
- **Data Source:** Communicable Disease Reporting and Surveillance System
- **Lead:** Local Health Departments

#### **Strategies**

**An Action Plan was not developed.** DOH – Communicable Disease Service staff to:

- Continue surveillance of vector-borne diseases
- Identify risk factors
- Monitor geographic trends
- Provide technical assistance and training
- Educate the public and healthcare partners

#### **Resources**

- NJDOH – Communicable Disease Service
- Vector-borne disease data dashboard



**PRIORITY 6:  
REDUCE FATALITY, SERIOUS INJURY,  
AND EXPOSURE TO VIOLENCE AND  
TRAUMATIC EXPERIENCES.**

# HNJ2030

## HEALTHY COMMUNITIES

### INJURY & VIOLENCE

**Goal: Healthy community conditions.**

**Priority 6: Reduce fatality, serious injury, and exposure to violence and traumatic experiences.**

#### SMART Objective

##### 6A. Reduce deaths due to motor vehicle-related injuries

- **Indicator:** age-adjusted death rate per 100,000 population due to motor vehicle-related injuries
- **Baseline:** 6.4 (2020)
- **Target:** 4.5 by 6/30/2030
- **Data Source:** NJ Resident Death Certificates
- **Lead:** NJDOH

#### Strategies

##### **An Action Plan was not developed.**

- Support the activities of the **New Jersey 2025 Strategic Highway Safety Plan** and the **2025 NJ Target Zero Safety Action Plan** to reduce fatalities and serious injuries from motor vehicle crashes
  - Review current messaging on the importance of seatbelt use and create additional messaging and educational resources for drivers and passengers.
  - Conduct analyses of citation and public health data, such as hospital discharge data, to identify demographic disparities in seatbelt compliance and direct targeted messaging.
  - Connect and engage with additional partners, including rideshare and taxi companies, health clinics, faith-based institutions, and community centers.

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## HEALTHY COMMUNITIES

### INJURY & VIOLENCE

**Goal:** Healthy community conditions.

**Priority 6:** Reduce fatality, serious injury, and exposure to violence and traumatic experiences.

#### SMART Objective

**6B. Eliminate the racial/ethnic disparity in homicide rates.**

- **Indicator:** ratio of age-adjusted homicide rates per 100,000 population (Black:White)
- **Baseline:** **20.7 (2020)**
- **Target:** **1.0** by **6/30/2030**
- **Data Source:** NJVDRS
- **Lead:** NJ Office of the Attorney General

#### Strategies

**An Action Plan was not developed.**

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## HEALTHY COMMUNITIES

### ADVERSE CHILDHOOD EXPERIENCES

Data from [https://www.americashealthrankings.org/explore/measures/ACEs\\_8\\_overall/NJ](https://www.americashealthrankings.org/explore/measures/ACEs_8_overall/NJ)

#### Adverse Childhood Experiences from America's Health Rankings

Year(s)	Total	Male	Female	Hispanic	White NH	Black NH	Asian NH
2022-2023	9.4	9.9	9.0	11.8	7.6	15.7	1.6

#### Has this child experienced two or more adverse childhood experiences from the list of 10 ACEs?

[NSCH 2019: Adverse childhood experiences, Nationwide](#)

Percent of children, ages 0 - 17, who have experienced 2 or more ACEs

Year(s)	Total	Male	Female	Hispanic	White NH	Black NH	Asian NH
2021-2022	12.4	12.0	12.9	16.4	11.6	14.4	2.6
2022-2023	11.7	12.5	10.9	16.0	9.1	15.9	1.5
2023	12.2	14.6	9.8	14.4	8.6	23.5	2.2

Data from <https://www.childhealthdata.org/browse>

#### Has this child experienced two or more household-based adverse childhood experiences?

Year(s)	Total	Male	Female	Hispanic	White NH	Black NH	Asian NH
2020-2021	8.7	8.5	8.8	10.4	7.0	15.8	1.9
2021	9.6	9.0	10.2	10.2	9.4	15.2	3.3
2021-2022	7.8	7.4	8.2	10.3	7.8	8.2	1.6
2022	6.3	6.1	6.5	10.9	6.1	1.7	0.0
2022-2023	6.7	7.1	6.2	9.1	6.2	7.9	0.3
2023	7.0	8.2	5.8	7.4	6.3	14.1	0.6

#### America's Health Rankings uses 9 ACEs:

- 1 Parental divorce or separation (ACE3)
- 2 Household with an alcohol or drug problem (ACE9)
- 3 Household with mental illness (ACE8)
- 4 Neighborhood violence victim or witness (ACE7)
- 5 Domestic violence witness (ACE6)
- 6 Parent served jail time (ACE5)
- 7 Treated or judged unfairly due to race/ethnicity (ACE10)
- 8 Treated or judged unfairly due to a health condition or disability (ACE11)
- 9 Death of a parent (ACE4)

#### List of 10 ACEs (National Survey of Children's Health)

- 1 Hard to cover the basics, like food or housing, on family's income (ACE1)
- 2 Parent or guardian divorced or separated (ACE3)
- 3 Parent or guardian died (ACE4)
- 4 Parent or guardian served time in jail (ACE5)
- 5 Witnessed domestic violence (ACE6)
- 6 Victim or witness of neighborhood violence (ACE7)
- 7 Lived with anyone who was mentally ill, suicidal, or severely depressed (ACE8)
- 8 Lived with anyone who had a problem with alcohol or drugs (ACE9)
- 9 Treated or judged unfairly because of his/her race or ethnic group (ACE10)
- 10 Treated or judged unfairly because of health condition or disability (ACE11)

#### List of 6 household-related ACE items asked in the NSCH:

- 1 Parent or guardian divorced or separated (ACE3)
- 2 Parent or guardian died (ACE4)
- 3 Parent or guardian served time in jail (ACE5)
- 4 Saw or heard parents or adults slap, hit, kick, or punch one another in the home (ACE6)
- 5 Lived with anyone who was mentally ill, suicidal, or severely depressed (ACE8)
- 6 Lived with anyone who had a problem with alcohol or drugs (ACE9).

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## HEALTHY COMMUNITIES

### INJURY & VIOLENCE

**Goal: Healthy community conditions.**

**Priority 6: Reduce fatality, serious injury, and exposure to violence and traumatic experiences.**

#### **SMART Objective**

##### **6C. Eliminate the racial/ethnic disparity in Adverse Childhood Experiences.**

- **Indicator:** ratio of % of children aged 0-17 who have experienced 2 or more ACEs (Black:White)
- **Baseline:** **1.2 (2021-2022)**
- **Target:** **1.0** by **6/30/2030**
- **Data Source:** National Survey of Children's Health
- **Lead:** NJ DCF, NJ Resiliency Coalition

#### **Strategies**

**An Action Plan was not developed.**

##### **NJ DCF – Office of Resilience's Priorities (Action Plan Core Strategies):**

- Achieve Trauma-Informed and Healing-Centered State Designation
- Conduct an ACEs Public Awareness and Mobilization Campaign
- Maintain Community-Driven Policy and Funding Priorities
- Provide Cross-Sector ACEs Training
- Promote Trauma-Informed/Healing-Centered Services and Supports

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## HEALTHY COMMUNITIES

### INJURY & VIOLENCE

**Goal: Healthy community conditions.**

**Priority 6: Reduce fatality, serious injury, and exposure to violence and traumatic experiences.**

#### Resources

##### **Motor vehicle related**

- Click It or Ticket
- Countermeasures That Work: A Highway Safety Countermeasure Guide
- Division of Highway Traffic Safety Annual Report
- 2024-2026 New Jersey Highway Safety Plan
- NJ Target Zero Action Plan
- National Highway Traffic Safety Administration (NHTSA) - Web Page

##### **Homicide related**

- New Jersey Violent Death Reporting System ([NJVDRS](#))
- Traumatic Loss Coalitions for Youth Program (TLC)

##### **Adverse Childhood Experiences**

- NJ DCF – Office of Resilience's Priorities - Action Plan
- NJ Resiliency Coalition



**PRIORITY 7:  
INCREASE COMMUNITY ASSETS  
TO SUPPORT HEALTHY LIVING  
(I.E., NUTRITIOUS FOOD AND OPPORTUNITIES  
TO ENGAGE IN ACTIVE LIVING).**

# HNJ2030

## HEALTHY COMMUNITIES

### COMMUNITY ASSETS

**Goal: Healthy community conditions.**

**Priority 7: Increase community assets to support healthy living (i.e. nutritious food, and opportunities to engage in active living)**

#### **SMART Objective**

**7A. Eliminate the racial/ethnic disparity in the food insecurity rate.**

- **Indicator:** ratio of % of individuals reporting food insecurity.
- **Baseline:** **5.67 (2020)**
- **Target:** **1.0** by **6/30/2030**
- **Data Source:** Map the Meal Gap
- **Lead:** NJ Office of the Food Security Advocate

#### **Strategies**

- Improve access to healthy foods at food banks and food pantries.
- Conduct outreach to eligible schools to encourage them to opt in to the Community Eligibility Provision (CEP).
- Implement the HungerFree Kids Act
- Increase enrollment in SNAP and WIC.

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## HEALTHY COMMUNITIES

### COMMUNITY ASSETS

**Goal: Healthy community conditions.**

**Priority 7: Increase community assets to support healthy living (i.e. nutritious food, and opportunities to engage in active living)**

#### SMART Objective

##### 7B. Reduce the proportion of children aged 6-17 with obesity.

- **Indicator:** % of children aged 6-17 with obesity
- **Baseline:** **21.4 (2023)**
- **Target:** Decrease to **8.4** by **6/30/2030**
- **Data Source:** National Survey of Children's Health
- **Lead:** NJ DOH

##### 7C. Reduce the proportion of adults with obesity

- **Indicator:** % of adults with obesity (age-adjusted)
- **Baseline:** **28.0 (2020)**
- **Target:** **23.2** by **6/30/2030**
- **Data Source:** BRFSS
- **Lead:** NJ DOH

#### Strategies

- Expand school participation by attending School Board Meetings, County Superintendent Round Table, County Council and Commissions, and Municipal Alliances to highlight nutrition education programs.
- Collaborate with other coalitions and organizations in counties and municipalities such as Mayor Wellness Campaigns, Health and Wellness Council, Food Access Coalitions and Food Pantries.
- Conduct community mapping to identify potential sites.
- Employ a multilevel tiered outreach strategy, by providing direct education, Policy Systems and Environmental Change and indirect social marketing activities to youth adult and seniors.

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## HEALTHY COMMUNITIES

### COMMUNITY ASSETS

**Goal: Healthy community conditions.**

**Priority 7: Increase community assets to support healthy living (i.e. nutritious food, and opportunities to engage in active living)**

#### **SMART Objective**

##### **7D. Reduce the proportion of adolescents who are not physically active**

- **Indicator:** % of high school students who were not physically active for at least 60 minutes on at least 1 day in the 7 days before the survey.
- **Baseline:** 14.1 (2021)    **Target:** 11.6 by 6/30/2030
- **Data Source:** YRBS – Data only available for odd years.
- **Lead:** NJ DOH

##### **7E. Reduce the proportion of adults who engage in no leisure time physical activity.**

- **Indicator:** % of adults who engage in no leisure time physical activity
- **Baseline:** 20.4 (2020)    **Target:** 15.6 by 6/30/2030
- **Data Source:** BRFSS
- **Lead:** NJ DOH

#### **Strategies**

- Increase schools that meet or exceed PE guidelines.
- Promote ParkRx, 10-Minute Walk, NJ Trails and All Trails websites, and other local park departments' programs.

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## HEALTHY COMMUNITIES

### COMMUNITY ASSETS

**Goal: Healthy community conditions.**

**Priority 7: Increase community assets to support healthy living (i.e. nutritious food, and opportunities to engage in active living)**

#### **Resources**

- **NJ Office of the Food Security Advocate**
- **Hunger Free NJ**
- **Working Class Families Anti-Hunger Act**
- **Hunger-Free Campus Bill**
- **The Food Trust**
- **Whole School, Whole Community, Whole Child**
- **Farmers' Market Nutrition Program & Senior Farmers' Market Nutrition Program**
- **Move Today**
- **Project Healthy Bones**
- **GetSetUp**

# ACTION TEAM CHAIR SELECTION

## **Goal: Healthy community conditions**

### **Action Team Co-Chairs**

**Jackie Bavaro, FRAC**

**Jennifer Hopkins, NJDOH -FHS**

- **Environmental Health**
  - Extreme Heat
  - Vector-borne conditions – Lyme disease
- **Injury & Violence**
  - Seat belt use
  - Homicide
  - Adverse Childhood Experiences
- **Community conditions that support healthy living**
  - Healthy Eating
  - Active Living

## NEXT STEPS



Identify existing **assets** & **resources** and potential **barriers** for each action



Sign & return HNJ Membership Manual & Confidentiality Agreement



Have a healthy, safe holiday.



Happy  
Holidays