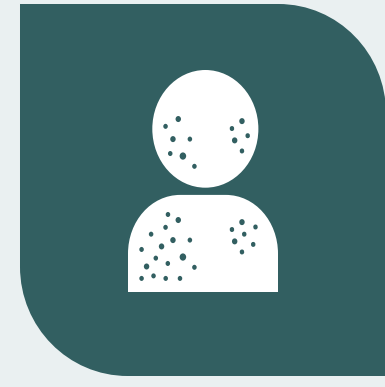


Monkeypox (mpox) Key Facts



- **Human monkeypox (mpox) virus can make you sick and cause disease, including a rash or sores (pox), often with an earlier flu-like illness.**
- **Mpox can spread to anyone through close, personal, often skin-to-skin contact.**



Symptoms

- Early flu-like symptoms of mpox can include fever, headache, muscle aches, backache, swollen lymph nodes, chills, and exhaustion
- Rash appears within 1 to 3 days (sometimes longer) after fever, often beginning on the face then spreading to other parts of the body
- Illness usually lasts 2–4 weeks



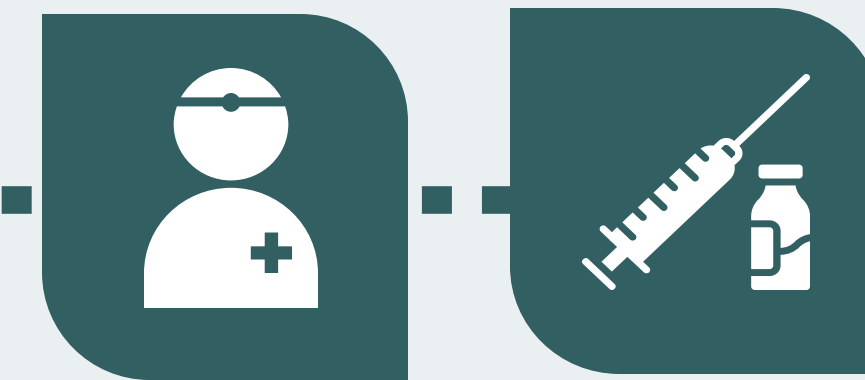
Transmission

- Mpox can spread through:
 - Direct contact with mpox rash, sores or scabs
 - Contact with objects, clothing, bedding, towels, or surfaces used by someone with mpox
- Respiratory droplets or oral fluids from a person with mpox
- Mpox can spread from the time symptoms start until all sores have healed, which can take several weeks



Recent Clusters of Mpox

- Cases of mpox have been recently reported in several countries that don't normally have mpox activity, including the United States.
- The mpox virus is spreading mostly through close, intimate contact with someone who has mpox.



Diagnosis & Treatment

- Healthcare providers should be alert for patients with rash illnesses consistent with mpox, regardless of gender or sexual orientation, particularly those with travel history or other risk factors
- There is no specific treatment for mpox, although antivirals developed for use in patients with smallpox may be beneficial



Recommendations for the Public

- Risk to the general public is low
- Seek medical care immediately if you are concerned you have mpox
- Avoid close contact with sick people, including people with skin lesions or genital lesions



For More Information

- Contact your healthcare provider with medical questions
- Visit: nj.gov/health/monkeypox