

Healthy Families Action Team Meeting 2 Notes August 20, 2020

Attendance

Alysia Mastrangelo	Jessica Lipper
Andrea Mahon	Joanne Rosen
Barbara Bolden	David Krol
Marissa Davis	Keri Logosso-Misurell
Linda Sloan Locke	Maria Baron
Hannah Korn-Heilner for Cecilia Zalkind	Merle Weitz
Debbie Nazzaro	Tyree Oredein
Ellen Maughan	Victoria Brogan

Welcome and Context

- Background – HHS Healthy People 2030: [healthypeople.gov](https://www.healthypeople.gov)
- Reviewed 4 “buckets”:
 - Infant, child, and adolescent health (ICAH)
 - Reproductive health (RH)
 - Family-friendliness (FF)
 - Healthy behaviors (HB)

Healthy Families focus area ACT recommendations

- Feedback/comments
 - Reduce to 3 buckets because “healthy behaviors” spans all?
 - Create a separate bucket for obesity?
 - Healthy weight across lifespan
 - **Infant, Child and Adolescent Health**
 - include well baby/child visits,
 - follow up on “provisional” immunizations (high out of compliance areas)
 - mental health (group therapy)/substance use disorder (SUD) (vaping under age 18)
 - adverse childhood experiences (ACEs)
 - education and support reinforcement of healthy eating
 - **Healthy Behavior**
 - obesity & food sources
 - SUD, marijuana
 - motor vehicle accidents
 - fetal infant development
 - **Family Friendliness**
 - aging out of foster care, homelessness
 - multigenerational – family values, influence of grandparents
 - health is housing, how to measure?
 - **Reproductive Health**

- STIs, consent, assault prevention, involving men in reproductive health
- Postpartum can be wellness not just depression
- Nurture NJ – doulas and community health workers
- Health Strategic Plan and Breast-Feeding Strategic Plan

Discussion

- Healthy Living will be covering nutrition, physical activity, mental health, SUD, and self-care for adults
 - Suggestion: Change “healthy behaviors” to “healthy family behaviors” or “healthy relationships”
 - Infant mental health – related to ACEs, family relationships, etc.
 - Medicaid -? – to measure vaccination, development screenings, etc.
 - Chronic disease in children on the rise: autism, asthma, allergies, etc.
 - Collaborate with large healthcare systems
 - Pass legislation
 - Is Healthy Communities ACT going to cover lead poisoning?
 - HF can address the developmental impact of things like lead poisoning; access to care, transportation; prisoner have high rate of level poison
 - Food: access is Healthy Communities, but the family needs to know how to cook those healthy foods, etc. “Healthy eating” instead of “nutrition” for the Healthy Families aspect of it; economic impact of getting food.
 - Maria Baron to reach out to Denise Anderson
- Plans & Policy discussion (ran out of time)
 - Cross cutting strategies: (ran out of time)
 1. Equity
 2. Policy
 3. Resilience