

ASSEMBLY RESOLUTION No. 122

STATE OF NEW JERSEY 212th LEGISLATURE

INTRODUCED FEBRUARY 9, 2006

Sponsored by:

Assemblyman CHRISTOPHER J. CONNORS

District 9 (Atlantic, Burlington and Ocean)

Assemblyman BRIAN E. RUMPF

District 9 (Atlantic, Burlington and Ocean)

Assemblyman JOSEPH VAS

District 19 (Middlesex)

SYNOPSIS

Urges New Jersey's public and independent institutions of higher education to establish educational programs on obesity.

CURRENT VERSION OF TEXT

As introduced.



(Sponsorship Updated As Of: 5/12/2006)

1 **AN ASSEMBLY RESOLUTION** urging New Jersey's public and
2 independent institutions of higher education to establish
3 educational programs on obesity.

4
5 **WHEREAS**, Obesity is a widespread and growing problem in the
6 United States with significant physical, psychological and
7 economic consequences; and

8 **WHEREAS**, The Centers for Disease Control and Prevention (CDC)
9 states that over the past 30 years the number of overweight
10 children and adolescents in America has nearly doubled to 5.3
11 million; and

12 **WHEREAS**, Obese children are more likely to develop a variety of
13 physical and psychological disorders; and

14 **WHEREAS**, Overweight adolescents have a 70% chance of
15 becoming overweight or obese adults; and

16 **WHEREAS**, Obesity increases a person's risk for a number of serious
17 conditions, including diabetes, heart disease, stroke, high blood
18 pressure, and some types of cancer; and

19 **WHEREAS**, Obese adults are 50% to 100% more likely to experience
20 premature death; and

21 **WHEREAS**, One of the national health objectives for the year 2010
22 is to reduce the proportion of children and adolescents who are
23 overweight or obese from 11% to 5%; and

24 **WHEREAS**, Institutions of higher education serve the State by
25 educating and preparing its citizens to evaluate and address
26 critical issues and therefore can play an important role in
27 advancing public awareness and understanding of this national
28 health crisis; now, therefore,

29
30 **BE IT RESOLVED** by the General Assembly of the State of New
31 Jersey:

32
33 1. This House strongly urges each public and independent
34 institution of higher education in New Jersey to establish
35 educational programs on obesity to communicate to citizens of the
36 State the causes of the disease, its chronic and complex nature,
37 prevention measures and treatment approaches, including
38 combinations of diet, increased physical activity, behavior
39 modification and pharmacotherapeutic methods.

40
41 2. Duly authenticated copies of this resolution, signed by the
42 Speaker of the General Assembly and attested by the Clerk thereof,
43 shall be transmitted to the members of the governing board of each
44 institution of higher education in New Jersey.

STATEMENT

1
2
3
4
5
6
7
8
9
10
11

This resolution strongly urges each public and independent institution of higher education in New Jersey to establish educational programs on obesity to communicate to citizens of the State the causes of the disease, its chronic and complex nature, prevention measures and treatment approaches, including combinations of diet, increased physical activity, behavior modification and pharmacotherapeutic methods. It is appropriate that institutions of higher education be involved in the efforts to combat this disease.