

Department of Human Services  
Division of Disability Services

New Jersey

# RESOURCES

## 2015





State of New Jersey  
DEPARTMENT OF HUMAN SERVICES  
PO Box 700  
TRENTON NJ 08625-0700

CHRIS CHRISTIE  
*Governor*

KIM GUADAGNO,  
*Lt. Governor*

ELIZABETH CONNOLLY  
ACTING  
COMMISSIONER

Dear Reader:

I take this opportunity to present the New Jersey Resources 2015 directory, the fifteenth annual edition published by the New Jersey Department of Human Services' Division of Disability Services (DDS). This publication continues to be one of our department's most sought after resources for people with disabilities, their family members and advocates because of its comprehensive, statewide directory of programs and services.

DDS has successfully provided this consumer friendly, useful tool, which identifies all levels of government, community organizations and professionals working to assist people with disabilities. The publication provides access to up-to-date information that individuals with disabilities, along with their families, may need to flourish in their physical, professional and recreational lives.

As in previous years, this publication will be made available online in English, Spanish, and in audio format, so that individuals and agencies can access just the services they need and can make copies only as necessary. The website is [www.state.nj.us/humanservices/dds](http://www.state.nj.us/humanservices/dds).

A certified Information and Referral Specialist can be reached to discuss any individual concerns, problems or issues, and can provide direct assistance by phone at **1-888-285-3036** (toll free).

As always, your comments and suggestions are welcome.

Regards,

Elizabeth Connolly  
Acting Commissioner



## NJ Division of Disability Services

(888) 285-3036

### CONTACT INFORMATION

Joseph M. Amoroso, Director

**MAILING ADDRESS:** PO Box 705 Trenton, NJ 08625-0705  
**TELEPHONE:** (888) 285-3036 (Toll-Free)  
**FAX:** (609) 631-4365  
**INTERNET:** [www.state.nj.us/humanservices/dds](http://www.state.nj.us/humanservices/dds)

### USING RESOURCES 2015

Developed by the New Jersey Department of Human Services' Division of Disability Services, New Jersey Resources 2015 provides easy access to information about programs and services available to residents living and working with disabilities, as well as families, advocates, and professional communities working to assist people with disabilities. New Jersey Resources is updated annually and released in May of each year.

#### REPORTING CORRECTIONS AND UPDATES

The programs and agencies listed in this directory are asked to report any changes as quickly as possible.

**Submit changes to:** **Dianna Maurone**  
**Dianna.Maurone@dhs.state.nj.us**

#### NEED ADDITIONAL ASSISTANCE?

Should you require additional information, please call the Division of Disability Services at 1-888-285-3036 and speak with an Information and Referral Specialist.

#### DISCLAIMER

The Division of Disability Services reserves the right to publish items selectively, as space permits. Listed items are not necessarily under the jurisdiction of the Department of Human Services and their listing does not imply program endorsement.

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# DIVISION OF DISABILITY SERVICES (DDS)

1-888-285-3036

## MISSION STATEMENT

*“The first place to call for disability-related information.”*

Within the Department of Human Services, the Division of Disability Services (DDS) provides a single point of entry for people seeking disability related information in New Jersey. DDS works to streamline access to services and information that promote and enhance independent living for individuals with all disabilities by facilitating coordination and cooperation among local, county, and state government agencies. DDS promotes maximum independence and the full participation of people with disabilities within all aspects of community life. DDS serves individuals with all disabilities, statewide.

## OFFICE OF INFORMATION AND ASSISTANCE SERVICES

### INFORMATION AND REFERRAL SERVICES

Nationally Certified Information and Referral Specialists (I & R Specialists) are available during regular business hours, Monday through Friday, to confidentially discuss issues, provide information, assist with problem solving, and connect individuals to appropriate agencies or services. Through our toll free hotline, DDS responds to as many as 15,000 requests each year for Information and Referral Assistance.

In addition to providing live assistance over the phone, I & R specialists attend public events throughout the State to disseminate information and answer questions. Last year, DDS I & R specialists attended over 200 public events.

### DDD/DDS CASE MANAGEMENT COLLABORATION

Continuing the collaborative effort that began in 2009, DDS' I & R Specialists remain the primary contact for approximately 3,500 adults registered with the Division of Developmental Disabilities (DDD) at this time. Many of these individuals live in the community, either independently or with their families, and benefit from information regarding insurance, benefits, transportation, education, future employment and available resources that are provided by organizations other than DDD.

## TRAUMATIC BRAIN INJURY FUND

The TBI Fund provides New Jersey residents of any age, who have survived a traumatic brain injury, the opportunity to access the brain injury related services and supports they need to live in the community. The Fund purchases supports and services to foster independence and maximize quality of life when insurance, personal resources, and/or public programs are unavailable to meet those needs. A portion of the Fund also is used to support public education, outreach, and prevention activities related to TBI.

## PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)

PASP is a supplemental, personal care program, designed for New Jersey residents, ages 18 to 70, who have a permanent physical disability, are capable of directing their own services, and are either employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. (See Page 51)

## PERSONAL PREFERENCE PROGRAM (PPP)

PPP offers an alternative way for individuals to receive their Medicaid Personal Care Assistance (PCA) services. Using the “Cash & Counseling” model, PPP enables elderly and disabled Medicaid recipients to self-direct their Medicaid PCA services. Using a monthly allowance, participants work with a consultant to develop a Cash Management Plan (CMP) which identifies the services needed and the individuals/agencies they want to hire to provide those services. Fiscal management services are provided to assist consumers with the financial aspects of the program including payroll, bookkeeping, processing timesheets, and issuing paychecks. PPP requires greater individual responsibility but, in return, offers participants greater control, flexibility, and choice over the services they receive. (See Page 51)

## SPECIAL PROJECTS AND INITIATIVES

### SANDY RELIEF HOME ACCESS PROGRAM

Through a Social Services Block Grant, DDS is administering a program to replace, repair, or build a modular ramp for individuals whose primary residence was impacted by Superstorm Sandy. Stair glides or vertical platform lifts are

also available where ramps are not deemed feasible. Eligibility includes three categories: a ramp was damaged during the storm and needs to be repaired or replaced, a ramp is needed in a home or apartment to which a person with a disability has relocated as a result of the storm, or an existing ramp can no longer be used because a home has been elevated to comply with new building codes.

### **NJ WORKABILITY**

The WorkAbility program offers people with disabilities who are working and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 and 64 can qualify for the program with an annual gross earned income of up to approximately \$59,652. (See Page 49)

### **DISABILITY HEALTH AND WELLNESS INITIATIVES (DH&W)**

The DH&W program, funded by various grant programs, works to collaborate with policy makers, health educators, public and private agencies, and experts in the field of health and wellness on projects that promote healthy living and prevention of secondary conditions for people with disabilities. The Division continuously seeks funding for initiatives that will help meet those needs. Recent project topics have included the following: *Addressing Violence Against Women with Disabilities, Emergency Food Provider Accessibility Project, Emergency Planning and Disaster Preparedness for People with Disabilities, and a Health & Wellness Guide.*

### **ACCESS AND FUNCTIONAL NEEDS (AFN)**

Within the Department of Human Services, DDS serves as the lead for implementation of emergency preparedness and disaster response, recovery, and mitigation efforts that are inclusive of people with disabilities and others with access and functional needs. DDS provides guidance, tools, methods and strategies to assist in establishing equal physical, program, and communication access.

### **COMMUNITY DISCHARGE INITIATIVE**

DDS Staff can assist individuals who have expressed a desire to return to the community to make attainable discharge plans and identify supports and resources.

### **I CHOOSE HOME NEW JERSEY (ALSO KNOWN AS MONEY FOLLOWS THE PERSON)**

In collaboration with other State agencies, DDS is working to promote I Choose Home – NJ, an initiative focused on providing opportunities for individuals who

are eligible for Medicaid and have been living in an institutional setting for more than 90 days, to return to an independent community setting with necessary supports and services. For more information: [www.ichoosehome.nj.gov](http://www.ichoosehome.nj.gov) 1-855-466-3005.

### **STATUTORY ADVISORY BOARDS AND COUNCILS**

DDS serves as staff to the mandated advisory councils listed below.

#### **TRAUMATIC BRAIN INJURY ADVISORY COUNCIL**

Composed of 26 members, the TBI Council holds quarterly public meetings to advise the Department of Human Services of issues relevant to brain injury services.

#### **PERSONAL ASSISTANCE SERVICES ADVISORY COUNCIL**

Composed of 19 members, the PASP advisory Council meets quarterly to serve as a means for consumers to offer feedback that is used to review and evaluate the effectiveness of the PASP program and to recommend changes on a statewide level.

### **PUBLICATIONS**

DDS publishes several guides/informational brochures which are available to you free of charge, including *New Jersey Resources* and the *New Jersey Guide to Accessible Parking*. Most publications are available in English and Spanish. Please contact us at **1-888-285-3036** to request a guide by mail or visit our website at: [www.dhs.state.nj.us/humanservices/dds](http://www.dhs.state.nj.us/humanservices/dds)

### **EDITOR'S NOTE**

The Office of Home and Community Services was disbanded on July 1, 2014, as the Medicaid Waivers it administered were dissolved in order to transition to Managed Long Term Services and Supports (MLTSS). Participants on the Waivers listed below were automatically enrolled in the MLTSS program at that time:

- AIDS Community Care Alternatives Program (ACCAP)
- Community Resources for People with Disabilities (CRPD)
- Traumatic Brain Injury (TBI) Waiver
- Global Options for Long-Term Care (GO)

MLTSS is designed to provide the long term supports and services individuals need to remain in the community for as long as possible. (See Page 8)

## STATE GOVERNMENT AGENCIES

The Office of the Governor and all state departments are listed below. Detailed information on agencies that specifically address the concerns of people with disabilities can be found in the subsequent sections of the directory.

### OFFICE OF THE GOVERNOR

Telephone: (609) 292-6000

FAX: (609) 292-3454

Honorable Chris Christie, Governor  
Honorable Kim Guadagno, Lt. Governor  
State of New Jersey

[State of New Jersey Homepage](http://www.state.nj.us)

[www.state.nj.us](http://www.state.nj.us)

[www.nj.gov](http://www.nj.gov)

### DEPARTMENT OF LAW & PUBLIC SAFETY

Tel: (609) 292-4925 FAX: (609) 292-3508

[www.state.nj.us/lps](http://www.state.nj.us/lps)

### DEPARTMENT OF MILITARY & VETERANS AFFAIRS

Tel: (609) 530-6957 FAX: (609) 530-7191

[www.state.nj.us/military](http://www.state.nj.us/military)

### DEPARTMENT OF STATE

Tel: (609) 984-1900 FAX: (609) 777-1764

[www.state.nj.us/state](http://www.state.nj.us/state)

### DEPARTMENT OF TRANSPORTATION

Tel: (609) 530-2000 FAX: (609) 530-2919

[www.nj.gov/transportation](http://www.nj.gov/transportation)

### DEPARTMENT OF THE TREASURY

Tel: (609) 292-6748 FAX: (609) 984-3888

[www.state.nj.us/treasury](http://www.state.nj.us/treasury)

### NJ STATE POLICE

Tel: (609) 882-2000

[www.njsp.org](http://www.njsp.org)

## DEPARTMENTS

### DEPARTMENT OF AGRICULTURE

Tel: (609) 292-3976 FAX: (609) 292-3978

[www.state.nj.us/agriculture](http://www.state.nj.us/agriculture)

### DEPARTMENT OF BANKING & INSURANCE

Tel: (609) 292-7272 FAX: (609) 777-0508

[www.state.nj.us/dobi](http://www.state.nj.us/dobi)

### DEPARTMENT OF CHILDREN & FAMILIES

Tel: (609) 984-4500 FAX: (609) 341-2088

[www.state.nj.us/dcf](http://www.state.nj.us/dcf)

### DEPARTMENT OF COMMUNITY AFFAIRS

Tel: (609) 292-6420 FAX: (609) 984-6696

[www.state.nj.us/dca](http://www.state.nj.us/dca)

### DEPARTMENT OF CORRECTIONS

Tel: (609) 292-4036 FAX: (609) 292-9083

[www.state.nj.us/corrections](http://www.state.nj.us/corrections)

### DEPARTMENT OF EDUCATION

Tel: (609) 292-4469 FAX: (609) 777-4099

[www.state.nj.us/education](http://www.state.nj.us/education)

### DEPARTMENT OF ENVIRONMENTAL PROTECTION

Tel: (609) 292-2885 FAX: (609) 292-7695

[www.state.nj.us/dep](http://www.state.nj.us/dep)

### DEPARTMENT OF HEALTH

Tel: (800) 367-6543 FAX: (609) 292-0053

(609) 292-7837

[www.state.nj.us/health](http://www.state.nj.us/health)

### DEPARTMENT OF HUMAN SERVICES

Tel: (609) 292-3717 FAX: (609) 292-3824

[www.state.nj.us/humanservices](http://www.state.nj.us/humanservices)

### DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT

Tel: (609) 292-2323 FAX: (609) 633-9271

[lwd.dol.state.nj.us/labor](http://lwd.dol.state.nj.us/labor)

### NJ Homeland Security

[www.njhomelandsecurity.gov](http://www.njhomelandsecurity.gov)

866-4-SAFE-NJ

NJ State Police [www.njsp.org](http://www.njsp.org)

NJ Office of Emergency Management

[www.state.nj.us/njoem](http://www.state.nj.us/njoem)

609-882-2000

(for emergencies, call "911")

Office of Legislative Services

800-792-8630

## DID YOU KNOW?

The NJ Special Needs Registry collects information emergency responders will need to help locate and evacuate people with special needs during an emergency. The registry is completely voluntary and does not disclose your information to anyone outside of the immediate emergency response community.

To register go to: [www.registerready.nj.gov](http://www.registerready.nj.gov) or call 211.

See page 59 for more information on disaster preparedness for people with disabilities.

## DISABILITY RELATED STATE GOVERNMENT RESOURCES

### FEDERALLY MANDATED DEVELOPMENTAL DISABILITY AGENCIES

#### **NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES**

The New Jersey Council on Developmental Disabilities is New Jersey's planning body for developmental disability issues. Members are appointed by the governor and approved by the New Jersey Senate. The Council includes people with developmental disabilities, parents/guardians, non-governmental service providers, and representatives from state agencies that provide services to people with developmental disabilities and to their families.

The Council develops and monitors the State Plan for Services to People with Developmental Disabilities, administers the federally assisted Basic State Grant Program, and publishes *People and Families* magazine.

#### **New Jersey Council on Developmental Disabilities**

PO Box 700

Trenton, NJ 08625-0700

Telephone: (800) 792-8858 (toll free)  
(609) 292-3745

TDD: (609) 777-3238

FAX: (609) 292-7114

[www.njcdd.org](http://www.njcdd.org)

#### **NEW JERSEY COUNCIL ON DEVELOPMENTAL DISABILITIES AT A GLANCE**

- Family Support
- Youth Leadership
- Partners In Policymaking
- People First New Jersey
- Inclusive Education

For Information: (609) 292-3745

#### **DISABILITY RIGHTS NEW JERSEY**

Disability Rights New Jersey (DRNJ) is a private, non-profit, consumer-directed organization that serves as New Jersey's federally funded agency for people with disabilities.

The program was established to advocate for and advance the human, civil and legal rights of citizens of New Jersey with disabilities. DRNJ works to promote public awareness and recognition of individuals with disabilities as equally entitled members of

society. DRNJ advocates for and provides education, training and technical assistance to individuals with disabilities, the agencies that serve them, attorneys, professionals, courts and others regarding the rights of individuals with disabilities.

In addition to Protection and Advocacy Services, DRNJ maintains the Assistive Technology Advocacy Center (ATAC), which works to make assistive devices and services more accessible to individuals with disabilities throughout the state.

#### **Disability Rights New Jersey**

210 South Broad Street, 3rd Floor

Trenton, NJ 08608

Telephone: (609) 292-9742

Toll Free: (800) 922-7233

TDD: (609) 633-7106

FAX: (609) 777-0187

[www.drnj.org](http://www.drnj.org)

#### **DISABILITY RIGHTS NEW JERSEY AT A GLANCE**

- Protection and Advocacy for Persons with Developmental Disabilities (PADD)
- Protection and Advocacy for Individuals with Mental Illness (PAIMI)
- Protection and Advocacy of Individual Rights (PAIR)
- Client Assistance Program (CAP)
- Protection and Advocacy for Assistive Technology (PAAT)
- Healthcare Consumer Assistance Program (HCCAP)
- Assistive Technology Advocacy Center (ATAC)
- Protection and Advocacy for Individuals with Traumatic Brain Injury (PATBI)
- Protection and Advocacy for Beneficiaries of Social Security (PABSS)
- Protection and Advocacy for Voter Access (PAVA)

For Information: (800) 922-7233



## ELIZABETH M. BOGGS CENTER ON DEVELOPMENTAL DISABILITIES

“A UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES EDUCATION, RESEARCH, AND SERVICE”

The Boggs Center, as a University Center for Excellence in Developmental Disabilities, values uniqueness and individuality and promotes the self-determination and full participation of people with disabilities and their families in all aspects of community life.

Through partnerships and collaborations, the Boggs Center prepares students through interdisciplinary programs, provides community training and technical assistance, conducts research, and disseminates information and educational materials.

### BOGGS CENTER AT A GLANCE

The Boggs Center addresses the needs of communities, people with disabilities, and families through training and the dissemination of information and research in the focus areas of:

- Early Intervention and Education
- Self-Determination and Employment
- Community Supports
- Health

For Information: (732) 235-9300  
[www.rwjms.rutgers.edu/boggscenter](http://www.rwjms.rutgers.edu/boggscenter)

### The Elizabeth M. Boggs Center on Developmental Disabilities

Rutgers Robert Wood Johnson Medical School  
335 George Street, 3rd Floor, PO Box 2688  
New Brunswick, NJ 08903-2688  
Telephone: (732) 235-9300  
FAX: (732) 235-9330  
[www.rwjms.rutgers.edu/boggscenter/](http://www.rwjms.rutgers.edu/boggscenter/)

## KEYS TO SUCCESSFUL SELF-ADVOCACY

- ✍ **Make sure you have an accurate understanding of what is needed** - When advocating for equipment or services, make sure you have all the details and product information. If insurance is being used, ask if there are preset guidelines or requisite information. This will save time during the application process.
- ✍ **Be prepared to assist professionals who may have limited experience** - Your family doctor may be great, but he or she may have little or no experience in writing prescriptions for wheelchairs. Add your productive two-cents by discussing your needs, and giving as much detail as possible about what you are looking for. Some consumers prefer to use agencies for equipment and service evaluations before approaching a doctor for authorization.
- ✍ **Understand your insurance benefits** - Review the terms of each program and policy. Pay careful attention to co-pays, service limits, replacement, and equipment ownership. These issues become especially important for parents with children, who will outgrow equipment, or whose functional abilities may change with time. Remember, you may always appeal an insurance company's decision in the event of a denial, even an HMO.
- ✍ **Seek help from others who have succeeded** - Peer support is the greatest tool to an advocate. The information that you get from peers can be priceless. Learn from those who have done it before.
- ✍ **Keep accurate notes** - Include dates, all contact names, and phone numbers.
- ✍ **Find the line between advocacy and aggression** - Successful advocates let the system work for them. Allow professionals to do their jobs. Stay vigilant, but don't be a pest.
- ✍ **Be prepared to wait** - Most agencies have waiting lists, processing periods, and lots of paperwork to be done. This takes time, so be prepared for some delays.

## **DEPARTMENT OF HUMAN SERVICES**

DHS provides support services for people with disabilities, seniors, individuals and families with low incomes; people with mental illnesses, people with addictions, people who are blind, visually impaired, deaf, hard of hearing, or deaf-blind; parents needing child care services, child support and/or healthcare for their children; and families facing catastrophic medical expenses for their children.

### **COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI)**

The Commission for the Blind and Visually Impaired (CBVI), established in 1910, is one of the oldest, continually operating agencies in New Jersey state government. CBVI provides a wide range of educational services for children, vocational rehabilitation services for older teens and adults, and independent living services for people of all ages in New Jersey who are blind or visually impaired. CBVI also offers a number of special programs and services that address specific needs of individuals who are blind or visually impaired. CBVI programs and services are available to any New Jersey resident who meets the vision criteria. Depending on family income, some people who apply are required to pay a share of the cost of programs or services.

### **COMMISSION FOR THE BLIND AND VISUALLY IMPAIRED (CBVI) - CENTRAL OFFICE**

PO Box 47017

153 Halsey Street, 6th Floor  
Newark, NJ 07101

[www.state.nj.us/humanservices/cbvi](http://www.state.nj.us/humanservices/cbvi)

#### **CBVI FIELD OFFICES:**

##### **CBVI Metro/Northern Region Office**

PO Box 47017

153 Halsey Street, 5th Floor  
Newark, NJ 07101

Telephone: (973) 648-2111 Fax: (973) 648-7674  
(Bergen, Essex, Hudson, Morris, Passaic, Sussex, and Warren counties)

##### **CBVI Hammonton Office**

40 North Whitehorse Pike  
Hammonton, NJ 08037

Telephone: (609) 704-6000 (609) 704-7109  
(Atlantic, Cape May, Cumberland, and Salem counties)

##### **CBVI Southern Region Office**

2201 Route 38 East, Suite 600, Cherry Hill, NJ 08002  
Telephone: (856) 482-3700 Fax: (856) 482-3770  
(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem counties)

## **OFFICE OF THE COMMISSIONER**

PO Box 700

Trenton, NJ 08625-0700

Telephone: (609) 292-3717

FAX: (609) 292-3824

[www.state.nj.us/humanservices](http://www.state.nj.us/humanservices)

### **HOTLINES**

**Good Neighbors (877) DHS-LINE**

**PAAD/Senior Gold Hotline (800) 792-9745**

**NJ Addictions Hotline (800) 238-2333**

**NJ Mental Health Cares (866) 202-HELP**

**Aging and Disability Resource Connection (ADRC) (877) 222-3737**

**NJ DHS Long Term Care Information Line (877) 222-3737**

#### **CBVI Central Region Office**

100 Daniels Way, Freehold, NJ 07728

Telephone: (732) 308-4001 Fax: (732) 308-4104

(Hunterdon, Monmouth, Mercer, Middlesex, Ocean, Somerset, and Union counties)

#### **CBVI JOSEPH KOHN REHABILITATION CENTER**

130 Livingston Avenue, New Brunswick, NJ 08901

Telephone: (732) 937-6363 Fax: (732) 247-6628

#### **DIVISION OF AGING SERVICES**

The Division of Aging Services (DoAS), NJ's lead agency for providing services to seniors, is responsible for many of the programs formerly held under the Department of Health and Senior Services including Pharmaceutical Assistance to the Aged and Disabled (PAAD), Senior Gold, Adult Protective Services, Lifeline Utility Assistance, and Hearing Aid Assistance to the Aged and Disabled.

#### **DIVISION OF AGING SERVICES**

12D Quakerbridge Plaza

PO Box 807

Trenton, NJ 08625-0807

Telephone: (800) 792-8820

[www.state.nj.us/humanservices/doas/home](http://www.state.nj.us/humanservices/doas/home)

#### **Division of Aging Services At A Glance**

- PAAD/Senior Gold
- Managed Long Term Services and Supports (MLTSS)
- Aging and Disability Resource Connection (ADRC) / Area Agency on Aging (AAA)
- Alzheimer's Day Services
- Adult Protective Services
- Lifeline Utility Assistance
- SHIP

## DIVISION OF THE DEAF AND HARD OF HEARING

Through education, advocacy and direct services, the Division of the Deaf and Hard of Hearing (DDHH) works to eliminate barriers and promote increased accessibility to programs, services, and information to individuals who are deaf and/or hard of hearing. DDHH maintains up-to-date resources on hearing loss, and provides the following services: communication access referral, equipment distribution programs, technical assistance, stakeholder communications, and advocacy.

## DIVISION OF THE DEAF AND HARD OF HEARING

PO Box 074

Trenton, NJ 08625-0074

Telephone (Voice/TTY):(800) 792-8339

FAX: (609) 588-2528

[www.state.nj.us/humanservices/ddhh/home](http://www.state.nj.us/humanservices/ddhh/home)

**New Jersey Hearing Aid Project, See page 38**

## DIVISION OF DEVELOPMENTAL DISABILITIES (DDD)

The Division of Developmental Disabilities (DDD) provides funding for services and supports that assist adults, age 21 and older, with developmental disabilities. Most services are offered in the community by community provider agencies. To receive DDD services, an individual must meet functional criteria eligibility and Medicaid eligibility. Functional criteria consist of a severe, chronic physical and/or intellectual disability that manifests in the developmental years (before age 22), is life-long, and substantially limits at least three of these life activities: self-care, learning, mobility, communication, self-direction, economic self-sufficiency and the ability to live independently. All individuals must maintain Medicaid eligibility in order to receive services through the Division.

**Qualifying conditions may include** cerebral palsy, epilepsy, spina bifida, autism or a neurological impairment.

### DDD funds three types of services:

- Day services, including supports for people who are employed
- Residential services that support an individual in the community
- Services that support a family caring for a loved one at home

## DIVISION OF DEVELOPMENTAL DISABILITIES (DDD) - CENTRAL OFFICE

PO Box 726, Trenton, NJ 08625-0726

Telephone: (800) 832-9173 (609) 631-2200

FAX: (609) 631-2217

[www.state.nj.us/humanservices/ddd/home](http://www.state.nj.us/humanservices/ddd/home)

## DDD COMMUNITY SERVICES OFFICES:

### Flanders Office

[Morris, Sussex, Warren](#)

1B Laurel Drive, Flanders, NJ 07836

Telephone: (973) 927-2600 FAX: (973) 927-2689

### Paterson Office

[Bergen, Hudson, Passaic](#)

100 Hamilton Plaza, 7th Floor

Paterson, NJ 07505

Telephone: (973) 977-4004 FAX: (973) 279-5069

### Newark Office

[Essex](#)

153 Halsey Street, 2nd Floor

PO Box 47013, Newark, NJ 07101

Telephone: (973) 693-5080 FAX: (973) 648-3999

### Plainfield Office

[Union, Somerset- intake only](#)

110 East Fifth Street

Plainfield, NJ 07060

Telephone: (908) 226-7800 FAX: (908) 412-7903

### Somerset Office

[Somerset- case management only](#)

275 Greenbrook Road, 2nd Floor

Green Brook, NJ 08812

Telephone: (732) 424-3301 Fax: (732) 968-8163

### Freehold Office

[Monmouth, Ocean](#)

Juniper Plaza, Suite 1-J

3499 Route 9 North, Freehold, NJ 07728

Telephone: (732) 863-4500 FAX: (732) 863-4406

### Trenton Office

[Hunterdon, Mercer, Middlesex](#)

120 South Stockton Street

P.O. Box 706

Trenton, NJ 08625

Telephone: (609) 292-1922 FAX: (609) 292-2629

### Voorhees Office

[Burlington, Camden, Gloucester](#)

Echelon Plaza

221 Laurel Road, Suite 210

Voorhees, NJ 08043

Telephone: (856) 770-5900 FAX: (856) 770-5935

### Mays Landing Office

[Atlantic, Cape May, Cumberland, Salem](#)

5218 Atlantic Avenue, Suite 205

Mays Landing, NJ 08330

Telephone: (609) 476-5200 FAX: (609) 909-0656

## DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

The Division of Mental Health and Addiction Services (DMHAS) serves adults with serious and persistent mental illnesses and/or addiction. DMHAS operates psychiatric hospitals, monitors and helps fund psychiatric and substance abuse treatment and prevention services provided by a number of county hospitals, and contracts with more than 120 agencies for a wide range of community mental health services. Services may be accessed by contacting a County Mental Health Administrator or a county screening center.

## DIVISION OF MENTAL HEALTH AND ADDICTION SERVICES

PO Box 700

Trenton, NJ 08625

Telephone: (800) 382-6717 (609) 777-0702

FAX: (609) 341-2302

[www.state.nj.us/humanservices/dmhas/home](http://www.state.nj.us/humanservices/dmhas/home)

### NJMentalHealthCares

NJMentalHealthCares is New Jersey's mental health information and referral service. Our staff of mental health professionals use their experiences and understanding of the mental health system to connect you to the information and services you need!

**(866) 202-HELP (4357) TTY: (877) 294-4356**

[www.njmentalhealthcares.org](http://www.njmentalhealthcares.org)

**8:00 a.m. - 8:00 p.m.**

- Connects to mental health services, including: inpatient and outpatient services, rehabilitation services, self-help services, legal, housing, employment, mental health education, and more!
- Provides assistance in finding services, not crisis intervention. If you feel you need emergency psychiatric services, please call your local crisis center (listed on page 17).

**For Addiction Resources, See Page 57**

## DIVISION OF MEDICAL ASSISTANCE AND HEALTH SERVICES

PO Box 712

Trenton, NJ 08625-0712

Telephone: (609) 588-2600

FAX: (609) 588-3583

[www.nj.gov/humanservices/dmahs/home](http://www.nj.gov/humanservices/dmahs/home)

## MANAGED LONG TERM SERVICES AND SUPPORTS (MLTSS)

The Managed Long Term Services and Supports program or MLTSS is a New Jersey initiative intended to provide a new and better way to help seniors and individuals with disabilities live at home for as long as possible. The initiative uses managed care organizations to coordinate support services according to a participant's needs. Through MLTSS, participants will receive their primary, acute, behavioral and long term care needs through a

managed care organization (MCO) contracted with New Jersey's Medicaid program, NJ FamilyCare. Previously, these services were coordinated by various State and County offices. MLTSS began in July 2014. At that time, Medicaid beneficiaries enrolled in Home and Community Based Services programs such as the AIDS Community Care Alternatives Program (ACCAP); Community Resources for People with Disabilities (CRPD); Global Options for Long-Term Care (GO); or the Traumatic Brain Injury (TBI) Waiver were automatically transitioned into MLTSS. New Jersey will ensure that individuals who live in Medicaid participating nursing homes can remain. For more information:

[www.nj.gov/humanservices/dmahs/home/mltss.html](http://www.nj.gov/humanservices/dmahs/home/mltss.html)

### To apply for MLTSS:

**18 years or older:** Contact your County Aging and Disability Resource Center (ADRC) or your County Board of Social Services. See pages 19 and 17, respectively, for a listing of those numbers by County.

**17 years old or younger:** Contact the Division of Disability Services at 1-888-285-3036 and follow the prompts to speak with an information and referral specialist.

**For Medical Assistance Customer Centers (MACCs), See Page 39**

## DIVISION OF FAMILY DEVELOPMENT

PO Box 716

Trenton, NJ 08625-0716

Telephone: (609) 588-2400 or 2000

FAX: (609) 584-4404

[www.state.nj.us/humanservices/dfd/home](http://www.state.nj.us/humanservices/dfd/home)

## DIVISION OF DISABILITY SERVICES

PO Box 705

Trenton, NJ 08625

Telephone: (888) 285-3036

FAX: (609) 631-4365

[www.state.nj.us/humanservices/dds/home](http://www.state.nj.us/humanservices/dds/home)

**See Page 1 and 2 for more information on DDS**

### Central Registry of Offenders Against Individuals with Developmental Disabilities

A "Central Registry of Offenders Against Individuals with Developmental Disabilities" was established in the Department of Human Services (DHS). It requires DHS to maintain a confidential list of caregivers working in these programs who have been determined to have abused, neglected, or exploited an individual with a developmental disability. The toll-free number to report abuse is (800) 832-9173.

## DEPARTMENT OF HEALTH

The Department of Health is responsible for protecting the public's health, inspecting state health care facilities and overseeing city and county health departments.

### **OFFICE OF MINORITY AND MULTICULTURAL HEALTH**

PO Box 360  
Trenton, New Jersey 08625  
Telephone: (609) 292-6962  
FAX: (609) 292-8713  
[www.nj.gov/health/omh](http://www.nj.gov/health/omh)

### **DIVISION OF HIV, STD, and TB SERVICES**

PO Box 363  
Trenton, NJ 08625-0363  
Telephone: (609) 984-5874  
FAX: (609) 633-2494  
[www.nj.gov/health/aids](http://www.nj.gov/health/aids)

- **NJ AIDS/STD Hotline**  
(800) 624-2377
- **AIDS Drug Distribution Program (ADDP)**  
(877) 613-4533
- **Health Insurance Continuation Program (HICP)**  
(800) 353-3232

### **DIVISION OF FAMILY HEALTH SERVICES**

PO Box 364  
Trenton, NJ 08625-0364  
Telephone: (609) 292-4043  
FAX: (609) 292-9599  
[www.nj.gov/health/fhs/index.shtml](http://www.nj.gov/health/fhs/index.shtml)

**Early Intervention Systems (EIS)  
Project Child Find**  
(800) 322-8174

**Also See Page 44**

## **OFFICE OF THE COMMISSIONER**

PO Box 360  
Trenton, NJ 08625  
Telephone (609) 292-7837  
Toll-Free: (800) 367-6543  
FAX (609) 292-0053  
[www.nj.gov/health](http://www.nj.gov/health)

**Statewide Family Centered HIV  
Care Network** (609) 777-7795

**Newborn Screening and Genetic Services**  
(609) 292-1582

**Special Child and Adult Health Services**

**Also See Page 37**

**Special Supplemental Nutrition Program for  
Women, Infants, and Children (WIC)**  
(609) 292-9560  
(866) 44NJWIC (866) 446-5942

**Also See Page 37**

### **DIVISION OF HEALTH FACILITIES EVALUATION AND LICENSING**

PO Box 367  
Trenton, NJ 08625-0365  
Telephone: (609) 633-8977  
FAX: (609) 633-9060  
[www.nj.gov/health/healthfacilities](http://www.nj.gov/health/healthfacilities)

**Health Care Facility Consumer Complaint  
Hotline** (800) 792-9770

### **CENTER FOR HEALTH STATISTICS**

PO Box 360  
Trenton, NJ 08625-0360  
Telephone: (609) 984-6702  
FAX: (609) 984-7633

## DEPARTMENT OF COMMUNITY AFFAIRS

The Department of Community Affairs provides a variety of services to low-income families, women, and people with disabilities. Services include assistance with rentals, the federal Section 8 voucher program, emergency shelter grants and homelessness prevention.

### **DIVISION OF CODES AND STANDARDS**

PO Box 802

Trenton, NJ 08625-0802

Telephone: (609) 292-7899

FAX: (609) 633-6729

[www.state.nj.us/dca/divisions/codes](http://www.state.nj.us/dca/divisions/codes)

### **DIVISION OF FIRE SAFETY**

PO Box 809

Trenton, NJ 08625

Telephone: (609) 633-6106

FAX: (609) 633-6134

[www.state.nj.us/dca/divisions/dfs/index.shtml](http://www.state.nj.us/dca/divisions/dfs/index.shtml)

## **OFFICE OF THE COMMISSIONER**

PO Box 800

Trenton, NJ 08625-0800

Telephone: (609) 292-6420

FAX: (609) 984-6696

[www.state.nj.us/dca](http://www.state.nj.us/dca)

### **DIVISION OF HOUSING**

PO Box 051

Trenton, NJ 08625-0051

Telephone: (609) 633-6303

FAX: (609) 984-8454

[www.state.nj.us/dca/divisions/dhcr](http://www.state.nj.us/dca/divisions/dhcr)

### **OFFICE OF RECREATION**

PO Box 811

Trenton, NJ 08625-0811

Telephone: (609) 984-6654

FAX: (609) 292-9798

[www.state.nj.us/dca/divisions/dhcr/rec](http://www.state.nj.us/dca/divisions/dhcr/rec)

**For more information on the Division of Fire Safety,  
See Appendix 6**

**For information on the New Jersey Housing and Mortgage Finance Agency,  
See Page 50**

**For a list of Homelessness Prevention Programs by County,  
See Pages 50**



## **DEPARTMENT OF COMMUNITY AFFAIRS OFFICE OF REGULATORY AFFAIRS**

The Office of Regulatory Affairs is responsible for the enforcement of the New Jersey Barrier Free Sub-Code. Complaints can be made verbally or in writing to:

Supervisor of Investigations  
Department of Community Affairs  
Office of Regulatory Affairs  
PO Box 818  
Trenton, NJ 08625  
Telephone: (609) 984-7672  
FAX: (609) 984-7718

[www.state.nj.us/dca/divisions/codes/offices/regaffairs.html](http://www.state.nj.us/dca/divisions/codes/offices/regaffairs.html)

### **WHEN MAKING A COMPLAINT, PLEASE HAVE THE FOLLOWING INFORMATION:**

-  The complete address of the building that is thought to be non-compliant.
-  A brief explanation of how the building seems to be non-compliant.

## DEPARTMENT OF EDUCATION

The Department of Education is responsible for overseeing more than 600 school districts, and administering education programs to more than 1.4 million public and nonpublic elementary and secondary school children. The Office of Special Education Programs, within the Division of Student Services, has oversight responsibilities for the provision of education and related support services to students with disabilities, ages 3 to 21.

### **DIVISION OF STUDENT SERVICES**

PO Box 500  
Trenton, NJ 08625-0500  
Telephone: (609) 292-9899  
FAX: (609) 633-1046  
[www.state.nj.us/education/students/safety](http://www.state.nj.us/education/students/safety)

### **OFFICE OF SPECIAL EDUCATION PROGRAMS**

PO Box 500  
Trenton, NJ 08625-0500  
Telephone: (609) 292-0147  
FAX: (609) 984-8422  
[www.state.nj.us/education/specialed](http://www.state.nj.us/education/specialed)

Programs for Students who are  
Deaf or Hard of Hearing  
(609) 633-7665 Voice  
(609) 984-8432 TTY

## **OFFICE OF THE COMMISSIONER**

PO Box 500  
Trenton, NJ 08625-0500  
Telephone: (609) 292-4469  
(609) 292-4500  
FAX: (609) 777-4099  
[www.state.nj.us/education](http://www.state.nj.us/education)

**For information on the New Jersey  
Higher Education Student  
Assistance Authority, See Page 45**

### **OFFICE OF STATE ASSESSMENTS**

PO Box 500  
Trenton, NJ 08625-0500  
Telephone: (609) 984-6311  
FAX: (609) 984-6032  
[www.state.nj.us/education/assessment](http://www.state.nj.us/education/assessment)

### **MARIE KATZENBACH SCHOOL FOR THE DEAF**

PO Box 535  
West Trenton, NJ 08625-0535  
Telephone: (609) 530-3100  
TDD: (609) 530-6620 FAX: (609) 530-5791  
[www.mksd.org](http://www.mksd.org)

## **LEARNING RESOURCE CENTERS AT A GLANCE**

Learning Resource Centers are funded through the Individuals with Disabilities Education Act (IDEA), Part B Funds. The centers provide research reports, curriculum guides, books, videos and audio tapes, as well as training and workshops, for parents and educators of students with disabilities. [www.state.nj.us/education/lrc](http://www.state.nj.us/education/lrc)

#### **Learning Resource Center-Northern Region**

7 Glenwood Avenue, 2nd Floor, Suite 201  
East Orange, NJ 07017  
Telephone: (973) 414-4491  
FAX: (973) 414-4496  
*Serving:* Bergen, Essex, Hudson, Morris, Passaic,  
Sussex, and Warren Counties

#### **Learning Resource Center-Northern Satellite**

104 American Road, Building 100  
Morris Plains, NJ 07950  
Telephone: (973) 631-6345  
FAX: (973) 631-6350  
TDD: (973) 631-6490  
*Serving:* Morris, Sussex, and Warren Counties

#### **Learning Resource Center-Central Region**

200 Riverview Plaza, First Floor  
P.O. Box 500  
Trenton, NJ 08625  
Telephone: (609) 633-8893  
FAX: (609) 633-8968  
*Serving:* Hunterdon, Mercer, Middlesex, Monmouth,  
Ocean, Somerset, and Union Counties

#### **Learning Resource Center-Southern Region**

Samuel H. Jones Innovation Center  
107 Gilbreth Parkway, Suite 200  
Mullica Hill, NJ 08062  
Telephone: (856) 582-7000  
FAX: (856) 582-4323  
*Serving:* Atlantic, Burlington, Camden, Cape May,  
Cumberland, Gloucester, and Salem Counties

## **DEPARTMENT OF LABOR & WORKFORCE DEVELOPMENT**

The Department of Labor & Workforce Development promotes economic activity, monitors labor standards, and administers federally funded programs such as workers compensation, temporary disability insurance and unemployment compensation. Within the Department, the Division of Vocational Rehabilitation Services is responsible for training and job placement of persons with disabilities who are within employable age.

### **WORKFORCE DEVELOPMENT**

PO Box 055  
Trenton, NJ 08625  
Telephone: (609) 292-2000  
FAX: (609) 777-0483  
[www.wnjin.state.nj.us](http://www.wnjin.state.nj.us)

### **DIVISION OF VOCATIONAL REHABILITATION SERVICES**

PO Box 398  
Trenton, NJ 08625-0398  
Telephone: (609) 292-5987  
FAX: (609) 292-8347  
[www.jobs4jersey.com/jobs4jersey/jobseekers/disable](http://www.jobs4jersey.com/jobs4jersey/jobseekers/disable)

## **OFFICE OF THE COMMISSIONER**

PO Box 110  
Trenton, NJ 08625-0110  
Telephone: (609) 292-2323  
FAX: (609) 633-9271  
[lwd.dol.state.nj.us](http://lwd.dol.state.nj.us)

**Division of Workers' Compensation**  
(609) 292-2515

**State Temporary Disability Benefits**  
(609) 292-7060

**Long Term Disability Determinations**  
(866) 920-6997 (973) 648-2983 V/TTY

### **Unemployment Insurance**

**Northeast New Jersey (201) 601-4100**

**Northwest and Central New Jersey**  
(732) 761-2020

**South Jersey (856) 507-2340**








**Out-of-State (888) 795-6672**

## **VOCATIONAL REHABILITATION AT A GLANCE**

### **CRITERIA**

Any person with a physical or mental impairment which is a substantial impediment to employment may qualify for vocational rehabilitation services. Each consumer is evaluated individually for eligibility and needed assistance. Individuals who are blind or have a serious visual impairment are served by the Commission for the Blind (CBVI). All others receive service from the New Jersey Division of Vocational Rehabilitation Services (DVRS).

### **SERVICES PROVIDED**

-  Diagnostic Evaluation
-  Individual Vocational Counseling and Guidance
-  Job Seeking Skills Training and Selective Job Placement
-  Follow-Up Support Services
-  Post-Employment Services
-  Physical Restoration
-  Job Coaching, Vocational, Professional, or On the Job Training

### **FEE FOR SERVICE**

Many of the services listed above are provided free of charge. Coverage of expenses for medical services, training, books and supplies, tools, and other equipment are based on an individual's ability to pay.

**DIVISION OF VOCATIONAL REHABILITATION SERVICES**  
(609) 292-5987 [www.lwd.dol.state.nj.us/labor/dvrsDVRIndex.html](http://www.lwd.dol.state.nj.us/labor/dvrsDVRIndex.html)  
FOR A LIST OF OFFICES, SEE PAGES 46

**COMMISSION FOR THE BLIND & VISUALLY IMPAIRED**  
(973) 648-3333 [www.state.nj.us/humanservices/cbvi/services/vocation/index.html](http://www.state.nj.us/humanservices/cbvi/services/vocation/index.html)  
FOR A LIST OF OFFICES, SEE PAGE 6



## DEPARTMENT OF CHILDREN & FAMILIES

The New Jersey Department of Children and Families (DCF) is the state's first comprehensive agency dedicated to ensuring the safety, well-being and success of children, youth, families and communities. Some of the divisions/offices DCF encompasses includes the following: Adolescent Services; Advocacy; Centralized Child Abuse/Neglect Hotline; Child Protection and Permanency (formerly Youth and Family Services); Children's System of Care (formerly Child Behavioral Health Services); Family and Community Partnerships (formerly Prevention and Community Partnerships); Specialized Education Services; and Women (transferred from DCA).

### **CHILDREN'S SYSTEM OF CARE (FORMERLY CHILD BEHAVIORAL HEALTH SERVICES)**

DCF's Division of Children's System of Care, CSOC, (formerly the Division of Child Behavioral Health Services) serves children and adolescents with emotional and behavioral health care challenges and their families; and children with intellectual/developmental disability. [www.state.nj.us/dcf/families/csc](http://www.state.nj.us/dcf/families/csc)

As of January 2013, the New Jersey Department of Children and Families - Division of Children's System of Care (CSOC) assumed responsibility for providing the supports and services for children under the age of 21 with developmental/intellectual disabilities, formerly provided by the Department of Human Services -

## **OFFICE OF THE COMMISSIONER**

PO Box 729  
Trenton, NJ 08625  
Telephone: (609) 984-4500  
FAX: (609) 341-2088  
[www.state.nj.us/dcf](http://www.state.nj.us/dcf)

**For general information about DCF programs and services:**  
**1-855-INFO-DCF (1-855-463-6323) or**  
**[askdcf@dcf.state.nj.us](mailto:askdcf@dcf.state.nj.us)**

See also services for Children, page 54

**DOMESTIC VIOLENCE HOTLINE**  
**(800) 572-SAFE (7233)**

**Hotlines:**  
**If you are deaf or hard of hearing,**  
**please call 7-1-1 NJ Relay**  
**to access any hotline**

**For other Hotlines and Helplines,**  
**please visit:**  
**[www.state.nj.us/dcf/families/hotlines](http://www.state.nj.us/dcf/families/hotlines)**

Division of Developmental Disabilities (DDD). For information on the transition and the application process, please call:

**Performcare at:**  
**1-877-652-7624**

[www.performcarenj.org](http://www.performcarenj.org)

### **What is PerformCare?**

The State of New Jersey has contracted with PerformCare to administer the publicly-funded developmental disability service delivery system for children up to age 21. This transition is a result of the state government restructuring initiated by Governor Christie, which moved the responsibility for providing services to children with developmental disabilities from the Department of Human Services' Division of Developmental Disabilities (DDD) to the Department of Children and Families' Children's System of Care (CSOC). PerformCare has been administering the State's Child Behavioral Health System of Care for many years. The expansion of this System of Care model to also serve children with intellectual and developmental disabilities is a significant step forward. This integrated approach will allow for better coordinated care. As of January 2013, PerformCare has become your point of contact to assist in coordinating the care for your child that had previously been managed by DDD.

PerformCare  
300 Horizon Center Drive, Suite 306  
Robbinsville, NJ 08691  
Toll-free: 1-877-652-7624  
Fax: 1-877-736-9166  
[www.performcarenj.org](http://www.performcarenj.org)

## DEPARTMENT OF LAW AND PUBLIC SAFETY

The Department of Law & Public Safety houses the Division on Civil Rights, which investigates allegations of discrimination. The department also contains the Attorney General's Office and divisions dealing with criminal justice, consumer affairs, monitoring of professional boards, and enforcement of the Wheelchair Lemon Law.

### **DIVISION ON CIVIL RIGHTS**

PO Box 089  
PO Box 090 (Complaints)  
Trenton, NJ 08625  
Telephone: (609) 292-4605  
TTY: (609) 292-1785  
FAX: (609) 984-3812  
[www.nj.gov/oag/dcr/index.html](http://www.nj.gov/oag/dcr/index.html)

## **OFFICE OF THE ATTORNEY GENERAL**

PO Box 080  
Richard J. Hughes Justice Complex  
25 Market Street  
Trenton, NJ 08625-0080  
Telephone: (609) 292-4925  
Fax: 609-292-3508  
[www.nj.gov/oag](http://www.nj.gov/oag)

**For information on the  
Wheelchair Lemon Law,  
See Page 34**

### **DIVISION OF CONSUMER AFFAIRS**

124 Halsey Street, 7th floor  
Newark, NJ 07101  
Telephone: (973) 504-6200  
(800) 242-5846  
FAX: (973) 273-8035  
[www.njconsumeraffairs.gov](http://www.njconsumeraffairs.gov)

The Division on Civil Rights has established a **Disabilities and Public Accommodations Special Investigations Unit (DPA)** to work closely with advocacy groups for the disabled and pursue investigations that will have the greatest impact on addressing system-wide discrimination, particularly in places of public accommodation.

**For Branch Offices, See Page 30**

## DEPARTMENT OF MILITARY AND VETERANS AFFAIRS

In addition to serving as the headquarters for the New Jersey Army and Air National Guard, the New Jersey Department of Military and Veterans Affairs, under the direction of the Adjutant General, is the government agency responsible for the administration of state provided veterans programs and services within the state.

### **DIVISION OF VETERANS HEALTHCARE SERVICES**

PO Box 340  
Trenton, NJ 08625-0340  
Telephone: (609) 530-6967  
FAX: (609) 530-6970

## **OFFICE OF THE ADJUTANT GENERAL**

PO Box 340  
Trenton, NJ 08625  
Telephone: (609) 530-6956  
FAX: (609) 530-7191  
[www.state.nj.us/military](http://www.state.nj.us/military)

**NJ Veterans Affairs**  
[www.state.nj.us/military/veterans](http://www.state.nj.us/military/veterans)

**NJ Veterans Guide**  
[www.state.nj.us/military/veteransnjguide/index.html](http://www.state.nj.us/military/veteransnjguide/index.html)

**NJ Veterans Hotlines:**  
**Benefits Hotline**  
888-8NJ-VETS (888-265-8387)

**Counseling Hotline**  
866-VETS-NJ4 (866-898-7654)

**National Call Center for Homeless Veterans**  
(877) 424-3838

## **Disabled Veterans Resources on the Web**

**Wounded Warrior Project**  
**Disabled American Veterans**  
**Association for Service Disabled Veterans**

[www.woundedwarriorproject.org](http://www.woundedwarriorproject.org)  
[www.dav.org](http://www.dav.org)  
[www.asdv.org](http://www.asdv.org)

## DEPARTMENT OF TREASURY

The Department of Treasury assumes responsibility for three major functions: generation and collection of revenue, management of assets, and statewide support services. The Department also houses the Office on Disabilities Management that is responsible for issues of compliance with the Americans with Disabilities Act (ADA) in state owned buildings and state run programs.

### **OFFICE OF DISABILITIES MANAGEMENT**

PO Box 034

Trenton, NJ 08625-0034

Telephone: (609) 292-7299

TDD & FAX: (609) 292-6525

[www.state.nj.us/treasury/dpmc/Property\\_management\\_disabilities.shtml](http://www.state.nj.us/treasury/dpmc/Property_management_disabilities.shtml)

### **OFFICE OF THE CORRECTIONS OMBUDSMAN**

PO Box 855

Trenton, NJ 08625

Telephone: (609) 633-2596

FAX: (609) 633-8644

[www.state.nj.us/correctionsombudsman](http://www.state.nj.us/correctionsombudsman)

### **OFFICE OF THE OMBUDSMAN FOR THE INSTITUTIONALIZED ELDERLY**

PO Box 852

Trenton, NJ 08625-0852

Telephone: (877) 582-6995

FAX: (609) 943-3479

[www.nj.gov/ooie](http://www.nj.gov/ooie)

## **OFFICE OF THE STATE TREASURER**

PO Box 002

Trenton, NJ 08625

Telephone: (609) 292-5031

FAX: (609) 292-6145

[www.state.nj.us/treasury](http://www.state.nj.us/treasury)

## **DIVISION OF TAXATION**

[www.state.nj.us/treasury/taxation/email.shtml](http://www.state.nj.us/treasury/taxation/email.shtml)

### **General Tax Information**

(609) 826-4400

(800) 323-4400

### **Main Customer Service Center**

(609) 292-6400

### **Homestead Rebate Hotlines:**

(888) 238-1233





### **Property Tax Reimbursement (Senior Freeze)**

**Hotline-** (800) 882-6597

**TTY Service-** (609) 984-7300 or  
(800) 286-6613

## **THE OFFICE OF DISABILITIES MANAGEMENT AT A GLANCE**

**The Office of Disabilities Management is responsible for the following areas:**

-  Barrier Free Compliance of state owned and operated facilities.
-  Implementation and assistance to allow access to all programs, services and activities offered by the State of New Jersey.
-  Technical assistance and advice concerning accessibility standards and adaptive devices to allow full inclusion by persons with disabilities.
-  Funding for modifications needed to ensure accessibility to all state owned and operated facilities.



## COUNTY RESOURCES

### COUNTY OFFICES FOR PEOPLE WITH DISABILITIES

County Offices for the Disabled function as clearinghouses for information about programs and services, advocate for people with disabilities, and provide technical assistance at a local level. Offices identified with an \* also serve as the County Aging and Disability Resource Connection/Area Agency on Aging (ADRC/AAA). See page 19 for more information on ADRC/AAA.

**\* ATLANTIC COUNTY DIVISION OF INTERGENERATIONAL SERVICES, AGING & DISABILITY RESOURCE CONNECTION**

Shoreview Building  
101 South Shore Road  
Northfield, NJ 08225  
Telephone: (888) 426-9243  
Outside of NJ: (609) 645-5965

**BERGEN COUNTY DIVISION ON DISABILITY SERVICES**

One Bergen County Plaza, 2nd Floor  
Hackensack, NJ 07601  
Telephone: (201) 336-6500  
TTY: (201) 336-6505

**BURLINGTON COUNTY OFFICE FOR THE DISABLED**

c/o Resources for Independent Living  
351 High Street, Suite 103  
Burlington, NJ 08106  
Telephone: (609) 747-7745

**\* CAMDEN COUNTY AGING AND DISABILITY RESOURCE CONNECTION**

512 Lakeland Road  
Blackwood, NJ 08012  
Telephone: (856) 858-3220

**\* CAPE MAY COUNTY DEPARTMENT OF AGING AND DISABILITY SERVICES**

4005 Route 9 South  
Rio Grande, NJ 08242  
Telephone: (609) 886-2784

**\* CUMBERLAND COUNTY OFFICE ON AGING AND DISABLED**

800 E. Commerce Street  
Bridgeton, NJ 08302  
Voice/TTY: (856) 453-2220

**ESSEX COUNTY OFFICE FOR THE DISABLED**

50 South Clinton Street, Suite 4300  
East Orange, NJ 07018  
Telephone: (973) 395-8494

**\* GLOUCESTER COUNTY DIVISION OF DISABILITY SERVICES**

115 Budd Blvd.  
West Deptford, NJ 08096  
Telephone: (856) 384-6841

**\* HUDSON COUNTY DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF DISABILITY SERVICES**

595 County Avenue, Building 2  
Secaucus, NJ 07094  
Telephone: (201) 369-5280 x4241

**\* HUNTERDON COUNTY DIVISION OF SENIOR, DISABILITY, AND VETERANS SERVICES**

PO Box 2900  
4 Gauntt Place  
Flemington, NJ 08822  
Telephone: (908) 788-1361

**\* MERCER COUNTY OFFICE FOR THE DISABLED**

640 South Broad Street, PO Box 8068  
Trenton, NJ 08611  
Telephone: (609) 989-6661

**\* MIDDLESEX COUNTY OFFICE ON AGING AND DISABILITY SERVICES**

Middlesex County Administration Building  
75 Bayard Street, 5th Floor  
New Brunswick, NJ 08901  
Voice/TTY: (732) 745-3295

**\* MONMOUTH COUNTY OFFICE ON DISABILITIES**

3000 Kozloski Road  
Freehold, NJ 07728  
Telephone: (732) 308-3770 x3599

**\* MORRIS COUNTY DIVISION OF AGING, DISABILITY AND VETERANS SERVICES**

540 West Hanover Avenue  
Morris Plains, NJ 07950  
PO Box 900, Morristown, NJ 07900-0900  
Voice: (973) 285-6855

**OCEAN COUNTY COMMISSION FOR INDIVIDUALS WITH DISABILITIES**

1027 Hooper Avenue, Building 2, 3rd Floor  
PO Box 2191, Toms River, NJ 08754  
Voice/TDD: (732) 506-5062

**\* PASSAIC COUNTY SENIOR, DISABILITY SERVICES, AND VETERANS AFFAIRS**

930 Riverview Drive, Suite 200, Totowa, NJ 07512  
Telephone: (973) 569-4060

**SALEM COUNTY OFFICE OF DISABILITY SERVICES**

98 Market Street, Salem, NJ 08079  
Telephone: (856) 935-7510 x8623 or 8311

**\* SOMERSET COUNTY AGING AND DISABILITY RESOURCE CONNECTION**

27 Warren Street, 1st floor  
PO Box 3000, Somerville, NJ 08876  
Telephone: (908) 704-6346

**\* SUSSEX COUNTY DEPARTMENT OF HUMAN SERVICES, DIVISION OF SENIOR AND DISABILITY SERVICES**

1 Spring Street  
Newton, NJ 07860  
Telephone: (973) 579-0555

**\* UNION COUNTY OFFICE FOR THE DISABLED**

Union County Administration Building  
4th Floor, Elizabethtown Plaza  
Elizabeth, NJ 07207  
Voice/TDD: (908) 527-4840

**WARREN COUNTY OFFICE FOR THE DISABLED**

c/o DAWN, Inc.  
66 Ford Road, Suite 121  
Denville, NJ 07834  
Telephone: (973) 625-1940 (888) 383-DAWN  
TDD: (973) 625-1932

**COUNTY CRISIS INTERVENTION CONTACTS**

The numbers listed below provide callers with access to emergency services and counseling for non-medical emergencies and crisis intervention:

<b>ATLANTIC COUNTY</b>	(609) 344-1118
<b>BERGEN COUNTY</b>	(201) 262-4357
<b>BURLINGTON COUNTY</b>	(609) 835-6180
<b>CAMDEN COUNTY</b>	(856) 428-4357
<b>CAPE MAY COUNTY</b>	(609) 465-5999
<b>CUMBERLAND COUNTY</b>	(856) 455-5555
<b>ESSEX COUNTY</b>	(973) 266-4478
<b>GLOUCESTER COUNTY</b>	(856) 845-9100
<b>HUDSON COUNTY</b>	(866) 367-6023
<b>HUNTERDON COUNTY</b>	(908) 788-6400
<b>MERCER COUNTY</b>	(609) 396-4357
<b>MIDDLESEX COUNTY</b>	(732) 235-5700
<b>MONMOUTH COUNTY</b>	(732) 923-6999
<b>MORRIS COUNTY</b>	(973) 625-0280
<b>OCEAN COUNTY</b>	(732) 886-4474 (866) 904-4474
<b>PASSAIC COUNTY</b>	(973) 754-2230
<b>SALEM COUNTY</b>	(856) 299-3001
<b>SOMERSET COUNTY</b>	(908) 526-4100
<b>SUSSEX COUNTY</b>	(973) 383-0973
<b>UNION COUNTY</b>	(908) 994-7131
<b>WARREN COUNTY</b>	(908) 454-5141

**COUNTY BOARDS OF SOCIAL SERVICE**

The Boards of Social Service deliver financial aid and support to individuals and families.

<b>ATLANTIC COUNTY</b>	(609) 348-3001
<b>BERGEN COUNTY</b>	(201) 368-4200
<b>BURLINGTON COUNTY</b>	(609) 261-1000
<b>CAMDEN COUNTY</b>	(856) 225-8800
<b>CAPE MAY COUNTY</b>	(609) 886-6200
<b>CUMBERLAND COUNTY</b>	(856) 691-4600
<b>ESSEX COUNTY</b>	(973) 733-3000
<b>GLOUCESTER COUNTY</b>	(856) 582-9200
<b>HUDSON COUNTY</b>	(201) 420-3000
<b>HUNTERDON COUNTY</b>	(908) 788-1300
<b>MERCER COUNTY</b>	(609) 989-4320
<b>MIDDLESEX COUNTY</b>	(732) 745-3500
<b>MONMOUTH COUNTY</b>	(732) 431-6000
<b>MORRIS COUNTY</b>	(973) 326-7800
<b>OCEAN COUNTY</b>	(732) 349-1500
<b>PASSAIC COUNTY</b>	(973) 881-0100
<b>SALEM COUNTY</b>	(856) 299-7200
<b>SOMERSET COUNTY</b>	(908) 526-8800
<b>SUSSEX COUNTY</b>	(973) 383-3600
<b>UNION COUNTY</b>	(908) 965-2700
<b>WARREN COUNTY</b>	(908) 475-6301

**New Jersey's 24/7 Peer Support & Suicide Prevention Hotline**  
**1-855-NJ-HOPELINE (1-855-654-6735)**  
 Need someone to talk to? We are here to help.  
 Our specialists are available for confidential telephone counseling and support 24 hours a day, 7 day per week.  
**You're not alone ... we are only a phone call away.**

**Social Services at a Glance**  
 Work First NJ • Emergency Assistance • Food Stamps  
 Medicaid • Kinship Care • Supports for Working Families  
 Home Energy Assistance • Homeless Sheltering  
 Child Care • Child Support

**NJHelps is a free and easy guide for you to determine the programs and assistance for which you and your family may be eligible.**  
[www.mynjhelps.org](http://www.mynjhelps.org)

## CENTERS FOR INDEPENDENT LIVING

Centers for Independent Living (many funded through the Division of Vocational Rehabilitation Services) are community-based, consumer-driven organizations that provide peer counseling, skills training, advocacy, information and referral, and a variety of services based on individual needs.

### NEW JERSEY STATEWIDE INDEPENDENT LIVING COUNCIL

The New Jersey Statewide Independent Living Council (SILC) is a 17-member body appointed by the Governor which maximizes opportunities for people with disabilities through planning and advocacy.

[www.njsilc.org](http://www.njsilc.org)

### ALLIANCE CENTER FOR INDEPENDENCE

(Middlesex, Somerset, Union Counties)

629 Amboy Avenue, Edison, NJ 08837

Telephone: (732) 738-4388

TDD: (732) 738-9644

[www.adacil.org](http://www.adacil.org)

### CAMDEN CITY INDEPENDENT LIVING CENTER

(City of Camden)

Virtua Camden

1000 Atlantic Avenue

Camden, NJ 08104

Telephone: (856) 966-0800

TDD: (856) 966-0830

[www.camdencityilc.org](http://www.camdencityilc.org)

### CENTER FOR INDEPENDENT LIVING OF SOUTH JERSEY, INC. (CIL-SJ)

(Camden and Gloucester Counties)

1150 Delsea Drive, Suite 1

Westville, NJ 08093

Telephone: (856) 853-6490

TDD: (856) 853-1466

### DAWN, INC.

(Morris, Sussex and Warren Counties)

66 Ford Road, Suite 121

Denville, NJ 07834

Telephone: (973) 625-1940 (888) 383-DAWN

VRS: (973) 453-4689

[www.dawncil.org](http://www.dawncil.org)

### DIAL, INC.

(Essex and Passaic Counties)

2 Prospect Village Plaza, First Floor

Clifton, NJ 07013

Telephone: (973) 470-8090

TDD: (973) 470-2521

[www.dial-cil.org](http://www.dial-cil.org)

### HEIGHTENED INDEPENDENCE & PROGRESS (HIP)

(Bergen County)

131 Main Street, Suite 120

Hackensack, NJ 07601

Telephone: (201) 996-9100 TDD: (201) 996-9424

[www.hipcil.org](http://www.hipcil.org)

### HEIGHTENED INDEPENDENCE & PROGRESS-HUDSON

(Hudson County)

35 Journal Square, Suite 703

Jersey City, NJ 07306

Telephone: (201) 533-4407 TDD: (201) 533-4409

[www.hipcil.org](http://www.hipcil.org)

### MOCEANS CENTER FOR INDEPENDENT LIVING

(Monmouth and Ocean County)

Monmouth County Branch:

279 Broadway, Suite 201

Long Branch, NJ 07740

Telephone: (732) 571-4884 TDD: (732) 571-4878

Ocean County Branch:

1027 Hooper Avenue, Building 6, 3rd Floor

Toms River, NJ 08753

Telephone: (732) 505-2310

[www.moceanscil.org](http://www.moceanscil.org)

### PROGRESSIVE CENTER FOR INDEPENDENT LIVING (PCIL)

(Hunterdon and Mercer Counties)

Mercer County Branch:

3525 Quakerbridge Road, Suite 904

Hamilton NJ 08619

Telephone: (609) 581-4500 (877) 917-4500

TDD: (609) 581-4555

Hunterdon County Branch:

4 Walter E. Foran Blvd., Suite 410

Flemington, NJ 08822

Telephone: (908) 782-1055 (877) 376-9174

TDD: (908) 782-1081

[www.pcil.org](http://www.pcil.org)

### RESOURCES FOR INDEPENDENT LIVING (RIL)

(Burlington, Cape May, Cumberland, Salem Counties)

351 High Street, Suite 103

Burlington, NJ 08016

Telephone: (609) 747-7745 TDD: (609) 747-1875

[www.rilnj.org](http://www.rilnj.org)

### TOTAL LIVING CENTER, INC. (TLC)

(Atlantic County)

6712 Washington Avenue, Suite 106

Egg Harbor Township, NJ 08234

Telephone: (609) 645-9547 TDD: (609) 645-9593

[www.tlcenter.org](http://www.tlcenter.org)

### Satellite Office

1333 Atlantic Avenue, Atlantic City, NJ 08401

Telephone: (609) 345-6700 x2804

TDD: (609) 345-5551 FAX: (609) 343-2374

## CENTERS FOR INDEPENDENT LIVING AT A GLANCE

- Peer Support
- Individual and System Advocacy
- Independent Living Skills Training
- Development of Independent Living Plans

## PROGRAM OF ALL INCLUSIVE CARE FOR THE ELDERLY (PACE)

PACE is an innovative program, funded by Medicare and Medicaid, that provides frail individuals, age 55 and older, comprehensive medical and social services coordinated and provided by a team of professionals in a community-based center and in their homes, helping program participants delay or avoid long-term nursing home care. To participate in PACE, an individual must be 55 years of age or older, require nursing home level of care but be able to live safely in the community at time of enrollment with the services of PACE, and reside in the service area of a PACE organization. You can leave a PACE program at any time. Four PACE agencies are currently operating in New Jersey and you must live in their coverage area (see zip codes) to participate. For more information, contact the PACE agency-serving your area.

<http://www.state.nj.us/humanservices/doas/services/pace>

## PACE Centers:

- LIFE St. Francis: 609-599-5433 (serving Mercer County, Bordentown, Florence, and Roebling)  
[www.stfrancismedical.org/LIFE/Overview.aspx](http://www.stfrancismedical.org/LIFE/Overview.aspx)
- LIFE at Lourdes: 856-675-3675 (serving most Camden County communities)  
[www.lourdesnet.org/programs-and-services/life-at-lourdes](http://www.lourdesnet.org/programs-and-services/life-at-lourdes)
- Lutheran Senior LIFE: 877-543-3188 (serving most of Hudson County)  
[www.lsmnj.org/how-we-help/senior-healthcare-retirement-living/lutheran-senior-life-jersey-city/](http://www.lsmnj.org/how-we-help/senior-healthcare-retirement-living/lutheran-senior-life-jersey-city/)
- Inspira LIFE: 855-295-5433 (serving portions of Cumberland, Gloucester, and Salem Counties)  
<http://www.inspirahealthnetwork.org/life-center>

## Aging and Disability Resource Connection (ADRC)/Area Agency on Aging (AAA) [www.adrcnj.org](http://www.adrcnj.org)

Through the Division of Aging Services, in partnership with County Government, the Aging and Disability Resource Connection/Area Agency on Aging (AAA) serves as the lead agency for seniors and their caregivers to access information, community services, and long term services and supports. Services available to eligible individuals may include: outreach, case management, transportation, senior centers, volunteer opportunities, health promotion, nutrition programs, education, health insurance counseling, adult protective services, senior employment, respite care options, and information on housing and long-term care options. For more information, contact your county ADCRC/AAA at the numbers below.

Atlantic County .....(609) 645-5965  
Bergen County .....(201) 336-7400  
Burlington County .....(609) 265-5069  
Camden County .....(856) 858-3220  
Cape May County .....(609) 886-2784/2785  
Cumberland County .....(856) 453-2221/2220  
Essex County .....(973) 395-8375  
Gloucester County .....(856) 384-6900  
Hudson County .....(201) 369-4313  
Hunterdon County .....(908) 788-1361/1362/1363  
Mercer County .....(609) 989-6661/6662

Middlesex County .....(732) 745-3295  
Monmouth County .....(732) 431-7450  
Morris County .....(973) 285-6848  
Ocean County .....(732) 929-2091  
Passaic County .....(973) 569-4060  
Salem County .....(856) 339-8622  
Somerset County .....(908) 704-6346  
Sussex County .....(973) 579-0555  
Union County .....(908) 527-4870  
Warren County .....(908) 475-6591

## ADULT PROTECTIVE SERVICES (800) 792-8820

The role of Adult Protective Services (APS) is to investigate complaints of suspected abuse, neglect, and/or exploitation of vulnerable adults aged 18 or older. A complaint to APS will generate a thorough assessment, which will include a private face-to-face interview with the potentially at-risk adult, to determine if intervention is warranted. All information generated by the investigation is confidential. A report of suspected abuse may be made to the Aging and Community Services Information and Referral toll-free number or to the APS office in the county in which the individual lives.

### County Adult Protective Services

Atlantic County .....(888) 426-9243  
Bergen County .....(201) 368-4300  
Burlington County .....(609) 518-4793  
Camden County .....(856) 225-8178  
Cape May County .....(609) 886-2221 x270  
Cumberland County .....(856) 453-2223  
Essex County .....(973) 596-1146  
Gloucester County .....(856) 256-2101  
Hudson County .....(201) 537-5631  
Hunterdon County .....(908) 788-1300  
Mercer County .....(609) 989-4346

Middlesex County .....(732) 745-3635  
Monmouth County .....(732) 531-9191  
Morris County .....(973) 326-7282  
Ocean County .....(732) 349-1500  
Passaic County .....(973) 881-2616  
Salem County .....(856) 339-8622  
Somerset County .....(908) 526-8800  
Sussex County .....(973) 383-3600 x5170  
Union County .....(908) 497-3902  
Warren County .....(908) 475-6591

## DISABILITY SPECIFIC RESOURCES

The following agencies are categorized by target disability as a matter of reference, although some may serve multiple populations. Where a local website was not available, a national website has been provided. Most agencies provide services statewide.

### AIDS/HIV

Hyacinth AIDS Foundation  
317 George Street, Suite 203  
New Brunswick, NJ 08901  
Telephone: (800) 433-0254 (Toll-Free)  
(732) 246-0204 (outside NJ)

[www.hyacinth.org](http://www.hyacinth.org)

### ALZHEIMER'S DISEASE

The Alzheimer's Association  
Greater New Jersey Chapter  
400 Morris Avenue, Suite 251  
Denville, NJ 07834  
Telephone: (800) 883-1180 (Toll-Free)  
(973) 586-4342

[www.alz.org](http://www.alz.org)

Delaware Valley Chapter  
3 Eves Drive, Suite 310  
Marlton, NJ 08053  
Telephone: (856) 797-1212  
FAX: (856) 797-1818

[www.alz.org/nj/](http://www.alz.org/nj/)

### AMYOTROPHIC LATERAL SCLEROSIS (ALS)

Neuromuscular and ALS Center  
Rutgers-Robert Wood Johnson Medical School  
125 Paterson Street, Suite 6100  
New Brunswick, NJ 08901  
Telephone: (732) 235-7331

[www.web.rwjms.rutgers.edu/nmalsweb/](http://www.web.rwjms.rutgers.edu/nmalsweb/)

### ARTHRITIS/FIBROMYALGIA

Arthritis Foundation-New Jersey Chapter  
555 Route 1 South, Suite 220  
Iselin, NJ 08830  
Telephone: (888) 467-3112 (Toll-Free)  
(732) 283-4300  
FAX: (732) 283-4633

[www.arthritis.org](http://www.arthritis.org)

Local website: [www.arthritis.org/new-jersey](http://www.arthritis.org/new-jersey)

### AUTISM/ASPERGERS/ASD

Asperger Autism Spectrum Education Network (ASPEN)  
9 Aspen Circle, Edison, NJ 08820  
Telephone: (732) 321-0880  
FAX: (732) 744-1622

[www.aspennj.org](http://www.aspennj.org)

Autism Family Services of New Jersey  
1 AAA Drive, Suite 203  
Trenton, NJ 08691  
Telephone: (877) 237-4477 (Toll-Free)  
FAX: (609) 392-5621

[www.autismfamilyservicesnj.org](http://www.autismfamilyservicesnj.org)

Autistic Self Advocacy Network  
PO Box 66122  
Washington, DC 20035  
Telephone: (202) 596-1056  
New Jersey Chapter

[www.autisticadvocacy.org](http://www.autisticadvocacy.org)

Autism New Jersey  
500 Horizon Drive, Suite 530  
Robbinsville, NJ 08691  
Telephone: (609) 588-8200  
(800) 4-AUTISM (Toll-Free)  
FAX: (609) 588-8858

[www.autismnj.org](http://www.autismnj.org)

POAC (Parents of Autistic Children)  
1989 Route 88  
Brick, NJ 08724  
Telephone: (732) 785-1099  
FAX: (732) 785-1003

[www.poac.net](http://www.poac.net)

### AUTOIMMUNE DISORDERS

American Autoimmune Related Diseases Association  
2100 Gratiot Avenue  
Eastpointe, MI 48021  
Telephone: (586) 776-3900  
[www.aarda.org](http://www.aarda.org)



## BLIND/VISUALLY IMPAIRED

For the NJ Commission for the Blind and  
Visually Impaired (CBVI), See page 7

### National Federation of the Blind-NJ

254 Spruce Street  
Bloomfield, NJ 07003  
Telephone: (973) 743-0075

[www.nfbnj.org](http://www.nfbnj.org)

### National Federation of the Blind

Parents of Blind Children-NJ  
Telephone: 973-377-0976

Email: [blindchildren@verizon.net](mailto:blindchildren@verizon.net)

[www.blindchildren.org](http://www.blindchildren.org)

### New Jersey Council of the Blind

153 Franklin Corner Road  
Lawrenceville, NJ 08648-2501  
Telephone: (609) 882-2446

[www.njcounciloftheblind.org](http://www.njcounciloftheblind.org)

### New Jersey Foundation for the Blind

PO Box 929  
Denville, NJ 07834  
Telephone: (973) 627-0055  
FAX: (973) 627-1622

[www.njffb.org](http://www.njffb.org)

### The Friends of the NJ Library for the Blind and Handicapped (NJLBH)

PO Box 434  
Woodbridge NJ 07095-0434  
Telephone (609) 888-5459

[www.friendsnjlibraryfortheblind.org](http://www.friendsnjlibraryfortheblind.org)

## CEREBRAL PALSY

### Alliance for the Betterment of Citizens with Disabilities (ABCD)

127 US Highway 206, Suite 18  
Hamilton, NJ 08610  
Telephone: (609) 581-8375

FAX: (609) 581-8512

[www.abcdnj.org](http://www.abcdnj.org)

### Cerebral Palsy League

(908) 709-1800

[www.theclinc.org](http://www.theclinc.org)

### LADACIN Network

(732) 493-5900

[www.ladacin.org](http://www.ladacin.org)

### Cerebral Palsy of North Jersey

(973) 763-9900

[www.cpnj.org](http://www.cpnj.org)

### North Jersey Elks Developmental Disabilities Agency (NJEDDA)

(973) 772-2600

[www.njedda.org](http://www.njedda.org)

### United Cerebral Palsy of Hudson County

721 Broadway  
Bayonne, NJ 07702  
(201) 436-2200

[www.ucpofhudsoncounty.org](http://www.ucpofhudsoncounty.org)

### New Jersey Institute for Disabilities (NJID)

10 Oak Drive  
Edison, NJ 08837  
Telephone: (732) 549-6187  
FAX: (732) 549-2410

[www.cpamc.org](http://www.cpamc.org)

### Githens Center

(Burlington County Cerebral Palsy Association)

40 Cedar Street  
Mount Holly, NJ 08060  
Telephone: (609) 261-1667  
FAX: (609) 261-1844

[www.githenscenter.org](http://www.githenscenter.org)

## CANCER

### American Cancer Society-NJ

[www.cancer.org](http://www.cancer.org)

Northern Region: 20 Mercer Street  
Hackensack, NJ 07601  
Telephone: (201) 343-2222

Metro NJ Region: 986 South Springfield Ave  
Springfield, NJ 07081  
Telephone: (973) 379-2830

Central Region: 2600 US Highway 1  
North Brunswick, NJ 08908  
Telephone: (732) 297-8000  
FAX: (732) 297-9043

Jersey Shore Region: 2310 Route 34 Suite 1D  
Manasquan NJ 08736  
Telephone: (732) 292-3112

### CARDIAC/HEART DISEASE

American Heart and Stroke Association  
1 Union Street, Suite 301  
Robbinsville, NJ 08691  
Telephone: (609) 208-0020  
FAX: (609) 208-2906  
[www.heart.org](http://www.heart.org)

### CHRONIC FATIGUE SYNDROME

NJCFSa (New Jersey Chronic Fatigue Syndrome Association, Inc.)  
PO Box 477  
Florham Park, NJ 07932  
Email: [helpdesk@njcfsa.org](mailto:helpdesk@njcfsa.org)  
[www.njmecfsa.org](http://www.njmecfsa.org)

### CROHN'S DISEASE

Crohn's and Colitis Foundation of America  
New Jersey Chapter  
45 Wilson Avenue  
Manalapan, NJ 07726  
Telephone: (732) 786-9960  
FAX: (732) 786-9964  
[www.cafa.org](http://www.cafa.org)

### COGNITIVE/INTELLECTUAL DISABILITY

The Arc of New Jersey  
985 Livingston Avenue  
North Brunswick, NJ 08902  
Telephone: (732) 246-2525  
FAX: (732) 214-1834  
[www.arcnj.org](http://www.arcnj.org)

To Find a Local Chapter of  
the Arc of New Jersey,  
visit: [www.arcnj.org](http://www.arcnj.org)

Click on Find a Chapter

### CROSS-DISABILITY

Advancing Opportunities  
1005 Whitehead Road Ext., Suite 1  
Ewing, NJ 08638  
Telephone: (609) 882-4182  
(888) 322-1918 (Toll-free)  
TTY: (609) 882-0620  
FAX: (609) 882-4054  
[www.advopps.org](http://www.advopps.org)

Alliance for the Betterment of Citizens with Disabilities (ABCD)  
127 Route 206, Suite 18  
Hamilton, NJ 08610  
Telephone: (609) 581-8375  
FAX: (609) 581-8512  
[www.abcdnj.org](http://www.abcdnj.org)

Elizabeth M. Boggs Center on Developmental Disabilities  
335 George Street, Suite 3500, PO Box 2688  
New Brunswick, NJ 08903-2688  
Telephone: (732) 235-9300  
FAX: (732) 235-9330  
[www.rwjms.rutgers.edu/boggscenter](http://www.rwjms.rutgers.edu/boggscenter)

Community Access Unlimited  
80 West Grand Street, Elizabeth, NJ 07202  
Telephone: (908) 354-3040  
FAX: (908) 354-2665  
[www.caunj.org](http://www.caunj.org)

Community Options, Inc.  
16 Farber Road, Princeton, NJ 08540  
Telephone: (609) 951-9900  
FAX: (609) 951-9112  
[www.comop.org](http://www.comop.org)

Easter Seals New Jersey  
25 Kennedy Blvd., Suite 600  
East Brunswick, NJ 08816  
Telephone: (732) 257-6662  
FAX: (732) 257-7373  
[www.easterseals.com/nj](http://www.easterseals.com/nj)

Spectrum for Living  
210 Rivervale Road, Suite 3  
River Vale, NJ 07675  
Telephone: (201) 358-8000  
(866) 367-7732  
FAX: (201) 358-8089  
[www.spectrumforliving.org](http://www.spectrumforliving.org)

Statewide Parent Advocacy Network (SPAN)  
35 Halsey Street, 4th Floor  
Newark, NJ 07102  
Telephone: (800) 654-7726  
(973) 642-8100  
FAX: (973) 642-8080  
[www.spanadvocacy.org](http://www.spanadvocacy.org)

## **CYSTIC FIBROSIS**

Cystic Fibrosis Foundation  
Greater New Jersey Chapter  
1719 Rt. 10, Suite 229  
Parsippany, NJ 07054  
Telephone 973-656-9200  
[www.cff.org](http://www.cff.org)

## **DEAF/BLIND**

American Association of the Deaf-Blind  
8630 Fenton Street, Suite 121  
Silver Spring, Maryland 20910-4500  
TTY: (301) 495-4402  
Voice: (301) 495-4403  
[www.aadb.org](http://www.aadb.org)

**For the NJ Commission for the Blind and  
Visually Impaired (CBVI), See page 7**

Helen Keller National Center  
141 Middle Neck Rd.  
Sands Point, NY 11050  
Voice: (516) 944-8900  
TTY: (516) 944-8637  
Video phone: (516) 570-3626  
[www.hknc.org](http://www.hknc.org)

## **DEAF/HARD OF HEARING**

New Jersey Division of Deaf and Hard of Hearing  
Telephone (800) 792-8339  
[www.nj.gov/humanservices/ddhh/home](http://www.nj.gov/humanservices/ddhh/home)

Alexander Graham Bell Association  
PO Box 161  
Glen Rock, NJ 07452  
Email: [njagbell@optimum.net](mailto:njagbell@optimum.net)  
[www.agbellnj.org](http://www.agbellnj.org)

Better Hearing Institute  
1444 I Street, NW, Suite 700  
Washington, DC 20005  
Voice: (888) 432-7435 (202) 449-1100  
[www.betterhearing.org](http://www.betterhearing.org)

Hearing Loss Association of America  
New Jersey State Association  
Telephone (609) 655-0090  
[www.hearingloss-nj.org](http://www.hearingloss-nj.org)

Association of Late-Deafened Adults-  
Garden State (ALDA-GS)  
[www.alda-gs.org](http://www.alda-gs.org)

North West Jersey Association for the Deaf (NWJAD)  
PO Box 533  
Gladstone, NJ 07934  
[www.nwjad.org](http://www.nwjad.org)

NJ Association of the Deaf, Inc. (NJAD)  
[www.deafnjad.org](http://www.deafnjad.org)

## **DIABETES**

American Diabetes Association  
NJ Chapter  
1160 Route 22 E., Suite 103  
Bridgewater, NJ 08807  
Telephone: (732) 469-7979  
(888) DIABETES  
FAX: (908) 722-4887  
[www.diabetes.org](http://www.diabetes.org)

## **DOWN SYNDROME**

Bringing Up Down Syndrome (BUDS)  
504 Centennial Blvd. #1444  
Voorhees, NJ 08043  
Telephone: (856) 985-5885  
[www.bringingupdownsyndrome.org](http://www.bringingupdownsyndrome.org)

The Down Syndrome Association of Central NJ (DACNJ)  
180 Ewingville Road  
Ewing, NJ 08638  
Telephone: (866) Down Syn (866) 369-6796  
[www.dsacnj.org](http://www.dsacnj.org)

The Down Syndrome Group of Northwest New Jersey  
[www.dsgnwnj.org](http://www.dsgnwnj.org)

Knowledge and Information about Individuals with  
Down Syndrome (K.I.I.D.S)  
[www.kids.info](http://www.kids.info)

## **DWARFISM**

Little People of America  
Telephone: (888) LPA (572)-2001  
[www.lpadistrict2.org](http://www.lpadistrict2.org)

## **EATING DISORDERS**

Food Addicts Anonymous  
NJ Helpline (732) 244-4324  
[www.foodaddictsanonymous.org](http://www.foodaddictsanonymous.org)

## EPILEPSY

Epilepsy Foundation of New Jersey  
1 AAA Drive, Suite 203  
Trenton, NJ 08691  
Telephone: (800) 336-5843  
(609) 392-4900  
FAX: (609) 392-5621  
[www.efnj.com](http://www.efnj.com)

## HEAD INJURY/TRAUMATIC BRAIN INJURY (TBI)

Brain Injury Alliance of New Jersey  
825 Georges Road, Second Floor  
North Brunswick, NJ 08902  
Telephone: (732) 745-0200  
(800) 669-4323  
FAX: (732) 745-0211  
[www.bianj.org](http://www.bianj.org)

### DID YOU KNOW?

The Division of Disability Services administers the TBI Fund and is the lead state agency for services to individuals with brain injury. See Pages 1 and 2.

## HEPATITIS

Hepatitis Foundation International  
National Headquarters  
8121 Georgia Avenue, Suite 350  
Silver Spring, MD 20910  
Telephone: (800) 891-0707  
FAX: (301) 565-9414  
[www.hepatitisfoundation.org](http://www.hepatitisfoundation.org)

## HUNTINGTON'S DISEASE

Huntington's Disease Society of America  
53 Stickle Avenue  
Rockway, NJ 07866  
PO Box 2103  
Clifton, NJ 07015  
Telephone: (973) 784-4965  
FAX: (973) 784-4966  
[www.hdsanj.org](http://www.hdsanj.org)

## LEARNING DISABILITIES

The International Dyslexia Association  
New Jersey Branch  
PO Box 32  
Long Valley, NJ 07853  
Email only: [njida@msn.com](mailto:njida@msn.com)  
[www.njida.org](http://www.njida.org)

Learning Disabilities Association of America  
New Jersey Chapter  
614 Cranbury Road # 6268  
East Brunswick, NJ 08816  
Telephone: (732) 645-2738  
[www.ldanj.org](http://www.ldanj.org)

## LUPUS

Lupus Foundation of America  
NJ Chapter  
PO Box 1184  
150 Morris Avenue, Suite 102  
Springfield, NJ 07081  
Telephone: (800) 322-5816  
(973) 379-3226  
FAX: (973) 379-1053  
[www.lupus.org/newjersey/home](http://www.lupus.org/newjersey/home)

Philadelphia TriState Area  
500 Old York Road, Suite 110  
Jenkintown, PA 19046  
Telephone: (215) 517-5070  
FAX: (215) 517-8483  
[www.lupus.org/tristate](http://www.lupus.org/tristate)

## MENTAL ILLNESS

Mental Health Association in New Jersey  
88 Pompton Avenue  
Verona, NJ 07044  
Telephone: (973) 571-4100  
(800) 367-8850 (Toll-free)  
FAX: (973) 857-1777  
[www.mhanj.org](http://www.mhanj.org)

NAMI NJ (National Alliance on Mental Illness of New Jersey)  
1562 Route 130  
North Brunswick, NJ 08902  
Telephone: (732) 940-0991  
FAX: (732) 940-0355  
[www.naminj.org](http://www.naminj.org)

National Coalition for Mental Health Recovery  
611 Pennsylvania Avenue, SE #133  
Washington, DC 20003  
Telephone: (877) 246-9058 (Toll-free)

National Mental Health  
Consumer's Self-Help Clearinghouse  
1211 Chestnut Street, Suite 1207  
Philadelphia, PA 19107  
Telephone: (800) 553-4539 (Toll-free)  
(267) 507-3810  
FAX: (215) 636-6312

### MUSCULAR DYSTROPHY

Muscular Dystrophy Association  
5940 Hamilton Blvd., Suite F  
Allentown, PA 18106  
Telephone: (610) 391-1977  
FAX: (610) 391-0416  
[www.mda.org](http://www.mda.org)

Muscular Dystrophy Association  
25 E. Spring Valley Avenue, Suite 210  
Maywood, NJ 07607  
Telephone (201) 843-4452  
FAX: (201) 843-2324  
[www.mda.org](http://www.mda.org)

### MULTIPLE SCLEROSIS

National Multiple Sclerosis Society  
NJ Metro Chapter  
Aspen Corporate Park 1  
1480 U.S. Highway 9 North, Suite 301  
Woodbridge, NJ 07095  
Telephone: (800) 344-4867  
[www.nationalmssociety.org/Chapters/NJM](http://www.nationalmssociety.org/Chapters/NJM)

National Multiple Sclerosis Society  
Greater Delaware Valley Chapter  
30 South 17th Street, Suite 800  
Philadelphia, PA 19103  
Telephone: (215) 271-2400  
FAX: (215) 271-6122  
[www.nationalmssociety.org/Chapters/PAE](http://www.nationalmssociety.org/Chapters/PAE)

Multiple Sclerosis Association of America  
National Headquarters  
706 Haddonfield Road  
Cherry Hill, NJ 08002  
Telephone: (800) 532-7667  
[www.mymsaa.org/](http://www.mymsaa.org/)

### PARKINSON'S DISEASE

New Jersey American Parkinson Disease Association  
100 Kirkpatrick Street  
New Brunswick, NJ 08901  
Telephone: (732) 745-7520  
FAX: (732) 745-3114  
[www.njapda.org](http://www.njapda.org)

### POLIO/POST-POLIO

New Jersey Polio Network  
PO Box 537  
Martinsville, NJ 08836  
Telephone: (201) 845-6860  
[www.njpolio.org](http://www.njpolio.org)

### RESPIRATORY DISEASE

American Lung Association  
New Jersey Chapter  
1031 Route 22, Suite 203  
Bridgewater, NJ 08807  
Telephone: (908) 685-8040  
FAX: (908) 685-8030  
[www.lung.org/associations/charters/mid-atlantic](http://www.lung.org/associations/charters/mid-atlantic)

American Lung Association of the Mid-Atlantic  
3001 Gettysburg Road  
Camp Hill, PA, 17011  
Telephone: (717) 541-5864  
FAX: (888) 415-5757  
[www.lung.org/associations/charters/mid-atlantic](http://www.lung.org/associations/charters/mid-atlantic)

### SICKLE CELL DISEASE

Sickle Cell Disease Association of America  
SCDAA - Philadelphia/Delaware Valley  
5070 Parkside Avenue, Suite 1404  
Philadelphia, PA 19131  
Telephone: (215) 471-8686 FAX: (215) 471-7441  
[www.sicklecelldisorder.com](http://www.sicklecelldisorder.com)

### SCLERODERMA

Scleroderma Foundation (Southern NJ)  
Delaware Valley Chapter  
385 Kings Highway North  
Cherry Hill, NJ 08034  
Telephone: (866) 675-5545  
[www.scleroderma.org](http://www.scleroderma.org)

Tri-State Chapter (Northern NJ)  
59 Front Street  
Binghamton, NY 13905  
Telephone: (607) 723-2239 (800) 867-0885  
FAX: (607) 723-2039  
[www.scleroderma.org](http://www.scleroderma.org)

### SENSORY IMPAIRMENTS

Everas Community Services  
(Formerly the New Jersey Association of the Deaf-Blind, Inc.)  
24 K World's Fair Drive  
Somerset, NJ 08873-1349  
Telephone/TTY: (732) 805-1912 FAX: (732) 805-3088  
[www.everas.org](http://www.everas.org)

New Jersey Speech-Language-Hearing Association  
174 Nassau Street  
Princeton, NJ 08542  
Telephone: (888) 906-5742 FAX: (888) 729-3489  
[www.njsha.org](http://www.njsha.org)

### SPINA BIFIDA

Spina Bifida Resource Network  
(formerly Spina Bifida Association Tri-State Region)  
84 Park Avenue, Suite G-106  
Flemington, NJ 08822  
Telephone: (908) 782-7475 FAX: (908) 782-6102  
[www.thesbrn.org](http://www.thesbrn.org)

### SPINAL CORD INJURY (SCI)

Christopher & Dana Reeve Paralysis Resource Center  
Short Hills Plaza  
636 Morris Turnpike, Suite 3A  
Short Hills, NJ 07078  
Telephone: (800) 539-7309 FAX: (973) 467-9845  
[www.paralysis.org](http://www.paralysis.org)

Central Jersey Spinal Cord Association  
19 Jefferson Avenue  
New Brunswick, NJ 08903  
Telephone: (732) 220-0870  
[www.cjsca.net](http://www.cjsca.net)

### STROKE/CVA

New Jersey Stroke Activity Center, Inc.  
725 Joralemon Street, Suite 191  
Belleville, NJ 07109  
Telephone: (973) 450-4114 FAX: (973) 450-0805  
[www.njsac.org](http://www.njsac.org)

American Stroke Association  
7272 Greenville Avenue  
Dallas, TX 75231  
Telephone: (888) 4-STROKE (888) 478-7653 or  
(888) 474-VIVE  
[www.strokeassociation.org/STROKEORG](http://www.strokeassociation.org/STROKEORG)

### TOURETTE SYNDROME

New Jersey Center for Tourette Syndrome  
50 Division Street, Suite 205  
Somerville, NJ 08876  
Telephone: (908) 575-7350 FAX: (908) 575-8699  
[www.njcts.org](http://www.njcts.org)

Tourette Syndrome Association of New Jersey, Inc.  
PO Box 116  
Somerville, NJ 08876  
Telephone: (732) 972-4459 FAX: (908) 575-8699  
[www.tsanj.org](http://www.tsanj.org)

NJ Center for Tourette Syndrome and Associated  
Disorders, Inc.  
50 Division Street Suite 205  
Somerville, NJ 08876  
Telephone: (908) 575-7350 FAX: (908) 575-8699  
[www.tsanj.org](http://www.tsanj.org)

### TRANSPLANT

NJ Sharing Network  
691 Central Avenue  
New Providence, NJ 07974  
Telephone: (800) 742-7365 FAX: (908) 516-5501  
[www.sharenj.org](http://www.sharenj.org)

## NEW JERSEY SELF-HELP GROUP CLEARINGHOUSE

- 🍷 Maintains information on thousands of local no-fee support groups in New Jersey, including many that address disabilities, illnesses, caregiving, and parenting
- 🍷 Provides information about national and online support networks
- 🍷 Helps those interested in starting new support groups by providing free how-to materials, phone consultation, and training
- 🍷 Publishes an annual directory of support groups

375 East McFarlan Street, Dover, NJ 07801  
Telephone: (800) 367-6274 or (973) 989-1122 FAX: (973) 989-1159 [www.njgroups.org](http://www.njgroups.org)

## INTERNET RESOURCES

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ADAPT (American Disabled for Attendant Programs Today)  
[www.adapt.org](http://www.adapt.org)

Alliance for Inclusion in the Arts  
[www.inclusioninthearts.org](http://www.inclusioninthearts.org)

American Association for Adapted Sports Programs  
[www.adaptedsports.org](http://www.adaptedsports.org)

American Association of People with Disabilities  
[www.aapd.com](http://www.aapd.com)

American Association on Intellectual & Developmental Disabilities  
[www.aaid.org](http://www.aaid.org)

American Chronic Pain Association  
[www.theacpa.org](http://www.theacpa.org)

American Disability Association (ADAnet)  
[www.ADAnet.org](http://www.ADAnet.org)

American Self-Help Clearinghouse  
[www.selfhelpgroups.org](http://www.selfhelpgroups.org)

Assistance Dogs International, Inc.  
[www.assistancedogsinternational.org](http://www.assistancedogsinternational.org)

Center for an Accessible Society  
[www.accessiblesociety.org](http://www.accessiblesociety.org)

Center for Hearing and Communication  
[www.chchearing.org](http://www.chchearing.org)

Children's Disabilities Information  
[www.childrensdisabilities.info](http://www.childrensdisabilities.info)

Consortium for Citizens with Disabilities  
[www.c-c-d.org](http://www.c-c-d.org)

Cornucopia of Disability Information  
[www.codi.tamucc.edu](http://www.codi.tamucc.edu)

Council for Disability Awareness  
[www.disabilitycanhappen.org](http://www.disabilitycanhappen.org)

Disabled in Action  
[www.disabledinaction.org](http://www.disabledinaction.org)

Disability History Museum  
[www.disabilitymuseum.org](http://www.disabilitymuseum.org)

Disability Info  
[www.disability.gov](http://www.disability.gov)

Disability Nation  
[www.disabilitynation.net](http://www.disabilitynation.net)

Disability Online  
[www.disabilityonline.com](http://www.disabilityonline.com)

Disability Resources Monthly  
[www.disabilityresources.org](http://www.disabilityresources.org)

Disability Social History Project  
[www.disabilityhistory.org](http://www.disabilityhistory.org)

Disabled Sports USA  
[www.disabledsportsusa.org](http://www.disabledsportsusa.org)

DO-IT Foundation  
[www.washington.edu/doi](http://www.washington.edu/doi)

Genetic Alliance  
[www.geneticalliance.org](http://www.geneticalliance.org)

Harvard Law School Project on Disability  
[www.hpod.org](http://www.hpod.org)

Health Care Coach  
[www.healthcarecoach.org](http://www.healthcarecoach.org)

Healthy Hearing  
[www.healthyhearing.com](http://www.healthyhearing.com)

I Am PWD  
[www.iampwd.org](http://www.iampwd.org)

Inclusion Daily Express  
[www.inclusiondaily.com](http://www.inclusiondaily.com)

Independent Living Institute  
[www.independentliving.org](http://www.independentliving.org)

Independent Living USA  
[www.ilusa.com](http://www.ilusa.com)

Institute for Community Inclusion  
[www.communityinclusion.org](http://www.communityinclusion.org)

Institute on Disability Culture  
[www.dimenet.com/disculture](http://www.dimenet.com/disculture)

International Center for Disability Resources  
[www.icdri.org](http://www.icdri.org)

International Paralympic Committee  
[www.paralympic.org](http://www.paralympic.org)

Job Accommodation Network  
[www.askjan.org](http://www.askjan.org)

Largest Minority  
[www.largestminority.org](http://www.largestminority.org)

Mobility International USA  
[www.miusa.org](http://www.miusa.org)

National Academy of Elder Law Attorneys, Inc.  
[www.naela.org](http://www.naela.org)

National Arts and Disabilities Center  
[www.semel.ucla.edu/nadc](http://www.semel.ucla.edu/nadc)

National Center for Accessible Media  
[www.ncam.wgbh.org](http://www.ncam.wgbh.org)

National Center on Accessibility  
[www.ncaonline.org](http://www.ncaonline.org)

National Center on Birth Defects and Developmental Disabilities  
[www.cdc.gov/ncbddd](http://www.cdc.gov/ncbddd)

National Clearinghouse on Postsecondary Education for Individuals with Disabilities  
[www.heath.gwu.edu](http://www.heath.gwu.edu)

National Council on Disability  
[www.ncd.gov](http://www.ncd.gov)

National Disability Rights Network  
[www.ndrn.org](http://www.ndrn.org)

National Organization on Disability  
[www.nod.org](http://www.nod.org)

National Institutes of Health  
[www.nih.gov](http://www.nih.gov)

National Rehabilitation Information Center  
[www.naric.com](http://www.naric.com)

PACER Center  
Champions for Children with Disabilities  
[www.pacer.org](http://www.pacer.org)

Parents with Disabilities Online  
[www.disabledparents.net](http://www.disabledparents.net)

Society for Accessible Travel and Hospitality  
[www.sath.org](http://www.sath.org)

Society for Disability Studies  
[www.disstudies.org](http://www.disstudies.org)

TASH (formerly The Association for the Severely Handicapped)  
[www.tash.org](http://www.tash.org)

Through the Looking Glass  
[www.lookingglass.org](http://www.lookingglass.org)

Waisman Center  
[www.waisman.wisc.edu](http://www.waisman.wisc.edu)

World Association of People with Disabilities  
[www.wapd.org](http://www.wapd.org)

World Institute on Disability  
[www.wid.org](http://www.wid.org)

United Nations Commission on Human Rights  
[www.ohchr.org](http://www.ohchr.org)

U.S. International Council on Disabilities  
[www.usicd.org](http://www.usicd.org)

**Don't See What You Need?  
Contact DDS at  
1-888-285-3036**



## ADVOCACY RESOURCES

### ADVOCACY-GENERAL

Advocates for Children of New Jersey  
35 Halsey Street, 2nd Floor, Newark, NJ 07102  
Telephone: (973) 643-3876  
FAX: (973) 643-9153  
[www.acnj.org](http://www.acnj.org)

Association for Special Children and Families  
PO Box 494  
Hewitt, NJ 07421-0494  
Telephone: (973) 728-8744  
[www.ascfamily.org](http://www.ascfamily.org)

New Jersey Self-Advocacy Project  
985 Livingston Avenue  
North Brunswick, NJ 08902  
Telephone: (732) 246-2525 x22  
FAX: (732) 214-1834  
[www.arcnj.org](http://www.arcnj.org)

### ADVOCACY-EDUCATION

Statewide Parent Advocacy Network (SPAN)  
35 Halsey Street, 4th Floor  
Newark, NJ 07102  
Telephone: (800) 654-7726  
(973) 642-8100  
FAX: (973) 642-8080  
[www.spannj.org](http://www.spannj.org)

### ADVOCACY-FAMILY SUPPORT

The Family Support Center of New Jersey  
35 Beaverson Blvd. Building 11  
Brick, NJ 08723  
Telephone: (800) 372-6510  
FAX: (732) 262-4373  
[www.fscnj.org](http://www.fscnj.org)

The Family Resource Network  
1 AAA Drive, Suite 203  
Trenton, NJ 08691  
Telephone: (609) 392-4900  
(800) 336-5843  
FAX: (609) 392-5621  
[www.familyresourcenetwork.org](http://www.familyresourcenetwork.org)

### ADVOCACY-INFORMATION/RESEARCH

United Spinal Association  
120-34 Queens Blvd. Suite 320  
Kew Gardens NY 11415  
Telephone: (718) 803-3782  
FAX: (718) 803-0414  
[www.unitedspinal.org](http://www.unitedspinal.org)

### ADVOCACY- LEGAL SERVICES

American Civil Liberties Union (ACLU)  
PO Box 32159  
Newark, NJ 07102  
Telephone: (973) 642-2084  
[www.aclu-nj.org](http://www.aclu-nj.org)

Education Law Center  
60 Park Place, Suite 300  
Newark, NJ 07102  
Telephone: (973) 624-1815  
FAX: (973) 624-7339  
TDD: (973) 624-4618  
[www.edlawcenter.org](http://www.edlawcenter.org)

Legal Services of New Jersey  
100 Metroplex Drive, Suite 402, PO Box 1357  
Edison, NJ 08818  
Telephone: (888) 576-5529 (732) 572-9100  
[www.lsnj.org](http://www.lsnj.org)

New Jersey State Bar Association  
One Constitution Square  
New Brunswick, NJ 08901  
Telephone: (732) 249-5000  
FAX: (732) 249 2815  
[www.njsba.com](http://www.njsba.com)

Community Justice Center  
310 W. State Street, Third Floor  
Trenton, NJ 08618  
Telephone: (609) 218-5120  
FAX: (609) 218-5126  
[www.nj-communityjusticecenter.org](http://www.nj-communityjusticecenter.org)

Community Health Law Project  
185 Valley Street  
South Orange, NJ 07079  
Telephone: (973) 275-1175  
FAX: (973) 275-5210  
[www.chlp.org](http://www.chlp.org)

#### BRANCH OFFICES

Community Health Law Project  
650 Bloomfield Avenue, Suite 210  
Bloomfield, NJ 07003  
Telephone: (973) 680-5599  
FAX: (973) 680-1488  
TDD: (973) 680-1116

Community Health Law Project  
225 East State Street, Suite 5  
Trenton, NJ 08608  
Telephone: (609) 392-5553  
FAX:/TDD:(609) 392-5369

Community Health Law Project  
65 Jefferson Avenue, Suite 402, Elizabeth, NJ 07201  
Telephone: (908) 355-8282  
FAX: (908) 355-3724

Community Health Law Project  
Station House Office Building  
900 Haddon Avenue, Suite 400  
Collingswood, NJ 08108  
Telephone/TDD: (856) 858-9500  
FAX: (856) 858-9545

Community Health Law Project  
1 Main Street, Suite 413  
Eatontown, NJ 07724  
Telephone: (732) 380-1012  
FAX: (732) 380-1015

Disability Rights New Jersey (DRNJ)  
(formerly New Jersey Protection and Advocacy, Inc.)  
210 South Broad Street, 3rd Floor  
Trenton, NJ 08608  
Telephone: (800) 922-7233  
(609) 292-9742  
FAX: (609) 777-0187  
[www.drnj.org](http://www.drnj.org)

Division on Civil Rights  
140 East Front Street, 6th Floor  
PO Box 090  
Trenton, NJ 08625  
Telephone: (609) 292-4605  
TTY: (609) 292-1785  
FAX: (609) 292-3812  
[www.NJCivilRights.org](http://www.NJCivilRights.org)

#### BRANCH OFFICES

Division on Civil Rights  
1325 Boardwalk at Tennessee Avenue, 1st Floor  
Atlantic City, NJ 08401  
Telephone: (609) 441-3100  
TTY: (609) 441-7648  
FAX: (609) 441-3578

Division on Civil Rights  
5 Executive Campus Suite 107  
Cherry Hill NJ 08034  
Telephone: (856) 486-4080

Division on Civil Rights  
131 Clinton Street, 3rd Floor  
Newark, NJ 07102  
Telephone: (973) 648-2700  
TTY: (973) 648-4678  
FAX: (973) 648-4405

#### SUPPORT GROUPS

New Jersey Self-Help Group Clearinghouse  
375 East McFarlan Street  
Dover, NJ 07801  
Telephone: (800) 367-6274  
(973) 989-1122  
FAX: (973) 989-1159  
[www.njgroups.org](http://www.njgroups.org)

**See Page 25**

## VII

### PROFESSIONAL AND PROVIDER ORGANIZATIONS

New Jersey Association of Community Providers, Inc.  
140 Scotch Road  
Ewing NJ 08628  
Ewing, NJ 08638  
Telephone: (609) 406-1400  
FAX: (609) 406-1442  
[www.njacp.org](http://www.njacp.org)

ACCESS-NJ/CNA  
150 West State Street, Suite 120  
Trenton, NJ 08608  
Telephone: (609) 392-1255  
FAX: (609) 392-3236  
[www.cnaservices.org](http://www.cnaservices.org)

ASAH  
2125 Route 33  
Lexington Square  
Hamilton Square, NJ 08690  
Telephone: (609) 890-1400  
FAX: (609) 890-8860  
[www.asah.org](http://www.asah.org)

New Jersey Association for Persons in Supported  
Employment (NJAPSE)  
[www.njapse.com/](http://www.njapse.com/)

**For Home Care Associations, See Page 51**

## VIII

### SERVICE DOG RESOURCES

Assistance Dogs International  
PO Box 5174 Santa Rosa, CA 95402  
[www.assistancedogsinternational.org](http://www.assistancedogsinternational.org)

Canine Companions for Independence  
286 Middle Island Road Medford, NY 11763  
Telephone/TDD: (800) 572-2275  
[www.cci.org](http://www.cci.org)

Canine Hearing Companions, Inc.  
247 E. Forest Grove Road Vineland, NJ 08360  
(856) 696-3668 Voice (856) 696-3433 FAX  
[www.chcheardogs.org](http://www.chcheardogs.org)

Canine Partners for Life  
PO Box 170 Cochranville, PA 19330  
Telephone: (610) 869-4902  
[www.k94life.org](http://www.k94life.org)

National Education For Assistance Dog Services  
PO Box 1100 Princeton, MA 01541  
(978) 422-9064 V/TTY  
[www.neads.org](http://www.neads.org)

Pet Partners (therapy dogs only)  
875 124th Ave. NE, Suite 101 Bellevue, WA 98005  
Telephone: (425) 679-5500  
[www.petpartners.org](http://www.petpartners.org)

The Seeing Eye, Inc.  
PO Box 375 Morristown, NJ 07963-0375  
Telephone: (973) 539-4425  
[www.seeingeye.org](http://www.seeingeye.org)

**See Appendix 5 for more information on Service Animals**

## IX

### RECREATION RESOURCES

#### SPORTS AND TRAINING

New Jersey Special Olympics  
1 Eunice Kennedy Shriver Way  
Lawrenceville, NJ 08648  
Telephone: (609) 896-8000  
FAX: (609) 896-8040  
[www.sonj.org](http://www.sonj.org)

#### US YOUTH SOCCER - TOPSoccer

529 Abbington Drive, Suite 5  
East Windsor, NJ 08520  
Email: [Troymgr@gmail.com](mailto:Troymgr@gmail.com)

#### ARTS PROGRAMS

New Jersey Theatre Alliance  
8 Marcella Avenue  
West Orange, NJ 07052  
Telephone: (973) 731-6582 FAX: (973) 731-5520  
[www.njtheatrealliance.org/accessibility.htm](http://www.njtheatrealliance.org/accessibility.htm)

VSA Arts of New Jersey  
703 Jersey Avenue  
New Brunswick, NJ 08901  
Telephone: (732) 745-3885 FAX (732) 745-4524  
[www.vsanj.org](http://www.vsanj.org)

New Jersey Commission on Recreation for  
Individuals With Disabilities  
[www.njcrid.org](http://www.njcrid.org) Email: [info@NJCRID.org](mailto:info@NJCRID.org)

## TECHNOLOGY RESOURCES

### ASSISTIVE TECHNOLOGY

Assistive technology is equipment or a service that serves to increase, maintain or improve the functional capability of an individual with a disability. The following programs and agencies provide both awareness of and access to assistive technology.

#### “Back in Action”

Assistive Devices Recycling Center

Telephone: (800) 922-7233

(609) 292-9742

TTY: (609) 633-7106

FAX: (609) 777-0187

[www.backinaction.drnj.org](http://www.backinaction.drnj.org)

#### Assistive Technology Advocacy Center (ATAC)

210 S. Broad Street, 3rd Floor

Trenton, NJ 08608

Telephone: (800) 922-7233

(609) 292-9742

TDD: (609) 633-7106

FAX: (609) 777-0187

[www.drnj.org/atacprogram.htm](http://www.drnj.org/atacprogram.htm)

#### Assistive Technology Services and Lending Center

Advancing Opportunities

1005 Whitehead Road Ext., Suite 1

Ewing, NJ 08638

Telephone: (609) 882-4182

(888) 322-1918 (Toll Free)

TTY: (609) 882-0620

FAX: (609) 882-4054

[www.advopps.org](http://www.advopps.org)

#### Goodwill Home Medical Equipment

18 Artic Parkway, Ewing, NJ 08638

Telephone: (609) 396-1513

[www.goodwillhomemedical.org](http://www.goodwillhomemedical.org)

### TECHNOLOGY RESOURCES ON THE WEB

Able Data

[www.abledata.com](http://www.abledata.com)

RESNA

[www.resna.org](http://www.resna.org)

AssistiveTech.net

[www.assistivetech.net](http://www.assistivetech.net)

Web Accessibility Initiative

[www.w3.org/WAI](http://www.w3.org/WAI)

Northeast ADA & IT Center [www.northeastada.org](http://www.northeastada.org)

## NATIONAL RESOURCES

Many national organizations can offer assistance to people with disabilities and their families. Here are some telephone numbers, hotlines, and Web sites for additional resources.

#### AHEAD

(704) 947-7779 [www.ahead.org](http://www.ahead.org)

#### Alexander Graham Bell Association

(202) 337-5220

[www.listeningandspokenlanguage.org](http://www.listeningandspokenlanguage.org)

#### American Association of the Deaf-Blind

8630 Fenton Street, Suite 121

Silver Spring, Maryland 20910-4500

(301) 495-4402 (TTY)

(301) 495-4403 (Voice) [www.aadb.org](http://www.aadb.org)

#### American Association on Intellectual and Developmental Disabilities

(202) 387-1968 [www.aaid.org](http://www.aaid.org)

#### American Cancer Society

(800) 227-2345 [www.cancer.org](http://www.cancer.org)

#### American Foundation for the Blind

(800) 232-5463 [www.afb.org](http://www.afb.org)

#### American Stroke Association

(888) 478-7653 [www.strokeassociation.org](http://www.strokeassociation.org)

#### American Tinnitus Association

(800) 634-8978 [www.ata.org](http://www.ata.org)

#### Amputee Coalition of America

(888) 267-5669 [www.amputee-coalition.org](http://www.amputee-coalition.org)

#### Amyotrophic Lateral Sclerosis Association

(800) 782-4747 [www.alsa.org](http://www.alsa.org)

#### The Arc (National Office)

(800) 433-5255 [www.thearc.org](http://www.thearc.org)

Arthritis National Research Foundation  
(800) 588-2873 [www.curearthritis.org](http://www.curearthritis.org)

Audient  
1-866-956-5400 x2 [www.audientalliance.org](http://www.audientalliance.org)

Better Hearing Institute  
(888) 432-7435 (Voice) [www.betterhearing.org](http://www.betterhearing.org)

Brain Injury Association of America  
(800) 444-6443 [www.biausa.org](http://www.biausa.org)

Burn Association of America  
(312) 642-9260 [www.ameriburn.org](http://www.ameriburn.org)

Celiac Sprue Association  
(877) 272-4272 [www.csaceliacs.org](http://www.csaceliacs.org)

Children and Adults with Attention Deficit Disorder (CHADD)  
(800) 233-4050 [www.chadd.org](http://www.chadd.org)

Solve ME/CFS Initiative (formerly Chronic Fatigue and Immune Dysfunction Syndrome Association of America)  
(704) 365-2343 [www.solvecfs.org](http://www.solvecfs.org)

Cystic Fibrosis Foundation  
(800) 344-4823 [www.cff.org](http://www.cff.org)

Disability Rights Education and Defense Fund  
(800) 348-4232 [www.dredf.org](http://www.dredf.org)

Easter Seals National Headquarters  
(800) 221-6827 [www.easterseals.com](http://www.easterseals.com)

Epilepsy Foundation of America  
(800) 332-1000 [www.epilepsyfoundation.org](http://www.epilepsyfoundation.org)

Hearing Loss Association of America  
(301) 657-2248 [www.hearingloss.org](http://www.hearingloss.org)

Helen Keller National Center  
(516) 944-8900 (Voice)  
(516) 570-3626 (Video phone) [www.hknc.org](http://www.hknc.org)

Job Accommodation Network  
(800) 526-7234 [www.askjan.org](http://www.askjan.org)

Laurent Clerc National Deaf Education Center  
(202) 651-5051  
[www.gallaudet.edu/clerc\\_center/information\\_and\\_resources.html](http://www.gallaudet.edu/clerc_center/information_and_resources.html)

Learning Disabilities Association of America  
(412) 341-1515 [www.ldanatl.org](http://www.ldanatl.org)

Mental Health America  
(800) 969-6642 [www.mentalhealthamerica.net](http://www.mentalhealthamerica.net)

Muscular Dystrophy Association  
(800) 572-1717 [www.mda.org](http://www.mda.org)

National Association of the Deaf  
(301) 587-1788 (Voice) [www.nad.org](http://www.nad.org)

National Association for Parents of Children with Visual Impairments  
(800) 284-4422 [www.lighthouseguild.org](http://www.lighthouseguild.org)

National Autism Center  
(877) 313-3833 [www.nationalautismcenter.org](http://www.nationalautismcenter.org)

National Council on Alcoholism and Drug Dependence  
(800) 622-2255 [www.ncadd.org](http://www.ncadd.org)

National Down Syndrome Congress  
(800) 232-6372 [www.ndscenter.org](http://www.ndscenter.org)

National Down Syndrome Society  
(800) 221-4602 [www.ndss.org](http://www.ndss.org)

National Fragile X Foundation  
(800) 688-8765 [www.fragilex.org](http://www.fragilex.org)

National Library Services for the Blind and Physically Handicapped  
(888) 657-7323 [www.loc.gov/nls](http://www.loc.gov/nls)

National Multiple Sclerosis Society  
(800) 344-4867 [www.nationalmssociety.org](http://www.nationalmssociety.org)

National Organization for Rare Disorders  
(800) 999-6673 [www.rarediseases.org](http://www.rarediseases.org)

National Spinal Cord Injury Association  
(800) 962-9629 [www.spinalcord.org](http://www.spinalcord.org)

Office of Disability Employment Policy (ODEP)  
(866) 633-7365 [www.dol.gov/odep](http://www.dol.gov/odep)

Paralyzed Veterans of America  
(800) 424-8200 [www.pva.org](http://www.pva.org)

Reflex Sympathetic Dystrophy Syndrome Association  
(877) 662-7737 [www.rsd.org](http://www.rsd.org)

Society for Disability Studies  
(716) 645-0276 [www.disstudies.org](http://www.disstudies.org)

United Spinal Association  
(800) 404-2898 [www.unitedspinal.org](http://www.unitedspinal.org)

## RESEARCH RESOURCES

The NJ State Library Talking Book & Braille Center  
 PO Box 501  
 2300 Stuyvesant Avenue  
 Trenton NJ 08618  
 Telephone: (800) 792-8322  
 FAX: (609) 406-7181  
[www.njstlib.org](http://www.njstlib.org)

Learning Ally  
 (formerly Recording for the Blind and Dyslexic)  
 20 Roszel Road  
 Princeton, NJ 08540  
 Telephone: (800) 221-4792  
 FAX: (609) 987-8116  
[www.learningally.org](http://www.learningally.org)

New Jersey State Library  
 PO Box 520, 185 West State Street  
 Trenton, NJ 08625  
 Telephone: (609) 278-2640  
 FAX: (609) 278-2647  
[www.njstatelib.org](http://www.njstatelib.org)

### RESEARCH RESOURCES ON THE WEB

Disability Research Institute	<a href="http://www.dri.uiuc.edu/default.htm">www.dri.uiuc.edu/default.htm</a>
National Center for the Dissemination of Disability Research	<a href="http://www.ncddr.org">www.ncddr.org</a>
National Rehabilitation Information Center	<a href="http://www.naric.com">www.naric.com</a>
Spinal Cord Injury Information Network	<a href="http://www.spinalcord.uab.edu">www.spinalcord.uab.edu</a>
US Census Bureau	<a href="http://www.factfinder2.census.gov">www.factfinder2.census.gov</a>

## RIGHTS AND LAWS

### The Individuals with Disabilities Education Act (IDEA)

[www.idea.ed.gov](http://www.idea.ed.gov)

Federal law mandating that all children, regardless of disability, are entitled to a free, appropriate education, without extra cost and in the least restrictive and least segregated environment possible.

### The Rehabilitation Act of 1973

[www.www2.ed.gov/policy/speced/reg/narrative.html](http://www.www2.ed.gov/policy/speced/reg/narrative.html)

Federal law which mandates all federal government agencies, and agencies with federal government contracts, to take affirmative action to employ people with disabilities. It also protects otherwise qualified people with disabilities from being denied services or benefits from a program receiving federal money.

### The Americans with Disabilities Act (ADA)

[www.ADA.gov](http://www.ADA.gov)

Federal civil rights law which guarantees individuals with disabilities equal opportunity in employment, public accommodations, state and local government services, transportation, and telecommunications.

### The Developmental Disabilities Assistance and Bill of Rights Act of 2000

[www.acl.gov/Programs/AIDD/DDA\\_BOR\\_ACT\\_2000/index.aspx](http://www.acl.gov/Programs/AIDD/DDA_BOR_ACT_2000/index.aspx)

Federal law mandating that an individual with a developmental disability has a right to appropriate treatment for his or her disability, and that treatment should be designed to maximize the individual's potential.

### The Fair Housing Act

[www.justice.gov/crt/about/hce/title8.php](http://www.justice.gov/crt/about/hce/title8.php)

Federal law which prohibits discrimination in the sale or rental of houses and apartments. It is also discriminatory to refuse to allow the modification of a home to provide physical access.

### The Motorized Wheelchair Lemon Law

[www.nj.gov/lps/ca/brief/wheel.pdf](http://www.nj.gov/lps/ca/brief/wheel.pdf)

The Wheelchair Lemon Law requires manufacturers to give customers warranties of at least one year that cover defects which impair the use, value or safety of the chair or scooter. After three unsuccessful attempts at repairing the same problem with the wheelchair or motorized scooter or if the wheelchair or motorized scooter is out of service for a total of twenty days, the customer may be entitled to a replacement, refund, or early lease termination, minus a reasonable allowance for use.

### The Snow Removal Act

[www.njleg.state.nj.us/2006/Bills/AL07/287\\_.PDF](http://www.njleg.state.nj.us/2006/Bills/AL07/287_.PDF)

In a public parking area, the person who owns or controls the area shall be responsible for assuring that the restricted spaces remain free from obstruction. This includes shopping carts and other debris. Ice and snow must be removed within 24 hours after the weather condition has ceased.

## **Open Public Records Act (OPRA)**

[www.nj.gov/opra/](http://www.nj.gov/opra/)

2001 state law which requires most branches of state, county, and municipal government to provide citizens with the opportunity to inspect, copy, or examine government records. It does allow public agencies to protect citizens' personal information.

## **Older Americans Act**

[www.aoa.gov](http://www.aoa.gov)

Federal civil rights law passed in 1965, which has since been amended. It created the Administration on Aging and provides funding for research and training projects. It also provides nutrition programs, health promotion and disease prevention, in-home services, and protection of the rights of older persons. The amended Act created the National Family Caregiver Support Program, which helps families care for elders who have illnesses or disabilities.

## **Mental Health Parity Act**

[www.nj.gov/mhstigmacouncil/community/legislation](http://www.nj.gov/mhstigmacouncil/community/legislation)

Federal law which prevents group health plans of employers with more than 50 workers from placing dollar limits on mental health benefits that are lower than annual or lifetime dollar limits for medical and surgical benefits offered under the plan. This law does not, however, require group health plans to include mental health coverage.

## **Health Insurance Portability and Accountability Act (HIPAA)**

[www.hhs.gov/ocr/privacy](http://www.hhs.gov/ocr/privacy)

Federal law which establishes national standards to protect individuals' medical records and other health information. Insurance carriers, healthcare clearinghouses, and healthcare providers are required to comply with its privacy standards. It gives consumers the right to request to inspect, copy, or amend their medical records, and to limit disclosure of information.

## **Danielle's Law**

[www.njleg.state.nj.us/2002/Bills/S3000/2572\\_I1.PDF](http://www.njleg.state.nj.us/2002/Bills/S3000/2572_I1.PDF)

New Jersey state law which requires staff working at public or private facilities for persons with developmental disabilities or brain injuries to call 911 in cases of medical emergency.

## **Air Carriers Access Act**

[www.airconsumer.ost.dot.gov/publications/disabled.htm](http://www.airconsumer.ost.dot.gov/publications/disabled.htm)

Federal law which requires airlines to accommodate the needs of passengers with disabilities. It prevents airlines from refusing to transport a passenger solely because of

a disability; limits the circumstances under which passengers with disabilities must provide advance information about their disabilities to air carriers; states that assistive devices do not count against passenger baggage limits; and sets accessibility guidelines for airplane facilities. Airline personnel must provide routine physical assistance but are not required to provide what would customarily be regarded as personal care assistance. However, if a passenger requires an attendant, the airline must transport the attendant free of charge. The law does not require an airline to transport an individual who may endanger the health or safety of others. The Act mandates that a Complaints Resolution Officer (CRO) be immediately available to resolve disputes between airlines and passengers with disabilities.

## **The Work Incentives Improvement Act**

[www.ssa.gov/work/overview.html](http://www.ssa.gov/work/overview.html)

Former U.S. President Clinton signed the Ticket to Work and Work Incentives Improvement Act of 1999 on December 17. This law increases beneficiary choice in obtaining rehabilitation and vocational services; removes barriers that require people with disabilities to choose between health care coverage and work; and insures that more Americans with disabilities have the opportunity to participate in the workforce and lessen their dependence on public benefits.

## **New Jersey Law Against Discrimination (NJLAD)**

[www.state.nj.us/lps/dcr/law.html](http://www.state.nj.us/lps/dcr/law.html)

New Jersey state law which prohibits discrimination in employment, housing, places of public accommodation, and credit and business contracts on the basis of race, creed, color, national origin, nationality, ancestry, age, sex, familial status, marital status, domestic partnership status, affectional or sexual orientation, atypical cellular or blood trait, genetic information, liability for military service, mental or physical disability, perceived disability, or AIDS and HIV status. There are exceptions to these prohibitions.

## **Family Support Act**

[www.familysupportcoalition.org/the-family-support-act.php](http://www.familysupportcoalition.org/the-family-support-act.php)

The Family Support Act is a 1993 state law which created family-driven Regional Family Support Planning Councils to assist families in making service decisions that best meet the needs of their members with disabilities.

## LEGAL ASSISTANCE

### Civil Rights

The Division on Civil Rights, within the New Jersey Department of Law and Public Safety, is responsible for investigating allegations of discrimination and for seeking resolution through conciliation, hearings, or court orders. People with disabilities can file a complaint by calling the division or any of its enforcement branches. Complaints must be filed with the Division on Civil Rights within 180 days after the alleged act of discrimination.

#### The Division on Civil Rights

PO Box 090

Trenton, NJ 08625-0090

Telephone: (609) 292-4605

FAX: (609) 984-3812

[www.nj.gov/oag/dcr/index.html](http://www.nj.gov/oag/dcr/index.html)

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### DISABILITY RIGHTS INFORMATION SERVICES

The following telephone numbers and Internet sites offer access to federal agencies and other organizations which provide information about the Americans with Disabilities Act (ADA), as well as guidance in understanding and complying with provisions of the ADA and other federal disability rights laws.

#### Department of Justice

ADA Information Line: (800) 514-0301

TTY: (800) 514-0383

[www.ada.gov](http://www.ada.gov)

### Equal Employment Opportunity Commission (EEOC)

National Headquarters

Telephone: (202) 663-4900

TTY: (202) 663-4494

To be automatically connected to the nearest EEOC field office: (800) 669-4000 TTY: (800) 669-6820

[www.eeoc.gov](http://www.eeoc.gov)

### Federal Communications Commission

Consumer Information on Telecommunications Relay Services (TRS)

Telephone: (888) 225-5322 VP: (844) 432-2275

[www.fcc.gov/encyclopedia/telecommunications-relay-services-trs](http://www.fcc.gov/encyclopedia/telecommunications-relay-services-trs)

### US Access Board

Documents and questions: (800) 872-2253

TTY: (800) 993-2822

[www.access-board.gov](http://www.access-board.gov)

### INFORMATION ON OTHER LAWS OF INTEREST

#### Individuals with Disabilities Education Act (IDEA) of 1990 US Department of Education

Office of Special Education and Rehabilitative Services

Telephone: (202) 245-7468

[www.idea.ed.gov/](http://www.idea.ed.gov/)

#### Fair Housing Act of 1988

New Jersey/New York

HUD Fair Housing Office

Telephone: (800) 496-4294 TTY: (212) 264-0927

[www.hud.gov/offices/fheo/aboutfheo/fhhubs.cfm](http://www.hud.gov/offices/fheo/aboutfheo/fhhubs.cfm)

#### Rehabilitation Act of 1973

Disability Rights Section, Civil Rights Division, U.S.

Department of Justice:

Telephone: (800) 514-0301 TTY: (800) 514-0383

[www.ada.gov](http://www.ada.gov)

## AMERICANS WITH DISABILITIES ACT AT A GLANCE

**Title I** (Employment) Ensures that qualified job applicants and employees with disabilities are protected from discrimination on the basis of disability. Enforced by the Equal Employment Opportunity Commission (EEOC)

**Title II** (Public Services) Requires equal access for people with disabilities to state and local government programs and services. Enforced by the Department of Justice (DOJ)

**Title III** (Public Accommodations and Services Operated by Private Entities) Mandates access to goods and services to people with disabilities in places of public accommodation. Enforced by the Department of Justice (DOJ)

**Title IV** (Public Communication Systems) Establishes the Telecommunication Relay Service and requires any public service announcement that is funded wholly or in part by the federal government to be closed-captioned. Enforced by the Federal Communications Commission (FCC)

**Title V** (Misc.) Compliance mechanisms for the administration of the provisions of the ADA



## HEALTH COVERAGE AND HEALTH CARE ASSISTANCE

This section describes health care resources for eligible children and adults with disabilities, as well as federal and state health care and dental assistance programs.

### SPECIAL CHILD HEALTH SERVICES

Each of the state's 21 counties has a Special Child Health Services (SCHS) Case Management Unit jointly funded by SCHS and the County Freeholders. SCHS Case Managers, with parental consent, work with the parents and the physician to evaluate an affected child's strengths and needs and develop an individual service plan targeting the medical, educational, developmental, social and economic needs of the child and family.

#### Special Child Health Services

PO Box 364 Trenton, NJ 08625-0364

Telephone: (609) 777-7778

FAX: (609) 292-3580

### COUNTY CASE MANAGEMENT UNITS

Atlantic County	(609) 909-9269
Bergen County	(201) 634-2620 x 5
Burlington County	(609) 267-7156
Camden County	(856) 374-6021
Cape May County	(609) 465-6841
Cumberland County	(856) 327-7602 x7132
Essex County	(973) 395-8836
Gloucester County	(856) 218-4111
Hudson County	(201) 915-2514
Hunterdon County	(908) 788-6399
Mercer County	(609) 588-8460
Middlesex County	(732) 745-3187
Monmouth County	(732) 224-6950
Morris County	(973) 971-4155
Ocean County	(732) 341-9700 x7602
Passaic County	(973) 523-6778
Salem County	(856) 935-7510 x8305
Somerset County	(908) 725-2366
Sussex County	(973) 948-5239
Union County	(908) 889-0950 x2544
Warren County	(908) 689-6000 x258

#### Early Intervention Services

The New Jersey Early Intervention System (NJEIS), under the Division of Family Health Services, implements New Jersey's statewide system of services for infants and toddlers, birth to age three, with

developmental delays or disabilities. The Department of Health is appointed by the Governor as the state lead agency for the Early Intervention System.  
Telephone: (888) 653-4463

#### DIVISION OF FAMILY HEALTH SERVICES NJ Family Health Line

Telephone: (800) 328-3838

#### Newborn Screening and Genetic Services

Telephone: (609) 292-1582

### SUPPLEMENTAL NUTRITION -NEW JERSEY WIC

The Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides supplemental nutritious foods, nutrition education, breastfeeding promotion and support, immunization screening, and health care referrals to pregnant, breastfeeding, and postpartum women, infants, and children up to the age of 5. Services are available to low and no income families as well as families experiencing unemployment, military deployment and other interim family financial hardships.

#### FOR LOCAL WIC AGENCIES, CALL:

(866) 44 NJ WIC (446-5942)

For the Department of Health,  
See Page 9

### DENTAL ASSISTANCE

#### Dental Lifeline Network New Jersey

##### Northern NJ:

1540 West Park Avenue

Ocean, NJ 07712

Telephone: (732) 493-4712

Fax: (732) 493-1602

##### Southern NJ:

P.O. Box 2117 Edison, NJ 08818

Telephone: (732) 821-3056

Fax: (732) 821-3057

## Rutgers School of Dental Medicine

110 Bergen Street  
Newark, NJ 07101  
Telephone: (973) 972-7370

## Dental Care for Persons with Developmental Disabilities in NJ, Matheny Medical and Educational Center

PO Box 339, Peapack, NJ 07977  
Telephone: (908) 234-0011

**Dental Provider Database**  
[www.disabilityhealth.org/dental](http://www.disabilityhealth.org/dental)

### VISION ASSISTANCE

#### New Eyes For The Needy

549 Millburn Ave., P.O. Box 332, Short Hills, NJ 07078  
Telephone: (973) 376-4903  
[www.new-eyes.org](http://www.new-eyes.org)

#### New Jersey Health Link

New Jersey HealthLink is the nation's most comprehensive healthcare consumer information website serving seniors, families, children and healthcare professionals.  
[www.nj.gov/njhealthlink](http://www.nj.gov/njhealthlink)

### NEW JERSEY HEARING AID PROJECT

Through this innovative project launched by the New Jersey Division of the Deaf and Hard of Hearing (DDHH), Montclair State University, and Sertoma/Hearing Charities of America, used hearing aids are collected, reconditioned, and dispensed free to eligible seniors in need. Eligible New Jersey Residents must be 65 years of age or older and have an income of no more than 250% of the federal poverty level - \$26,575 if single; \$32,582 if married. For more information on obtaining or donating a hearing aid, please contact the DDHH at 800-792-8339.

### MEDICARE

Medicare is a health insurance program, administered by the Centers for Medicare and Medicaid Services (CMS), for people 65 years of age or older, certain younger people with disabilities, and people with End-Stage Renal Disease.

Medicare coverage is divided into three parts: Part A, Part B, and Part D. Part A helps to pay for care in hospitals, skilled nursing facilities, and hospice care. Part B helps pay for doctors, outpatient hospital care, and some other services not covered under Part A. Part D, administered by private insurance companies approved by Medicare, provides coverage for prescriptions.

**For Medicare information:**  
[www.medicare.gov](http://www.medicare.gov)  
**800-MEDICARE (633-4227)**  
**TDD: (877) 486-2048**

### NEW JERSEY CARRIERS AND PARTNERS

#### State Health Insurance and Assistance Program (SHIP)

Telephone: (800) 792-8820

#### New Jersey Hospice and Palliative Care

**Organization:** (908) 233-0060  
**FAX:** (908) 233-1630

[www.njhospice.org](http://www.njhospice.org)

### NEW JERSEY STATE GOVERNMENT CONTACTS

**State Insurance Department:** (609) 292-5360

**State Medical Assistance Office:** (609) 588-2600

**Long Term Care Ombudsman:** (877) 582-6995

### FEDERAL GOVERNMENT CONTACTS

**Center for Disease Control and Prevention (CDCP)**  
(800) 232-4636

[www.cdc.gov](http://www.cdc.gov)

#### Department of Veterans Affairs (DVA)

(800) 827-1000 TDD: (800) 829-4833

[www.va.gov](http://www.va.gov)

#### Health Resources and Services Administration

**(HRSA)** (888) 275-4772 TDD: (877) 489-4772

[www.hrsa.gov](http://www.hrsa.gov)

#### Office on Civil Rights

(800) 368-1019 TDD: (800) 537-7697

[www.hhs.gov/ocr](http://www.hhs.gov/ocr)

#### Office of the Inspector General

(800) 869-4499 TDD: (800) 377-4950

[www.justice.gov/oig](http://www.justice.gov/oig)

#### Railroad Retirement Board

(877) 772-5772 TDD: (312) 751-4701

[www.rrb.gov](http://www.rrb.gov)

## MEDICARE COVERAGE AT A GLANCE

**Part A:** Medically necessary care in hospitals, skilled nursing facilities, hospice, and some home health care

**Part B:** Doctor visits, preventive care, laboratory and x-ray services, durable medical equipment, hospital outpatient services, home health care, and ambulance service

**Part D:** Coverage for some medically approved pharmaceuticals

The New Jersey Medicaid Program, administered by the DHS Division of Medical Assistance and Health Services, covers certain medical and health care services for individuals who meet established eligibility standards.

**MEDICAL ASSISTANCE CUSTOMER CENTERS**

Atlantic / Cape May / Cumberland Counties

(609) 561-7569

Bergen / Passaic / Morris / Sussex / Warren Counties

(973) 977-4077

Burlington / Camden / Gloucester / Mercer / Salem Counties

(856) 614-2870

Essex County

(973) 648-3700

Hudson County

(201) 217-7100

Monmouth / Ocean / Middlesex / Hunterdon /

Somerset / Union Counties

(732) 863-4400

**MEDICAID THROUGH MANAGED CARE**

Medicaid has changed its service delivery system to have all services administered using a managed care model. Most Medicaid recipients are enrolled with an HMO to manage their services. A list of the HMOs and contact information can be found below:

**HMO Contact Numbers**

Aetna	1-855-232-3596
Amerigroup	1-800-600-4441
Horizon NJ Health	1-877-765-4325
United Healthcare Community Plan	1-800-941-4647
WellCare	1-888-453-2534

**MEDICAID HOME AND COMMUNITY-BASED WAIVERS**

Medicaid waivers include traditional State Plan Medicaid services plus expanded Medicaid services to allow individuals who require a facility level of care to receive the support services they need to remain living in the community. Waivers have clinical and financial eligibility criteria which must be met prior to enrollment.

**County Boards of Social Service, See Page 17**  
**To report Medicaid fraud: 877-55-FRAUD**

**NJ FAMILY CARE**

NJ FamilyCare is a federal and state funded health insurance program created to help New Jersey’s uninsured children and certain low-income parents and guardians to have affordable health coverage. It is for families who do not have available or affordable employer insurance, and cannot afford to pay the high cost of private health insurance.

Telephone: (800) 701-0710

[www.njfamilycare.org](http://www.njfamilycare.org)

**MEDICAID AT A GLANCE**

**MEDICAID SERVICES MAY INCLUDE:**

- Certified Nurse Practitioner/Clinical Nurse Specialist Services
- Chiropractic Services
- Dental Services
- Early and Periodic Screenings, Diagnosis, and Treatment (under age 21 only)
- Family Planning Services
- HealthStart Maternity and Pediatric Care Services
- Home Care Services
- Hospice Services
- Inpatient and Outpatient Hospital Services
- Laboratory and Radiological Services
- Medical Day Care Services
- Medical Supplies and Equipment
- Nursing Facility Services
- Optometric Services and Optical Appliances
- Pharmaceutical Services
- Physician Services
- Podiatric Services
- Prosthetic and Orthotic Devices and Hearing Aids
- Psychological and Mental Health Services
- Rehabilitative Services
- Medical Transportation Services

**“Where’s My Ride?”**

**LogistiCare** schedules rides to and from medical appointments for individuals on Medicaid/NJ FamilyCare. Reservations: (866) 527-9933

## PHARMACEUTICAL ASSISTANCE

### PAAD and Senior Gold

The Division of Aging Services offers programs that provide financial assistance for prescription medicines and certain pharmacy items to qualified low income individuals.

For information about applying for Pharmaceutical Assistance to the Aged and Disabled (PAAD) or Senior Gold, contact your county's NJ ADRC program (see page 19), your local pharmacy, or the Division of Aging Services.

### Division of Aging Services Call Center

**(800) 792-9745 (609) 588-7048**

### For information about the AIDS Drug Distribution Program (ADDP), call: (877) 613-4533

Rx4NJ (888) 793-6765 [www.rx4nj.org](http://www.rx4nj.org)

Many pharmaceutical companies have Patient Assistance Programs to assist consumers who have limited income and are without health insurance which covers the cost of medications. Rx4NJ, a Partnership for Prescription Assistance (PPA) program, is a no-cost service which connects consumers to these discounts.

### DID YOU KNOW?

The New Jersey Motor Vehicle Commission (MVC) provides a discount on the cost of vehicle registration to SSI, PAAD and Lifeline recipients. In order to receive this discount, the recipient must provide a current Lifeline or PAAD eligibility card at the time of registration.

For more information, contact the MVC at:  
**(888) 486-3339**

**FEDERALLY QUALIFIED HEALTH CENTERS (FQHCs)** are community based programs that provide primary and preventive healthcare, regardless of a patient's ability to pay. To find a FQHC in New Jersey, visit [www.njpca.org/FQHC](http://www.njpca.org/FQHC).

### CHARITY CARE (866) 588-5696

The New Jersey Hospital Care Payment Assistance Program (Charity Care) is a program that allows free or reduced fee care for uninsured or underinsured patients who receive inpatient or outpatient services at acute care hospitals throughout New Jersey. Some services and outpatient prescriptions may not be eligible for reduction. Assistance is available to individuals who have no health coverage or limited coverage, who are otherwise ineligible for any private or government sponsored coverage (such as Medicaid), and who meet the program's income and assets criteria.

## HEALTHCARE RESOURCES ON THE WEB

The Patient Advocate Foundation  
[www.patientadvocate.org](http://www.patientadvocate.org)

Medicare Interactive  
[www.medicareinteractive.org](http://www.medicareinteractive.org)

Center for Ethics and Advocacy in Healthcare  
[www.healthcare-ethics.org](http://www.healthcare-ethics.org)

## MENTAL HEALTH SERVICES

### Statewide Clinical Consultation and Training (SCCAT)

This program serves individuals with developmental disabilities in mental health or behavioral crises. Their staff work out of regional offices, providing a 24/7 mobile response to people who are in crisis. They work with consumers, their families, staff and mental health providers by offering:

- Direct response at the time of crisis in family homes, residential placements, day programs, and emergency rooms
- Technical support to families, sponsors, DD and mental health service providers
- Link-up with relevant resources
- Training for consumers, families, sponsors, and service providers
- Consultations at psychiatric inpatient units

### For more information, call:

**(888) 393-3007** [www.sccatnj.org](http://www.sccatnj.org)

**For the Division of Mental Health and  
Addiction Services,  
See Page 8**

## HEALTH AND WELLNESS FOR PEOPLE WITH DISABILITIES

### WELLNESS BASICS

- Include physical activity in your daily routine.
- Eat according to the FDA Food Pyramid at [www.mypyramid.gov/](http://www.mypyramid.gov/)
- Rest when needed and maintain a sleep schedule and maintain good personal hygiene.
- Make medical appointments as needed and keep accurate records for follow-up.
- Take medication as directed. Don't deviate from regiment without medical clearance.
- Do a daily "wellness check". Look out for skin breakdown, sores and irritation.
- Make sure medical equipment such as wheelchairs and prosthetic devices "fit" properly.
- Avoid drug usage and limit alcohol and tobacco consumption.
- Maintain social interaction. Be part of the community.
- Keep up with "preventive" care. (Examples: Mammogram and pelvic exams for females and DRE and testicular exam for males.)

### HEALTH CARE SELF-ADVOCACY

- Keep an accurate updated list of your medications, providers, and insurance information.
- Make sure providers' offices are accessible. When in doubt, ask!!
- Discuss your disability as well as your health needs with practitioners.
- Never be afraid to ask questions or get clarity as needed.
- Ask someone to accompany you to appointments as needed.
- Keep a list of concerns or questions in between appointments and bring it with you to your appointments.

### WELLNESS RESOURCES ON THE WEB

Center for Disease Control Women's Health Homepage

[www.cdc.gov/ncbddd/women/default.htm](http://www.cdc.gov/ncbddd/women/default.htm)

The National Center on Health, Physical Activity, and Disability

[www.ncpad.org](http://www.ncpad.org)

Center for Research on Women with Disabilities (CROWD)

[www.bcm.edu/crowd/index.cfm](http://www.bcm.edu/crowd/index.cfm)

Office on Women's Health

[www.womenshealth.gov/illnesses-disabilities/index.html](http://www.womenshealth.gov/illnesses-disabilities/index.html)

Center for Disease Control Feature Page on Disabilities

[www.cdc.gov/Features/Disabilities](http://www.cdc.gov/Features/Disabilities)

MedNets.com

[www.mednet-mea.com](http://www.mednet-mea.com)

## FINANCIAL ASSISTANCE

### SUPPLEMENTAL SECURITY INCOME

Supplemental Security Income (SSI) is a Federal program established for the aged and people with disabilities. The program provides a monthly stipend. The federal government administers SSI through the Social Security Administration. People over 65 and people with disabilities, including children, may be eligible for SSI payments, and will receive NJ Medicaid automatically. Application is made through any Social Security office. Parents or guardians may apply on behalf of children under 18.

### SOCIAL SECURITY DISABILITY INSURANCE

The Social Security Disability Insurance (SSDI) program pays benefits to disabled workers and their families. To be eligible for SSDI, you must be disabled and must have earned a minimum number of credits from work covered under Social Security. The required number of credits varies depending on your age at the time you became disabled.

**SOCIAL SECURITY ADMINISTRATION**  
**(800) 772-1213 TDD: (800) 325-0778**  
[www.ssa.gov](http://www.ssa.gov)

### CATASTROPHIC ILLNESS IN CHILDREN RELIEF FUND (800) 335-FUND

The Catastrophic Illness in Children Relief Fund provides financial assistance for families in which a child has a disability or illness for which expenses are incurred that are not fully covered by insurance, state or federal programs, or other sources. Families that have lived in New Jersey for at least three months immediately preceding the date of application may be eligible if they have incurred health care expenses that exceed 10 percent of the family's income (plus 15 percent of any income over \$100,000). The child must have been 21 years old or younger when the medical bills were incurred. Families may reapply annually.

**CATASTROPHIC ILLNESS IN CHILDREN  
RELIEF FUND COMMISSION**  
 PO Box 728, Trenton, NJ 08625-0728  
 Telephone: (609) 292-0600  
 (800) 335-FUND

[www.state.nj.us/humanservices/cicrf/home](http://www.state.nj.us/humanservices/cicrf/home)

### HOMEOWNERSHIP PRESERVATION FOUNDATION 888-995-HOPE (4673) [www.995hope.org](http://www.995hope.org)

The Homeownership Preservation Foundation (HPF) is a nonprofit group that helps financially challenged homeowners navigate their budget problems and, whenever possible, helps them to avoid mortgage foreclosure. The Home Ownership Preservation Effort (HOPE) Hotline provides advising services to distressed homeowners for free, 24 hours a day, 7 days a week, 365 days a year, in over 170 languages. HPF develops innovative and sustainable solutions to preserve and expand homeownership through consumer education and advising programs.

### UTILITY ASSISTANCE

**BOARD OF PUBLIC UTILITIES**  
**(609) 341-9188 Toll Free: (800) 624-0241**  
[www.bpu.state.nj.us/bpu/assistance/programs](http://www.bpu.state.nj.us/bpu/assistance/programs)

### TRUE AND PAGE PROGRAMS **(855) 465-8783 or (732) 982-8710**

The Temporary Relief for Utility Expenses (TRUE) Program and the Payment Assistance for Gas and Electric (PAGE) Program were established by the Board to provide relief on natural gas and electric bills for low to moderate income New Jersey households who are experiencing a temporary financial crisis. Eligible applicants cannot be receiving or be eligible for a Universal Service Fund (USF) benefit or a Low Income Home Energy Assistance Program (LIHEAP) benefit. TRUE and PAGE are administered by the Affordable Housing Alliance.

### COMFORT PARTNERS (888) 773-8326

This Program is designed to improve energy affordability for income eligible households through direct installation of free energy efficiency measures and education about steps everyone can take to save energy. Participants are asked to partner with the program to develop and carry out a household energy savings Action Plan.

## LOW INCOME HOME ENERGY ASSISTANCE PROGRAM (LIHEAP) (800) 510-3102

LIHEAP is administered by the NJ Dept. of Community Affairs and helps NJ households pay for heating costs and certain medically-necessary cooling expenses. Renters who have their heating costs included in their rent may also qualify. Applications are accepted from October 1st through April 30th of each year. [www.energyassistance.nj.gov](http://www.energyassistance.nj.gov)

## NJ LIFELINE CREDIT PROGRAM (800) 792-9745

Lifeline is administered by the NJ Dept. of Human Services and provides a \$225 annual energy benefit to seniors and people with disabilities who meet the PAAD eligibility requirements or who receive SSI. The benefit is also available to customers who have electric and gas costs included in their rent.

## NJ SHARES (866) NJSHARES (657-4273)

[www.njshares.org](http://www.njshares.org)

NJ SHARES is a non-profit corporation that provides assistance to income eligible NJ households in paying their energy, telephone and water bills. Applications for NJ SHARES grants can be made at any of the more than 270 participating social service agencies throughout the state.

## UNIVERSAL SERVICE FUND (USF)

(866) 240-1347 or [www.energyassistance.nj.gov](http://www.energyassistance.nj.gov)

The USF, administered by the NJ Dept. of Community Affairs, was designed so that households most in need receive the highest benefit by using a percentage of income formula. Benefits appear as a credit on the household electric and/or gas bill (capped at \$1,800 per year).

**Fresh Start:** Fresh Start, a special program under USF, allows eligible New Jersey households participating in USF for the first time to earn forgiveness for pre-existing arrearages by making full, on-time payments for 12 months. You cannot apply for Fresh Start, but if you are eligible you will be enrolled by your utility company and receive information about the program in the mail.

## WINTER TERMINATION PROGRAM (800) 624-0241

Administered by the BPU, the Winter Termination Program (WTP) protects specific categories of customers from having their gas or electric shut off between November 15th and March 15th. Those enrolled in specific programs (such as SSI, Temporary Assistance to Needy Families, USF and Lifeline) are protected by WTP, and an additional “catch-all” category is included for people unable to pay their utility bills because of circumstances beyond their control such as unemployment or illness.

## TELEPHONE ASSISTANCE (800) 624-0241

The telephone assistance program provides a discount on your monthly bill, to qualified residential telephone customers. Eligibility is determined based on your income or participation in other assistance programs. In general, if you participate in any of the following programs you also may qualify for telephone assistance: SSI, TANF, General Assistance, Lifeline Utility Credit/Tenants Lifeline Assistance, PAAD, Supplemental Nutrition Assistance Program, LIHEAP/HEAP, Medicaid, Federal Public Housing Assistance, National School Lunch Program. The following providers participate in Lifeline Assistance and Link Up programs in New Jersey:

- 1) If you are a Verizon New Jersey customer, please call NJSHARES at 1-888-337-3339 or visit them at NJSHARES for more information.
- 2) CenturyLink/United Telephone Company of New Jersey – 1-800-201-4099  
[www.centurylink.com/Pages/Support/LifeLine](http://www.centurylink.com/Pages/Support/LifeLine)
- 3) Warwick Valley Telephone Company - 800-952-7642
- 4) Tracfone - 1-800-977-3768 - [www.safelink.com](http://www.safelink.com)
- 5) Nexus - 1-877-870-9222  
[CustomerFeedback@REACHOUTMOBILE.COM](mailto:CustomerFeedback@REACHOUTMOBILE.COM)
- 6) Virgin Mobile - To learn more about Assurance Wireless and to apply, New Jersey residents should call 1-888-898-4888, or visit [www.assurancewireless.com](http://www.assurancewireless.com). Information is available in English and Spanish.

## THE PROPERTY TAX REIMBURSEMENT

(“SENIOR FREEZE”) 1 800-882-6597 or

[www.state.nj.us/treasury/taxation/ptr/printform.shtml](http://www.state.nj.us/treasury/taxation/ptr/printform.shtml)

The Senior Freeze Program reimburses senior citizens and disabled persons for property tax increases.

## AUTO INSURANCE ASSISTANCE

DOLLAR-A-DAY AUTO INSURANCE (800) 652-2471

The Dollar-A-Day policy is available to New Jersey drivers who are currently enrolled in Medicaid with hospitalization. It covers emergency treatment immediately following an accident, and treatment of serious brain and spinal cord injuries up to \$250,000. It also provides a death benefit of \$10,000. The cost is \$365 per year.

To find food pantries throughout New Jersey,  
visit [www.endhungernj.com](http://www.endhungernj.com)

See NJHelps Page 17 - [www.mynjhelps.org](http://www.mynjhelps.org)

The New Jersey Early Intervention System receives state and federal funds through Part C of the Individuals with Disabilities Education Act. The ultimate goal is for children to maximize their potential to lead full, productive lives with their families and within their own communities.

New Jersey's Early Intervention System is a coordinated effort among the New Jersey Department of Health, the New Jersey Department of Human Services, the New Jersey Department of Education and the New Jersey Department of Children and Families. A State Interagency Coordinating Council, appointed by the governor, advises and assists the Department of Health as the lead agency in the development and implementation of early intervention for infants and toddlers with developmental delays or disabilities, and their families. Services are available to children, birth to three, in every county.

### ELIGIBILITY

Each child's eligibility is determined by a multidisciplinary team, which includes the child's parents. If the child is not eligible for early intervention, recommendations may be made for referral to other appropriate resources. If the child is eligible, as determined by a medical diagnosis or developmental evaluation, an Individualized Family Service Plan (IFSP) to meet the needs of the child and the family will be developed by the team.

### CRITERIA

- developmental delay of at least 1.5 standard deviations below the mean in two or more developmental areas (cognitive; physical, including gross motor, fine motor, vision and hearing; communication, social/emotional or adaptive); or
- developmental delay of at least 2.0 standard deviations below the mean in one developmental area; or
- a medically diagnosed physical or mental condition that has a high probability of resulting in developmental delay.

### ACCESSING SERVICES

The county-based Regional Early Intervention Collaboratives are the system point of entry for referral to the early intervention system. With family agreement, anyone may call to make a referral. A service coordinator will be assigned to work with the family. The service coordinator will arrange evaluation for eligibility at no cost to the family.

### REGIONAL COLLABORATIVES

The Regional Early Intervention Collaboratives (REICs) are independent, non-profit corporations established to provide a community-based, culturally competent and consumer-driven early intervention system. The collaboratives are responsible for child find, public awareness, initial referral, service coordination, training and technical assistance and family support.

#### **Family Link Regional Early Intervention Collaborative**

2333 Morris Avenue, Suite A204 (2nd Floor)  
Union, NJ 07083

Telephone: (908) 964-5303

FAX: (908) 964-6091

[www.familylinknj.org](http://www.familylinknj.org)

(Essex, Morris, Sussex, Union, and Warren Counties)

#### **Northeast Regional Early Intervention Collaborative**

65 Willowbrook Boulevard, Suite 405  
Wayne, NJ 07470

Telephone: (973) 256-8484

FAX: (973) 256-1233

[www.nreic.org](http://www.nreic.org)

(Bergen, Hudson, and Passaic Counties)

#### **Central Jersey Family Health Consortium Regional Early Intervention Collaborative**

Central Jersey Family Health Consortium  
2 King Arthur Court, Suite B  
North Brunswick, NJ 08902

Telephone: (732) 937-5437

FAX: (732) 937-5540

[www.cjfhc.org](http://www.cjfhc.org)

(Hunterdon, Mercer, Middlesex, Monmouth, Ocean, and Somerset Counties)

#### **Southern Regional Early Intervention Collaborative**

Winslow Professional Building  
1044 South Route 73, Suite A, Berlin, NJ 08009

Telephone: (856) 768-6747

FAX: (856) 768-2059

[www.snjreic.org](http://www.snjreic.org)

(Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

**Toll Free Number for the  
Early Intervention System  
(888-653-4463)**



The Individuals with Disabilities Education Act guarantees children with disabilities, ages 3 to 21, the right to a free, appropriate public education delivered in the least restrictive environment. The New Jersey Department of Education administers state and federally funded aid programs for more than 1.3 million public and private elementary and secondary school children, and is responsible for ensuring that local schools comply with state and federal laws and regulations.

**SPECIAL EDUCATION PROGRAMS**

The Office of Special Education Programs, under the jurisdiction of the Division of Student Services, is responsible for the provision of special education and related services.

Office of Special Education Programs  
 PO Box 500, 100 Riverview Plaza  
 Trenton, NJ 08625-0500  
 Telephone: (609) 292-0147  
 FAX: (609) 984-8422  
[www.nj.gov/njded/specialed](http://www.nj.gov/njded/specialed)

**CHILD STUDY TEAMS**

A child study team consists of a school psychologist, a learning disability teacher-consultant and a school social worker. For children age three to five, the child study team includes a speech correctionist or speech-language specialist. The child study team, with consent from the child’s parents, evaluates the child and determines his or her eligibility for special education services.

Upon completion of the evaluation and prior to placement in special education, an Individualized Education Program, with stated goals and objectives, is written with the participation of the parents. According to New Jersey Administrative Code, a full continuum of alternative placements shall be available to meet the needs of children with educational disabilities.

**NEW JERSEY'S SPECIALIZED CHILD STUDY TEAM**

Evaluation Services for New Jersey's Deaf and Hard of Hearing Children  
 PO Box 535  
 Trenton, NJ 08625-0535  
 Voice/TTY: (609) 530-3145  
[www.mksd.org](http://www.mksd.org)

**PROJECT CHILD FIND**

A free referral service for early intervention and special education programs.  
 Telephone: (800) 322-8174

**LEARNING RESOURCE CENTERS**

Learning Resource Centers provide research reports, educational guides, training, and workshops for parents and educators of students with disabilities.

**See page 37 for Special Child Health and Early Intervention Services**

**HEAD START**

Project Head Start is a federally funded pre-school program for children. Head Start provides a program of comprehensive developmental services based on the needs of the individual child, the child’s family and community. Head Start serves children with disabilities in a mainstream environment.

**For Local Head Start Programs, call:**

(609) 777-2074  
[www.nhsa.org](http://www.nhsa.org)

**NEW JERSEY HIGHER EDUCATION STUDENT ASSISTANCE AUTHORITY (HESAA)**

HESAA provides New Jersey students and families with the financial and informational resources for students to pursue their education beyond high school.

Telephone: (800) 792-8670  
[www.hesaa.org](http://www.hesaa.org)

COUNTY SUPERVISORS OF CHILD STUDY			
Atlantic	(609) 625-0004	Middlesex	(732) 249-2900
Bergen	(201) 336-6875	Monmouth	(732) 431-7810
Burlington	(609) 265-5938	Morris	(973) 285-8336
Camden	(856) 401-2400	Ocean	(732) 929-2079
Cape May	(609) 465-1282	Passaic	(973) 569-2110
Cumberland	(856) 453-0422	Salem	(856) 453-0422
Essex	(973) 621-2750 x2767	Somerset	(908) 541-5700
Gloucester	(856) 686-8370	Sussex	(973) 579-6996
Hudson	(201) 369-5290	Union	(908) 654-9860
Hunterdon	(908) 788-1414	Warren	(908) 689-0464
Mercer	(609) 588-5873		

Resources for employment and training vary, depending on an individual's skill level and employability. Services for people with disabilities include vocational evaluation and assessment, training, counseling, education, job placement assistance, supported employment and support for entrepreneurs with disabilities.

### **VOCATIONAL REHABILITATION**

The Division of Vocational Rehabilitation Services (DVRS), within the Department of Labor and Workforce Development, provides services to individuals of employable age with disabilities through 18 district offices. Eligibility generally is based on the presence of a mental or physical disability that is an obstacle to employment, and a reasonable expectation that the division's services will help the individual become employable.

Vocational rehabilitation counselors work with individuals and their families to develop and carry out a plan for training and placement. If financial need is established, the division will purchase other rehabilitative services from private providers, such as further evaluation or counseling, training at a vocational center or technical school and on-the-job training.

### **DIVISION OF VOCATIONAL REHABILITATION SERVICES (DVRS) - MAIN OFFICE**

PO Box 398  
Trenton, NJ 08625-0398  
Telephone: (609) 292-5987  
[www.wnjp.in.state.nj.us](http://www.wnjp.in.state.nj.us)

### **DISTRICT OFFICES**

#### **DVRS ATLANTIC OFFICE**

2 South Main Street, Suite 2  
Pleasantville, NJ 08232  
Telephone: (609) 813-3933  
FAX: (609) 813-3959

#### **DVRS BERGEN OFFICE**

60 State Street, 2nd Floor  
Hackensack, NJ 07601-5471  
Telephone: (201) 996-8970  
FAX: (201) 996-8880

#### **DVRS BURLINGTON OFFICE**

795 Woodlane Road, Suite 201  
Westampton, NJ 08060  
Telephone: (609) 518-3948  
FAX: (609) 518-3956

#### **DVRS CAMDEN OFFICE**

2600 Mt. Ephraim Avenue, Suite 103  
Camden, NJ 08104-3290  
Telephone: (856) 614-2500  
FAX: (856) 614-2538

#### **DVRS CAPE MAY OFFICE**

3810 New Jersey Avenue  
Wildwood, NJ 08260  
Telephone: (609) 523-0330  
VP: (609) 729-0132  
FAX: (609) 523-0212

#### **DVRS CUMBERLAND/SALEM OFFICE**

40 East Broad Street, Suite 204  
Bridgeton, NJ 08302-2881  
Telephone: (856) 453-3888  
VP: (856) 497-0075  
FAX: (856) 453-3909

#### **DVRS ESSEX OFFICE**

990 Broad Street, 2nd Floor  
Newark, NJ 07102  
Telephone: (973) 648-3494  
VP: (862) 772-7166  
FAX: (973) 648-3902

#### **DVRS GLOUCESTER OFFICE**

215 Crown Point Road, Suite 200  
Thorofare, NJ 08086-2153  
Telephone: (856) 384-3730  
FAX: (856) 384-3777

#### **DVRS HUDSON OFFICE**

438 Summit Avenue, 6th Floor  
Jersey City, NJ 07306-3187  
Telephone: (201) 217-7180  
FAX: (201) 217-7287

#### **DVRS MERCER OFFICE**

Labor Station Plaza, PO Box 959  
28 Yard Avenue,  
Trenton, NJ 08625-0959  
Telephone: (609) 292-2940  
VP: (609) 498-7011  
FAX: (609) 984-3553

**DVRS MIDDLESEX OFFICE**

560 Jersey Avenue, PO Box 2672  
 New Brunswick, NJ 08903  
 Telephone: (732) 937-6300  
 FAX: (732) 937 6358

**DVRS MONMOUTH OFFICE**

60 Taylor Avenue  
 Neptune, NJ 07753-4844  
 Telephone: (732) 775-1799  
 FAX: (732) 775-1666

**DVRS MORRIS OFFICE**

13 Emery Avenue 2nd Floor  
 Randolph, NJ 07869  
 Telephone: (973) 631-6304  
 FAX: (973) 895-6420

**DVRS OCEAN OFFICE**

1027 Hooper Avenue, Bldg. 6, 3rd Fl.  
 Toms River, NJ 08753-2225  
 Telephone: (732) 505-2310  
 TTY: (732) 505-2319  
 FAX: (732) 505-2317

**DVRS PASSAIC OFFICE**

200 Memorial Drive  
 Paterson, NJ 07501  
 Telephone: (973) 742-9226  
 VP/TTY: (973) 968-6556  
 FAX: (973) 279-5895

**DVRS SOMERSET/HUNTERDON OFFICE**

75 Veterans Memorial Drive East  
 Suite 101  
 Somerville, NJ 08876-2952  
 Telephone: (908) 704-3030  
 FAX: (908) 704-3476

**DVRS SUSSEX/WARREN OFFICE**

223A West Stiger Street, Suite A  
 Hackettstown, NJ 07840-1217  
 Telephone: (908) 852-4110  
 FAX: (908) 813-9745

**DVRS UNION OFFICE**








921 Elizabeth Avenue, 3rd Floor  
 Elizabeth, NJ 07201  
 Telephone: (908) 965-3940  
 FAX: (908) 965-2976

**CBVI OFFICES**

For New Jersey residents who are blind or visually impaired, the DHS Commission for the Blind and Visually Impaired (CBVI) provides comprehensive employment services, which include vocational evaluation, counseling, guidance, training, and job placement. For a list of CBVI offices, go to Page 6.

**ONE-STOP CAREER CENTERS**

The cornerstone of New Jersey's workforce investment system are the One-Stop Career Centers. One-Stop Career Centers throughout the state offer a wide range of tools to help people, including military veterans, those who are 55+, and individuals with disabilities, find a new job or career. All services are free of charge to help New Jersey's workers:

-  Find a job
-  Strengthen job-search skills
-  Get training
-  Improve reading and basic skills
-  Network the way to a job
-  Use labor market information to make career decisions
-  Start a business

To connect with your local One-Stop Career Center, call:

**(877) 872-5627**

Need more information on disability employment in NJ? Visit:

[www.state.nj.us/humanservices/disabilityemployment.html](http://www.state.nj.us/humanservices/disabilityemployment.html)

**For the New Jersey Association for Persons in Supported Employment (NJAPSE),  
 See Page 31**

## TICKET TO WORK AND WORK INCENTIVES IMPROVEMENT ACT

Social Security's Ticket to Work Program is a free and voluntary program available to people ages 18 through 64 who are blind or have a disability and who receive Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) benefits. The goals of the program are to offer beneficiaries with disabilities expanded choices when seeking service and supports to enter, re-enter, and/or maintain employment; to increase the financial independence and self-sufficiency of beneficiaries with disabilities; and to reduce and, whenever possible, eliminate reliance on disability benefits. While participating in the Ticket to Work Program, beneficiaries can get the help they need to safely explore their work options without immediately losing their benefits. Beneficiaries also can use a combination of work incentives to maximize their income until they begin earning enough to support themselves.

For information, call (866) 968-7842 or visit [www.chooseworkttw.net](http://www.chooseworkttw.net)

## SELF-EMPLOYMENT

The New Jersey Division of Vocational Rehabilitation Services has developed a common policy and regulations regarding self-employment as a work option for people with disabilities. Individuals with an interest in becoming self-employed should present this option to their vocational rehabilitation counselor. If a solid business plan is put together, there may be capital investment available for a variety of start-up needs.

Eligible clients of the Commission for the Blind and Visually Impaired can obtain capital to start and manage businesses through the Commission's Business Enterprise Program. Support primarily consists of training in business management and assistance in establishing vending locations. However, assistance for other business ventures is possible. A solid business plan is required.

## Self-Employment Initiative Division of Vocational Rehabilitation Services

Telephone: (609) 292-5987

FAX: (609) 292-8347

## PLAN TO ACHIEVE SELF-SUPPORT (PASS)

The Social Security Administration has adopted a series of work incentives with a Plan to Achieve Self-Support (PASS), including the retention of benefits while starting a business. Individuals receiving SSI may be able to acquire additional capital for small business start-up

through a PASS. A business plan is required. Contact a PASS specialist at your local Social Security office.

PASS Proposals Social Security Administration  
Telephone: (800) 772-1213 TDD: (800) 325-0778  
[www.socialsecurity.gov](http://www.socialsecurity.gov)

## TECHNICAL ASSISTANCE

Assistance for entrepreneurs with disabilities is available in the form of financing, business plan preparation, marketing assistance, PASS assistance, or general help in locating information or resources for business start-up or expansion.

## New Jersey Economic Development Authority

Telephone: (609) 858-6700

[www.njeda.com](http://www.njeda.com)

## Small Business Development Centers

Telephone: (800) 432-1565

[www.njsbdc.com](http://www.njsbdc.com)

## Service Core of Retired Executives SCORE

Telephone: (800) 634-0245

FAX: (973) 645-2375

[www.score.org](http://www.score.org)

**Receiving Social Security Disability  
and considering working?**

**Visit the New Jersey Benefits to Work  
Calculator at  
[www.nj.db101.org](http://www.nj.db101.org)**

## Business Resources on the Web

AbilityJobs

[www.abilityjobs.com](http://www.abilityjobs.com)

US Small Business Administration

[www.sba.gov](http://www.sba.gov)

US Office of Disability Employment Policy

[www.dol.gov/odep](http://www.dol.gov/odep)

## TICKET TO WORK

The Ticket to Work and Self-Sufficiency Program is the centerpiece of legislation signed by former U.S. President Clinton on December 17, 1999, under the Ticket to Work and Work Incentives Improvement Act of 1999. It is a nationwide initiative designed to bring major positive change to the lives of individuals with disabilities.

This comprehensive national initiative also is designed to assist people with the training and support they need to go to work by increasing their choices. SSA beneficiaries with disabilities can find employment, vocational rehabilitation (VR), and other support services from public and private providers.

Telephone: (866) 968-7842      TTY: (866) 833-2967  
[www.chooseworkttw.net](http://www.chooseworkttw.net)

## NJ WINS (NEW JERSEY WORK INCENTIVE NETWORK SUPPORT)




The Family Resource Network's New Jersey Work Incentives Network Support (NJWINS) program assists Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) beneficiaries to start, continue, or increase work efforts while maintaining cash and healthcare benefits for as long as they are needed. NJWINS can serve anyone ages 14 to 64, who is receiving SSI or SSDI benefits and is considering work, starting work, continuing present work, or increasing work efforts.

Telephone: (866) 946-7465    [www.njwins.org](http://www.njwins.org)  
Need more information on disability employment in NJ? Visit:  
[www.state.nj.us/humanservices/disabilityemployment.html](http://www.state.nj.us/humanservices/disabilityemployment.html)

## NJ WORKABILITY

The WorkAbility program offers people with disabilities who are working, and whose income would otherwise make them ineligible for Medicaid, the opportunity to pay a small premium and receive full NJ Medicaid coverage. People with disabilities who are employed and are between the ages of 16 to 64 can qualify for the program with an annual gross earned income of up to approximately \$59,652.

### Eligibility Criteria

-  Must be between the ages of 16-64
-  Must be working (full or part time) and have proof of employment
-  Must have been determined "disabled" by the Social Security Administration OR the Disability Review Team at the Division of Medical Assistance & Health Services

### Unearned Income

- ✓ \$981 per month (single)
- ✓ \$1,328 per month (couple)

**Note:** Social Security Disability benefit may be disregarded for unearned income

### Earned Income (Individual)

- ✓ \$59,652 per year (gross income)
- ✓ \$4,971 per month (gross income)

### Eligible Couple

- ✓ \$80,436 per year (gross income)
- ✓ \$6,703 per month (gross income)

### Liquid Assets:

- ✓ \$20,000 for an individual
- ✓ \$30,000 for a couple (where both are eligible)

**Note:** Assets do not include the primary home, car (used for work or medical transportation), or 401K/IRA retirement account.

[www.state.nj.us/humanservices/dd/projects/discoverability](http://www.state.nj.us/humanservices/dd/projects/discoverability)  
(888) 285-3036

**HOUSING PROGRAMS**

The New Jersey Department of Community Affairs administers the federal Section 8 voucher program and a variety of housing programs for low-income families, women, persons with disabilities, and seniors. Services include rental assistance, federal and emergency shelter grants, and homelessness prevention. The Department also administers the Community Services Block Grant and Weatherization programs, as well as Recreation Opportunities for Individuals with Disabilities Grants.

The Division of Housing contains offices that administer programs of rental assistance, housing rehabilitation, relocation assistance, family self-sufficiency, emergency shelter grants and homelessness prevention.

The Division assists local groups in sponsoring low and moderate income housing, through programs that preserve, rehabilitate and expand the housing supply for low and moderate income families.

The Division also provides administrative grants to non-profit organizations that are involved in the production of affordable housing. In addition, the Division runs a fellowship program through which graduate students in architecture and engineering work with non-profit housing agencies.

**DIVISION OF HOUSING AND COMMUNITY RESOURCES**

PO Box 051  
Trenton, NJ 08625-0051  
(609) 633-6303

[www.state.nj.us/dca/divisions/dhcr](http://www.state.nj.us/dca/divisions/dhcr)

Homelessness Prevention Hotline  
(866) 889-6270 *See numbers by County, below*

Home Energy Assistance Hotline  
(800) 510-3102  
*See pages 42-43 for more information.*

Section 8 Housing Voucher Program and State Rental Assistance Program  
(609) 292-4080

**HOMELESSNESS PREVENTION**

Atlantic County.....	856-691-1841
Bergen County.....	201-968-0200
Burlington County.....	609-835-4329
Camden County.....	800-331-7272
Cape May County.....	856-691-1841
Cumberland County.....	856-691-1841

Essex County.....	973-266-7991
Gloucester County.....	856-845-9200
Hudson County.....	201-437-7222
Hunterdon County.....	908-782-2490
Mercer County.....	609-989-9417
Middlesex County.....	732-638-2870
Monmouth County.....	732-775-0525
Morris County.....	908-454-7000
Ocean County.....	732-244-2351
Passaic County.....	973-279-7100
Salem County.....	856-691-1841
Somerset County.....	908-454-7000
Sussex County.....	908-454-7000
Union County.....	908-351-7727
Warren County.....	908-454-7000

**NEW JERSEY HOUSING AND MORTGAGE FINANCE AGENCY (NJHMFA)**

**800-NJ-HOUSE (800) 654-6873** [www.njhousing.gov](http://www.njhousing.gov)

The main goal of the New Jersey Housing and Mortgage Finance Agency is to encourage the production of affordable housing for all New Jersey citizens. Its Community Development Division administers several programs targeted to people with special needs. For information about low-income or special needs home ownership programs, call the NJHMFA.

**The Homeownership Preservation Foundation (HPF)** is a nonprofit group that helps financially challenged homeowners navigate their budget problems and, whenever possible, helps them to avoid mortgage foreclosure. For more information, See page 42.

**New Jersey Housing Resource Center**  
The Housing Resource Center provides individuals with information on accessible and affordable housing throughout the state. This project was made possible through a collaboration among the Division of Disability Services, the Department of Community Affairs and the NJ Housing Mortgage Finance Agency. To access the Center, go to: [www.njhrc.gov](http://www.njhrc.gov) or call (877) 428-8844.

**Housing Resources on the Web**  
HUD Disabilities Web Hub  
[www.portal.hud.gov/hudportal/HUD?src=/program\\_offices/fair\\_housing\\_equal\\_opp/disabilities/inhousing](http://www.portal.hud.gov/hudportal/HUD?src=/program_offices/fair_housing_equal_opp/disabilities/inhousing)  
Center for Universal Design  
[www.ncsu.edu/www/ncsu/design/sod5/cud](http://www.ncsu.edu/www/ncsu/design/sod5/cud)

**MEDICAID PERSONAL CARE ASSISTANT SERVICE (PCA)**

Personal Care Assistant Service (PCA) is a statewide service provided by the New Jersey Medicaid Program to people eligible for Medicaid services in the community. The purpose of personal care is to accommodate long-term chronic or maintenance health care as opposed to short-term skilled care as is provided under Medicaid's home health program. PCA services are health-related tasks done by qualified staff in a medically-eligible beneficiary's home or workplace. It includes assistance with activities of daily living and household duties essential to the individual's health and comfort. To apply, contact your Medicaid managed care organization.

**PERSONAL PREFERENCE PROGRAM (PPP)**

PPP offers an alternate way for individuals to receive their Medicaid Personal Care Assistant (PCA) services. Using a self-directed model, this program enables elderly and disabled Medicaid recipients to direct and manage their Medicaid PCA services rather than receiving traditional PCA agency services. (See Page 1)

**PERSONAL ASSISTANCE SERVICES PROGRAM (PASP)**

PASP provides routine, non-medical assistance to adults with disabilities who are employed, preparing for employment, involved in community volunteer work, or attending school. PASP allows consumers to receive up to 40 hours of service per week, therefore enabling them to maintain their independence in the community. Personal assistants help with such tasks as light housekeeping, bathing, dressing, meal preparation, shopping, driving or using public transportation. Consumers are able to coordinate their own services by managing a budget, hiring workers and making purchases directly through their account with the assistance of a fiscal intermediary service organization (FISO) or "business agent". To apply, please contact your county PASP consultant. (See page 1)

**COUNTY PASP CONSULTANTS**

Atlantic County . . . . . (609) 645-7700 x4519  
 Bergen County . . . . . (201) 336-6508  
 Burlington County . . . . . (609) 265-5144/5223  
 Camden County . . . . . (609) 261-1667  
 Cape May County . . . . . (609) 886-6200 x271  
 Cumberland County . . . . . (856) 453-2149  
 Essex County . . . . . (973) 395-8494

Gloucester County . . . . . (856) 384-6845  
 Hudson County . . . . . (201) 336-6508  
 Hunterdon County . . . . . (908) 788-1361  
 Mercer County . . . . . (609) 989-6459  
 Middlesex County . . . . . (732) 745-2587  
 Monmouth County . . . . . (732) 571-6232 x17  
 Morris County . . . . . (973) 285-6879  
 Ocean County . . . . . (732) 505-3779  
 Passaic County . . . . . (973) 225-3683  
 Salem County . . . . . (856) 935-7510 x8311  
 Somerset County . . . . . (908) 704-6346  
 Sussex County . . . . . (973) 579-0555 x1226  
 Union County . . . . . (908) 527-4840  
 Warren County . . . . . (973) 625-1940

**AGING AND DISABILITY RESOURCE CONNECTION (ADRC)**

The Aging and Disability Resource Connection/Area Agency on Aging (AAA) serves as the lead agency for seniors and their caregivers to access information, community services, and long term services and supports. Services available to eligible individuals may include: outreach, case management, transportation, senior centers, volunteer opportunities, health promotion, nutrition programs, education, health insurance counseling, adult protective services, senior employment, respite care options, and information on housing and long-term care options. (See Page 19)

[www.adrcnj.org](http://www.adrcnj.org)

**MOM2MOM HELPLINE PROGRAM**

The Mom 2 Mom program is designed to provide a compassionate and encouraging environment for mothers of children with special needs to come together and share support. They offer a 24 hour, 7 day a week helpline coordinated by UMDNJ-University Behavioral HealthCare which features peer support, telephone assessments, a network of referral services and support groups.

Telephone: (877) 914-6662 (877-914-MOM2)

[www.mom2mom.us.com](http://www.mom2mom.us.com)

**HOME CARE ASSOCIATIONS**

Home Care Association of New Jersey  
 485-D Route 1 South, Suite 210  
 Iselin, NJ 08830

Telephone: (732) 877-1100

[www.homecarenj.org](http://www.homecarenj.org)

New Jersey Hospital Association  
760 Alexander Road, PO Box 1  
Princeton, NJ 08543  
Telephone: (609) 275-4000  
[www.njha.com](http://www.njha.com)

#### **ADDITIONAL CAREGIVER RESOURCES= THE CAREGIVER ACTION NETWORK**

The Caregiver Action Network is the nation's leading family caregiver organization working to improve the quality of life for the more than 65 million Americans who care for loved ones with chronic conditions, disabilities, disease, or the frailties of old age. CAN serves a broad spectrum of family caregivers ranging from the parents of children with special needs, to the families and friends of wounded soldiers; from a young couple dealing with a diagnosis of MS, to adult children caring for parents with Alzheimer's disease. CAN (formerly the National Family Caregivers Association) is a non-profit organization providing education, peer support, and resources to family caregivers across the country free of charge.

Telephone: (202) 454-3970  
[www.caregiveraction.org](http://www.caregiveraction.org)

#### **FAMILY CAREGIVER ALLIANCE**

Family Caregiver Alliance was the first community-based nonprofit organization in the country to address the needs of families and friends providing long-term care at home. Long recognized as a pioneer in health services, FCA now offers programs at national, state and local levels to support and sustain caregivers.

Telephone: (415) 434-3388 or (800) 445-8106  
[www.caregiver.org](http://www.caregiver.org)

#### **COALITION ON FAMILY CAREGIVING**

A group of community based organizations, health care providers, and others, working with a common mission to provide family caregivers a link to vital community services and supports. The group advocates to bring relevant issues into public forum and provides free educational programs on topics of vital interest to caregivers and their families. Caregiver support focuses primarily in and around Union County.

Email only: [info@cfcare.org](mailto:info@cfcare.org)  
[www.cfcare.org](http://www.cfcare.org)

#### **AMERICAN HEALTH CARE ASSOCIATION**

The American Health Care Association is a non-profit federation of affiliate state health organizations, together representing more than 11,000 non-profit and for-profit nursing facility, assisted living, developmentally-disabled, and subacute care providers that care for approximately one million elderly and disabled individuals each day.

Telephone: (202) 842-4444  
[www.ahca.org](http://www.ahca.org)

#### **WELLSCOPE ASSOCIATION**

The Well Spouse Association, a nonprofit 501(c)(3) membership organization, advocates for and addresses the needs of individuals caring for a chronically ill and/or disabled spouse/partner. The agency offers peer to peer support and educates health care professionals and the general public about the special challenges and unique issues "well" spouses face every day.

Telephone: (732) 577-8899  
[www.wellspouse.org](http://www.wellspouse.org)

#### **NATIONAL ALLIANCE FOR CAREGIVING**

Established in 1996, the National Alliance for Caregiving is a non-profit coalition of national organizations focusing on issues of family caregiving. Alliance members include grassroots organizations, professional associations, service organizations, disease-specific organizations, a government agency, and corporations.

Email only: [info@caregiving.org](mailto:info@caregiving.org)  
[www.caregiving.org](http://www.caregiving.org)

#### **Rewarding Work**

To learn about employment opportunities  
to provide support to individuals  
with disabilities of all ages:

(866) 212-9675 [www.rewardingwork.org/nj](http://www.rewardingwork.org/nj)



**NJ FIND A RIDE** [www.njfindaride.org](http://www.njfindaride.org)

NJ Find A Ride is an online directory of public and accessible transportation options throughout the State. Through a customized search, the site provides information on eligibility, costs, and how to arrange for a ride.

**Accessible Travel Information**

[www.njfindaride.org/accessible-travel-info](http://www.njfindaride.org/accessible-travel-info)

**NEW JERSEY TRANSIT**

New Jersey Transit provides commuter services through more than 150 bus routes and 11 rail lines in New Jersey and into New York and Pennsylvania. Lift-equipped and kneeling buses, as well as accessible rail stations, are important elements of New Jersey Transit's services to people with disabilities. Access Link is a service for those who are not able to use a regular fixed-route bus. New Jersey Transit also provides a reduced fare program for senior citizens and people with disabilities.

**New Jersey Transit**

One Penn Plaza East, Newark, NJ 07105

[www.njtransit.com](http://www.njtransit.com)

Customer Service: (973) 275-5555

TTY: (800) 772-2287

**NJ Transit ADA Services**

Access Link: (800) 955-ADA1 (2321)

TTY: (800) 955-6765

**REDUCED FARE PROGRAM**

Special rates are available for senior citizens 62 years of age or older and people with disabilities. Personal assistants ride for free when proper identification is presented by the person with a disability. Even qualifying out of state residents can ride on NJ TRANSIT buses and trains at the reduced rate. For more information, please contact NJ Transit.

**Reduced Fare Program** (973) 491-7112

**COUNTY PARA-TRANSPORTATION**

Each of the 21 counties in New Jersey provide a county-based paratransit service for senior citizens and people with disabilities. The following contact numbers are resources for current information on local paratransit services, including hours of operation, reservation procedures, fees (if any), priorities for services, consumer representation on advisory committees, etc.

**COUNTY PARA-TRANSIT INFORMATION**

Atlantic County .....(609) 645-5910  
 Bergen County .....(201) 368-5955  
 Burlington County .....(877) 603-5111  
 Camden County .....(856) 456-3344  
 Cape May County .....(609) 889-3700  
 Cumberland County .....(856) 691-7799

Essex County .....(973) 618-1280  
 Gloucester County .....(856) 686-8350  
 Hudson County .....(201) 369-4320  
 Hunterdon County .....(800) 842-0531  
 Mercer County .....(609) 530-1971  
 Middlesex County .....(800) 221-3520  
 Monmouth County .....(732) 431-6480  
 Morris County .....(973) 829-8103  
 Ocean County .....(877) 929-2082  
 Passaic County .....(973) 305-5756  
 Salem County .....(856) 339-8622  
 Somerset County .....(908) 231-7115  
 Sussex County .....(973) 579-0480  
 Union County .....(908) 241-8300  
 Warren County .....(908) 454-4044

**1AMTRAK-OFFICE OF AMTRAK ACCESS**

Telephone: (800) USA-RAIL (800-872-7245)

TDD/TTY: (800) 523-6590

[www.amtrak.com](http://www.amtrak.com)

**GREYHOUND CUSTOMERS WITH DISABILITIES TRAVEL ASSISTANCE LINE**

Telephone: (800) 752-4841 TTY: (800) 345-3109

[www.greyhound.com/en/contactus.aspx](http://www.greyhound.com/en/contactus.aspx)

**Greyhound ADA Compliance Office**

(214) 849-8966 [www.greyhound.com](http://www.greyhound.com)

**OUT OF STATE ACCESSIBLE TRANSIT SERVICES****SEPTA-Pennsylvania**

Customer Services: (215) 580-7800

TDD: (215) 580-7853

Customized Community Transportation

Paratransit Service (215) 580-7145

[www.septa.org](http://www.septa.org)

**MTA-New York**

Access-A-Ride: (718) 393-4999

[www.mta.info/nyct/paratran/guide.htm](http://www.mta.info/nyct/paratran/guide.htm)

**NJTIP @ Rutgers New Jersey Travel Independence Program New (NJTIP)** teaches individuals how to independently travel safely using public transportation. Instruction is available in English and Spanish. For more information visit the website at: [njtip.rutgers.edu](http://njtip.rutgers.edu)

NJTIP @ Rutgers

Alan M. Voorhees Transportation Center  
 Rutgers, The State University of New Jersey  
 33 Livingston Avenue

New Brunswick, NJ 08901

Telephone: 848-932-4499

Email: [njtip\\_info@njtip.rutgers.edu](mailto:njtip_info@njtip.rutgers.edu)

For the Department of Children and Families, See Page 13  
[www.nj.gov/dcf](http://www.nj.gov/dcf)

**NJ PARENT LINK**

New Jersey's Early Childhood, Parenting and Professional Resource Center  
[www.njparentlink.nj.gov](http://www.njparentlink.nj.gov)

**PERFORMCARE**

Since 2009 PerformCare has been the Administrative Service Organization (ASO) for the State of New Jersey's Division of Children's System of Care (CSOC). (See also, PerformCare Page 13)

To access services for children and youth, call us toll-free, 24 hours a day, seven days a week, at 1-877-652-7624.

**OFFICE OF CHILD ABUSE PREVENTION****THE NEW JERSEY TASK FORCE ON CHILD ABUSE AND NEGLECT**

PO Box 711  
 Trenton, NJ 08625-0700  
 Telephone: (609) 292-0888  
 FAX: (609) 292-0888

**SAFE HAVEN**

(877) 839-2339

Safe Haven operates an infant protection hotline for distressed parents who wish to surrender an infant anonymously at a police station or hospital emergency room with no fear of arrest or prosecution. The child must be less than 30 days old and must not have been abused or neglected.

[www.njsafehaven.org](http://www.njsafehaven.org)

**CHILD CARE ASSISTANCE****NEW JERSEY CHILD CARE HELPLINE**

(800) 332-9227

Callers can obtain the telephone number of their local Child Care Resource and Referral Agency to get information about registered family day care providers and other child care services in their area. Caregivers can also learn how to become a registered family day care provider.

**CHILD CARE RESOURCE AND REFERRAL CENTERS**

The CCR&Rs are centralized locations in each county that provide child care resources, referral, training and technical assistance. Child Care Health Consultant Coordinators provide consultation, education and training about the health and safety needs of children in child care. For additional information, contact your local Child Care Resource and Referral Center (CCR&R).

Atlantic .....	(609) 646-1180
Bergen.....	(201) 336-7150
Burlington.....	(609) 261-9222
Camden.....	(856) 374-6376
Cape May .....	(609) 898-5500
Cumberland .....	(856) 462-6800
Essex .....	(973) 744-4677
Gloucester.....	(856) 582-8282
Hudson.....	(201) 451-8888
Hunterdon .....	(908) 782-8183
Mercer.....	(609) 989-7770
Middlesex .....	(732) 324-4357
Monmouth .....	(732) 918-9901
Morris .....	(973) 398-1730
Ocean.....	(732) 557-9633
Passaic .....	(973) 684-1904
Salem .....	(856) 469-6100
Somerset .....	(908) 927-0869
Sussex .....	(973) 383-3461
Union .....	(973) 923-1433
Warren .....	(908) 454-1078

**KINSHIP NAVIGATOR/KINSHIP CARE****Dial 2-1-1**

The Kinship Navigator/Kinship Care is a program for people who have taken on the responsibility of caring for their relatives' children. It is an information and referral program established to help relatives navigate their way through the various governmental systems to find the local supports they need, including support groups, cash assistance, medical coverage, housing assistance, child care resources, and respite services.

The telephone numbers of the four Kinship agencies and the counties they serve are listed below:

- CarePlus NJ: (201) 797-2660 x 156 (Bergen, Hudson, Morris, Passaic, Sussex, and Warren Counties)
- The Salvation Army: 973-373-5045 (Essex County)
- Children's Home Society: 1-800-396-4518 (Mercer, Middlesex, Monmouth, Ocean, Somerset, Hunterdon, and Union Counties)
- Family Service Association: 1-877-569-0350 (Atlantic, Burlington, Camden, Cape May, Cumberland, Gloucester, and Salem Counties)

**New Jersey State Parent Information & Resource Center (NJPIRC)** is a program of Prevent Child Abuse-New Jersey (PCA-NJ) that provides leadership and technical assistance to non-profit organizations and local educational agencies to help those organizations put successful parental involvement programs in place.  
 (732) 246-8060 [www.njpirc.org](http://www.njpirc.org)

## SIGNS OF CHILD ABUSE

Child abuse is harm to, or neglect of, a child by another person, whether adult or child. Child abuse happens in all cultural, ethnic, and income groups. Child abuse can be physical, emotional, verbal, sexual, or through neglect. Abuse may cause serious injury to the child and may even result in death.

Signs of possible abuse include:

### Physical Abuse

- Unexplained or repeated injuries, such as welts, bruises, or burns
- Injuries that are in the shape of an object (belt buckle, electric cord, etc.)
- Injuries not likely to happen given the age or ability of the child. (For example, broken bones in a child too young to walk or climb.)
- Disagreement between the child's and the parent's explanation of the injury
- Unreasonable explanation of the injury
- Obvious neglect of the child (dirty, undernourished, inappropriate clothes for the weather, lack of medical or dental care)
- Fearful behavior

### Emotional and Verbal Abuse

- Aggressive or withdrawn behavior
- Shying away from physical contact
- Afraid to go home with parents or adults

### Sexual Abuse

- Child tells you he/she was sexually mistreated
- Child has physical signs, such as:
  - difficulty in walking or sitting
  - genital or rectal pain, itching, swelling, bruises or other injuries in the genital or rectal area, redness, or discharge
  - stained or bloody underwear
- Child has behavioral and emotional signs, such as:
  - difficulty eating or sleeping
  - soiling or wetting pants or bed after being potty trained
  - acting like a much younger child
  - excessive crying or sadness
  - withdrawing from activities and others
  - talking about or acting out sexual acts beyond normal sex play for age

Reproduced from the Center for Disease Control's [Guide to Intentional Injuries](#)

## REPORTING CHILD ABUSE/NEGLECT

In New Jersey, any person having reasonable cause to believe that a child has been subjected to neglect or acts of abuse should immediately report this information to the State Central Registry (SCR). **If the child is in immediate danger, call 911 as well as 1-877 NJ ABUSE.** A concerned caller does not need proof to report an allegation of child abuse and can make the report anonymously.

### INFORMATION TO PROVIDE THE SCREENER

SCR screeners are trained caseworkers who know how to respond to reports of child abuse/neglect. Whenever possible, a caller should provide all of the following information:

- **Who:** The child and parent/caretaker's name, age and address, as well as the name of the alleged perpetrator and that person's relationship to the child.
- **What:** Type and frequency of alleged abuse/neglect, current or previous injuries to the child, and what caused you to become concerned.
- **When:** When the alleged abuse/neglect occurred and when you learned of it.
- **Where:** Where the incident occurred, where the child is now and whether the alleged perpetrator has access to the child.
- **How:** How urgent the need is for intervention and whether there is a likelihood of imminent danger for the child.

**Calls can be placed to the hotline anonymously.**

**1-877 NJ ABUSE (1-877-652-2873)      TTY 1-800-835-5510**

## APPENDIX 1: ACCESSIBLE PARKING PLACARD OR PLATES

Accessible parking rights may be granted for both permanent and temporary mobility impairments.

### Temporary Accessible Parking Placards:

- May be granted for short-term mobility impairments
- Require written medical certification from a qualified practitioner.
- Are valid for six months
- Are renewable one time at the discretion of the issuing authority
- Are issued by the Chief of Police of each municipality.

### Permanent Accessible Parking Placards or Plates: To qualify for a permanent accessible placard or plates, you must:

- Have lost the use of one or more limb
- Be permanently disabled and be unable to move without the use of an assistive device
- Have your mobility limited as certified by a physician
- Have a permanent sight impairment of both eyes as certified by the N.J. Commission of the Blind (placard only)

Note: Non-disabled drivers who are transporting persons who meet the criteria above may also use the Accessible parking privileges, but only when the person with the qualifying disability is in the car. Also, plates or placard must be accompanied by the companion “person with a disability ID” card at all times.

### Revisions to the NJ Accessible Parking Laws, effective August 1, 2013:

- The term “handicapped” was replaced with “person with a disability” to reflect person first language.
- Permanent person with a disability identification cards and placards are now required to be renewed every three years.
- The certification of a medical professional is required for the issuance and/or renewal of all person with a disability ID cards/placards.
- All placards will be issued with a prominently printed and displayed expiration date.
- 1 in every 6 accessible parking spaces must be van accessible; this is an increase from the previous standard, which required 1 in every 8 spaces to be van accessible.

### Important Notes:

- Parking in the access aisles, the striped areas adjacent to accessible parking spaces, is always illegal. That space is required for wheelchair accessibility, ramps, etc.

**New Jersey Motor Vehicles Commission**  
[www.state.nj.us/mvc/Vehicle/overview.htm](http://www.state.nj.us/mvc/Vehicle/overview.htm)  
**(888) 486-3339 (Voice) (In-state only)**  
**(609) 292-6500 (Voice) (Out-of-state only)**  
**(609) 292-5120 (TTY)**

The Division of Disability Services publishes a comprehensive “Guide to Accessible Parking”, call (888) 285-3036 to obtain a copy.

## APPENDIX 2: SPECIAL NEEDS ADOPTION AND FOSTER CARE

### NEW JERSEY SUBSIDIZED ADOPTION PROGRAM

Many children are waiting for loving homes. The NJ Subsidized Adoption Program offers financial assistance to suitable prospective adoptive parents who seek to adopt certain children, including children with disabilities.

### CHILDREN WAITING FOR ADOPTION:

- Are older, or of a race or ethnic group for which adoptive homes are not readily available;
- May significant physical, intellectual or emotional disability;
- May need medical treatment or special services, equipment or training;
- May be part of a group of siblings who should be kept together;

- May be over five years old, living with a foster family for at least 12 months.

### SUBSIDIES TO ADOPTIVE FAMILIES CAN PROVIDE:

- A regular monthly payment including clothing allowance to help parents meet daily needs.
- Payment covering the legal fees related to the adoption.
- Medicaid coverage for the child to assist with any condition that is not covered by the family’s insurance.
- A special subsidy for a specific medical, health or equipment need.
- Out of State Medical coverage (for most states).
- Post adoption counseling support services.

## REQUIREMENTS OF ADOPTIVE FAMILIES

- Must be at least 18 years old and 10 years older than the child to be adopted
- You may be single, married, in a domestic partnership or civil union
- Must be a New Jersey resident, or reside in a state with a cooperative agreement
- Must be in reasonably good physical and emotion-

al health with the long-term ability to provide day-to-day care for the child

- Must be financially able to support the needs and care of the adopted child

For information  
1-800-99 ADOPT (1-800-992-3678)  
1-877-NJFOSTER (1-877-653-6783)  
[www.nj.gov/njfoosteradopt](http://www.nj.gov/njfoosteradopt)

## APPENDIX 3: PEOPLE FIRST LANGUAGE

Every person is made up of many characteristics and few want to be identified only by their ability to play tennis or by their love for fried onions or by the mole that's on their face. Those are just parts of us.

In speaking or writing, remember that children or adults with disabilities are like everyone else except they happen to have a disability. Therefore, here are a few tips for improving your language related to disabilities:

- Emphasize abilities, not limitations.
- Do not label people as part of a disability group; don't say "the disabled", say "people with disabilities".

- Don't give excessive praise or attention to a person with a disability; don't patronize them.
- Choice and independence are important; let the person do or speak for him/herself as much as possible; if addressing an adult, say Bill instead of Billy.
- A disability is a functional limitation that interferes with a person's ability to walk, hear, talk, learn, etc.; use handicap to describe a situation or barrier imposed by society, the environment or oneself.

**It is the individual first,  
then the disability.**

### Say...

child with a disability  
person with Cerebral Palsy  
person who is deaf or hard of hearing  
person with an intellectual disability  
person with epilepsy or person with seizure disorder  
person who had...  
without speech, non-verbal  
developmental delay  
mental illness  
uses a wheelchair  
with Down syndrome  
has a learning disability  
non-disabled  
has a physical disability  
congenital disability  
condition  
seizures  
cleft lip  
mobility impaired  
medically involved, or has chronic illness  
paralyzed  
of short stature

### Instead of...

disabled or handicapped person  
palsied, or C.P., or spastic  
deaf and dumb  
retarded  
epileptic  
afflicted, suffers from, victim  
mute, or dumb  
slow  
crazy or insane  
confined to a wheelchair  
Mongoloid  
is learning disabled  
normal, healthy  
crippled  
birth defect  
disease  
fits  
hare lip  
lame  
sickly  
invalid or paralytic  
dwarf or midget

The Department of Human Services has published a People First language fact sheet available on [www.state.nj.us/humanservices/news/publications/PeopleFirstFlyer.pdf](http://www.state.nj.us/humanservices/news/publications/PeopleFirstFlyer.pdf)

## APPENDIX 4: ADDICTION RESOURCES

### GOVERNOR'S COUNCIL ON ALCOHOLISM AND SUBSTANCE ABUSE

The Governor's Council on Alcoholism and Substance Abuse was created to coordinate statewide services involving alcoholism and drug abuse. It also is the funding source for the Municipal Alliance Program.

#### **Governor's Council on Alcoholism and Substance Abuse**

PO Box 345  
Trenton, NJ 08625  
Telephone: (609) 777-0526  
FAX: (609) 777-0535  
[www.state.nj.us/treasury/gcada](http://www.state.nj.us/treasury/gcada)

#### **Alcoholics Anonymous**

South Jersey Intergroup: (856) 486-4444  
Cape Atlantic Intergroup: (609) 641-8855  
Central Jersey Intergroup: (609) 298-7795  
Intergroup of Northern NJ: (908) 687-8566  
[www.aa.org](http://www.aa.org)

**NJ Addictions Hotline (800) 238-2333**

**For the Division of Mental Health and  
Addiction Services, See Page 8**

## APPENDIX 5: SERVICE DOGS

The Americans with Disabilities Act defines a service animal as any guide dog, signal dog, or other animal trained to provide assistance to an individual with a disability.

Under the Americans with Disabilities Act (ADA) and the New Jersey Law Against Discrimination (NJLAD), a place of public accommodation cannot refuse admittance of a service animal when it is accompanying a person with a disability. The ADA/NJLAD requires that places of public accommodation (which include privately-owned businesses that serve the public) allow people with disabilities to bring service animals into any area in which customers are generally allowed.

The ADA/NJLAD does not require that an animal be certified or have special identification, but it is not inappropriate for a business to ask if an animal which does not have an identifying vest or a special harness is a service animal rather than a pet. The business may not, however, insist on proof of certification before permitting admittance of a service animal accompanying a person with a disability.

It is a violation of the ADA/NJLAD for a business to charge a cleaning or maintenance fee when a person with a disability has brought a service animal into the place of business. However, the owner of the animal has sole responsibility for its behavior and may be charged for any damages the animal causes as long as the business has a policy of charging non-disabled customers for damages that they cause. Likewise, it is not a violation of the ADA/NJLAD to exclude a service animal from a place of public accommodation if the animal behaves in a loud, threatening, or uncontrolled manner, creating a substantial disturbance or posing a direct threat to the safety of others.

#### **AL-ANON Adult Children & Family Group ALA-TEEN**

North Jersey: (973) 744-8686  
[www.northjerseyal-anon.org](http://www.northjerseyal-anon.org)

South Jersey: (856) 547-0855  
[www.southjerseyal-anon.org](http://www.southjerseyal-anon.org)

#### **Gamblers Anonymous**

(855) 222-5542  
[www.gamblersanonymous.org](http://www.gamblersanonymous.org)

#### **Narcotics Anonymous**

(800) 992-0401  
(732) 933-0462  
[www.na.org](http://www.na.org)

#### **NAR-ANON Family Group**

(877) 424-4491  
[www.naranonofnj.org](http://www.naranonofnj.org)

#### **Nicotine Anonymous**

(631) 665-0527  
[www.nicotine-anonymous.org](http://www.nicotine-anonymous.org)

#### **National Alcohol and Substance Abuse Information Center**

(800) 784-6776  
[www.addictioncareoptions.com](http://www.addictioncareoptions.com)

#### **NJ Connect for Recovery (opiate misuse)**

(855) 652-3737 TTY: (877) 294-4356  
[www.njconnectforrecovery.org](http://www.njconnectforrecovery.org)

## APPENDIX 6: Disaster Preparedness Checklist for People with Disabilities

The following list is intended to provide suggestions for disaster preparedness planning that may be taken by individuals with disabilities:

### Self-Networks

- Discuss your disability and needs with relatives and friends.
- Develop a network of people who know your needs and location, who will be able to assist you or alert emergency personnel on your behalf. Do not depend on only one person.

### Medical Equipment and Supplies

- Evaluate equipment for repairs and obtain and keep spare parts.
- Order the full allotment of supplies that your insurance allows, such as protective briefs, leg bags, suction tubing, hearing aid batteries, etc. Stockpile unused items.
- Assemble a first aid kit. It should include: sterile adhesive bandages in assorted sizes, assorted sizes of safety pins, cleansing agents/soaps, latex gloves (2 pairs), 4-6 sterile gauze pads (2-inch and 4-inch), three triangular bandages, non-prescription drugs, three rolls each of 2 and 3 inch sterile roller bandages, scissors, tweezers, needle, moistened towelettes, antiseptic, thermometer, two tongue depressors, and a tube of petroleum jelly or other lubricant.

### Medications and Medical Needs

- Create a list of current prescriptions, names and dosages. Remember to update this list, as needed.
- Keep a list of the names, addresses, and telephone numbers of doctors and pharmacists.
- Prepare a detailed description of your medical regimen and personal care needs.
- Order a full 30-day supply of necessary medications. Check with your insurance carrier.

### Telecommunications

- Make sure your cell phone battery and any extra batteries are kept fully charged.
- Pre-arrange alternative methods to reach family, friends, or personal care attendants if ordinary communications are disrupted.

### Personal Assistant Care

- Consider checking into a nursing home or hospital if a disaster is anticipated. Staff will be available to meet personal care needs. Also, back up generators will be operating to assist people who use power wheelchairs and/or ventilators.
- Contact your personal care attendant provider to discuss disaster preparedness and maintain a list of phone numbers of those who can assist in obtaining personal care for you.

### Food and Water

- Two quarts of water per person are needed for drinking daily.
- Two quarts of water per person are needed for food preparation and sanitation daily.
- Keep a supply of canned, dehydrated, and no-cook foods.
- Keep cases of nutrients available for tube feeding.
- Keep foods for special dietary needs, such as diabetic and high caloric diets.

### Service Animals

- The animal always should wear an identification tag with all necessary contact information.
- Keep shots and medical records current and service animal ID numbers available.
- Your animal will need plenty of food and water, kept in sturdy storage containers.
- Consider large capacity self-feeders and water dispensers.
- Keep contact information on your service animal's veterinarian available.
- Check with your local emergency management officials for companion animal procedures in emergency shelters.

## APPENDIX 6: Disaster Preparedness (continued)

### Power

- \_\_\_ Extended power outages may affect ventilators, heating and/or cooling units, which may be a matter of life or death for some people with disabilities.
- \_\_\_ Investigate emergency contingency plans in your building/community/municipality.
- \_\_\_ Explore care facilities, especially if you use a ventilator or have other complex medical needs.
- \_\_\_ Consider staying with friends or family out of your area if you anticipate possible power outages, especially if you have medical equipment that is dependent upon power.
- \_\_\_ Contact your local fire department and Red Cross for information and registries of people with disabilities.

### Oxygen

- \_\_\_ Buildings where oxygen is kept must display an “Oxygen in Use” emblem.
- \_\_\_ Oxygen must be kept in containers specifically manufactured for that purpose.
- \_\_\_ Alert emergency response staff to the use of oxygen.
- \_\_\_ Oxygen is flammable, so avoid sparks and flame. Demand that people not smoke near an oxygen container.

### Miscellaneous

- \_\_\_ Keep battery-operated flashlights and/or lanterns with lots of extra batteries.
- \_\_\_ Blankets and warm clothes should be packed in an emergency.
- \_\_\_ Keep the gas tank in your car full.
- \_\_\_ Have a battery-powered radio and extra batteries on hand.
- \_\_\_ Keep ample cash on-hand. ATMs and banks may not function during power outages.
- \_\_\_ Have a non-electric can opener.
- \_\_\_ Keep a supply of assorted plastic bags.

For more information on developing an individualized disaster preparedness plan, or for current information on Homeland Security Advisory System recommendations, contact:

#### STATE

NJ Special Needs Registry ([See Page 3](#))  
[www.registerready.nj.gov](http://www.registerready.nj.gov)  
Call 211 for registration or help

New Jersey Office of Emergency Management  
State Police Division Headquarters (NJ OEM)  
(609) 882-2000 [www.registerready.nj.gov](http://www.registerready.nj.gov)

New Jersey Office of Homeland Security and  
Preparedness  
[www.njhomelandsecurity.gov](http://www.njhomelandsecurity.gov)

#### FEDERAL

US Department of Homeland Security  
[www.ready.gov](http://www.ready.gov) [www.Listo.gov](http://www.Listo.gov) ([Spanish](#))  
1-800-BE-Ready and 1-888-SE-Listo

Federal Emergency Management Agency (FEMA)  
(800) 621-FEMA (3362)  
[www.fema.gov](http://www.fema.gov)

#### LOCAL

American Red Cross  
[www.redcross.org](http://www.redcross.org)

### Residential Disability and Oxygen Emblems Program

The Division of Fire Safety distributes, free of charge, emblems which can be displayed to inform all emergency response personnel of an oxygen hazard or disabled occupant needing assistance. “Oxygen In Use” emblems are mandated by NJ state law.

For additional information, contact the **Division of Fire Safety: (609) 633-6106**

**It is unlawful to evict an oxygen-user from a rental property, solely on the basis of oxygen use, as long as the oxygen is stored and used appropriately. Questions can be directed to the Division of Fire Safety (609) 633-6106.**



## APPENDIX 7: TRAVELING WITH A DISABILITY

Air Carrier Access Rules (See page 35) lift many restrictions that formerly discriminated against passengers with disabilities, and all carriers are now required to have a Complaints Resolution Officer (CRO) immediately available to resolve disputes between carriers and passengers with disabilities. While airlines may not require passengers with disabilities to provide advance notice of their disability or intent to travel (except in some very specific circumstances), doing so may in some cases help to avoid inconvenience. The following is a list of suggestions for air travelers with disabilities:

### PHYSICAL DISABILITY

- Ask the screener for assistance with your mobility aid and carry items.
- Let the screener know your level of ability and your need for physical assistance.
- Inform the screener about any special equipment or devices that you are using and where this equipment is located on your body.
- Ensure that all bags hanging from, or carried on, your wheelchair are put on the X-ray belt.
- Ask the screener to reunite you with your carry items and assistive devices after screening.
- Request assistance with removing your shoes when additional screening is necessary.

### HEARING DISABILITY

- Ask the screener to write the information down or to look directly at you and repeat the information.

### VISUAL DISABILITY

- Ask the screener to explain the security process to you step by step and to let you know where the metal detector is located.
- Ask the screener to let you know when you will be going through the metal detector and when there are obstacles that you will need to avoid.
- Ask the screener to find someone to escort you through the security process.
- Ask the screener to perform a hand inspection of equipment to prevent damage and to direct you toward your gate once the screening has been completed.

### HIDDEN DISABILITY

- Advise screeners that you have a disability and may need some assistance, or need to move slower.
- Offer suggestions to screeners on the best way to approach you during a pat-down inspection.
- Notify the screener if you need to sit down before and/or during the screening process.

### TRAVELING WITH MEDICAL SUPPLIES/DEVICES

- Notify the screener that you are carrying medical supplies with you.
- Medications must be properly marked with a professionally printed label identifying the medication or manufacturer's name or pharmaceutical label.
- Notify screeners if you are using any surgically implanted medical device (i.e., insulin pumps, prosthetics, or artificial joints).
- Advise screeners if you are experiencing low blood sugar and are in need of medical assistance.
- Pacemaker users may wish to carry a Pacemaker Identification Card (ID).
- Crutches, canes and walkers will need to go through the X-ray machine. The screener will perform a hand inspection of your equipment if it cannot fit through the X-ray machine. You can ask for a private screening for the inspection of your prosthetic device or body brace.
- Notify screeners if you need assistance, such as a chair or someone to assist you during the inspection of your prosthetic devices or body braces.
- Tools and appliances used to put on or take off prosthetic devices must be screened.

### TRAVELING WITH SERVICE ANIMALS

- Carry appropriate identification. Identification may include: cards or documentation, presence of a harness or markings on the tags. Service animals and their harnesses or vests are subject to inspection.
- Advise the screener how you and your animal can go through the metal detector as a team with the leash and/or harness. If necessary, remind the screener that you should not be separated from your animal.

For more information on traveling by air with a disability, contact:

**Federal Aviation Administration**

[www.faa.gov](http://www.faa.gov)

**Transportation Security Administration**

[www.tsa.gov](http://www.tsa.gov)

**Department of Homeland Security**

[www.dhs.gov](http://www.dhs.gov)

## APPENDIX 8: FAMOUS ADA CASES

### BRAGDON V. ABBOTT (1998)

The Supreme Court found that, even when HIV has not progressed to AIDS, it still constitutes a disability, as the virus significantly impairs the life activity of reproduction.

### PENNSYLVANIA DEPARTMENT OF CORRECTIONS V. YESKEY (1998)

The Court ruled that state prisons must comply with Title II of the ADA, as they are public entities.

### WRIGHT V. UNIVERSAL MARITIME SERVICE CORP (1998)

The Supreme Court ruled that a general arbitration clause in a collective bargaining agreement does not require an employee to use the arbitration procedure for an alleged ADA violation.

### ALBERTSONS, INC. V. KIRKINGBURG (1999)

The Supreme Court held that circumstances mitigating the determination of disability include not only devices and medications, but also an individual's ability to compensate for their impairment.

### CLEVELAND V. POLICY MANAGEMENT SYSTEMS (1999)

The Supreme Court ruled that pursuing and/or receiving Social Security Disability Insurance benefits does not automatically prevent an individual from pursuing an ADA claim, nor do such SSDI benefits presume against the recipient's ADA success.

### MURPHY V. UNITED PARCEL SERVICE (1999)

The Court found that a UPS worker's high blood pressure did not significantly limit his life activities when the worker was medicated, and that he was, therefore, not disabled.

### OLMSTEAD V. L.C. (1999)

The Supreme Court ruled that to stop or to avoid discriminatory activity, the state may place people with disabilities in community settings rather than in institutions, when the state's treatment professionals find the placement appropriate, the affected person is not against the shift from an institutional to a community setting, and the placement can be reasonably accommodated.

### SUTTON V. UNITED AIRLINES (1999)

The Supreme Court found that determination of disability must include measures that might mitigate a disability, such as, in this case, eyeglasses for those with visual impairments.

### EEOC V. WAFFLE HOUSE, INC. (2002)

The Court ruled that a private arbitration agreement between an individual and that individual's employer does not prevent the EEOC from filing a court action in its own name and recovering monetary damages for the individual.

### LANE V. TENNESSEE (2004)

The Court ruled that courthouses must adhere to Title II of the Americans with Disabilities Act - which guarantees access to public facilities and services - and that individuals may sue states for failing to provide access to courts.

### SPECTOR V. NORWEGIAN CRUISE LINE (2004)

The Supreme Court ruled that foreign run and owned cruise ships serving US ports must comply with the public accommodations requirements of the American with Disabilities Act.

#### ADA Case Information on the Web

Olmstead Resource Center

[www.ilru.org/html/projects/olmstead/index.html](http://www.ilru.org/html/projects/olmstead/index.html)

US Supreme Court Homepage

[www.supremecourtus.gov](http://www.supremecourtus.gov)

## APPENDIX 9: HOTLINES & TOLL-FREE NUMBERS

### ASSISTIVE TECHNOLOGY ADVOCACY CENTER

609-292-9742  
800-922-7233

### DIVISION OF DEAF AND HARD OF HEARING

800-792-8339

### DIVISION OF DISABILITY SERVICES

888-285-3036

### DEVELOPMENTAL DISABILITIES COUNCIL

800-792-8858

### AGING AND DISABILITY RESOURCE CONNECTION (ADRC)

877-222-3737

### NJ DISASTER MENTAL

HEALTH HELPLINE, and 866-294-HELP (4357)  
NJ MENTAL HEALTH CARES TTY: 877-294-HELP  
(4357)

**National Suicide Prevention Hotline** 800-273-8255  
(for Veteran's Crisis Line, press 1)

**NJ Hopeline (suicide prevention)** 855-654-6735

### SENIOR INFORMATION LINE

800-792-8820

### SAFE HAVEN FOR INFANTS

877-839-2339

### DIVISION OF FAMILY DEVELOPMENT REVIEWS AND APPEALS

800-792-9773

### DIVISION OF MENTAL HEALTH SERVICES

800-382-6717

### FOSTER AND ADOPTIVE FAMILY SERVICES

877-NJ-FOSTER (1-877-653-6783)

### MEDICAID FRAUD AND ABUSE HOTLINE

888-937-2835

### NJ FAMILYCARE

800-701-0710

### GOOD NEIGHBORS, COMMUNITY LIVING FOR PEOPLE WITH DISABILITIES

877-DHS-LINE (877-347-5463)

### CHILDREN AND FAMILY SERVICES

**Adoption** 800-99-ADOPT (800-992-3678)

**Child Abuse-Report** 877-NJABUSE (877-652-2873)

**Division Line** 800-331-3937

**SIDS Alliance/First Candle** 800-221-7437

**PerformCare** 877-652-7624

**Domestic Violence** 800-572-7233  
TTY: 888-252-7233

**Family Help Line** 800-THE KIDS (800-843-5437)

**Foster Care** 877-NJ FOSTER (877-653-6783)

**Victim of Crime Compensation Office** 800-242-0804

**Women's Referral Central** 800-322-8092

### NJ TASK FORCE ON CHILD ABUSE AND NEGLECT

Task Force on Child Abuse and Neglect 609-292-0888

**Parents Anonymous** 800-THE KIDS (800-843-5437)

### HEALTH AND WELLNESS

**AIDS and STD Hotline** 800-624-2377

**NJ Addictions Hotline** 800-238-2333

**NJ Connect for Recovery (opiate misuse)**  
855-652-3737

**Cancer Information** 800-422-6237

**Office of the Inspector General- (NJ)**  
Complaint Hotline 888-937-2835

**Health Complaint and Reportable  
Event Hotline** 800-792-9770

**Health Information (DOH)** 800-367-6543

**PAAD/Lifeline Program** 800-792-9745

### HOUSING

**Housing and Mortgage Finance Agency** 800-654-6873

### HUD

**Support Service Center** 800-697-6967

**Best Practices Task Force** 800-800-5029

### MEDICAL ASSISTANCE

**MEDICAID** 800-356-1561

**MEDICARE** 800-633-4227

## APPENDIX 10: Accessible Communication

### New Jersey Relay

A free service administered by the NJ Board of Public Utilities (BPU) in collaboration with Sprint, to ensure equal communication access to telephone service for people who are deaf, deaf-blind, hard-of-hearing, or speech disabled. The service allows callers to communicate with standard (voice) telephone users through specially trained Relay Operators (OPR). Dial 711 to use NJ Relay.

### COMMUNICATION OPTIONS AVAILABLE THROUGH NJ RELAY

#### Text Telephone Relay (TTY)

Allows individuals using a TTY to type their conversation to the OPR, who then reads the typed conversation to a standard telephone user. TTY equipment is also available with braille or large visual displays for individuals who are visually impaired.

#### Hearing Carry-Over (HCO)

Allows a speech disabled person with hearing capabilities to listen to a standard telephone user and type his/her conversation to the OPR, who will voice the message to the standard telephone user.

#### Video Relay Service (VRS)

Enables individuals who use sign language to communicate via a certified Video Interpreter via the

internet, using any device equipped with a front facing camera or webcam. The interpreter voices the signed conversation over the phone – in real time – to the standard telephone users.

#### Internet Protocol Relay (IP Relay)

Enables individuals to use any device connected to the internet to type their conversation to an OPR who then reads the conversation to a standard telephone user. Spanish translation is also available.

#### Relay Conference Captioning (RCC)

Enables individuals to participate in meetings, phone calls, videoconferences and multi-party conference calls using live, real-time text streamed to a computer connected to the Internet.

#### Captioned Telephones (CapTel), Web CapTel, Wireless CapTel

Allows users to listen, speak directly to the caller, and read captions of the caller's response either through a captioned telephone device (CapTel), via a computer with internet access (Web CapTel), or wirelessly using a mobile device. Spanish translation is available.

For additional information, contact the NJ Division of the Deaf and Hard of Hearing at 609-588-2648 or visit [www.njrelay.com](http://www.njrelay.com).

## GLOSSARY

### A

**Accessible:** Usable to an individual with a disability

**Accommodation:** An adjustment, alteration, or addition to an environment, a situation, or a piece of equipment, which enables a person with a disability to utilize it in a manner equivalent to that of a person without a disability

**Acquired Immune Deficiency Syndrome (AIDS):** A defect of the immune system caused by the blood-borne HIV virus, causing vulnerability to various infections, malignancies, and neurological diseases

**Addiction:** Genetically and/or psychosocially impaired ability to control the use of a substance, preoccupation with the substance, distorted perceptions about the substance, and continued use of the substance despite adverse consequences

**Alzheimer's Disease:** Brain disease of unknown cause in which nerve cells in the brain die, causing progressive, irreversible deterioration of memory and other intellectual functions, language skills, and ability to perform routine tasks

**Amyotrophic Lateral Sclerosis (ALS):** A progressive, degenerative disease of the motor neurons of the central nervous system, causing muscular weakness, atrophy, and spasticity. Ten percent of cases are genetic, the other ninety percent are of unknown origin

**Anorexia Nervosa:** Eating disorder primarily characterized by an excessive, voluntary loss of weight and refusal to maintain minimal normal body weight

**Area of Refuge:** Designated safe place for a person with a disability to await assistance during an emergency evacuation of a building or vessel

**Arthritis:** Disease of the joints and connective tissues, which can have numerous causes, creating pain, swelling, and limited range of movement

**Asperger's Syndrome:** A pervasive developmental disorder in which the individual often has above-average intellectual ability, but may experience ongoing difficulties with social interaction, empathy, logic, and understanding non-verbal cues.

## GLOSSARY

**Assistive Technology:** Equipment or services which increase, maintain, or improve the functional capability of an individual with a disability

**Asthma:** Chronic respiratory disorder characterized by episodes of coughing, wheezing, and difficulty in breathing because of inflamed and obstructed bronchial tubes. Among the triggers are allergies, chemical irritation, and/or emotional stress

**Attention Deficit Disorder (ADD):** Neurological disorder characterized by distractibility, forgetfulness, inability to concentrate, poor attention span, and impulsiveness

**Attention Deficit/Hyperactivity Disorder (ADHD):** Neurological disorder which has the same characteristics as Attention Deficit Disorder, but which also includes hyperactivity

**Autism:** Neurological disorder of unknown origin which generally manifests before the age of 3. Social and communication skills are impaired, and symptoms such as self-injury, aggression, voluntary repetitive body movements, intense attachment to objects, and sensory processing difficulties may be present

**Autoimmune Disorder:** A variety of disorders which are the result of the body producing an inappropriate immune response against its own tissues. The causes are generally unknown, but symptoms can include episodic or chronic inflammation and pain, as well as tissue and/or organ damage

### B

**Bi-Polar Disorder:** A mental disorder which is characterized by alternations between manic and depressive moods with consequent changes in thinking and behavior. Commonly called Manic-Depression

**Blind:** Legal blindness is regarded as visual acuity of 20/200 or less in the better eye with correction, or a field of vision no greater than 20 degrees at its widest point

**Bulimia:** Eating disorder characterized by episodes of binge eating, followed by compulsive purging, usually through vomiting, consumption of laxatives, and/or excessive exercise

### C

**Celiac Sprue:** A genetic disorder which is characterized by an extreme sensitivity to gluten – the protein in some grains – which can produce damage to the small intestine. This damage can impair absorption of nutrients, resulting in malnutrition. The disease can be managed by a gluten-free diet

**Cerebral Palsy:** Injury to the motor areas of the

brain, at or prior to birth, resulting in a non-progressive impaired ability to control movement and posture

**Chronic Fatigue Syndrome:** Illness of uncertain cause characterized by fatigue, weakness, malaise, muscle pain, and lymph node swelling

**Congenital:** A condition which is present at birth, but which has a non-hereditary cause

**Cognitive Disability:** Impaired ability to think, concentrate, reason, and remember

**Crohn's Disease:** Condition of unknown origins, characterized by chronic painful inflammation of the intestinal tract

**Cystic Fibrosis:** A hereditary disease which affects the respiratory system, pancreas, and sweat glands. It is characterized primarily by the excessive production of thick mucus, which results in chronic respiratory infections and impaired breathing

### D

**Deaf:** Hearing impairment severe enough to prevent, with or without amplification, the processing of linguistic information. Specifically, a hearing deficiency above 25 db ISO in the 500-2000 frequency Hz range unaided in the better ear

**Developmental Disability:** Permanent cognitive and/or physical impairment, which occurs before the age of 22, and which substantially limits the individual in three or more major life activities

**Diabetes:** Condition characterized by abnormal blood sugar levels resulting from impaired functioning of the pancreas

**Disability:** A physical or mental impairment that substantially limits a major life activity, such as walking, talking, seeing, hearing, caring for oneself, breathing, learning, or working

**Down Syndrome:** Congenital disorder caused by an extra 21st chromosome, which causes intellectual developmental disabilities and distinctive physical characteristics

**Dwarfism:** Short stature, resulting from a genetic or medical condition. It is generally defined as an adult height of 4 feet ten inches or less. A common term for an individual with dwarfism is "little person"

### E

**Eating Disorder:** Psychological disorder characterized by a distorted body image and a dysfunctional relationship with food, often resulting from feelings of low self-worth and powerlessness. The individual may overeat, undereat, and/or purge in an effort to self-soothe and to control body shape

## GLOSSARY

**Emphysema:** Disease of the lungs, characterized primarily by labored and inefficient breathing, in which the air sacs (alveoli) become distended and therefore limited in their functioning

**Epilepsy:** Chronic condition produced by temporary changes in the electrical functioning of the brain, characterized by recurrent brief episodes of convulsive movements, alterations in consciousness, and/or sensory phenomena

### F

**Fetal Alcohol Spectrum Disorder:** A preventable set of physical, craniofacial, mental, and neurobehavioral impairments associated with alcohol consumption by the mother during pregnancy

**Fibromyalgia:** Disease of unknown origin characterized by the persistent presence of non-physically damaging pain that moves throughout the muscles, joints, ligaments, and tendons of the body

### G

**Genetic Disorder:** A pathological condition resulting from a defective inherited gene

### H

**Hemiplegia:** Paralysis of one side of the body

**Human Immunodeficiency Virus (HIV):** Virus which can damage the immune system and lead to AIDS

**Huntington's Disease:** Genetic disease which causes a pre-programmed degeneration of brain cells. Initial symptoms, usually appearing in young to mid-adulthood, include mood swings, forgetfulness, and lack of coordination. They are followed by involuntary movements, deterioration of swallowing and speaking ability, and loss of cognitive ability

### I

**Intellectual Disability:** A developmental disability which is characterized by below-normal intellectual/cognitive functioning, causing impairment in learning, social adjustment, maturation, and acquisition of life skills.

### L

**Learning Disability:** A group of disorders which includes such conditions as dyslexia, developmental aphasia, perceptual disabilities, brain injury, and minimal brain dysfunction, which may disrupt the process of listening, speaking, reading, writing, spelling, or doing mathematical calculations

**Lupus:** Chronic, progressive disease of unknown cause, which is primarily characterized by scaling and ulceration of the skin. In about 10% of affected individuals, symptoms may also include inflammation of the joints and mucous membranes and disruption of kidney and nervous system function

### M

**Medigap:** Insurance which supplements Medicare benefits by paying some of the costs and covering some of the services not covered by Medicare

**Multiple Chemical Sensitivity:** Condition marked by a variety of symptoms, such as respiratory distress, migraines, nausea, fatigue, irritation of the mucous membranes and/or skin, cognitive difficulties, and/or disordered sleep. The onset generally occurs in response to a major or chronic chemical exposure, then broadens to include sensitivity to common chemicals and irritants found throughout the individual's environment

**Multiple Sclerosis:** Disease of the central nervous system which generally has its onset in young to mid-adulthood. Degradation of the sheaths of nerves causes relapses and remissions of weakness, pain, and/or numbness in the limbs, disrupted vision, and urinary tract dysfunction. Its cause is unknown

**Muscular Dystrophy:** Group of genetic diseases characterized by progressive weakness and degeneration of the skeletal or voluntary muscles which control movement

### O

**Obsessive-Compulsive Disorder:** Psychological condition, which may have a neurological basis, characterized by repetitive ideas or impulses which may be unwanted, irrational, and performed against the person's wishes

### P

**Paraplegia:** Paralysis of the legs and the lower trunk

**Parkinson's Disease:** Chronic disease of the central nervous system characterized by tremors, muscular weakness and rigidity, and an unsteady gait. Symptoms are caused by a deficiency of the brain chemical dopamine, but the cause of the deterioration of the dopamine-producing nerve cells is unknown

**Pervasive Developmental Disorder (PDD):** Umbrella term for five neurological disorders - Autism, Asperger's Syndrome, Childhood Disintegrative Disorder, Rett's Syndrome, and PDD-Not Otherwise Specified, all of which impair social and communication skills

## GLOSSARY

**Post-Polio Syndrome:** Array of possible symptoms which occur in about 25% of individuals who have been infected with polio. These symptoms generally manifest 20 to 40 years after the onset of the infection and after a recovery period of at least 10 years, and may include muscle pain, weakness, tics, respiratory difficulties, disordered sleep, gastrointestinal and/or swallowing problems, neuropathy, arthritis, scoliosis, and osteoporosis

**Post-Traumatic Stress Disorder:** Psychological condition which develops in response to an overwhelmingly traumatic event which is generally outside the range of usual human experience. Symptoms can include flashbacks, fear of dying, rage, and panic attacks

### Q

**Quadriplegia:** Paralysis of all four limbs and the trunk. Also called tetraplegia

### R

**Reasonable Accommodation:** Modification or adjustment to a job application process or work environment which allows a person with a disability to enjoy the same benefits and opportunities enjoyed by similarly situated people without disabilities

**Reflex Sympathetic Dystrophy (RSD):** Chronic nerve disorder that generally has its onset in the body at the site of an injury, and which often spreads to other areas of the body. Characterized by burning pain, extreme sensitivity to touch, tissue swelling, and pathological changes in bone and skin

### S

**Schizophrenia:** Brain disease of unknown cause which typically has its onset in adolescence or young adulthood. Characterized by thought disorders, delusions, and hallucinations. An affected individual may experience excessive or lack of emotional expression, as well as paranoia and disrupted interpersonal relationships. Symptoms can in some cases be managed by medication and supportive counseling

**Scleroderma:** Disease of unknown cause in which the dermis layer of the skin is replaced by collagen, causing toughness and discomfort. This process can also involve the heart, lungs, kidneys, and intestinal tract, interfering with the functioning of these organs

**Self-Determination:** The entitlement of individuals with disabilities to control their own lives, pursue self-defined goals, and participate fully in society

**Service Animal:** Animal trained to provide assistance to an individual with a disability

**Sickle Cell Anemia:** A genetic disorder of the blood, characterized by red blood cells that assume an abnormal rigid sickle cell shape. This decreases the cells' functionality, resulting in a variety of complications, such as anemia, pain, and frequent infections

**Speech to Speech (STS):** Telephone relay service mandated by the Federal Communications Commission, which provides translation for individuals with speech disabilities. A communication assistant, specially trained to understand the speech of people with a wide variety of speech disabilities, listens to the speaker who has the speech disability and restates verbatim to a third party what that person has said

**Spina Bifida:** Congenital condition caused by the failure of the spine to close properly during the first month of pregnancy. This may result in mobility impairment, bladder/bowel problems, and/or hydrocephalus

**Spinal Cord Injury:** Damage to the spinal cord, which results in temporary or permanent loss of sensation, motor control, and/or bladder and bowel control

**Stroke:** Sudden neurological impairment caused by a hemorrhage or blood clot in the brain. Temporary or permanent loss of vision, speech, mobility, and/or consciousness may result

### T

**Tourette Syndrome:** A disorder of the nervous system which may cause "tics," which are repetitive involuntary movements and vocalizations. Tics can vary in severity, frequency, and type, and can be intensified by physiological and emotional stressors. Some individuals with this condition may also have other symptoms, such as obsessive compulsive disorder, anxiety disorder, and attention deficit disorder

**Traumatic Brain Injury:** Injury to the brain which may impair cognitive or physical functioning, disturb behavior or moods, and/or produce an altered state of consciousness

**Triplegia:** Paralysis of three limbs

### V

**Visually Impaired:** Vision which is no better than 20/70 with correction, but not worse than 20/200 with correction. To have less visual acuity than 20/200 with correction constitutes legal blindness

## ABBREVIATIONS AND ACRONYMS

<b>ACLU</b>	American Civil Liberties Union	<b>MS</b>	Multiple Sclerosis
<b>ADA</b>	Americans with Disabilities Act	<b>NAMI</b>	National Alliance for the Mentally Ill
<b>ADD</b>	Attention Deficit Disorder	<b>NI</b>	Neurologically Impaired
<b>ADHD</b>	Attention Deficit Hyperactivity Disorder	<b>NICHCY</b>	National Information Center for Children and Youth with Disabilities
<b>ADL</b>	Activities of Daily Living	<b>NJCFSA</b>	New Jersey Chronic Fatigue Syndrome Association
<b>ADRC</b>	Aging and Disability Resource Connection	<b>NOS</b>	Not Otherwise Specified
<b>AHCPR</b>	Agency for Health Care Policy and Research	<b>OCD</b>	Obsessive-Compulsive Disorder
<b>AIDS</b>	Acquired Immune Deficiency Syndrome	<b>OIG</b>	Office of the Inspector General (US)
<b>ALS</b>	Amyotrophic Lateral Sclerosis	<b>OPRA</b>	Open Public Records Act
<b>APS</b>	Adult Protective Services	<b>OT</b>	Occupational Therapy
<b>BSS</b>	Board of Social Services	<b>PAAD</b>	Pharmaceutical Assistance to the Aged and Disabled (NJ)
<b>CAP</b>	Consumer Assistance Program	<b>PAIMI</b>	Protection and Advocacy for Individuals with Mental Illness
<b>CBVI</b>	Commission for the Blind and Visually Impaired (NJ)	<b>PAIR</b>	Protection and Advocacy for Individual Rights
<b>CDCP</b>	Center for Disease Control and Prevention	<b>PAP</b>	Pharmaceutical Assistance Program
<b>CHLP</b>	Community Health Law Project	<b>PASP</b>	Personal Assistance Services Program
<b>CIL</b>	Center for Independent Living	<b>PASS</b>	Social Security Administration Plan to Achieve Self-Support
<b>CMS</b>	Centers for Medicare and Medicaid Services	<b>PCA</b>	Personal Care Attendant
<b>CNA</b>	Certified Nursing Assistant	<b>PDD</b>	Pervasive Developmental Disorder
<b>COMHCO</b>	Coalition of Mental Health Consumers Organizations	<b>PRO</b>	Peer Review Organization
<b>COSAC</b>	Center for Outreach and Services for the Autism Community, Inc.	<b>PT</b>	Physical Therapy
<b>CP</b>	Cerebral Palsy	<b>PTSD</b>	Post-Traumatic Stress Disorder
<b>DD</b>	Developmental Disability	<b>RHHI</b>	Regional Home Health Intermediary
<b>DDD</b>	Division of Developmental Disabilities (NJ)	<b>REIC</b>	Regional Early Intervention Collaborative
<b>DDS</b>	Division of Disability Services (NJ)	<b>RSD</b>	Reflexive Sympathetic Dystrophy
<b>DHS</b>	Department of Human Services (NJ)	<b>SCAHS</b>	Special Child and Adult Health Services (NJ)
<b>DHSS</b>	Department of Health and Senior Services	<b>SCI</b>	Spinal Cord Injury
<b>DOJ</b>	Department of Justice	<b>SCORE</b>	Service Core of Retired Executives
<b>DRNJ</b>	Disability Rights New Jersey	<b>SHIP</b>	State Health Insurance Assistance Program
<b>DVRS</b>	Division of Vocational Rehabilitation Services (NJ)	<b>SILC</b>	Statewide Independent Living Council
<b>DYFS</b>	Division of Youth and Family Services	<b>SNAP</b>	Special Needs Advocate for Parents
<b>EEOC</b>	Equal Employment Opportunity Commission (US)	<b>SPAN</b>	Statewide Parents Advocacy Network
<b>FCC</b>	Federal Communications Commission	<b>SSA</b>	Social Security Administration
<b>HI</b>	Hearing Impaired	<b>SSDI</b>	Social Security Disability Income
<b>HIPAA</b>	Health Insurance Portability and Accountability Act	<b>SSI</b>	Supplemental Security Income
<b>HIV</b>	Human Immunodeficiency Virus	<b>STS</b>	Speech To Speech
<b>HRFA</b>	Health Resources and Services Administration (US)	<b>TARP</b>	Technology Assistive Resource Program
<b>HUD</b>	Department of Housing and Urban Development (US)	<b>TBI</b>	Traumatic Brain Injury
<b>IDEA</b>	Individuals with Disabilities Education Act	<b>TDD</b>	Telecommunications Device for the Deaf
<b>IEP</b>	Individual Education Plan	<b>TT</b>	Text Telephone
<b>IHP</b>	Individual Habilitation Plan	<b>TTY</b>	Teletypewriter
<b>JTPA</b>	Job Training Partnership Act	<b>UAP</b>	University Affiliated Program
<b>LAD</b>	Law Against Discrimination (NJ)	<b>UCPA</b>	United Cerebral Palsy Association
<b>MD</b>	Muscular Dystrophy	<b>VA</b>	Veterans' Administration
<b>MDA</b>	Muscular Dystrophy Association	<b>VI</b>	Visually Impaired
		<b>VP</b>	Video Phone
		<b>WIC</b>	Supplemental Nutrition Program for Women, Infants, and Children



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Honorable Chris Christie, **Governor**  
Honorable Kim Guadagno, **Lt. Governor**

Elizabeth Connolly, **Acting Commissioner Department of Human Services**

Joseph M. Amoroso, **Director Division of Disability Services**

Dianna Maurone, **Managing Editor/Supervisor Information and Referral Services**

Jeffrey May, **Editorial Assistant/Information and Referral Specialist**

Jayne Hansbury-D'Souza, **Editorial Assistant/Information and Referral Specialist**

Luz Hernandez, **Editorial Assistant/Information and Referral Specialist**