

Wound Care

- If wounds develop from xylazine use, try to avoid injecting in or near the wound.
- Keeps wounds clean, covered, and change bandages daily or when soiled.
- Wash wound with soap/water or saline thoroughly after removing bandages.
- Apply a layer of Vaseline before rebandaging the wound.
- Store wound care materials in a clean and dry location.

Seek medical attention immediately if:

- You develop a fever
- Wound gets bigger
- Wound drastically changes color (yellow/green/black)
- Wound is not healing after several days

Harm Reduction Centers

For more information or to find a New Jersey harm reduction center near you, visit: nj.gov/health/hivstdtb/hrc.



How to Get Naloxone

In addition to local harm reduction centers, the New Jersey Harm Reduction Coalition mails naloxone kits free and confidentially regardless of insurance status. Call or text **877-4NARCAN** or visit nextdistro.org/newjersey.



NJ residents can also obtain naloxone freely and anonymously from participating pharmacies.



Connect to Treatment

REACHNJ is a 24/7 hotline available to anyone, regardless of insurance status, who is looking for help with overcoming a substance use disorder. Trained specialists can connect you to a treatment provider and other supportive services. Call **844-732-2465**.

Remote Monitoring Services

If you find yourself alone while using drugs, there are options to stay safer.

The Brave App:

Free to download in App stores.



Never Use Alone is a toll-free hotline that provides overdose prevention, detection, and crisis response, operated by peers 24/7. Call **800-484-3731**.

1.59% of heroin/fentanyl tested by the New Jersey State Police contained xylazine in the second quarter of 2023. Source: New Jersey State Police, Office of Drug Monitoring & Analysis, 2023 Second Quarter Report. West Trenton, NJ.

XYLAZINE

WHAT TO KNOW

Xylazine (“tranq”) is a veterinary sedative being mixed into the New Jersey drug supply.

Xylazine is not safe or approved for human use.



Over half of all heroin / fentanyl in NJ contains xylazine.¹

How to Manage An Opioid/Xylazine Overdose

If the person is NOT breathing, stay calm and...

1

Try and wake the person (tap, shout, rub sternum).



2

Call 9-1-1.

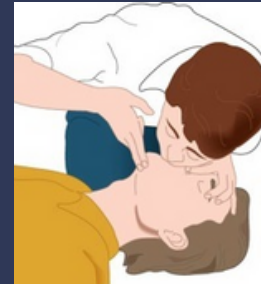
3

Take naloxone out of package. Administer one dose.



4

Start rescue breaths. Start with two breaths, then one breath every 5 seconds. Use a face shield, if you have one.



Rescue Breaths

5

If person is still not breathing after 2-3 minutes, administer a second dose.

6

If person starts breathing, reposition to rescue position.



Rescue Position

**Managing an overdose can be very traumatic.
Make sure to take care of yourself.**

Risks of Xylazine Use

- Confusion
- Heavy sedation
- Dry mouth
- Drowsiness
- Reduced heart rate
- Difficult breathing
- Coordination difficulties
- Coma



Xylazine use has also been associated with severe, painful wounds that worsen quickly.

How to Stay Safer



If you suspect an overdose, call 911



Carry naloxone (Narcan)



Tell someone you trust you are using



Take extra care if using alone