

Division of Developmental Disabilities
Resource Team: Nursing Support Unit
Blood Sugar Tracking Form

Note Section:

Non-diabetic Fasting chart

Blood Sugar Levels	Range
Low	Below 70 mg/dl
Normal	70-100 mg/dl
High	Above 100 mg/dl

Non-diabetic 2 hours after meal

Normal Range: Less than 140 mg/dl

Diabetic Fasting Chart

Blood Sugar Levels	Range
Low	Below 80 mg/dl
Normal	80-130 mg/dl
High	Above 130 mg/dl

Diabetic 2 hours after meal

Normal Range: Less than 180 mg/dl