

DDD Resource Team



INFORMATION FOR SUPPORT COORDINATORS

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STATE OF NEW JERSEY DIVISION OF DEVELOPMENTAL DISABILITIES



The RESOURCE TEAM



**BOARD CERTIFIED BEHAVIOR
ANALYSTS**

SPEECH-LANGUAGE PATHOLOGISTS



Choking Deaths



- **STATS**
- **MOST ARE PREVENTABLE**
- **UTILIZE THE RESOURCES AVAILABLE**



Choking Prevention Unit (Resource Team)



- **IDENTIFY HIGH RISK INDIVIDUALS THROUGH INCIDENT REPORTS**
- **PROVIDE TRAININGS**
- **INDIVIDUAL EATING PLANS**
- **INTERPRET SWALLOW STUDIES**
- **LIAISON WITH PCP & OTHER SLP**



Resource Team



- **ADDRESS ISSUES WITH DYSPHAGIA (SWALLOWING PROBLEMS)**
- **RELATED MEDICAL ISSUES**
- **COMMUNICATION & HEARING**



Swallowing Problems



- **Individuals are at high risk.**
 - **Aspiration (material in the lungs)**
 - **Sepsis**
 - **Death**
- **Problems develop with aging.**
- **Polypharmacy**

Dysphagia



- **Coughing during meals.**
- **Eating too quickly.**
- **Diet texture downgrade.**

DIETS



- **REGULAR DIET: NOTHING CUT UP. FOOD SERVED WHOLE.**
- **CHOPPED DIET: FOOD IS CUT UP TO ½ INCH BY ½ INCH**
- **GROUND DIET: FOOD IS APPROXIMATELY ¼ INCH BY ¼ INCH (TEXTURE OF MINCED, GROUND BEEF)**
- **PUREE DIET: NO SIZE BECAUSE THE TEXTURE NEEDS TO BE SMOOTH AND CREAMY (LIKE PUDDING OR APPLE SAUCE).**

Problem Scripts



- **BITE SIZE PIECES**
- **MECHANICAL SOFT**
- **DYSPHAGIA DIET**
- **SC'S ROLE**



Related Medical Issues



- **Refusal to eat/drink**
- **Weight loss**
- **Dehydration**

Communication & Hearing



- **Assist with socialization.**
- **Staff training for basic sign language.**
- **Hearing aid care.**

Speech Therapy Services



- **Must come from Community Provider.**
- **Approved Providers in I Records.**



Training Team



DYSPHAGIA

TUBE FEEDING

HEALTH PROBLEMS



Dysphagia



- How people eat and swallow
- Modified food consistencies
- Thickened beverages
- Mealtime safety techniques
 - What works well
 - Why some techniques are ineffective

Tube Feeding



- Geared to care givers
- Types of feeding tubes.
- How tubes are placed in the body.
- Why Aspiration still occurs.

Common Health Problems



- **Prevention**
- **Avoiding hospitalization**

- **DEHYDRATION**
- **URINARY TRACT INFECTION**
- **CONSTIPATION**
- **ASPIRATION PNEUMONIA**
- **SEIZURES**

Support Coordinators Role



- **ENSURE THAT ISP IS CLEAR**
- **ENSURE THAT THE DIET SCRIPT IS CLEAR**
- **ENSURE THAT IF A PROBLEM IS IDENTIFIED THERE IS A PLAN ADDRESSING IT**
- **SUBMIT REFERRAL TO RESOURCE TEAM**
- **CALL IF YOU HAVE ANY QUESTIONS**



Closing Remarks



- **YOU ARE NOT ALONE**
- **UTILIZE THE RESOURCES AVAILABLE TO YOU**



Contact Information



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DDD Resource Team



QUESTIONS?

