

**Healthy Families Action Team Meeting
October 21, 2020**

Attendance

Alysia Mastrangelo
Andrea Mahon
Barbara May
Debbie Nazzaro
Ellen Maughan
Hannah Korn-Heilner

Helene Lynch
Jennifer Fearon
Joanne Rosen
Keri Logosso-Misurell
Linda Sloan Locke
Maria Baron

Marilyn Gorney-Daley
Prachi Patel
Robyn D’Oria
Trish Suplee
Tyree Oredein
Yannai Kranzler

Minutes

September 23, 2020, meeting minutes were shared with the team. Meeting minutes will be emailed for review. If any changes, email andrea.mahon@doh.nj.gov.

Meeting Expectation

Alysia Mastrangelo discussed the levers of change as shown on the power point. The team should think about what needs to change over the next 10 years, what data is available and missing, how will we measure the objectives and fill in gaps. Continued discussion on reorganized focus areas and cross cutting strategies to be included in all areas.

Advisory Council Update

Maria Baron updated the team on the Advisory Council meeting. The Advisory Council agreed on the definitions of the three Cross Cutting Strategies, Equity, Policy and Resilience. These definitions are linked on the Healthy New Jersey 2030 website. <https://healthy.nj.gov/2030/topics-objectives/cross-cutting-issues/index.shtml> Jennifer Fearon presented on policy at the Advisory Council Meeting. Equity and resilience will be addressed at the next meetings.

Survey Results

Alysia Mastrangelo shared the survey results from the September 23rd request which resulted with most of the team interested in serving on the reproductive, maternal and infant health subcommittee. Additionally, based on discussion at the previous meeting, two subcommittee options were created: Option A. 3 subcommittees; Option B. 4 subcommittees. As shown on the October 21, 2020 power point.

Open Discussion

The team discussed the challenges with age-based subcommittees.

Ellen Maughan stated that reproductive health will fall in adolescent and adult care.
Barbara May pointed out that Adult, Caregiver, Elder doesn’t make sense. Change to Elder and Caregiver.

Joanne Rosen proposed to change Elder to Senior, Team agreed.

Maria Baron also advised that Health Living Team is focused on preventive health, nutrition, fitness and substance abuse for adults. Healthy Families does not need to focus on adult health.

Barbara May and Keri Logosso-Misurell asked if Healthy New Jersey 2030 needs to be aligned with Healthy People 2030. Maria Baron advised that Healthy People is separate from Healthy New Jersey. HN2030 is focused on the people and needs in New Jersey. We are not required to follow their structure.

Debbie Nazzaro added communication, access to resources, resilience, self-care, healthy routines, sleeping, physical activity, and eating dinner together. Keri Logosso-Misurell asked if these elements are measurable. Yannai Kranzler stated that existence of a metric isn't needed at this time, we can think about and figure out the metric later.

Maria Baron added to move away from healthy behaviors, the Healthy Living Team is focused on it. There are all kind of disabilities at varying levels. People with disabilities that affect their family members. Prior to the age of 21 disability services are good, after the age 21 services are difficult. This issue has not been part of Healthy New Jersey previously.

Alysia Mastrangelo asked about breaking into subcommittees and then report back to the larger group. Everyone agreed to this structure.

Keri Logosso-Misurell asked if we can recruit for additional members for the subcommittees. Maria Baron responded to tap more people, but we don't want to overflow. Once we get past the initial development stage, then we can branch out.

Maria Baron gave an update on the interviews being conducted by the Y Alliance. These interviews are related to a person's experience with COVID-19. We will use this information to help inform HN2030. Conversations are going on now and will have results in December.

Yannai Kranzler advised that these interviews will inform communities, workers, outreach workers. Individuals do not need to have a connection to the YMCA to be interviewed. The interviews are of any context, work or life, stress of partners, families, loss of job, etc.

Alysia Mastrangelo brought the team back to moving forward with subcommittees. After lots of discussion and a final vote from the team concluded the following:

1. Infant & Child (zero – 13 years)
2. Adolescents & Young Adults (14 – 26 years)
3. Adult (27 – 64 years)
4. Seniors (65 years and greater)

Subcommittees will meet more often, and Healthy Families Team will begin to meet less after January.

Homework

Send topics for each subcommittee to andrea.mahon@doh.nj.gov by **November 11**.

Next Meeting

November 18, 2020 (zoom)