



## Healthy Eating and Active Living Sub-Committee

MEETING MINUTES

MAY 9, 2022

**Attendance:** Tiffany Neal, Marla Klein, Christine Parauda, Imge Uludogan, Ashley Costello, Denise Lanza, Amy Faus, Payal Arora, Kristine Favo, Jen Hopkins

- The virtual meeting was called to order at 10 AM on 5/9/22 and the new member Christine Parauda was introduced.
- Tiffany suggested the members review the draft strategies on the *HEAL Strategy Table* document she had sent the link to and she posted it on the screen. She noted that the Action Plans are due 5/20/22. Please find the revised updated *Table* attached to these minutes. You will see that these strategies were rated on Impact and Difficulty: Promote Active Transportation, Parks after Dark, Physical Activity for People with Disabilities, and Improved Access to Places for Physical Activity. It was noted that the Trust for Public Land has a campaign called Parks within a 10 Minute Walk.
- Next the group reviewed the *Health NJ HEAL Strategies* document and that was posted on the screen. The strategies were reviewed and the members entered the responsible parties next to each strategy and discussed the strategies. Please refer to the attached document. It was decided that HEAL Promotion/Private and Public Partnership/Strengthen Collaboration, Virtual Outreach, Joint Messaging/marketing, and Health Equity would be cross-cutting/underlying to all strategies. Payal offered to share SNAP information with the group.
- The meeting ended at 11:05 AM.
- **Next Meeting: Friday, May 27 at 10am (Tiffany is seeking a minute taker)**