

# Healthy New Jersey 2020 (HNJ2030) Healthy Living Action Team

## Meeting Agenda

November 5, 2020, 10:00 – 11:30 am

Zoom

### Participants:

**ACT Members:** Diane Litterer (N.J. Prevention Network); Carolyn Beauchamp and Barbara Johnston (Mental Health Association of NJ); Laura Cerutti (TransOptions); Nicole Nazy (Morristown Medical Center); Eva Mancheno (Food Bank of New Jersey); Meredith Yorkin (Hackensack Meridian at Pascack Valley Medical Center)

**NJDOH Liaison Members:** Maria Baron (Healthy New Jersey); Nashon Hornsby (Division of Community Health Services)

**HNJ2030 Advisory Council Members:** Alycia Bayne (NORC); John Sarno (Employers Association of NJ); Sherry Dolan (Capital Health System)

### Meeting Minutes:

#### I. Update on Community Conversations

- 54 conversations have been uploaded
- 46 currently in progress
- Mostly in the form of interviews (some focus groups and creative submissions)
- Spanish translations of forms available on websites
- Need more connections to rural counties, especially Salem, Sussex, and Warren
- Planning to extend the story collection deadline, with early February in mind
- New timeline will allow greater reach into areas that have had lower representation thus far
- Next update in mid-November
- Questions?
  - i. Julia Wieczorek, Program Administrator VISTA, New Jersey YMCA State Alliance  
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#### II. Next Steps for Subcommittees

- Refine [Topic Area](#) scope
  - i. [Action Teams](#) will determine the focus issues of the four Topic Areas.
  - ii. Identify relevant health improvement action plans already in use in New Jersey.
  - iii. Assess the published plans collectively to identify gaps.
- Community collaboration
  - i. Deploy online surveys and interview community partners to collect crucial information from priority populations around the state about how they were and are affected by COVID-19.
- Objectives, targets, and action plans
  - i. Use quantitative state public health data as well as the qualitative information gathered from the surveys and interviews to establish [specific, measurable, achievable, realistic, time-bound \(SMART\) objectives](#).

- ii. Set target values to be reached by 2030 for those objectives based on Healthy People [guidelines](#).
  - iii. Develop new action plans to fill identified gaps between existing plans.
  - iv. Collectively, the action plans will become the next State Health Improvement Plan and the objectives will be used for State Health Assessment
- Showcase HN2030 development activities at the joint [Population Health Summit](#)/Culture of Health Conference (2021)

### III. **Timeline**

- Meet with subcommittees once before December meeting:
  - i. Revisit the focus issues we have prioritized
  - ii. Identify relevant health improvement action plans already in use in New Jersey.
  - iii. Assess the published plans collectively to identify gaps

### IV. **Member Updates**

- Concern about vulnerable populations who are socially isolated, do not have access to technology/need technology support
- Need to identify ways to connect people with technology
- People are accessing health care services, though not at the level pre-COVID-19
- Uptick in COVID-19 cases in NJ
- Concern about food insecurity in NJ
- “COVID-positive shifts” in the hospital: COVID positive cases moved to a specific area of the hospital and on a specific shift for treatment to reduce possibility of cross-contamination
- Importance of educating patients about the importance of wearing masks, taking precautions to stay as safe as possible
- Moving programs online
- Community organizations are providing people with bicycle helmets and reflective items for people who need to travel to work to increase visibility
- The [NJ 2020 Strategic Highway Safety Plan](#) has been released
- Extremely busy providing telehealth services
- Importance of workforce training for the next generation of population health leaders
- We are doing a lot of testing in NJ; there are different standards of testing provided throughout the state
- Capital Health System has a hospital-based violence prevention program to support trauma victims; provides wrap-around community support services to break the spiral of violence in Trenton

### V. **Next ACT Meeting**

- December 3<sup>rd</sup> 10 – 11:30 am
- We will continue this meeting series in 2021