

# **ANCORA PSYCHIATRIC HOSPITAL**

## **FACT SHEET**

Ancora Psychiatric Hospital  
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Chief Executive Officer  
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### **Mission Statement**

Ancora Psychiatric Hospital is dedicated to the care and support of each person's journey toward wellness and recovery within a culture of safety.

### **Vision Statement**

To be recognized as a trusted leader in the provision of Quality Inpatient Psychiatric Care.

### **General Information:**

- Ancora Psychiatric Hospital (APH), a smoke and tobacco free facility, is located on 650 acres about 5 miles from the town of Hammonton. This centralized location is approximately 30 miles west of Atlantic City and 30 miles east of Philadelphia.
- APH operates under the auspices of the Division of Behavioral Health Services within the New Jersey Department of Health. The Board of Trustees, which is appointed by the Deputy Commissioner of the Division of Behavioral Health Services, with the approval of the Governor, oversees hospital functioning.
- The hospital is fully accredited by the Joint Commission (JC).
- The hospital is certified by the Centers for Medicare and Medicaid Services (CMS).

### **Population Served:**

Ancora Psychiatric Hospital provides inpatient psychiatric services for adults primarily from 8 Counties, Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Ocean, and Salem Counties. Services are also provided for selected forensic patients from across the state. Ancora Psychiatric Hospital serves several distinct patient populations:

- Adults who are civilly committed, including geriatric patients
- Individuals on forensic status (NGRI: Not Guilty by Reason of Insanity, IST: Incompetent to Stand Trial, patients who fall under the provisions of Megan's Law, and individuals on a detainer from a county jail)
- Individuals with developmental disorders/neurological impairment who also have a mental illness
- Individuals with co-occurring substance use disorders
- Voluntarily Committed

### **Population Statistics Calendar Year 2020:**

<b>Admissions</b>	263
<b>Discharges</b>	340
<b>Average Daily Census</b>	351
<b>CMS Certified Beds</b>	515

## **Services Offered:**

Ancora Psychiatric Hospital provides care, treatment, and services to assist each patient in achieving his/her highest level of functioning. Treatment is provided using an inter-disciplinary team approach, a person-centered treatment plan is developed in collaboration with the patient and whenever possible, family members or significant others. Case management staff and community mental health service providers participate in the planning process and building linkages for aftercare with the patient.

The following Active Treatment services listed below are examples of programs available. Programming is fluid, influenced by an individual's strengths, needs, abilities, and preferences and can be provided on an individual, small, or large group basis. Most scheduled programming takes place in the Treatment Mall areas. Available programs are included in, but not limited to, those listed for each service:

- **Vocational Rehabilitation Services** – Workforce Development, Food Service, Print Shop, Greenhouse
- **Health & Wellbeing** – Recovery Library™, IMR™, 8 Dimensions of Wellness, recreational activities/events
- **Interpretative Services** – Bilingual groups, Interpretive service within team meetings and other groups
- **Addiction/Trauma Services** – TAMAR™, ASAM™, 12 Step meetings, individual sessions
- **Social Services** – Tools for Moving On™ and Discharge Preparedness, individual sessions
- **Creative Arts Therapies** – Art Therapy, Music Therapy, Movement Therapy group and individual sessions
- **Education** – SFEA students, GED preparation, adult education
- **Occupational Therapy** – Sensory Modulation, Community Living Skills, cognitive remediation, individual sessions
- **Physical Therapy** – Individualized assessment and treatment in physical rehabilitation
- **Wellness Providers** – WRAP, peer support, Fresh Start Self-Help Center
- **Chaplaincy** – Individual and group spiritual support, Interdenominational worship services, Chapel
- **Psychology Services** – Emotional Regulation and Symptom Management groups, individual sessions
- **Nutrition** – Nutrition groups, individual nutrition counseling

**Admissions Criteria:**

Persons are typically admitted to Ancora Psychiatric Hospital through the involuntary commitment process via Short Term Care Facilities, county hospitals, private psychiatric hospitals and less frequently via jails and designated screening centers located in each of the counties that the hospital serves. Potential admissions are referred through Division of Behavioral Health Services Centralized Admissions. The admission criteria are as follows:

- The person, if not committed, would be a danger to self or others or property by reason of mental illness.
- The person is in immediate need of care which can be provided at the hospital and which cannot be provided in a less restrictive environment.
- Legally mandated admission (by order of the court).
- Admission would be consistent with the Admissions Policy of the Division of Behavioral Health Services.

All referrals to Ancora Psychiatric Hospital are sent to the Centralized Admission Office based in Trenton Psychiatric Hospital, which assesses the appropriateness of the referral and provides medical clearance.

**Discharge Criteria:**

Under the law, a patient qualifies for discharge when he or she:

- Is no longer a danger to themselves, others or property by reason of mental illness, and
- Has a suitable place to live, and
- Has appropriate aftercare service arrangements in place.

The treatment team sets up goals and objectives with the patient for his/her hospitalization, and encourages the accomplishment of these goals prior to the patient’s discharge.

Voluntary patients may give written notice that they wish to leave the hospital. Within 48 hours of such written notice the treatment team must evaluate the patient and make a determination whether to discharge or recommit the patient. Involuntary patients may request discharge at their commitment review hearing where a Judge will make the determination.

**Employee Statistics (as of January 2021):**

Number of full-time positions	1447
Number of hourly positions	142
Number of part-time positions	88