

# Healthy Families – Family Health Action Team Weekly Meeting

## Meeting Minutes

Monday, May 2, 2022

Present: Mary O’Dowd, Tim Woody, John Nardi, Theresa Daniels, Kathryn Corpuz  
Next meeting: Monday, May 9, 2022

### 1. Summary

- Thoughts and discussion expanding upon last week’s meeting with guest speakers from Rutgers, Center for Research on Ending Violence:
  - Key themes: community engagement, addressing barriers to access, and tailoring programs to different target audiences
  - With regards to law enforcement, there can potentially be universal guidance to address related issues. However, we should note that each municipality has their own rule. There should be flexibility to allow municipalities to implement law enforcement rules that are culturally appropriate.
  - We can consider the following questions: What are different counties doing to address these issues? What is working? What is not?
  - Sexual violence response teams are in every county. Some do automatic callouts. Some municipalities are not part of the county response, but they respond individually. Response teams act differently depending on the location.
  - Regarding the healthy relationships piece:
    - Questions to consider: What are schools teaching on the topic of healthy relationships? How does this differ for elementary, middle, and high schools? What about at the college level (particularly among community colleges)? Do schools at these different levels need more information? What information and messaging are schools providing about healthy relationships?
    - Would be good to understand Title IX programs/policies for universities and colleges
    - Possible recommendation – Secretary for the Commission on Higher Education to convene a group to conduct campus climate surveys that highlight best practices on programs to address domestic violence/sexual violence
      - Statewide campus sexual assault council (or commission?) – Question of whether county or community colleges are included.
      - Recommendation to ensure that prevention and response are addressed and not just bullying, dating violence, etc.
      - At the annual teacher’s convention (for NJEA), do these discussions about healthy relationships, domestic/sexual violence, etc. come up? Should they be talking about these topics? Should they also discuss how to talk about these topics to students?

- Possible recommendation – At the PTA or PTO convention, perhaps as a prevention measure, there can be a requirement that persons with district level positions be trained annually or every other year on how to address these issues.
    - Mentioned an Advisory Council on Domestic Violence in NJ
  - If there are efforts to change/update the curriculum, there is a potential to add the piece about healthy relationships. Referring to the health studies education curriculum. It has all topics that can be talked about, but currently teachers can choose which topic to discuss with their students. The topic of healthy relationships might be discussed, but other teachers may choose to focus on nutrition instead.
    - For consideration – Is there a way to change this situation?
    - Schools are teaching about harassment, intimidation, bullying, etc., but it is important to note that those are all aspects to address when talking about healthy relationships.
- 100+ Men Against Domestic Violence – This may be something to advocate within the Office of Resilience?
- For consideration – training opportunity for nurses supporting domestic violence cases, sexual assault nurse examiners, health providers who address domestic violence cases, and/or volunteers regarding strangulation
  - Strangulation can lead to a cascade of health problems. A person who has been strangled may not present any marks, but could have a blood clot, increased prevalence to having a stroke, etc. It would be beneficial to have health providers and/or volunteers to be trained on how to talk to survivors/victims. Raises awareness among health care providers about the lasting impact/long term effects of these incidences.
  - Target health care providers for this training could be OB/GYN, urgent care providers, primary care providers, etc.
- Review of the ED draft for family friendly policies. All edits were made directly in the document, which will be shared back with the group for review.

**2. Next Steps**

- Action items:

Action Item	Responsible	Timeline
Prepare notes from the meeting on 5/2/2022	Kathryna Corpuz	To be shared by next meeting on 5/9/2022
Share notes from the meeting on 5/2/2022 with the team	Tim Woody	To be shared by next meeting on 5/9/2022
Review the health studies curricula per grade level. Check which topic areas are part of the guidance vs. what is required to be taught.	Theresa Daniels	To be shared by next meeting on 5/9/2022

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<b>Action Item</b>	<b>Responsible</b>	<b>Timeline</b>
Follow-up with the NJ Coalition to End Domestic Violence to be guest speakers later this month	Theresa Daniels	Updates to be shared by next meeting on 5/9/2022
Draft a recommendation about the training for health care providers/volunteers about strangulation and how to talk to survivors/victims.	Theresa Daniels	Updates to be shared by next meeting on 5/9/2022
Draft a recommendation about the campus sexual assault council/commission to address prevention and response and not just bullying, dating violence, etc.	Theresa Daniels and John Nardi	Updates to be shared by next meeting on 5/9/2022
Follow-up about the 100+ Men Against Domestic Violence Program. How can we work this in as a recommendation?	Tim Woody	Updates to be shared by next meeting on 5/9/2022
Send updated ED on the family friendly polices document with track changes for review	Mary O’Dowd	Updates to be shared by next meeting on 5/9/2022
For the ED draft on the family friendly policies, discuss what would be the timeline or next steps in the process of having this ED approved	Tim Woody, Theresa Daniels, John Nardi, and Ken Fowlkes	Updates to be shared by next meeting on 5/9/2022