

**MINUTES OF A REGULAR MEETING
BOARD OF TRUSTEES
TRENTON PSYCHIATRIC HOSPITAL**

A meeting of the Board of Trustees of Trenton Psychiatric Hospital was held on **Thursday, May 18, 2023**, pursuant to notice duly given. In conformance with the Public Open Meetings Law, notice of the meeting has been sent to The Trenton Times, The Trentonian, Newark Star-Ledger and the Secretary of State and a notice placed on the bulletin board of Trenton Psychiatric Hospital.

<u>Present:</u>	<u>Excused:</u>
<p>***Carolyn Torre - RN, MA APN Chairperson ***Patricia Carr – Vice Chairperson ***Neil Weisfeld, Esq. ***Maureen Lebel – MSW, PhD.</p> <p>***Board Member Via Microsoft Team and Via call in on Microsoft teams</p>	<p>Susan Rubino, MD</p>

TPH Staff Attendance:

Maria Christensen, CEO; Intikhab Ahmad, M.D., Clinical Director; James Hollen, Deputy Chief Executive Officer -Operations (DCEO); Faith Johnson, Deputy Chief Executive Officer-Clinical (DCEO); Michelle Senni, Executive Assistant to the CEO; Julie Van Houten, Chief Nursing Officer; Frank Miller, QI Director; Towana Wilkins, Business Manager; Sheila Kwoka, Secretary to the Board of Trustees

Guest:

Chinwe Agba-Eluwa – Complex Administrator, Drake Complex;
 May Jean Inman – Director of Pastoral Services

Excused:

Mary Jean Weston, DMHAS;

ROLL CALL/CALL TO ORDER/MINUTES APPROVAL:

Roll call was conducted in-person and Microsoft Teams Call-in. The Board of Trustees meeting was called to order at 9:30 a.m. Minutes from the April 20, 2023, meeting were approved with changes.

BOARD REPORT:

May Monthly Report:

- Ms. Carr noted assaults have increased. Requested a one-line sentence describing the nature of the specific moderate injury, going forward
- Ms. Carr inquired about the Positive Behavior Support Unit (PBSU) and what exactly constitutes an "active of kindness." Staff answered: we encourage patients to say something nice about other patients and reward them when they do. The incentive for acts of kindness this month were getting Ice Cream and going to a local park.
- Ms. Carr was very pleased that the patients in the New Leaf Gardeners program are learning job skills to help them find a job in the landscaping field when they are discharged.
- Dr. Lebel noted the increase in assaults (118) for the month of April. Dr. Ahmad remarked that the Violence Prevention committee is investigating data for the past 4 years and the data show that the assaults are going down.
- Dr. Lebel positively pointed to the Life Skills that are being taught to the patients.
- Dr. Lebel praised the delinquency rate, now at 0%.
- Ms. Torre noted that starting in May Thomas Edison State University nursing students are scheduled to come for orientation.
- Ms. Torre noted that the Nursing Residency Program is postponed until July.
- Ms. Torre asked for an explanation about ECATS: Answer: this is a timesheet system for staff.
- Ms. Torre seconded Ms. Carr's expressed appreciation of the Positive Behavior Support Unit's kindness reward program.
- Mr. Weisfeld expressed concern that Moderate injuries had risen to 50 in April and was assured that this was a typo and that the number was 5.

AUXILIARY REPORT:

- None at this time

COMMITTEE REPORTS:

- **Incident Committee – Dr. Maureen Lebel**

As per the New Jersey Department of Health, State Psychiatric Hospital Incident Data Report, 1/1/2023-4/30/2023, TPH experienced 8 patient-to-patient incidents resulting in moderate injury and 5 patient-to-staff incidents resulting in moderate injury.

Moderate injury refers to an injury that requires treatment beyond basic first aid and can only be performed by a medical professional at a physician's office, at a hospital emergency room, or by facility physicians. Examples of moderate injuries include but are not limited to: a laceration requiring sutures or a human bite breaking the skin, injury around the eye such as bruising, swelling or laceration.

Risk management reported 5 incidents at the A+ level occurred during April at TPH.

- **Legislative Committee – Mr. Neil Weisfeld**

- **ADDITIONAL BILL AFFECTING MENTAL HEALTH SERVICES**

The Committee has added the following bill to the list of those it is monitoring.

- **A5096/S3511**

Corrects terminology regarding alcohol use and substance use disorder

Sponsors: Assembly reps. Benjie E. Wimberly, Verlina Reynolds-Jackson (D), Anthony S. Verrelli; Senators Vin Gopal (D), Brian D. Stack (D)

Approved by: Assembly Health Committee 11-0 on March 9. Referred to Senate Health, Human Services and Senior Citizens Committee January 26.

- **Schulley Trading Post – Mr. Weisfeld**

The Schulley Trading Post should be able to open soon. The seamless floors are done. The new food line is being installed. Mr. Holland reports that the Grand Opening should happen around mid-June. The Electronic Payment system is being installed. The Board may be able to view the renovations when on-site for the June Board meeting.

- **Therapeutic Environment Committee – Ms. Patricia Carr**

Recent Accomplishments

- Avante-Garden Day - April 28, 2023 -All day outdoor event in the AM
In the Stratton Gym - PM - After return from lunch
 - Planting activities
 - Arts & Crafts
 - Music
 - Poetry reading
- Trees along hill of greenhouse removed.
- Indoors Therapeutic Environment Spring Into Summer by Greenhouse Services with patients (See Pictures)
- Globes made from bowling balls with pennies and flat glass
- Birdcage planters
- Tropical plants



Currently in Progress

- **Memorial Day Weekend** - Friday Concert 1:00 pm - 3:00 pm on grounds at the amphitheater
- Private Party with The VERDICT - Reggae Band (One of TPH patients' favorite bands)
- Purchase of trees to replace trees that have been removed, continues.

Projects Waiting in the Wings (depending on timing/funding)

- The outdoor awnings: Lincoln Complex
- Paving the driveway from parking lot up to storage sheds.
- Smart tv hook-up to the internet, to view educational horticulture videos.

Wish List

- Potting shed roof insulated
- Lower panels in greenhouse: four should be replaced (they are getting brittle and developing holes)
- An additional greenhouse
- A new classroom building

- **Welfare Fund – Ms. Torre**

Funding for summer concerts is being taken out of the Welfare fund. Mr. Holland proposed a fiscal year 2024 budget of \$47, 250. The Board of Trustees voted to approve the budget, as proposed.

**Report from Ms. Mary Jean Weston, MSW, Regional Coordinator
Office of Community Services, Division of Mental Health & Addiction Services (DMHAS)
(May 18, 2023)**

1. Attorney General Announces New Multi-Faceted Efforts to Curb Problem Gambling

Attorney General Matthew J. Platkin announced several new initiatives: establishing a new position dedicated to responsible gaming, setting new advertising standards for operators, and simplifying access to self-exclusion for players struggling with a gambling disorder.

“By establishing a dedicated, senior level position within the Division of Gaming Enforcement to focus on responsible gaming, we are sending a clear message that we take this work seriously... Other initiatives will help protect consumers and make it easier for individuals to access the help they need when their gaming behavior becomes problematic.”

The initiatives include new online and sports gambling advertising standards, which make it clear that operators must make responsible gaming a priority through the following:

- displaying prominently New Jersey’s 1-800-GAMBLER hotline in their ads; ending dubious promises of “guaranteed wins” or “risk-free” bets if the patron will not
- be fully compensated for the loss of their funds;
- making wagering requirements clear in their terms and conditions;
- limiting advertising in locations where it would entice those under 21 years of age to play;
- providing the public with the ability to swiftly opt out of direct advertising.

2. Human Trafficking Symposium

This symposium was held on May 8th in Monmouth County. Although it was not recorded, there are some links to information about it.

<https://chris-smith.house.gov/news/documentsingle.aspx?DocumentID=411444>

<https://www.facebook.com/100068900992598/posts/pfbid02SYN2jyVF4pTpNoH4Zf5MhXpoNnWnH7M8t4kgHX7QBuKxwtGkNgUDjUVZ4QEpHLzKI/?mibextid=cr9u03>

When I have links to video clips, I will forward them as well.

3. Social Work Licensing

The Board of Social Work Examiners (BSWE) offered a Question-and-Answer session regarding the delays in licensing for NJ Social Workers, particularly Licensed Clinical Social Workers (LCSW). Edie Nugent, BSWE Executive Director, shared a PowerPoint outlining the requirements in NJ for Social Work Licensure, then fielded questions from attendees.

In general, she explained that applications are initially reviewed to determine if all information/documents are included. This process could take 6-8 weeks although they are working to make this timeline shorter. The applicant should then receive a letter notifying them of anything missing from their application. Next the application must be reviewed in more detail to confirm that all requirements for licensure are met. This process is more complicated for LCSW applications than for others licensure levels; therefore, confirmation of all details can slow down the process for individual applications. There did not seem to be a solution to this problem at this time.

4. RFPs from DMHAS

- a. Community Psychiatric Residence – four (4) positions
For all fully accredited psychiatry residency programs in New Jersey that are currently providing four years of training in adult psychiatry. This RLI will grant programs funding to support either one or two additional four-year positions in their programs.
- b. DMHAS Residential Services for Individuals with a (SMI) and an (IDD)
To provide Level A+ residential services for eligible individuals with a co-occurring serious mental illness (SMI) and an intellectual/developmental disability (IDD). DMHAS anticipates making two distinct awards, with an annualized contract amount of \$325,000 each.
- c. Building Capacity for MH and SUD Treatment Facilities
Focuses on expanding access to Medication Assisted Treatment (MAT) for people with Co-Occurring Disorders (COD) who are being served in a MH or SUD treatment facility. RFP is designed to address the financial challenges faced in building the capacity to offer MAT as well as storing and dispensing of buprenorphine. This initiative is not a grant to provide treatment. However, bidders must have the ability to prescribe medication by a credentialed MAT.
- d. Peer Recovery Specialists
For substance use disorder (SUD) residential treatment agencies contracted by DMHAS to hire Peer Recovery Specialists to provide non-clinical assistance and recovery supports services to individuals in SUD residential treatment. DMHAS is making approximately 65 awards, depending upon demand, of up to \$75,000 annually to support the hiring of a Peer Recovery Specialist to work in residential services. Funding is available for two years.

More Information on these funding opportunities and other RFPs is available at:
<https://www.state.nj.us/humanservices/dmhas/provider/funding/>

COMMUNICATIONS: – There were no communications this month.

OLD BUSINESS:

No Old Business currently

NEW BUSINESS:

No New Business currently

COMMENTS FROM THE PUBLIC – There were no comments from the public.

Post-meeting Presentation: Clinical Pastoral Training program at TPH:
Ms. Mary Jean Inman – Pastoral Services

Ms. Chinwe Agba-Elvwa – Complex Administrator for the Drake Complex: reported on current status of the unit.

ADJOURNMENT

The meeting was adjourned at 10:18 a.m. The next meeting is scheduled for Thursday, June 15, 2023, at 9:30 a.m., in person at TPH.

Respectfully submitted,

Sheila Kwoka
Secretary Board of Trustees

Carolyn Torre RN, MA, APN, FAANP
Chairperson

CT/sk

Drake Complex Report from: Ms. Chinwe Agba-Elvma, Drake Complex Administrator

Spring Cleanup - Drake had its Spring Cleanup on April 21, 2023. Patients and clinicians participated in cleaning up the units. One of the Drake patients had made a special request for outside pizza which was provided.

SLT/Self Help Center - Drake patients recently started utilizing SLT for 45 minutes once a week. This is for patients who have LOS3. Level 2 patients may go to the Self-Help Center.

Programming - There has been an increase in Drake programming attendance. New groups added including a Rehab group music group. A psychologist joined DW1 Team and has also added groups offered to Drake patients.

Drake East 2: Discontinuation of DE2 as an admissions unit. Patients in DE2 can now go to the cafeteria unlike previously when their meals were brought to the unit.

Chaplain Intern Program – Ms. Mary Jean Inman, Pastoral Services Director.

History:

- The TPH Chaplain Intern program has been continuously running since 1980 with over 400 students having completed the program
- There is an Academic Year and Summer Program:
 - Both programs are 400 hours
 - Academic Year is September through April – 14 hours per week
 - Summer is June through Mid-August – 40 hours per week
- Long-standing relationship with Princeton Theological Seminary:
 - Princeton Seminary provides two stipends
 - TPH pays for students without stipends
 - Each student has a contract through our TPH Business Office
 - TPH as a Field Education Site for Princeton Theological Seminary

Program Structure:

- Action / Reflection Model – students offer pastoral care to patients and then receive supervision on their work with patients:
 - This satisfies the CPE (Clinical Pastoral Education) requirement for many denominations for students and their various ordination processes.
- Two Co-Supervisors
- Combination of on-unit patient interaction, group supervision and individual supervision.

Action - Interns will be supervised as they offer the following:

- Rounds on assigned unit
- Follow up on referrals on assigned unit
- Offer Individual Pastoral Care
- Co-lead groups with an experienced chaplain as assigned
- Coordinate and lead a hospital-wide recorded church service for Channel 1979
- Complete GSA
- Complete other administrative responsibilities

Reflection – Interns will participate in the following clinical supervision:

- Group Supervision for Goals, Verbatims, Sermon Seminar, Evaluations, and Peer Relations:
 - Written reports presented
- Individual Supervision for Goals, Verbatim, Weekly Experience Report, and any critical incidents which may occur:
 - Written reports presented

Learning:

- Hospital-specific learning including TPH policies, writing in Progress Notes, Religious Assessment, GSA, etc.
- Mental Health learning including Major Diagnosis, Special Status Patients, Personality Disorders, etc.
- Pastoral Care learning including Grief and Loss, Prayer in Pastoral Care, Images of Pastoral Care.
- Encouraged to participate in all CME opportunities at TPH.

Evaluation:

- AY – Mid-year and Final Evals
- Summer – Final Evals

Students:

- All masters-level students (mostly Master of Divinity, which is a 3-year master's program)
- Interview
- Openness to feedback
- Willingness to engage in self-understanding

Impact:

- Personal
- Professional
- Chaplain Assistants
 - Interns may continue on as Chaplain Assistants upon completion of the program if appropriate
- All four TPH state chaplains were once Chaplain Interns

General Information:

The program is 400 hours, 40 hours a week for 10 weeks. It will begin early in June and end 10 weeks later on a Friday in August. Specific start and end dates will be sent out in March 2023.

Your schedule will be Monday – Friday 9am-5pm.

Those being paid by TPH will be paid for all of the hours you work, but your first paychecks will be delayed, and you will not receive them until the middle of July.

Pastoral Services Department Program Requirements:

Rounds on your assigned unit
Referrals for specific needs
Lead and assist in worship
Attend treatment team meetings
Write progress notes
Sign in for your hours

Possible Program Opportunities:

Spirituality Groups
Spiritual Assessments

Chaplain Intern Student Group Requirements:

Goals, Intentions, Resistances
Verbatim/Case Study
Sermon Seminar
Didactics
Group Life
Individual Supervision
Book Club

Processing In:

If accepted into the program, you will receive a detailed email outlining the steps to processing in to work for the State of New Jersey in March of 2023.

Please follow the instructions in the email carefully and call to set up your appointments immediately. You will need to schedule an appointment for fingerprinting in Ewing, NJ and a physical and drug test in Hamilton, NJ.

You must keep your appointments. If your appointments are missed, it will likely result in a missed appointment fee and delaying your ability to begin the internship on time.

CLINICAL PASTORAL TRAINING
AT
TRENTON PSYCHIATRIC HOSPITAL

Est. 1848



**Summer
&
Academic-Year Programs**

Est. 1980

Trenton Psychiatric Hospital

History of the Hospital: Trenton Psychiatric Hospital is a state mental health facility under the New Jersey Department of Human Services. It was established on May 15, 1848, due to the tireless work of Dorothea Lynde Dix, a pioneer in the reform of the treatment of those with mental illness. The hospital's average daily census is 380 adult patients (ages 18 to 65). Patients are treated within three Complexes developed to meet the psychiatric needs of each patient.

Hospital Mission: As part of a comprehensive mental health system, the mission of Trenton Psychiatric Hospital is to provide quality psychiatric inpatient services to adults who cannot be served in a less restrictive setting. Our treatment philosophy is based upon an inter-disciplinary approach which embraces the concepts of patient and family participation and a balanced perspective of adult functioning, to include the use of personal strengths in combating the dysfunctional effects of mental illness.

Interdisciplinary Treatment: Each patient's interdisciplinary treatment team includes the following health care professionals: psychiatrist, physician, psychologist, nurse clinician, social worker, dietician, and *chaplain*; along with occupational, recreational, and creative arts therapists. We are dedicated to providing quality treatment through effective and efficient management of human and financial resources.

Clinical Pastoral Training

Chaplain Training Program History: Throughout the hospital's long history, clinically trained chaplains have joined efforts with other health care professionals to address patients' religious and spiritual needs. During the 1960's and 1970's, Trenton Psychiatric Hospital was known for its ACPE (Association of Clinical Pastoral Education) training program under the guidance of Rev. Kenneth Lee. After Rev. Lee's retirement, chaplain training was abandoned for a few years. With the arrival of Rev. Dr. Sweezy in the spring of 1980, the hospital renewed its commitment to providing seminarians with clinical training opportunities and supervision. In the past 39 years, no less than 300 seminarians have trained in this setting. Most received Field Education credit for this training, while others chose to join the program to further their pastoral preparation and meet requirements for ordination.

Supervisors: The Program Supervisors are: **The Rev. MaryJane Inman**, TPH Director of Pastoral Services, PC (USA) pastor and Board-Certified Chaplain (APC), **The Rev. Kerri Erbig**, TPH Worship and Program Coordinator, UCC pastor and Board-Certified Chaplain (CPSP), and **The Rev. Alexandra Van Kuiken**, TPH Chaplain Liaison, Priest in The Episcopal Church and Board-Certified Chaplain (CPSP).

Interfaith Experience: One unique quality of this training program and setting is the student's opportunity to work within an interfaith pastoral department. Students have contact with our Roman Catholic Chaplains, Jewish Chaplain, and Muslim Chaplain as they minister within this culturally diverse setting.

Philosophy of Education

Program Description: The Chaplain Intern Program is open to any qualified second through fourth-year seminarian. In collaboration with Princeton Theological Seminary's Field Education Office, this program meets one of the seminary's two requirements for field education. The full-time summer positions are 10 weeks long, beginning the second week of June and ending the second week of August each year. The Academic Year-Long program is 32 weeks long. Students are at the hospital an average of 14 hours per week, with Wednesday afternoons dedicated to group training events. Acceptance to this program is not dependent upon an applicant's need for Field Education credit. Stipends are offered for positions.

Objectives: The Chaplain Intern Program is designed to address the following objectives:

- To help students understand and learn to use their own personality as a religious and therapeutic tool in providing pastoral care and counseling. Students are encouraged to develop an awareness of their unique personal dynamics in an effort to enhance their pastoral skills.
- To explore religious dimensions of a therapeutic community and the theological questions one confronts in a health care setting. Students are encouraged to integrate theological concepts into a style of pastoral ministry applicable to various future pastoral settings.
- To inform students through exposure to several didactic presentations designed around specialized ministry themes. These include: "Psychiatric Diagnosis", "Personality Disorders", and "Patients with Legal Issues".

The Educational Process

Action/Reflection Model: To accomplish the program objectives, the Chaplain Intern Program provides a process whereby the student has many opportunities to reflect upon their basic pastoral experiences within their assigned pastoral areas. Some aspects of the "action-reflection" process include: verbatim, sermon, and theological reflection seminars, plus individual supervision, didactic sessions, various interdisciplinary exchanges, book reports, or journal reviews, and group process experiences. **Please note: This placement requires 400 hours in the Summer and Academic Year Programs.**

Pastoral Care Responsibilities: To facilitate the student's pastoral exposure to numerous ministerial situations, each student is assigned to an area of the hospital where they are responsible to provide and / or coordinate pastoral care to patients and staff. Each assignment includes individuals of various cultural and religious backgrounds. Under supervision, the student becomes a contributing member of the multi-disciplinary treatment team. Chaplaincy within this facility is viewed as an integral member of the clinical disciplines charged with providing patient care and treatment.

Directions: TPH is located between the City of Trenton and Ewing Township. From I95, take exit #2, turn right onto Route 579 (towards West Trenton). The hospital is about two miles south on Route 579 on your left. Make a left into Gate #2. Make a left onto Stratton Circle. Pastoral Services is located at the top of the hill in the Haines Building, First Floor. Proceed past the Haines and Stratton Buildings to parking lot. Call ahead for an appointment.

Contact Information

Contact Information: Individuals interested in further information or application to the Clinical Pastoral Training program are invited to contact the following program supervisors:

The Rev. MaryJane Inman, M.Div. BCC

Director of Pastoral Services

(609) 633-1616

MaryJane.Inman@doh.nj.gov

The Rev. Kerri L. Erbig, M.Div., BCCC

Worship and Program Coordinator

(609) 633-1617

Kerri.Erbig@doh.nj.gov

The Rev. Alexandra Van Kuiken, M.Div., BCCC

Chaplain Liaison

(609) 633-1613

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Mailing Address:

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100 Sullivan Way

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West Trenton, NJ 08628

609-633-1502 (Hospital Operator)