



HNJ2030

HEALTHY COMMUNITIES ACTION TEAM MEETING

December 11, 2025 1-2pm

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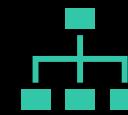
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Meeting Feedback



Action Plan and Resources Review



Action Team Chair



Next Steps

ACTION TEAM MEETING FEEDBACK



HNJ2030 OBJECTIVES

GOAL 2: HEALTHY COMMUNITY CONDITIONS

#	SMART Objective	Data Source	Baseline 2020	2021	2022	2023	2024	Target 2030
5A	Reduce the emergency department visit rate due to heat-related illness	NJDDCS	7.7	9.4	8.8	6.9	9.9	5.0
5B	Reduce the incidence of Lyme disease	CDRSS	27.7	38.0	63.4	77.0	65.8	30.0
6A	Reduce deaths due to motor vehicle-related injuries	Death certificate database	6.4	7.5	7.4	6.8		4.5
6B	Eliminate the racial/ethnic disparity in homicide rates	Death certificate database	20.7	17.8	13.9	11.7		1.00
6C	Eliminate the racial/ethnic disparity in adverse childhood experiences (ACEs)	NSCH	--	--	1.2	1.7	3.0	1.00
7A	Eliminate the racial/ethnic disparity in the food insecurity rate	Map the Meal Gap	5.67	4.00	3.50	3.43		1.00
7B	Reduce the proportion of children ages 6-17 years with obesity	NSCH	--	--	--	21.4%		8.4%
7C	Reduce the proportion of adults with obesity	BRFSS	28.0%	28.6%	29.1%	28.9%	27.9%	23.2%
7D	Reduce the proportion of adolescents who were not physically active for at least 60 minutes on at least 1 day in the 7 days before the survey.	YRBS	--	14.1%	--	12.9%	--	11.6%
7E	Reduce the proportion of adults who engage in no leisure time physical activity	BRFSS	20.4%	23.5%	22.9%	23.5%	22.5%	15.6%



PRIORITY 5: REDUCE EXPOSURE TO ENVIRONMENTAL CONTAMINANTS/HAZARDS.

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HEALTHY COMMUNITIES

ENVIRONMENTAL HEALTH

Goal: Healthy community conditions.

Priority 5: Reduce exposure to environmental contaminants/hazards

SMART Objective

5A. Reduce emergency department visits due to heat-related illness in May-September

- **Indicator:** ED visit rate per 100,000 population due to heat-related illness in May-Sept (age-adjusted)
- **Baseline:** **7.7 (2020)**
- **Target:** **5.0 by 6/30/2030**
- **Data Source:** NJ Hospital Discharge Data Collection System (NJDDCS)
- **Lead:** **NJ Interagency Council on Climate Resilience**

Strategies

- Pass legislation requiring NJ county and municipal OEMs to issue extreme heat (Code Red) alerts.
- Provide municipalities with guidance and assistance to incorporate a climate change hazard vulnerability assessment into their Master Plan Land Use Element.
- Provide financial and technical support for urban community responses to Urban Heat Islands
- Implement a Statewide Extreme Heat Strategy
- Educate summer/sports camp programs of the public health impacts of exposure to extreme heat
- Develop statewide heat-related “maximum acceptable temperature/humidity” index standard for rental and low-income housing, workplaces, and state building code.

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HEALTHY COMMUNITIES

ENVIRONMENTAL HEALTH

Goal: Healthy community conditions.

Priority 5: Reduce exposure to environmental contaminants/hazards

Resources

- NJ Department of Environmental Protection
- Heat Hub NJ
- NJDOH Heat-related Illness Dashboard
- NJ Cooling Centers
- NJDOH Climate Change Resources
- NJ Environmental Public Health Tracking (EPHT) system
- Health Community Planning – NJ
- Environmental Justice Mapping, Assessment and Protection (EJMAP) tool

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HEALTHY COMMUNITIES

ENVIRONMENTAL HEALTH

Goal: Healthy community conditions.

Priority 5: Reduce exposure to environmental contaminants/hazards

SMART Objective

5B. Reduce Lyme disease incidence.

- **Indicator:** Incidence of Lyme disease per 100,000 population.
- **Baseline:** **38.0 (2021)**
- **Target:** **30.0 by 6/30/2030**
- **Data Source:** Communicable Disease Reporting and Surveillance System
- **Lead:** Local Health Departments

Strategies

An Action Plan was not developed. DOH – Communicable Disease Service staff to:

- Continue surveillance of vector-borne diseases
- Identify risk factors
- Monitor geographic trends
- Provide technical assistance and training
- Educate the public and healthcare partners

Resources

- NJDOH – Communicable Disease Service
- Vector-borne disease data dashboard



**PRIORITY 6:
REDUCE FATALITY, SERIOUS INJURY,
AND EXPOSURE TO VIOLENCE AND
TRAUMATIC EXPERIENCES.**

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HEALTHY COMMUNITIES

INJURY & VIOLENCE

Goal: Healthy community conditions.

Priority 6: Reduce fatality, serious injury, and exposure to violence and traumatic experiences.

SMART Objective

6A. Reduce deaths due to motor vehicle-related injuries

- **Indicator:** age-adjusted death rate per 100,000 population due to motor vehicle-related injuries
- **Baseline:** **6.4 (2020)**
- **Target:** **4.5 by 6/30/2030**
- **Data Source:** NJ Resident Death Certificates
- **Lead:** NJDOH

Strategies

An Action Plan was not developed.

- Support the activities of the **New Jersey 2025 Strategic Highway Safety Plan** and the **2025 NJ Target Zero Safety Action Plan** to reduce fatalities and serious injuries from motor vehicle crashes
 - Review current messaging on the importance of seatbelt use and create additional messaging and educational resources for drivers and passengers.
 - Conduct analyses of citation and public health data, such as hospital discharge data, to identify demographic disparities in seatbelt compliance and direct targeted messaging.
 - Connect and engage with additional partners, including rideshare and taxi companies, health clinics, faith-based institutions, and community centers.

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HEALTHY COMMUNITIES

INJURY & VIOLENCE

Goal: Healthy community conditions.

Priority 6: Reduce fatality, serious injury, and exposure to violence and traumatic experiences.

SMART Objective

6B. Eliminate the racial/ethnic disparity in homicide rates.

- **Indicator:** ratio of age-adjusted homicide rates per 100,000 population (Black:White)
- **Baseline:** **20.7 (2020)**
- **Target:** **1.0 by 6/30/2030**
- **Data Source:** NJVDRS
- **Lead:** NJ Office of the Attorney General

Strategies

An Action Plan was not developed.

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HEALTHY COMMUNITIES

ADVERSE CHILDHOOD EXPERIENCES

Data from https://www.americashealthrankings.org/explore/measures/ACEs_8_overall/NJ

Adverse Childhood Experiences from America's Health Rankings

Year(s)	Total	Male	Female	Hispanic	White NH	Black NH	Asian NH
2022-2023	9.4	9.9	9.0	11.8	7.6	15.7	1.6

Has this child experienced two or more adverse childhood experiences from the list of 10 ACEs?

[NSCH 2019: Adverse childhood experiences, Nationwide](#)

Percent of children, ages 0 - 17, who have experienced 2 or more ACEs



Year(s)	Total	Male	Female	Hispanic	White NH	Black NH	Asian NH
2021-2022	12.4	12.0	12.9	16.4	11.6	14.4	2.6
2022-2023	11.7	12.5	10.9	16.0	9.1	15.9	1.5
2023	12.2	14.6	9.8	14.4	8.6	23.5	2.2

Data from <https://www.childhealthdata.org/browse>

Has this child experienced two or more household-based adverse childhood experiences?

Year(s)	Total	Male	Female	Hispanic	White NH	Black NH	Asian NH
2020-2021	8.7	8.5	8.8	10.4	7.0	15.8	1.9
2021	9.6	9.0	10.2	10.2	9.4	15.2	3.3
2021-2022	7.8	7.4	8.2	10.3	7.8	8.2	1.6
2022	6.3	6.1	6.5	10.9	6.1	1.7	0.0
2022-2023	6.7	7.1	6.2	9.1	6.2	7.9	0.3
2023	7.0	8.2	5.8	7.4	6.3	14.1	0.6

America's Health Rankings uses 9 ACEs:

- 1 Parental divorce or separation (ACE3)
- 2 Household with an alcohol or drug problem (ACE9)
- 3 Household with mental illness (ACE8)
- 4 Neighborhood violence victim or witness (ACE7)
- 5 Domestic violence witness (ACE6)
- 6 Parent served jail time (ACE5)
- 7 Treated or judged unfairly due to race/ethnicity (ACE10)
- 8 Treated or judged unfairly due to a health condition or disability (ACE11)
- 9 Death of a parent (ACE4)

List of 10 ACEs (National Survey of Children's Health)

- 1 Hard to cover the basics, like food or housing, on family's income (ACE1)
- 2 Parent or guardian divorced or separated (ACE3)
- 3 Parent or guardian died (ACE4)
- 4 Parent or guardian served time in jail (ACE5)
- 5 Witnessed domestic violence (ACE6)
- 6 Victim or witness of neighborhood violence (ACE7)
- 7 Lived with anyone who was mentally ill, suicidal, or severely depressed (ACE8)
- 8 Lived with anyone who had a problem with alcohol or drugs (ACE9)
- 9 Treated or judged unfairly because of his/her race or ethnic group (ACE10)
- 10 Treated or judged unfairly because of health condition or disability (ACE11)

List of 6 household-related ACE items asked in the NSCH:

- 1 Parent or guardian divorced or separated (ACE3)
- 2 Parent or guardian died (ACE4)
- 3 Parent or guardian served time in jail (ACE5)
- 4 Saw or heard parents or adults slap, hit, kick, or punch one another in the home (ACE6)
- 5 Lived with anyone who was mentally ill, suicidal, or severely depressed (ACE8)
- 6 Lived with anyone who had a problem with alcohol or drugs (ACE9).

HNJ2030 HEALTHY COMMUNITIES INJURY & VIOLENCE

Goal: Healthy community conditions.

Priority 6: Reduce fatality, serious injury, and exposure to violence and traumatic experiences.

SMART Objective

6C. Eliminate the racial/ethnic disparity in Adverse Childhood Experiences.

- **Indicator:** ratio of % of children aged 0-17 who have experienced 2 or more ACEs (Black:White)
- **Baseline:** 1.2 (2021-2022)
- **Target:** 1.0 by 6/30/2030
- **Data Source:** National Survey of Children's Health
- **Lead:** NJ DCF, NJ Resiliency Coalition

Strategies

An Action Plan was not developed.

NJ DCF – Office of Resilience's Priorities (Action Plan Core Strategies):

- Achieve Trauma-Informed and Healing-Centered State Designation
- Conduct an ACEs Public Awareness and Mobilization Campaign
- Maintain Community-Driven Policy and Funding Priorities
- Provide Cross-Sector ACEs Training
- Promote Trauma-Informed/Healing-Centered Services and Supports

HNJ2030 HEALTHY COMMUNITIES INJURY & VIOLENCE

Goal: Healthy community conditions.

Priority 6: Reduce fatality, serious injury, and exposure to violence and traumatic experiences.

Resources

Motor vehicle related

- Click It or Ticket
- Countermeasures That Work: A Highway Safety Countermeasure Guide
- Division of Highway Traffic Safety Annual Report
- 2024-2026 New Jersey Highway Safety Plan
- NJ Target Zero Action Plan
- National Highway Traffic Safety Administration (NHTSA) - Web Page

Homicide related

- New Jersey Violent Death Reporting System ([NJVDRS](#))
- Traumatic Loss Coalitions for Youth Program (TLC)

Adverse Childhood Experiences

- NJ DCF – Office of Resilience's Priorities - Action Plan
- NJ Resiliency Coalition



**PRIORITY 7:
INCREASE COMMUNITY ASSETS
TO SUPPORT HEALTHY LIVING
(I.E., NUTRITIOUS FOOD AND OPPORTUNITIES
TO ENGAGE IN ACTIVE LIVING).**

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HEALTHY COMMUNITIES

COMMUNITY ASSETS

Goal: Healthy community conditions.

Priority 7: Increase community assets to support healthy living (i.e. nutritious food, and opportunities to engage in active living)

SMART Objective

7A. Eliminate the racial/ethnic disparity in the food insecurity rate.

- **Indicator:** ratio of % of individuals reporting food insecurity.
- **Baseline:** **5.67 (2020)**
- **Target:** **1.0 by 6/30/2030**
- **Data Source:** Map the Meal Gap
- **Lead:** NJ Office of the Food Security Advocate

Strategies

- Improve access to healthy foods at food banks and food pantries.
- Conduct outreach to eligible schools to encourage them to opt in to the Community Eligibility Provision (CEP).
- Implement the HungerFree Kids Act
- Increase enrollment in SNAP and WIC.

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HEALTHY COMMUNITIES

COMMUNITY ASSETS

Goal: Healthy community conditions.

Priority 7: Increase community assets to support healthy living (i.e. nutritious food, and opportunities to engage in active living)

SMART Objective

7B. Reduce the proportion of children aged 6-17 with obesity.

- **Indicator:** % of children aged 6-17 with obesity
- **Baseline:** **21.4 (2023)**
- **Target:** Decrease to **8.4** by **6/30/2030**
- **Data Source:** National Survey of Children's Health
- **Lead:** NJ DOH

7C. Reduce the proportion of adults with obesity

- **Indicator:** % of adults with obesity (age-adjusted)
- **Baseline:** **28.0 (2020)**
- **Target:** **23.2** by **6/30/2030**
- **Data Source:** BRFSS
- **Lead:** NJ DOH

Strategies

- Expand school participation by attending School Board Meetings, County Superintendent Round Table, County Council and Commissions, and Municipal Alliances to highlight nutrition education programs.
- Collaborate with other coalitions and organizations in counties and municipalities such as Mayor Wellness Campaigns, Health and Wellness Council, Food Access Coalitions and Food Pantries.
- Conduct community mapping to identify potential sites.
- Employ a multilevel tiered outreach strategy, by providing direct education, Policy Systems and Environmental Change and indirect social marketing activities to youth adult and seniors.

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HEALTHY COMMUNITIES

COMMUNITY ASSETS

Goal: Healthy community conditions.

Priority 7: Increase community assets to support healthy living (i.e. nutritious food, and opportunities to engage in active living)

SMART Objective

7D. Reduce the proportion of adolescents who are not physically active

- **Indicator:** % of high school students who were not physically active for at least 60 minutes on at least 1 day in the 7 days before the survey.
- **Baseline:** **14.1 (2021)** **Target:** **11.6** by **6/30/2030**
- **Data Source:** YRBS – Data only available for odd years.
- **Lead:** NJ DOH

7E. Reduce the proportion of adults who engage in no leisure time physical activity.

- **Indicator:** % of adults who engage in no leisure time physically activity
- **Baseline:** **20.4 (2020)** **Target:** **15.6** by **6/30/2030**
- **Data Source:** BRFSS
- **Lead:** NJ DOH

Strategies

- Increase schools that meet or exceed PE guidelines.
- Promote ParkRx, 10-Minute Walk, NJ Trails and All Trails websites, and other local park departments' programs.

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HEALTHY COMMUNITIES

COMMUNITY ASSETS

Goal: Healthy community conditions.

Priority 7: Increase community assets to support healthy living (i.e. nutritious food, and opportunities to engage in active living)

Resources

- **NJ Office of the Food Security Advocate**
- **Hunger Free NJ**
- **Working Class Families Anti-Hunger Act**
- **Hunger-Free Campus Bill**
- **The Food Trust**
- **Whole School, Whole Community, Whole Child**
- **Farmers' Market Nutrition Program & Senior Farmers' Market Nutrition Program**
- **Move Today**
- **Project Healthy Bones**
- **GetSetUp**

ACTION TEAM CHAIR SELECTION

Goal: Healthy community conditions

Action Team Co-Chairs

Jackie Bavaro, FRAC

Jennifer Hopkins, NJDOH -FHS

- **Environmental Health**
 - Extreme Heat
 - Vector-borne conditions – Lyme disease
- **Injury & Violence**
 - Seat belt use
 - Homicide
 - Adverse Childhood Experiences
- **Community conditions that support healthy living**
 - Healthy Eating
 - Active Living

NEXT STEPS



Identify existing **assets** & **resources** and potential **barriers** for each action



Sign & return HNJ Membership Manual & Confidentiality Agreement



Have a healthy, safe holiday.

Happy
Holidays