

HNJ2030 BEHAVIORAL HEALTH SUBCOMMITTEE

**May 26, 2020 Meeting via ZOOM
10:30**

ATTENDEES: Sherry Dolan—Capital Health, Barbara Johnston—MHANJ, Diane Litterer—NJPN, Angelo Valente—Drug Free NJ

We narrowed our focus down to “Timely Access to Quality Behavioral Healthcare” which will have 4 components:

1. Mental Health
2. Substance Use
3. Co-occurring Disorders
4. Tobacco/Nicotine Dependence Cessation

Substance Use will focus on access to Medication Assisted Treatment/Withdrawal Management. Tobacco use will also carry a component of Nicotine Replacement Therapies.

Access will cover both private and public access. We spoke of Network adequacy in private insurers.

Current DOBI regulations do not measure access to care.

States other than NJ have regulations that measure access to care. We can look to other states for comparison and benchmarks. MHANJ also has a network adequacy study in New Jersey from 2014. Maryland has a network adequacy study. Barbara will send these to the group. MHANJ is currently conducting a survey of providers that can be used for our work.

Barbara will send these to the group. Number of providers and clinicians.

Diane has information about the QuitCenters and NJ Substance Abuse Monitoring System (NJSAMS) has data on MAT providers.

For MAT, SAMHSA has a list of active providers and the number of pharmacies one can obtain MAT.

Parity was just passed in April and that should have an effect.

FUTURE MEETING SCHEDULE

We will exchange information via email before the Health Living Subcommittee meeting on June 4th.