

THE DDD RESOURCE TEAM PRESENTS: CHOKING PREVENTION AWARENESS MONTH

National Choking Awareness Day is March 28, 2024

■ In-Person Trainings for Provider Staff

Every Wednesday in March | 9:30 am - 3:00 pm

Join Licensed Speech Pathologist staff for a comprehensive day of mealtime-related trainings at DDD Offices around the state. Live demonstrations on preparing modified diet textures and liquid consistencies will occur. Learn about resources available from our Choking Prevention Unit to assist in preventing choking incidents, including individualized consultations, tips, and trainings.

Please utilize the links below to register for live, in-person trainings. Space is limited.

- **March 6, 2024:** [Flanders](#)
- **March 13, 2024:** [Freehold](#)
- **March 20, 2024:** [Plainfield](#)
- **March 27, 2024:** [Voorhees](#)

Trainings will include:

- Managing Dysphagia in the Community
- Diet Textures
- Liquid Consistencies
- Mealtime Risks of Regular Diets
- Mealtime Supervision

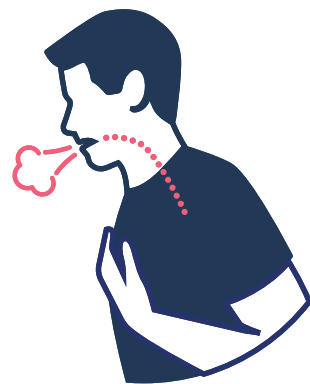
■ Virtual Workshops

Can't make it to a live-in-person training? No problem! There will also be virtual workshops throughout March. In addition to the topics above, additional trainings will include:

- Preventing Food Grabbing (*New!*)
- Choking Incident Reports & The Choking Checklist (*New!*)
- G-Tube Care
- Mealtime Safety and Documentation
- Understanding Pica
- Danielle's Law (English & Spanish)

■ Choking Round Table Discussion (invite only)

Select providers will be invited to join a group discussion to provide context about choking events from a provider perspective and to share best practices surrounding mealtime safety. Various DDD Units will be present to discuss how the Division can better support providers regarding the risks of choking.



Please see our website for a complete list of Choking Prevention Awareness Month events and registration links:
www.nj.gov/humanservices/ddd/individuals/healthsafety

Contact ddd.resourceteam@dhs.nj.gov if you have any questions.



State of New Jersey

Phil Murphy, Governor | Tahesha L. Way, Lt. Governor



Department of Human Services

Sarah Adelman, Commissioner



Division of
Developmental
Disabilities