



**To:** NJ Institutions of Higher Education  
**From:** NJ Office of the Secretary of Higher Education  
**Date:** June 25, 2026  
**Subject:** New Data: Statewide Student Tele-Mental Health Initiative with Uwill

---

On June 6, 2025, the New Jersey Office of the Secretary of Higher Education (OSHE) released new data highlighting the usage and impact of the statewide tele-mental health initiative with Uwill over the past two years since its launch on [45 participating](#) public and independent public-mission institution campuses in New Jersey.

As of May 15, 2025, just over 18,000 students have accessed the Uwill platform and nearly 78,000 therapy session have occurred, with 30% of those sessions taking place after hours.

[The press release and access to the fact sheet can be viewed here.](#)

Some press coverage of this initiative can be found at the following: [Diverse Issues in Higher Education](#), [NJ Biz](#), [Patch](#), [ROI NJ](#)

**Participating institutions are reminded to continue promoting the availability of Uwill to their students throughout summer.** As soon as a new student receives their college email, including at orientation this summer, they can register to begin accessing support through Uwill. This may be critical for those going off to college for the first time, living away from home, and can offer an additional line of support to prevent students from withdrawing before they even start.

For questions about the Uwill partnership contact [Donna.Rogalski@oshe.nj.gov](mailto:Donna.Rogalski@oshe.nj.gov) and for communications questions contact [Cecilia.Williams@oshe.nj.gov](mailto:Cecilia.Williams@oshe.nj.gov).