

ANCORA PSYCHIATRIC HOSPITAL

FACT SHEET



Ancora Psychiatric Hospital
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Chief Executive Officer
Christopher J. Morrison
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Mission Statement

Ancora Psychiatric Hospital is dedicated to the care and support of each person's journey toward wellness and recovery within a culture of safety.

Vision Statement

To be recognized as a trusted leader in the provision of Quality Inpatient Psychiatric Care.

General Information:

- Ancora Psychiatric Hospital (APH), a smoke and tobacco free facility, is located on 650 acres about 5 miles from the town of Hammonton. This centralized location is approximately 30 miles west of Atlantic City and 30 miles east of Philadelphia.
- APH operates under the auspices of the Division of Mental Health and Addiction Services within the New Jersey Department of Human Services. The Board of Trustees, which is appointed by the Commissioner of the Division of Mental Health and Addiction Services, with the approval of the Governor, oversees hospital functioning.
- The hospital is fully accredited by the Joint Commission (JC).
- The hospital is certified by the Centers for Medicare and Medicaid Services (CMS).
- Per Diem Rate: \$1002 (all-inclusive).

Employee Statistics (as of January 2017):

- Number of full-time positions: 1375
- Number of part-time positions: 123
- Number of hourly positions: 130

Population Served:

Ancora Psychiatric Hospital provides inpatient psychiatric services for adults primarily from Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, Ocean, and Salem Counties. Services are also provided for selected forensic patients from across the state. Ancora Psychiatric Hospital serves several distinct patient populations:

- Adults who are civilly committed, including geriatric patients
- Individuals on forensic status (NGRI: Not Guilty by Reason of Insanity, IST: Incompetent to Stand Trial, patients who fall under the provisions of Megan’s Law, and individuals on a detainer from a county jail)
- Individuals with developmental disorders/neurological impairment who also have a mental illness
- Individuals with co-occurring substance use disorders

Population Statistics: Calendar Year 2016

Admissions:	643
Discharges:	684
Average Daily Census:	408
CMS Certified Beds:	515

Services Offered:

Ancora Psychiatric Hospital provides care, treatment, and services to assist each patient in achieving his/her highest level of functioning. Treatment is provided via two tracks of care, short term and extended care, based on each patient's needs. Using an inter-disciplinary team approach, a person-centered treatment plan is developed in collaboration with the patient and whenever possible, family members or significant others. Case management staff and community mental health service providers participate in the planning process and building linkages for aftercare with the patient.

The following treatment programs and services are examples of what is available to patients, dependent upon their strengths, needs, and level of function. Programming is fluid and patient schedules are developed and revised based on patients’ goals. Most scheduled programming takes place in treatment mall areas.

- Medical Services
- Nursing Services
- Rehabilitation Services
- Chaplaincy Services
- Clinical Nutrition Services
- Food Services

- Social Services
- Campus Brief Visit Home
- Tonsorial Services
- Interpretive Services
- Speech/Language/Hearing Services
- Addiction Services, N.A., A.A., Nicotine Anonymous
- 12 Step Orientation
- Addictions Education
- Keeping Recovery Skills Alive
- Relapse Prevention
- Consumer Self-Help Center
- Creative Arts Therapies
- Arts & Crafts
- Health Education
- Healthy Living
- Healthy Living without Smoking
- Sex Education
- Metabolic Syndrome Group
- Diabetes Education & Management
- Nutrition Club
- Medication Education
- Walking Club
- Walking & Weight Management
- Sports
- Music Activity
- Dance
- Physical Therapy Services
- Horticultural Therapy
- Pet Therapy
- Individual and Group Therapy
- Prescriptive Cognitive Remediation
- Pencil & Paper Cognitive Remediation
- Illness Management & Recovery
- Problem Solving Skills
- Introduction to Group
- Reducing Stress
- Building Relationships
- Community Re-Entry
- Coping with Legal Issues
- Self Management
- CSP Wellness & Recovery
- Leisure Education
- Managing Anxiety & Panic
- Solutions for Wellness
- Managing Bi-Polar Disorder
- Spiritual Straight Talk for Men

- Spiritual Straight Talk for Women
- Education (for patients under 22 years old)
- Managing Depression
- Emotional Regulation
- Spirituality 101
- Faith Based Stress Management
- Men's Issues
- Getting Along with People
- Vocational Education
- Goal Setting
- Grooming & Hygiene
- Recreational Therapy
- Sheltered Workshop
- Vocational Programs
- Wellness & Recovery Action Plan Group
- Orientation
- Women's Issues

Admissions Criteria:

Persons are typically admitted to Ancora Psychiatric Hospital through the involuntary commitment process via Short Term Care Facilities, county hospitals, private psychiatric hospitals and less frequently via jails and designated screening centers located in each of the counties that the hospital serves. Potential admissions are referred through DMHAS Centralized Admissions. The admission criteria are as follows:

- The person, if not committed, would be a probable danger to self or others or property by reason of mental illness.
- The person is in immediate need of care which can be provided at the hospital and which cannot be provided in a less restrictive environment.
- Legally mandated admission (by order of the court).
- Admission would be consistent with the Admissions Policy of the Division of Mental Health Services.

All referrals to Ancora Psychiatric Hospital are sent to the Centralized Admission Office based in Trenton Psychiatric Hospital, which assesses the appropriateness of the referral and provides medical clearance.

Discharge Criteria:

Under the law, a patient qualifies for discharge when he or she:

- Is no longer a danger to themselves, others or property by reason of mental illness, and
- Has a suitable place to live, and
- Has appropriate aftercare service arrangements in place.

The treatment team sets up goals and objectives with the patient for his/her hospitalization, and encourages the accomplishment of these goals prior to the patient's discharge.

Voluntary patients may give written notice that they wish to leave the hospital. Within 48 hours of such written notice the treatment team must evaluate the patient and make a determination whether to discharge or recommit the patient. Involuntary patients may request discharge at their commitment review hearing where a Judge will make the determination.