



To: Presidents of New Jersey Institutions of Higher Education
From: New Jersey Office of the Secretary of Higher Education
Date: August 20, 2025
Subject: 3rd Annual New Jersey Higher Education Mental Health Summit

The third annual **New Jersey Higher Education Mental Health Summit (NJHEMHS)** will be held at the New Jersey Institute of Technology (NJIT) in Newark, New Jersey on Thursday **January 8, 2026**. The theme for this summit is: *Sustaining Student and Employee Well-Being in Times of Uncertainty: Centering Mental Health in a Shifting Higher Education Landscape*. This summit brings together counselors, educators, and practitioners from across the state who work closely with college students to learn from one another, attend to their own well-being, and employ best practices at colleges and universities statewide.

The NJHEMHS steering committee recently launched the call for proposals. **Proposal submissions are open through September 30, at 4 pm EST.** Individuals interested in submitting a proposal can access the form here:

[Program Proposal Submission Form – 2026 NJ Higher Education Mental Health Summit.](#)