

GREYSTONE PARK PSYCHIATRIC HOSPITAL (GPPH)



**ANNUAL PUBLIC MEETING
DECEMBER 20, 2018**

LEADERSHIP

GPPH was able to fill three significant leadership vacancies in the latter part of 2017 and one significant vacancy in 2018:

- September 2017- Deputy Chief Executive Officer.
- September 2017- Director of Quality Management.
- November 2017- Medical Director.
- August 2018 – Chief Executive Officer.

The new leadership has enabled an increase in supervision, monitoring, accountability, support and coaching for the clinical disciplines in the hospital.

Executive Staff

December 2018



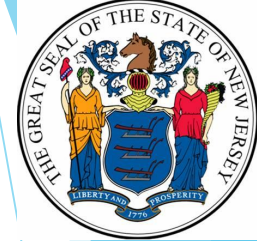
Tim Dimitrios
Executive Assistant



Tomika Carter
Chief Executive
Officer



Maria Jazenback
Secretary to the
Chief Executive
Officer



Eric Madurki
Acting Deputy Chief
Executive Officer



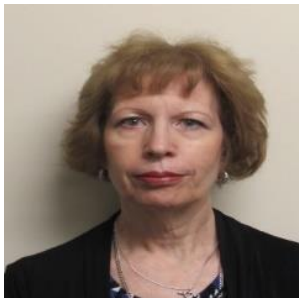
Stacey Provenzano
Chief Operating Officer



Dr. Evaristo Akerele
Medical Director



James Frey, Jr.
Acting Human
Resources Manager



Dr. Laura Romano
Chief Nursing Officer



David Hutchinson
Director of Nursing



Lois Sieklik
Director of Nursing



Dorothea Josepchs-Spaulling
Quality Management Director

Jim DiGiulio
Chairman



Sheriff James Gannon
Vice Chairman



Wayne Hasenbalg



Peter Simon



Bruce Sisler

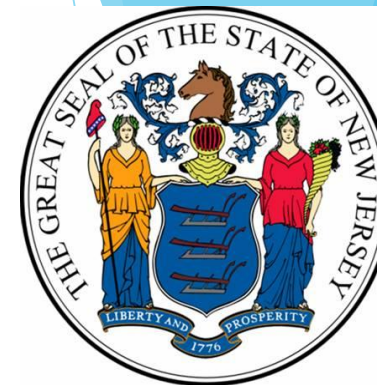


Louis A. Modugno



Michele Brown

Greystone Park Psychiatric Hospital



Board of Trustees
December 2018

ACCOMPLISHMENTS

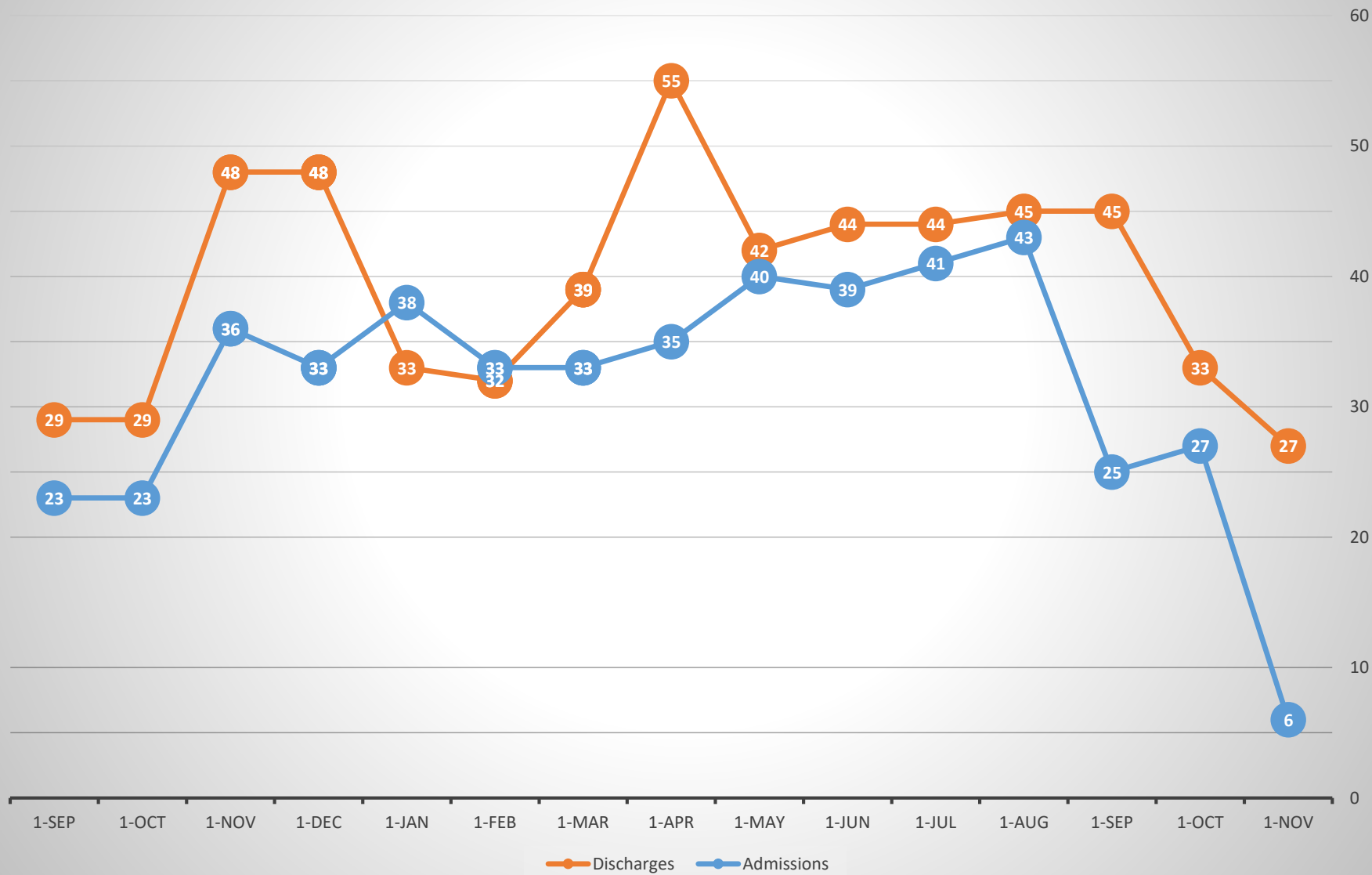
The background features a series of overlapping triangles and lines in various shades of blue, ranging from light sky blue to a deep navy blue. These geometric shapes are primarily located on the right side of the image, creating a modern, abstract design. The left side of the image is a solid white background, providing a high-contrast area for the text.

IMPROVEMENT EFFORTS

The focus of recent improvement efforts have included:

- ▶ Census Reduction.
- ▶ Clinical Governance and Quality of Care.
- ▶ Violence Reduction.
- ▶ Workforce Development.

GPPH - Admission and Discharge Totals - since 9/2017 through 11/2018



CENSUS REDUCTION

- ▶ In August 2017 the census was 548.
- ▶ January 2018 the census decreased to 510.
- ▶ In July 2018 the census further decreased to 476.
- ▶ Currently our census has decreased to 441 as of 12/6/18.
- ▶ This represents a substantial decrease in census since the beginning of the Murphy administration and a 20% decrease since the census reached a peak last summer.

CENSUS REDUCTION CONTINUED...

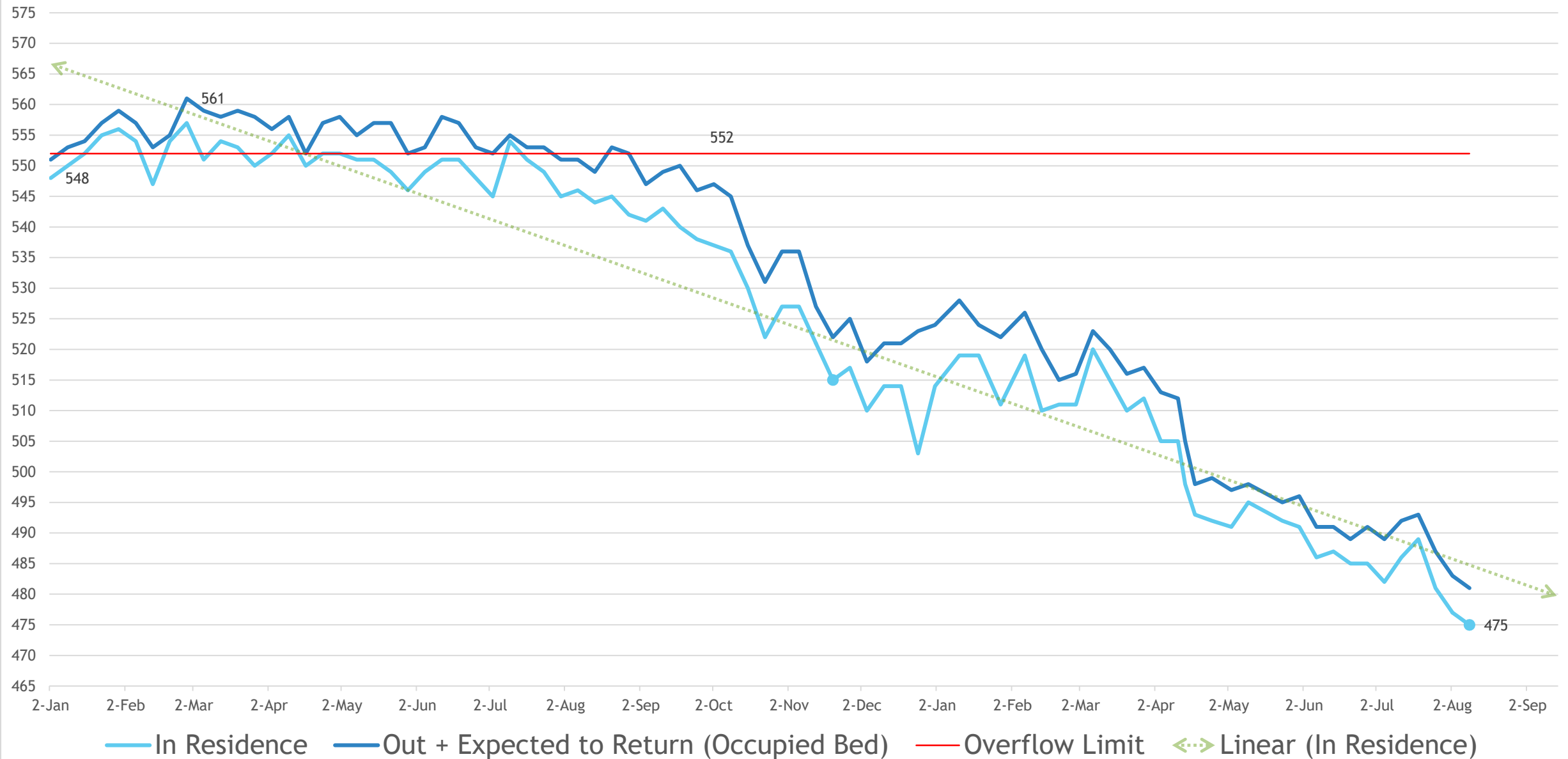
- ▶ Census is down to 441 (in house as of 12/6/18).
- ▶ For the year, we have had 360 Admissions.
- ▶ Discharges hospital wide this year were 441.
- ▶ The average length of stay on admissions for patients who were discharged in 2018 was 42 days on A1 and 38 days on B1. The average is 40 days.
- ▶ For those transferred to other units it was 30 days on A1 and 29 days on B1. The average is 29.5 days.



GPPH - Census Management - 2017/2018 Patient Census



2017-2018 Patient Census

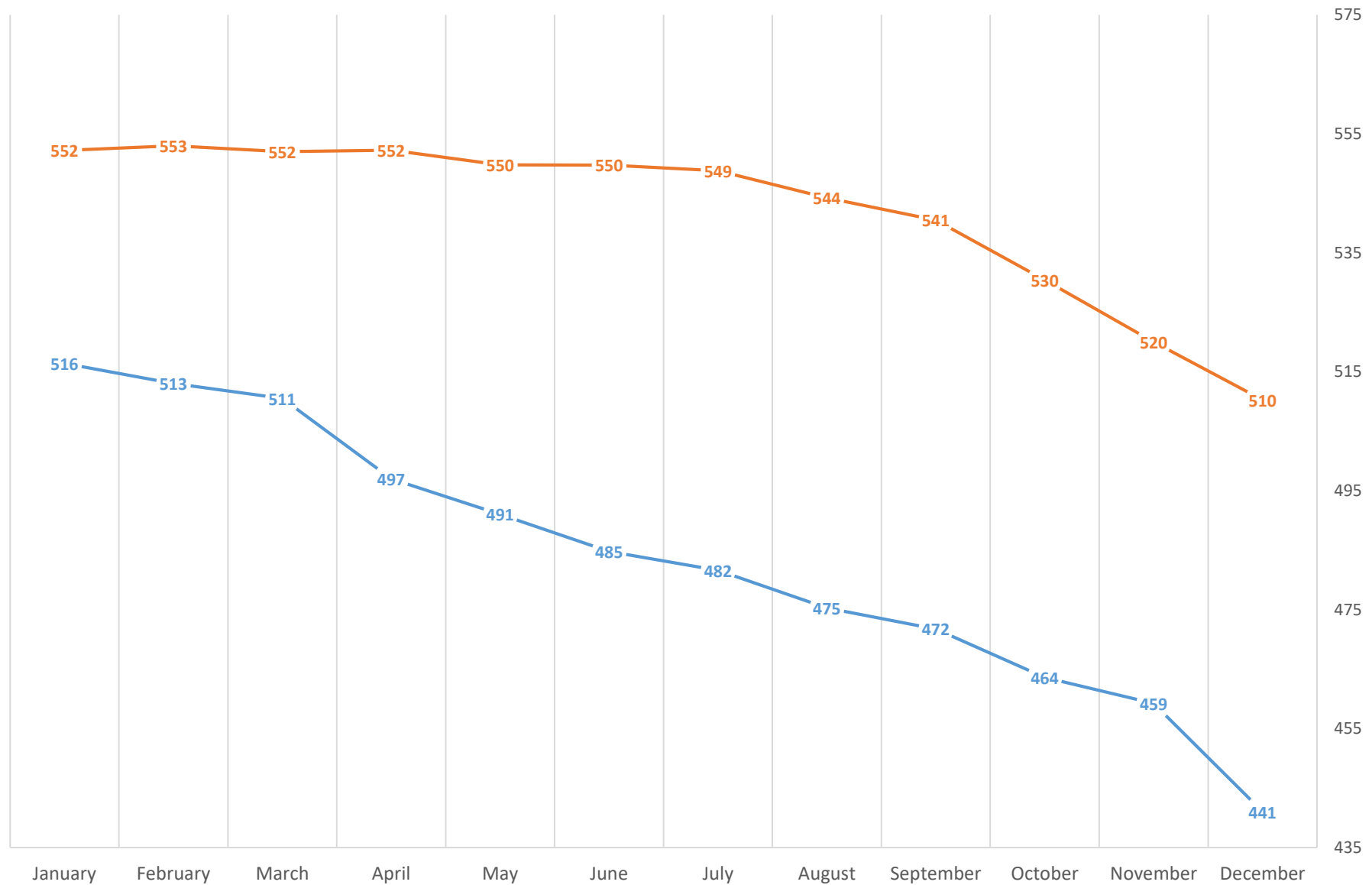


GPPH - Census Management - 2018 Patient Census



GPPH - CENSUS MANAGEMENT - AVG PATIENT CENSUS BY MONTH 2017 & 2018

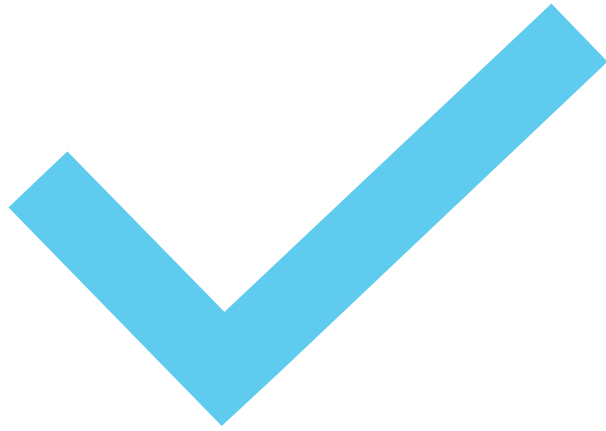
— 2017 — 2018



ACTIVE TREATMENT



IMPROVEMENTS IN CLINICAL GOVERNANCE AND QUALITY CARE



- ▶ The Program Oversight Committee (POC) meeting is held bi-weekly to ensure the quality and quantity of programming is meeting the needs of our patients and the standards of practice set by the hospital.
- ▶ A programming catalog (J-Wing Catalog) allows a true conversation/engagement with the clinical team and the patient regarding their treatment and scheduled programming.
- ▶ This allows the patient to have true participation in the selection of groups in which they are required to attend.

ACTIVE TREATMENT

Our patients are given the opportunity to choose from the following group categories:

- ▶ Academic Education
- ▶ Addiction Services
- ▶ Cognitive Interventions
- ▶ Community Reentry
- ▶ Coping and Stress Management Skills
- ▶ Creative Arts
- ▶ Evidence Based Psychotherapy
- ▶ Healing Trauma
- ▶ Health Education
- ▶ Music Therapy
- ▶ Physical Activities
- ▶ Recreation and Leisure Skills
- ▶ Socialization Skills
- ▶ Spirituality
- ▶ Symptom Management
- ▶ Vocational Training



WELLNESS COMMITTEE EVENTS

Social Events

GPPH 10 Year Anniversary!

GPA Ice Cream in the Gym Courtyard

Independence Day Celebration

Patient Programming Fair

Hispanic Heritage Jesse Rivera

GPA Picnic

Fall Festival in the Courtyard

Summer Movie

Creating Change

Spooktacular!

Music Shows

Labor Day Band Election Day Band

Karaoke

Glenn Taylor Band

Summer Jam Longevity Club Concert

Memorial Day

Janet Van Kline Band

DJ in Gym

Holiday Concert

Summer Jam

Service

Falls Prevention Week

Wear Blue for Autism

World Mental Health Day

Men's Health week

Lunch Tray Health Info

National Library Week Activity

CWA Blood Drive

Nursing Appreciation Week

Digital Recording Studio - GPTV

Physical Activities

Dewali Dancing

Late Summer Kickball

Exodus Supreme

Volleyball Games

Suicide Awareness Walk

Create TIE DYE Day

Summer Solstice

Presentations

National Parks Presentation

PTSD Awareness

Creating Change

Open Forum with Commissioner

Hand Hygiene Awareness

Occupational Therapy Info Sessions

Falls Prevention with Dr. Mel...

Art Therapy in Recovery

**2018
WELLNESS
WEDNESDAY'S**

THE ART DEPARTMENT PRESENTS:
MAY 23RD
1:30-3:00PM
@AUDITORIUM

ART, ART THERAPY AND MENTAL ILLNESS:
 including:
 artist members,
 a 12:30 hour
 program on
 hospital life
 presented by
 Sharon W. Gray

UNITS WILL BE BARRICADED BY
 AN INFORMATIONAL STALL PLACE
 AFTER THE PRESENTATION

MUSIC SOOTHES THE SOUL

The Longevity Club welcomes back
 Jesse Rivera for an afternoon of music

Wednesday, October 17th, 2018
 1:15pm
 GPPH Auditorium



Staff & Patients KICKBALL Game

When: September 19th
 What time: 1:15-3:00pm
 Where: Southball Field
 Come for some high flying KICKBALL ACTION!!



THE GREYSTONE STAFF PRESENT: **Let US Entertain You!!**

in celebration of 10 YEARS of the 100 Hospital

A Staff Talent Show, For YOU the Clients we serve!

When: July 16th
 Time: 1:30pm
 Where: Auditorium

Come watch your Greystone Staff Entertain You with Unique Talents



Come Learn about Occupational Therapy

"Building Skills for a Better Life"

April 26th

1-2:30 pm
 Park Place Cafe



Rehabilitation Services at GPPH is made up of a number of caring, dedicated professionals whose purpose is to help individuals develop and improve functions that are essential to carrying out the activities of daily living as independently as possible.

REHABILITATION SERVICES WEEK 2018
 SEPTEMBER 16th - 21st, 2018

Education
 Physical Education, Computer Skills, Adult & Continuing Education, Library Skills, Horticulture

Rehabilitation
 Occupational Therapy, Voc Rehab (CEC), Speech Therapy

Recreation
 Art, Music, Digital Arts, Leisure Skills, Tonsorial Services, Social Skills


Have you thanked a Rehab Staff Member TODAY?



Creating Change
 and Life after Psychiatric Hospitalization

In honor of GPPH Nurses, all patients and staff are invited to a presentation from
 Chris Dorian, MA, LCADC, CCS and
 Bolanle Popoola, MEd, MSN, APN-BC

Thursday, May 10th, 2018
 1:30pm - 2:30pm
 GPPH Auditorium



Staff and Patient Karaoke Talent Show

Sign up by August 1st
 In the Library or Music Studio

**Performances will be held August 1st*



In honor of Park & Recreation Month...

The GPPH Wellness Committee
 Welcomes
 Our very own Dr. Kovalski!



National Parks Presentation
 Wednesday, July 25th, 2018
 1:30pm
 GPPH Auditorium



GPPH PROGRAM FAIR

COME TO GAIN USEFUL INFORMATION ON GROUPS AND PROGRAMS OFFERED WITHIN THE HOSPITAL.

WHEN: 1-2:30pm
 WHERE: GPPH Auditorium
 CONTACT: (508) 833-1111, ext. 2222

The Rehab Department Presents:
Big Bruce & the Messengers

Wednesday, July 4th 2018
 In the Auditorium
 From 1:30-3:00pm



Recovery Walk

Outside Recovery Walk for Suicide Prevention Week

Sept. 12th
1-15pm

Pts. & staff meet in front of hospital for sign up.

In case of rain, we are walking inside

Reminder: LOS 3 need staff escort when outside the building



Wash Your Hands!

Dirty! Wet Get Soap Rinse Scrub Dry Clean!

www.cdc.gov/handwashing



Mental Health Awareness Month

1 in 4 are affected by mental illness
 1 in 30 experience PTSD
 86 million adults have suicidal thoughts
 Suicide is the leading cause of death
 Children with anxiety disorders least likely to receive treatment
 People of color have less access to care

Be Active in your treatment.

Ask Questions
 Know your Medications
 Know the Side Effects
 Exercise Daily
 Eat Right
 Your Physical Health is Important too!
 Build a Support Team
 Ask for Help
 Get Outdoors!

FRIDAY JULY 20th, 2018
1:30PM
ICE CREAM IN THE GYM COURTYARD

In celebration of 10 years in our new facility, GPPH is generously honoring all patients and staff with an Ice Cream Social. Join us as we welcome The Captains of Leisure in the Gym Courtyard. Come on out, share, socialize and enjoy a nice cold treat on a Summer afternoon!



Celebrate 10 years in our new facility!

Dance to the Captains of Leisure!

Socialize with your friends!

Enjoy a nice cold treat!


Live Recovery.

Greystone Staff/Patient Walk

Come for a fun refreshing walk!!

If rainy weather the walk will take place in the lobby and be throughout the building.


When: July 16th
 Where: Main Lobby
 What Time: 9:45am



The Wellness Committee Presents:
Volleyball

Wednesday
 September 26th
 at 1:15

Come Join Us For Some Fun with Friends and Staff in the Gym!



TALENT SHOW

April 18th, 2018
 in the Auditorium
 1:15-3:00pm

PRESENTED BY: THE MUSIC DEPT.
RON E. AND DON S.

Tickets will be handed out after the show for refreshments in Park Place.



JOIN THE ART DEPARTMENT MAKE YOUR OWN TIE-DYE T-SHIRT

Please attend during your unit's time.

October 18th, 2018

9:30- Area 1, A3, B3, D3
 10:20- Area 2
 1:15- E3, F3, G3
 2:05- Area 4
 Cottages Anytime
NOW IN THE GYM!



GPPH Spooktacular!

It'll be a hoot!

Face painting
 Prizes
 Refreshments

J-Wing Rehab Event of the Year!
 Wednesday, October 31, 1:15-3:00 pm

Costumes encouraged




CELEBRATING
 Vincent van Gogh
GOLDEN GLOBES NOMINEE
BEST ANIMATED FEATURE

Loving Vincent

Wednesday, May 16th
 1:15pm in the Auditorium

First ever animated full-length movie
 65,000 paintings by 125 artists

Winner of the 2018 Cannes Film Festival
 Winner of the 2018 European Film Award



JOIN THE VOICES FOR RECOVERY
 Invest in health, home, purpose, and community

National Recovery Month
 November 1st - December 31st
 September 2018



STAFF AND PATIENT KARAOKE

Presented by the Music Dept.

Wednesday
 August 15th
 in the Auditorium
 1:15-3:00pm

TALENT SHOW

Featuring Pedro as MC



WELLNESS WEDNESDAYS 2018

VIOLENCE REDUCTION

The Medical Director assumed responsibility of the Violence Prevention Committee.

Under his leadership and in collaboration with the Director of Quality Management, each unit has incorporated violence prevention (reduction of assaults) as a performance improvement initiative.

GPPH's clinical staff has been educated on the use of the Broset Violence Checklist (a tool used to assess patient's aggression).

GPPH currently provides "Psychiatric Emergency Drills" facilitated by our Training Department.

The Special Instructors Services Unit (SISU) has began August 1, 2018 which is a group of staff members who specialize in using therapeutic communication and engagement to build relationships with the staff and patients.

EFFECTIVENESS OF 1:1 MEETINGS

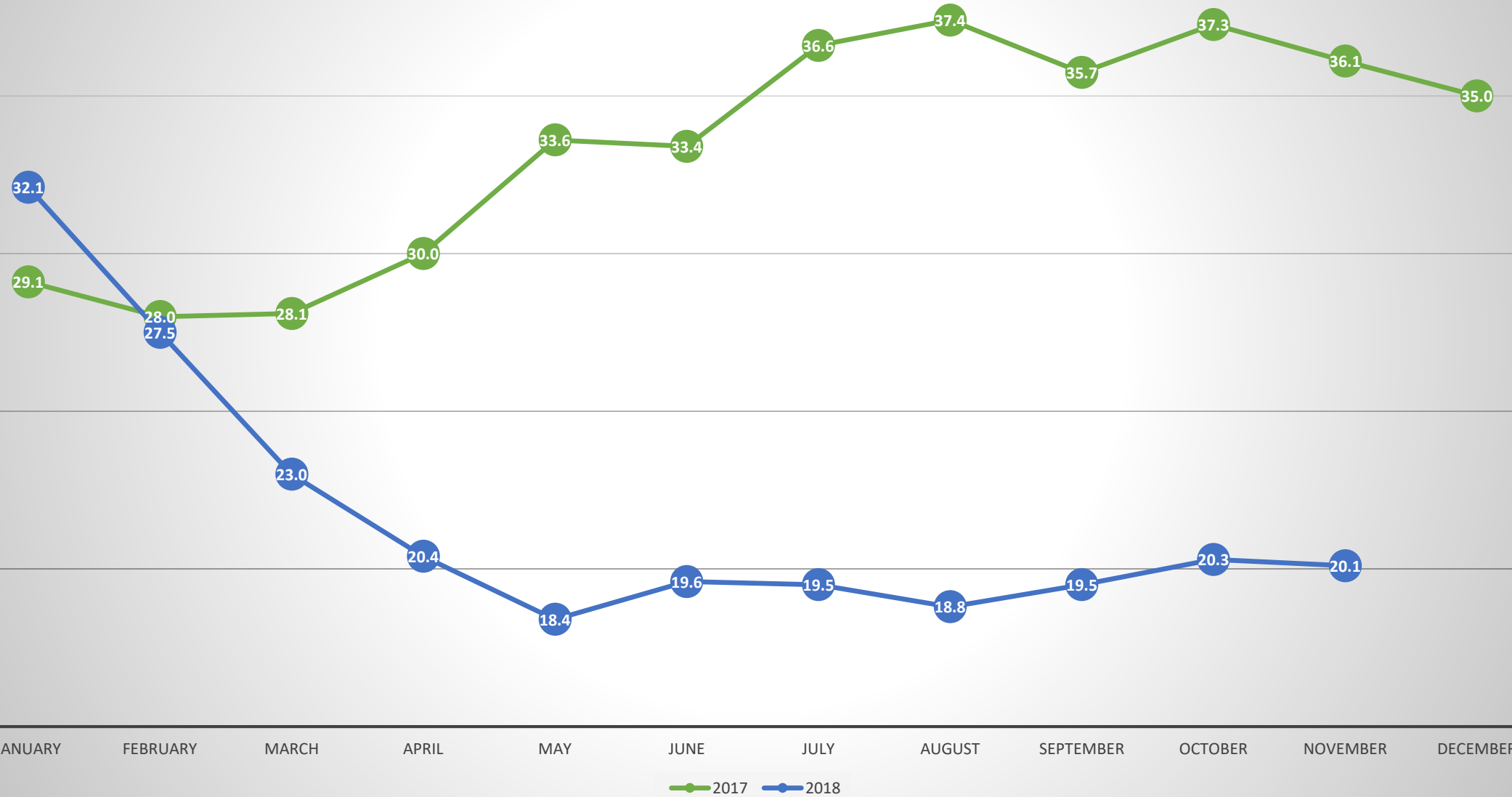
The Medical Director implemented daily 1:1 meetings attended by the DCEO, Nursing Leadership along with GPPH psychiatrists (effective January 2018).

- ▶ Psychiatrists are responsible for presenting their patients who are on 1:1 status, while also addressing which patient(s) are able to be removed from 1:1.
- ▶ If they are ineligible for removal from this status, the psychiatrist is required to provide clinical rationale for continued 1:1 status.

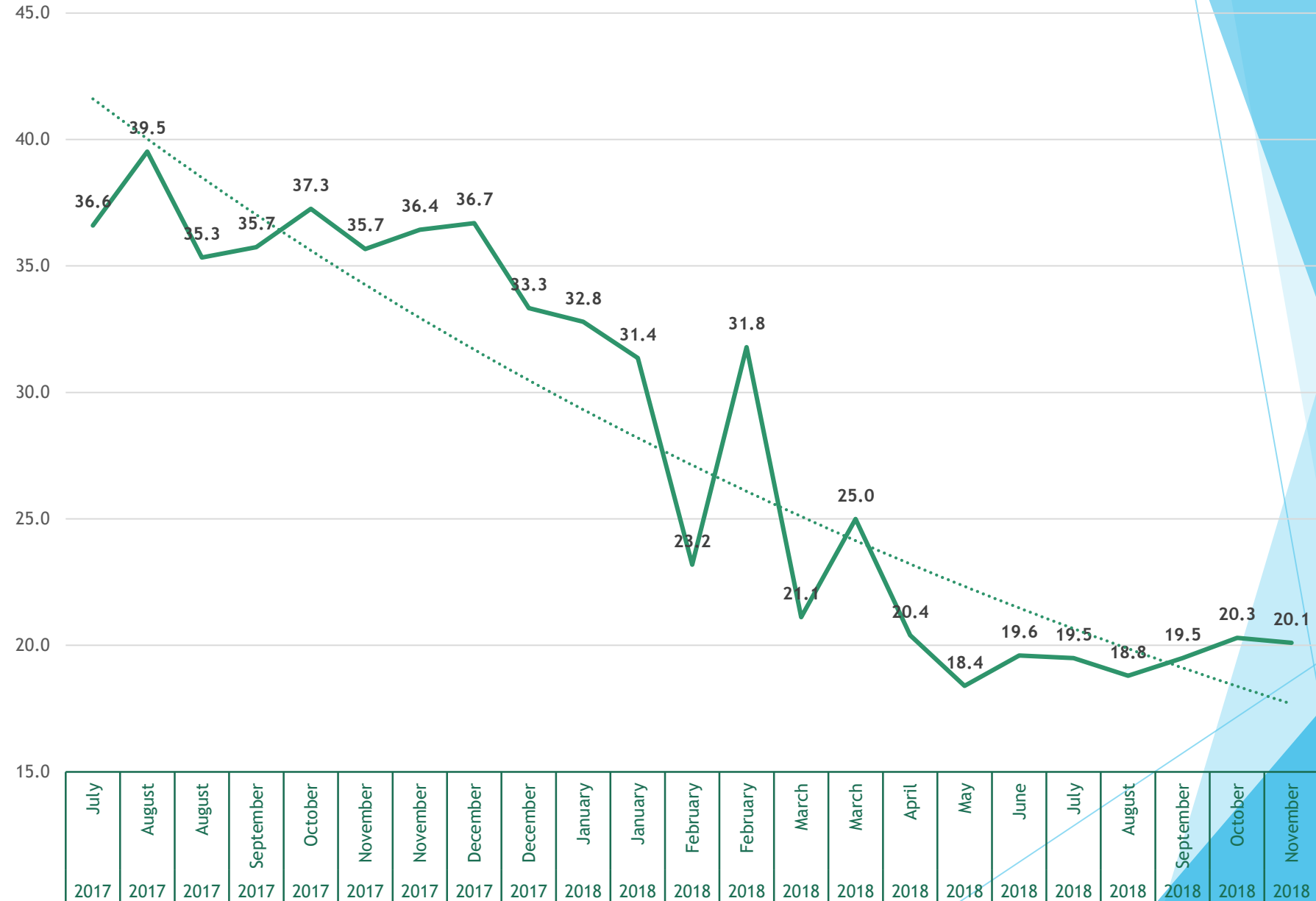
EFFECTIVENESS OF 1:1 MEETINGS CONT...

- ▶ Recommendations are provided by the Medical Director and Deputy CEO to decrease the number of hours ordered on 1:1, while concurrently ensuring safe periods for our patients i.e. while patients are asleep.
- ▶ With this practice in place, GPPH has seen a 32% reduction in the number of 1:1 orders from January to June 2018.
- ▶ This has liberated critical resources needed to meet the needs of higher acuity patients.

GPPH Avg Daily 1:1s 2017 vs 2018



GPPH Avg Daily 1:1s since July 2017



LENGTH OF STAY (LOS)

Greystone Park Psychiatric Hospital (GPPH) Length of Stay (LOS)

► **January-November 2018**

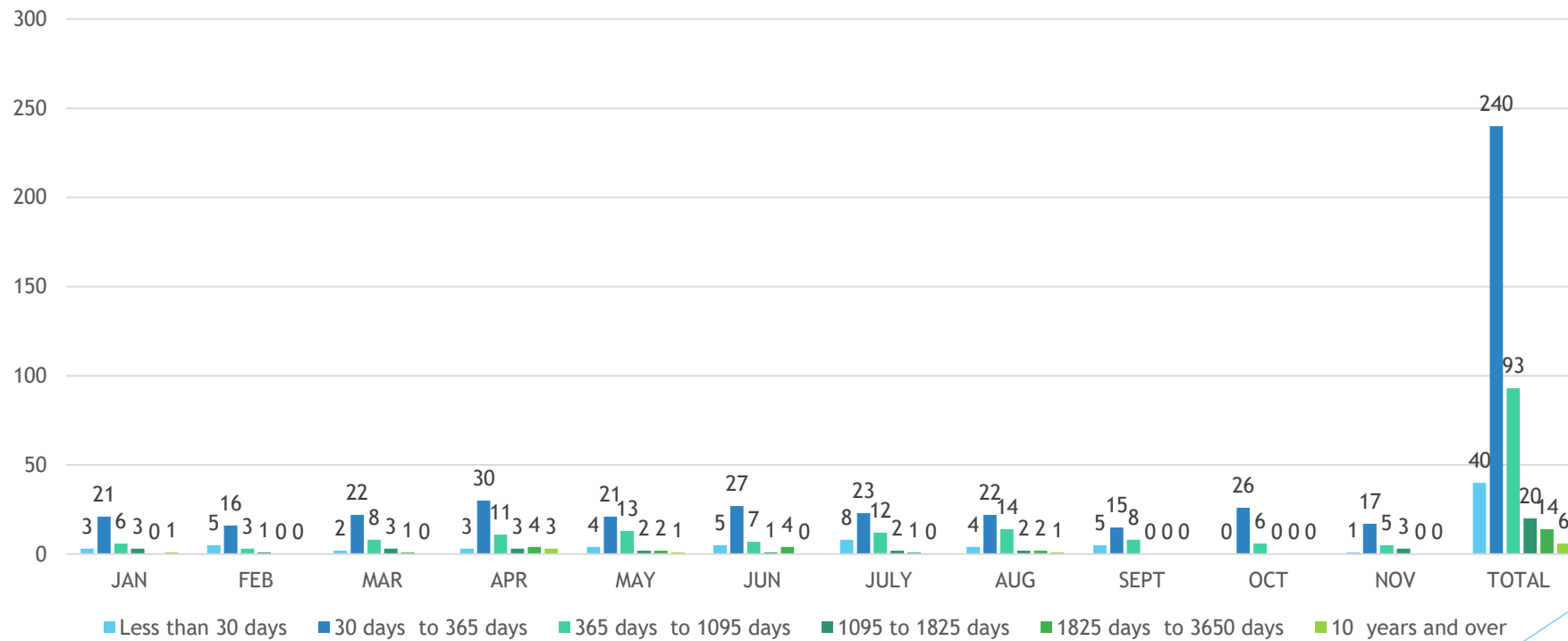
DATA SOURCE: IT DEPARTMENT

GREYSTONE PARK

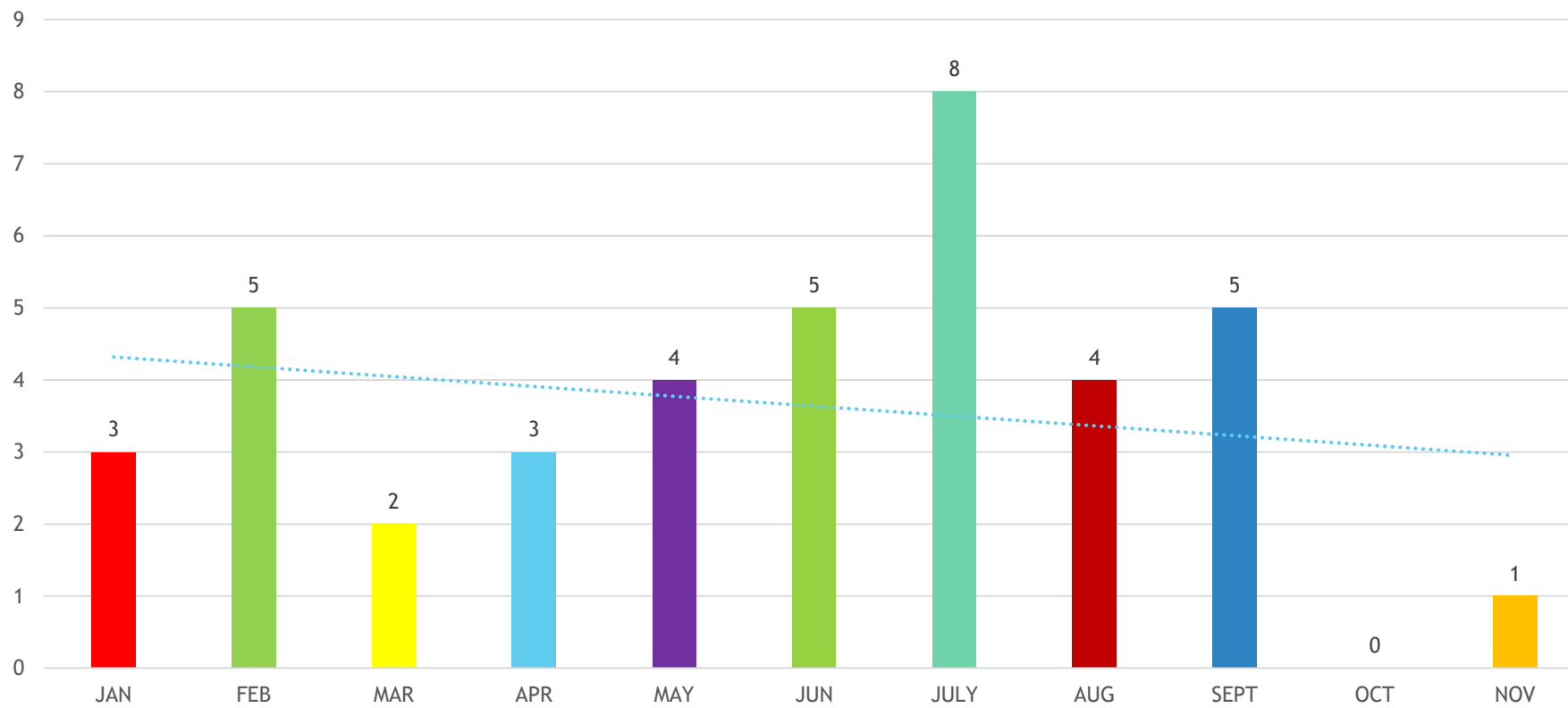
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JANUARY-NOVEMBER 2018

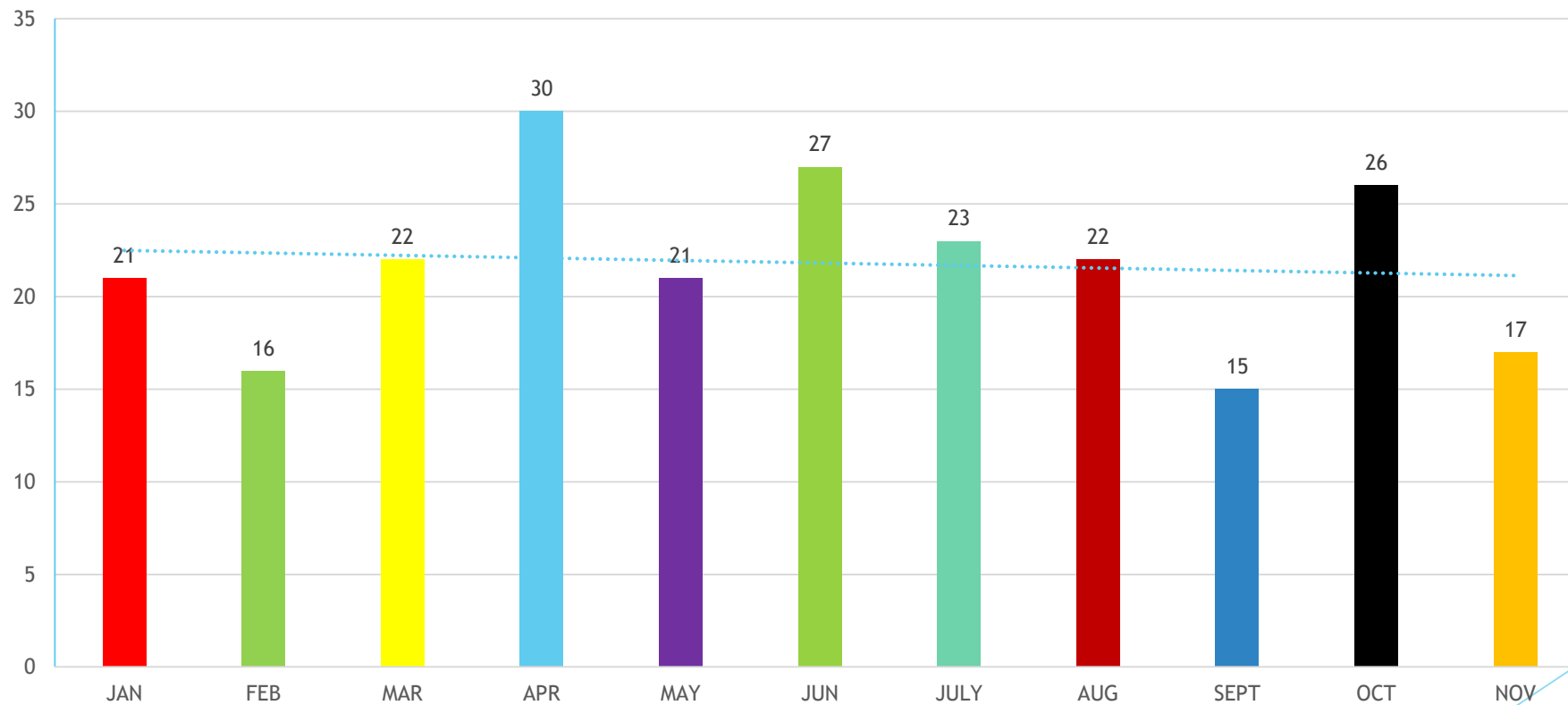
LOS January - November 2018



LOS LESS THAN 30 DAYS

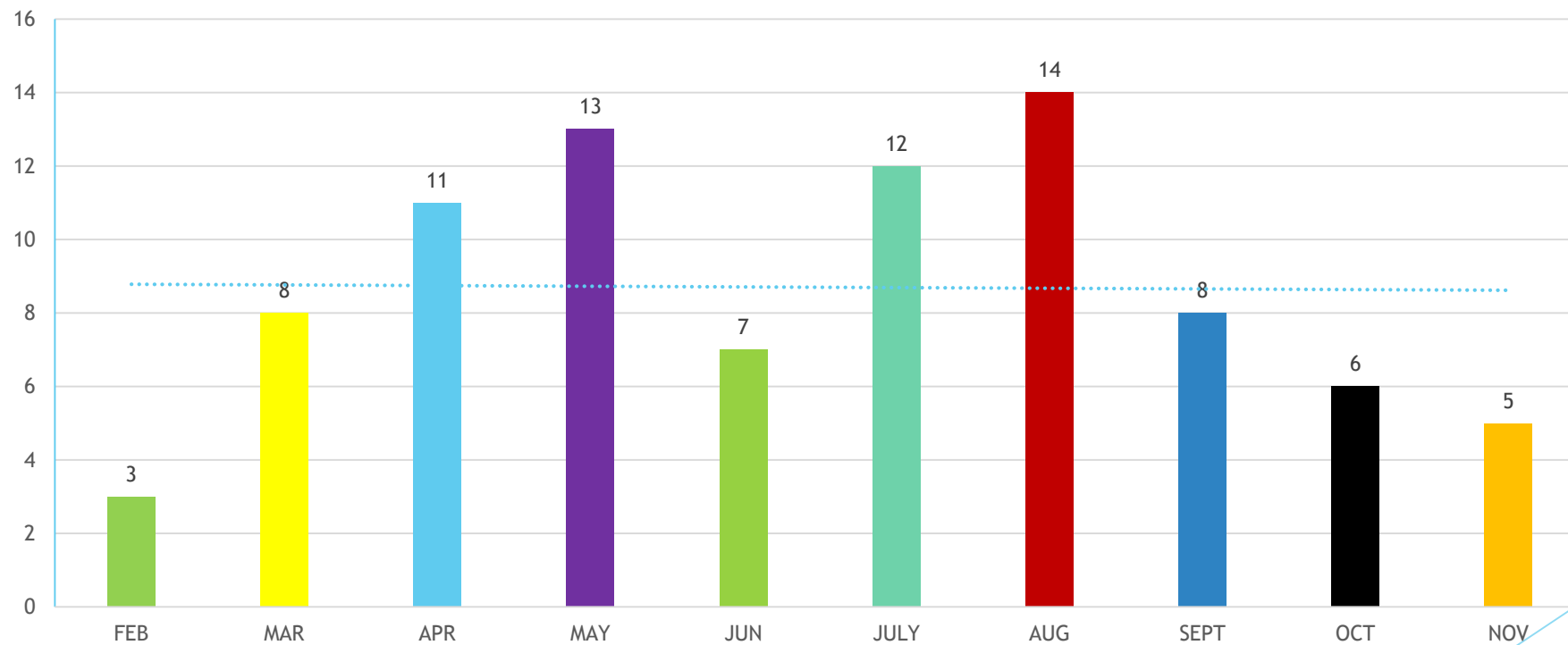


LOS 30 DAYS TO 365 DAYS



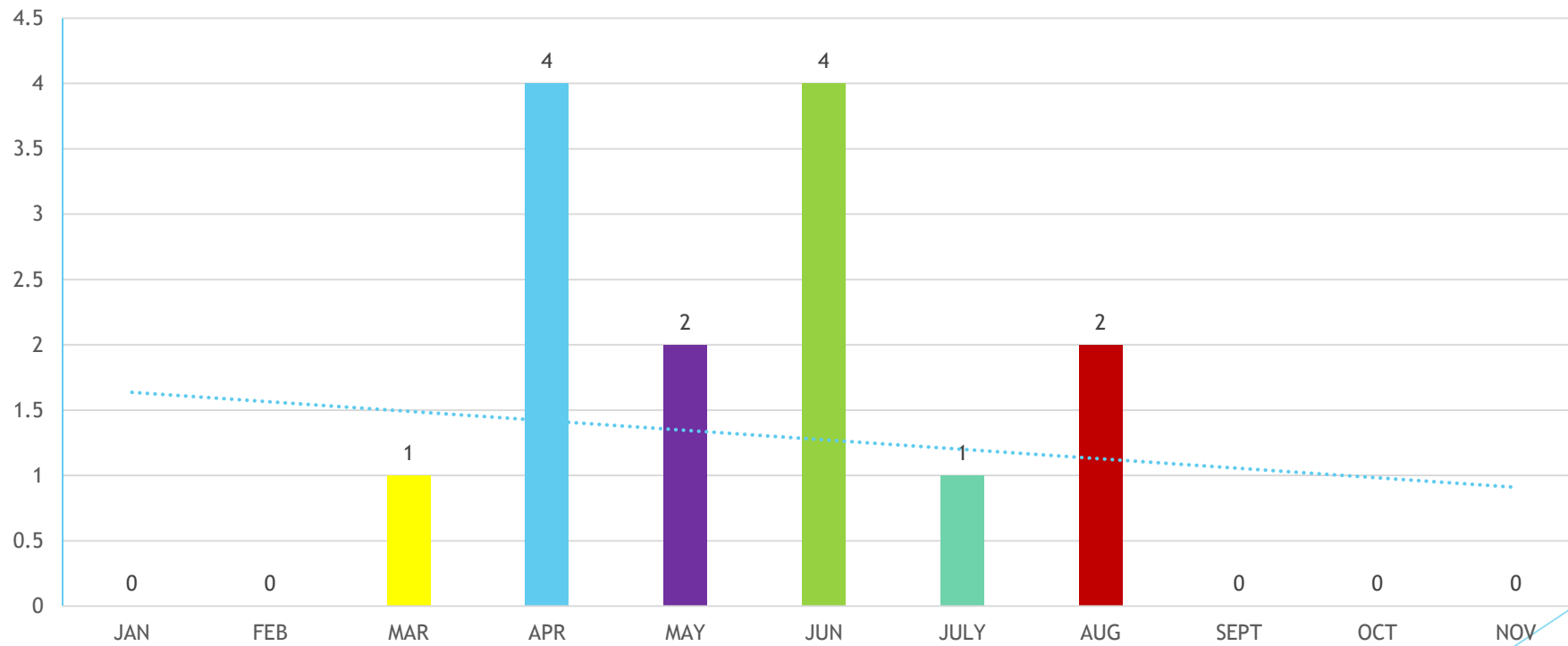
LOS 1 TO 3 YEARS

ONE TO THREE YEARS JANUARY TO NOVEMBER 2018



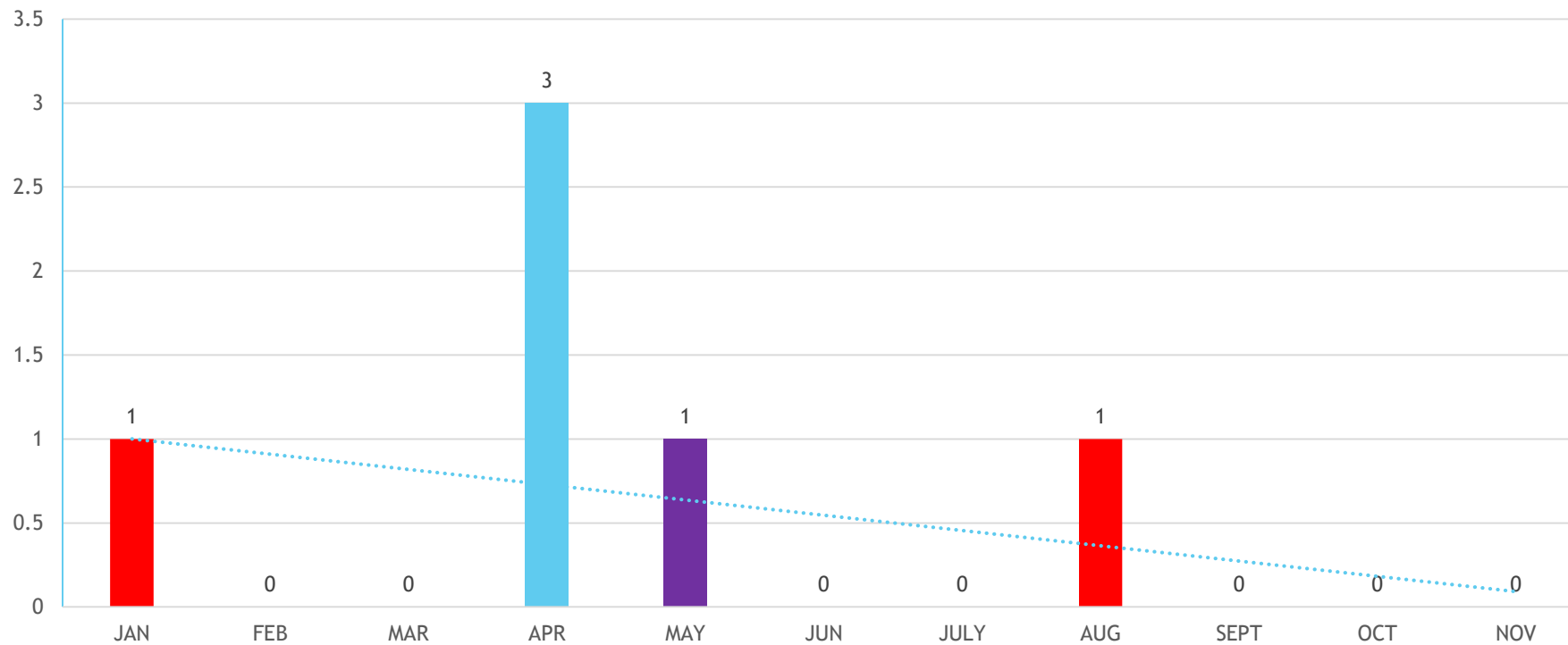
LOS 5 TO 10 YEARS

5- 10 YEARS JANUARY-NOVEMBER 2018



LOS 10 YEARS AND ABOVE

10 YEARS AND OVER JANUARY-NOVEMBER 2018



WORKFORCE DEVELOPMENT

2018 STAFF DEVELOPMENT

CLASS OFFERINGS

**TOTAL = 277
CLASSES
&
SERVING OVER 5645
STAFF**

STAFF DEVELOPMENT TRAININGS	# CLASSES	# STAFF TRAINED
OCTOBERFEST	FULL WEEK	1376
NURSING ANNUAL COMPETENCIES	FULL WEEK	571
PSYCHIATRIC DIRECTIVES	12	296
BASIC LIFE SUPPORT	29	246
CROSSING THE LINE	15	200
DEFENSIVE DRIVING	8	63
DEP--UNIVERSAL WASTE MANAGEMNT	4	87
FAIRLEIGH DICKINSON LEADERSHIP	8	145
HAZ-COM	5	88
HIPAA	12	217
NEW EMPLOYEE ORIENTATION	36	606
3 STEPS TO SAFETY	4	54
EVACUATION CHAIR	13	231
THERAPUTIC OPTIONS--DAY 1 VERBAL	30	477
THERAPUTIC OPTIONS--DAY 2 HANDS ON	30	414
PSYCH EMERGENCY SKILLS REFRESHER	8	77
SISU ORIENTATION	9	63
ACTIVE SHOOTER TRAINING	8	267
TRANSPORT SPECIAL NEEDS PATIENTS	10	60
SUPERVISION SERIES CLASSES	7	107

2018 NURSING TRAINING

CLASS OFFERINGS

TOTAL = 39 CLASSES

&

429 STAFF SERVED

<u>NURSING TRAININGS</u>	<u># CLASSES</u>	<u># STAFF TRAINED</u>
APNA TRANSITIONS IN PRACTICE	5	50
NURSING NEW EMPLOYEE ORIENTATION (RN)	12	46
NURSING NEW EMPLOYEE ORIENTATION (HSA/HST)	12	100
NURSING NEW EMPLOYEE ORIENTATION (CNO)	1	1
APN ROLE ORIENTATION	2	3
SUPERVISOR SERIES	1	5
BROSET TRAINING	1	99
PERSERIS MED ADMIN DEMO	1	76
NURSE DIRECTED CARE MODEL	3	40
DIALECTICAL BEHAVIORAL TRAINING UNIT E3	1	9

WELFARE FUND

WELFARE FUND

The Welfare Fund is utilized for the following patient activities:

- ☐ Holiday Celebration
- ☐ Concert
- ☐ Monthly Birthday Parties and Gifts
- ☐ Community Trips
- ☐ Luncheon
- ☐ Social Activities
- ☐ Program
- ☐ Shows
- ☐ Art Workshops
- ☐ Bingo Prizes
- ☐ Movies Trip
- ☐ Picnics
- ☐ Christmas Gifts

Month	Balance
January 1 st	\$466,806.27
February 1 st	\$495,863.39
March 1 st	\$499,203.78
April 1 st	\$499,147.39
May 1 st	\$501,014.26
June 1 st	\$504,589.71
July 1 st	\$491,241.51
August 1 st	\$496,231.73
September 1 st	\$497,232.40
October 1 st	\$497,993.63
November 1 st	\$508,622.30
December 1 st	\$512,525.28

THANK YOU!!

