

Personal Preference Program: NJ FI Transition Community Workgroup

March 6, 2024

3:00 - 4:00 pm

Zoom meeting



Today's Agenda

- 1. Welcome
- 2. PPP FI Transition Timeline Update
- 3. Frequently Asked Questions and PPP Web Page Next steps
- 4. MCO Web Page Review
- 5. Follow up & Next steps

PPP Transition Timeline – Update

March 2024

- Community workgroup continues to meet the first Wednesday of each month.
- The FIT Frequently Asked Question (FAQ) document, comprised of questions submitted by the community – ready to post!
- PPP updates to web page ready to post!

PPP Web Page & FI Transition FAQ v.1 - Update

Community Feedback & Next Steps

- Friday, February 16th an updated FIT FAQ document and PPP web page document were shared with the community group.
- We requested further comments and feedbacks.
- To date we have not received any further comments.
- These documents are now final.
- Updates will be made to the PPP web page in the coming weeks.

The PPP Team thanks you for your collaboration, guidance, and support!

MCO Web Page Updates



PPP MCO Web Page Expectations

PPP Team requested that each MCO provide the following details from their PPP specific web page:

- MCO's PPP web page link
- Identify any references to care manager/management or I&A services
- The location on the PPP web page where members can locate the following:
 - → MCO's PPP staff directory and all contact details (phone numbers, emails, fax number, etc.);
 - → PPL's website link; and
 - → State's PPP website link.

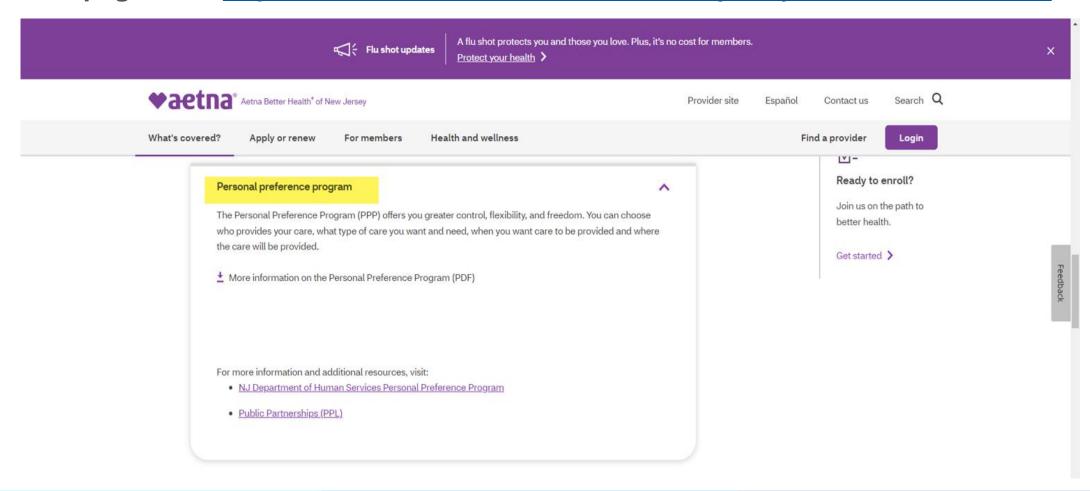


Aetna Better Health NJ Self Direction – Personal Preference Program (PPP)

FIT Community Meeting-Web Page review

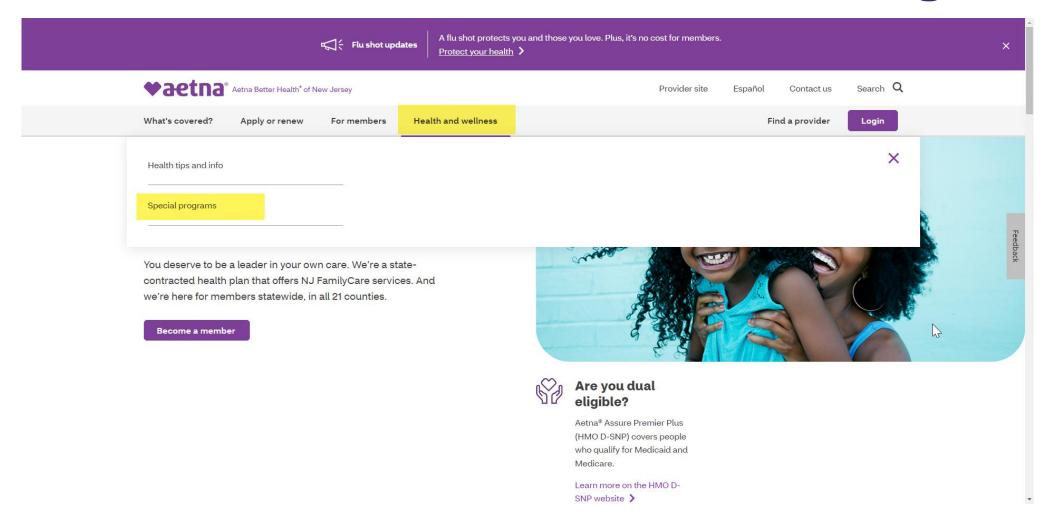
Aetna Better Health NJ PPP Web Page

Web page link: https://www.aetnabetterhealth.com/newjersey/whats-covered.html





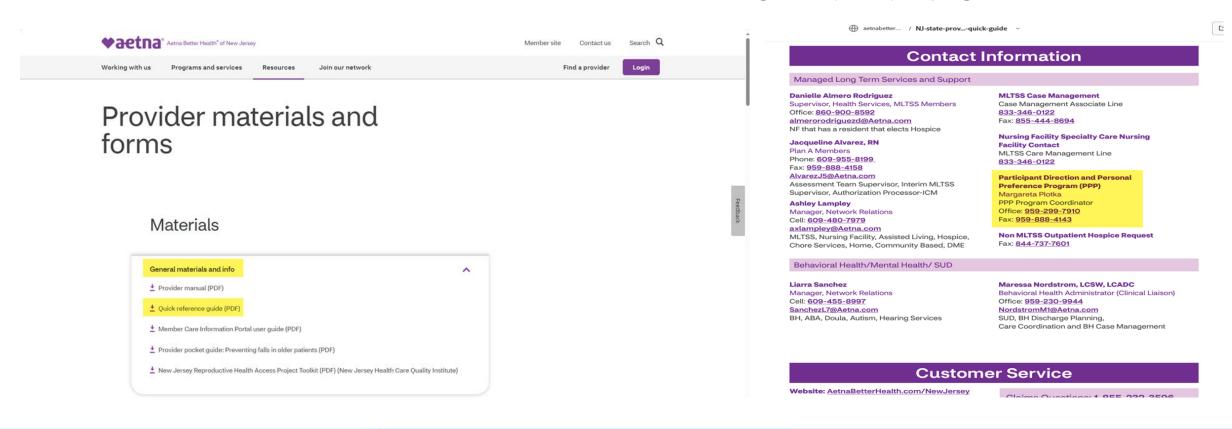
Aetna Better Health NJ PPP Web Page





Aetna Better Health NJ PPP Web Page

- Materials and forms for Providers | Aetna Medicaid New Jersey (aetnabetterhealth.com)
- Materials > General materials and info > Quick reference guide (PDF) > page 5



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Fidelis Care Self Direction – Personal Preference Program (PPP)

FIT Community Meeting-Web Page review

Fidelis Care PPP Web Page

Medicaid (fideliscarenj.com)

Once on our website, select NJ FamilyCare and click on Benefits to view the Personal Preference Program Landing Page.



Fidelis Care is working creating a PPP general box for all PPP related emails.

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Need a Plan?

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Find a Provider / Pharmacy Become a Provider

Medicaid Find My Plan NJ FamilyCare Get Started Benefits Additional Benefits Coverage Information WellBaby Maternity Program Special Programs Get the Most from Your Coverage Rewards Program Interoperability and Patient Access Personal Preference Program

Provider Directories

Pharmacy Services

Behavioral Health

Newsletters

Personal Preference Program

The New Jersey Personal Preference Program (PPP) offers an alternative way for NJ FamilyCare members who qualify for the Personal Care Assistant (PCA) services benefit to remain in their home and active in their community and does not require the use of a home health care agency.

Learn more about the Personal Preference Program (PPP) from NJ FamilyCare. You can also learn about Fidelis Care's current Fiscal Intermediary: Public Partnerships (PPL).

For more information about the Personal Preference Program: <u>Personal Preference Program Participation</u> Information (PDF)

Applicants must be:

- NJ FamilyCare eligible
- Approved for Personal Care Assistant Services (PCA) and need PCA services for at least six months
- Able to self-direct services or choose a representative who can act on his/her behalf

PPP allows you to:

- Choose the home care services you want
- Hire workers, including people you know/trust such as friends, relatives, and neighbors
- Schedule services to meet your individual needs
- · Exercise greater independence and control over your life

Please contact Fidelis Care to request a PCA assessment for enrollment into PPP:

- Phone: 1-855-642-6185 (TTY: 711); followed by prompt 3 (member) and then prompt 2 ("speak to a care manager")
- Fax: 1-855-573-2346
- Mailing Address: Fidelis Care Attention: Personal Preference Program 550 Broad Street, 12th Floor Newark, NJ 07102

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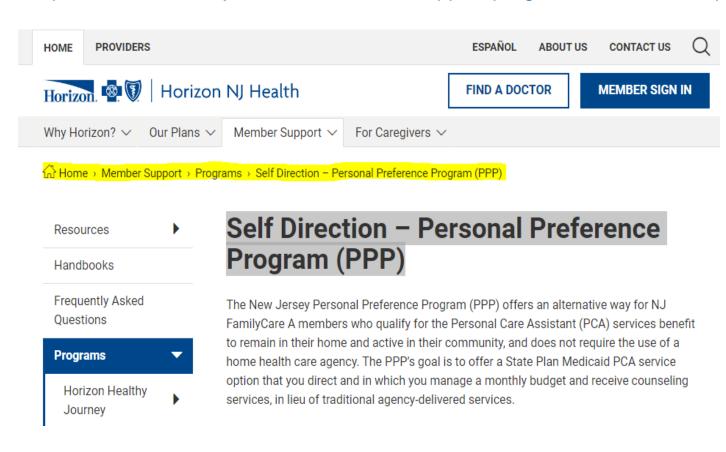
Horizon NJ Health Self Direction – Personal Preference Program (PPP)

How to navigate Horizon NJ Health's PPP web page

Horizon NJ Health PPP Web Site

How to Learn more about Horizon NJ Health's PPP Program:

https://www.horizonnjhealth.com/membersupport/programs/self-direction-personal-preference-program-ppp



How to find PPP:

- 1. Select **Member Support**
- 2. Click on **Programs**
- 3. Chose the option for **Self Direction Personal Preference Program (PPP)**



Horizon NJ Health PPP Web Site

Self Direction – Personal Preference Program (PPP)

The New Jersey Personal Preference Program (PPP) offers an alternative way for NJ FamilyCare A members who qualify for the Personal Care Assistant (PCA) services benefit to remain in their home and active in their community, and does not require the use of a home health care agency. The PPP's goal is to offer a State Plan Medicaid PCA service option that you direct and in which you manage a monthly budget and receive counseling services, in lieu of traditional agency-delivered services.

- Instructions:
 Review the information contained in the Personal Preference Program Participant Information Packet. On the Personal Preference
 Program (PPP) Services Options form, please initial in the boxes for lines 1 14.
- For Item #3 if you wish to designate an Authorized Representative, please include the name and phone number of that individual and initial in the box. If you do not wish to designate an Authorized Representative, please indicate N/A in the box for line #3.
- You are entitled to receive services through an agency while you await completion of your PPP enrollment.
- If you wish to receive services through an agency in the interim, please circle I accept.
- If you do not wish to receive services through an agency in the interim, please circle I decline.
- Mail the completed application to the following address:
- Horizon NJ Health
 3 Penn Plaza East
 Newark, NJ 07105-9874
 Attn: PPP Department PPP-HL-01M
- If you want to email the completed application, please send to HNJHPPPApplications@HorizonBlue.com.
- If you have any questions, please contact the Horizon NJ Health PPP Hotline at 1-855-465-4777 (TTY 711).

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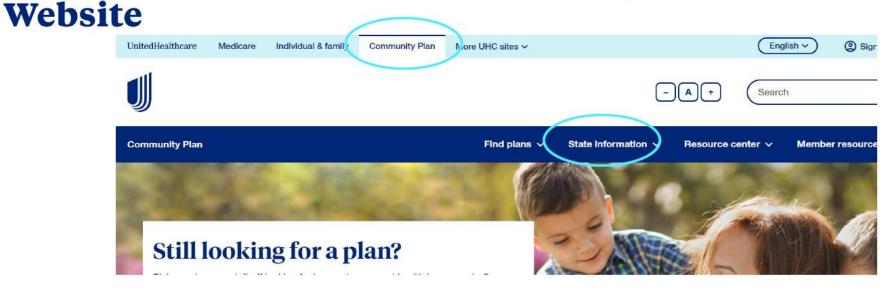
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United Healthcare Community Plan Self Direction-Personal Preference Program (PPP)

FIT Community Meeting-Web Page review

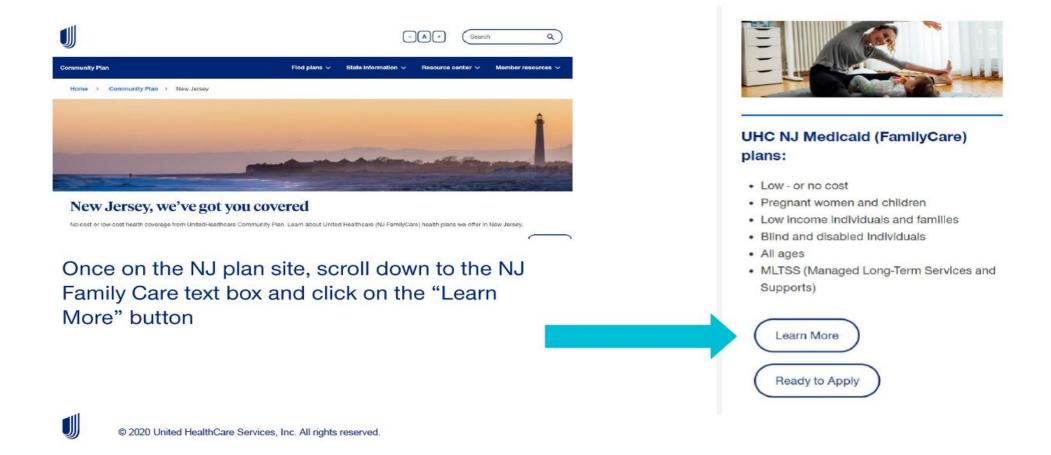
Introduction to the UHC Community & State NJ



- Address: www.uhc.com/communityplan
- ☐ Link: UnitedHealthcare Community Plan (uhc.com)
- To navigate from www.uhc.com click on the Community Plan tab on the horizontal navigation menu and then select New Jersey by clicking on the State information tab

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UHC Community & State NJ Website



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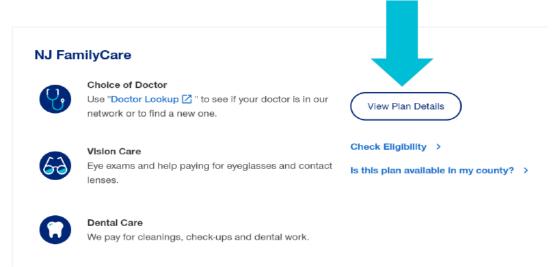


New Jersey health plans

Looking for low-cost or no-cost health insurance? We offer Medicaid plans. We also offer dua people with both Medicaid and Medicare.

For general information about the plans in your state, visit New Jersey's homepage.

From the NJ Health Plan splash page (pictured left) scroll down to the NJ Family Care information box and select the "View Plan Details" button



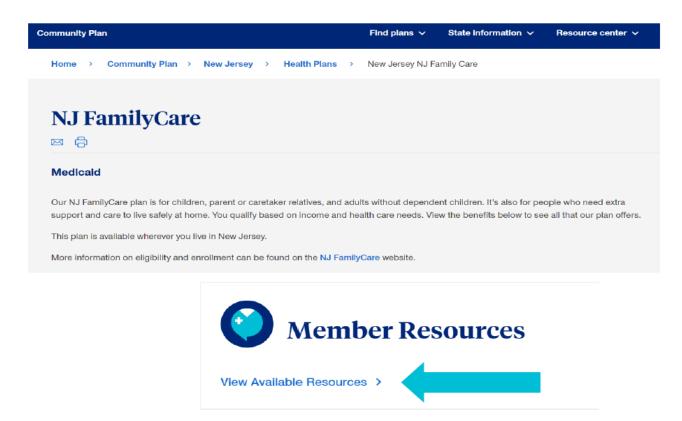


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UHC Community & State NJ Website

- □ From the NJ FamilyCare page, you may navigate to DMAHS NJ FamilyCare website by clicking on the blue highlighted text
- □ Scroll to the bottom of the page, clicking on the Member Resources section, and select "View Available Resources" to obtain specific information on the Personal Preference Program at UHC

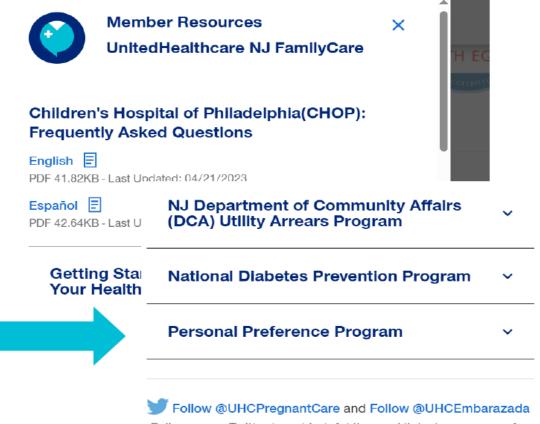




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United HealthCare PPP Web Site UHC Community & State NJ Website

- On the Member Resources menu, scroll all the way to the bottom of the page to view the Personal Preference Program heading
- Select the Personal Preference Program heading to access program information and application instructions





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Follow us on Twitter to get helpful tips and links to resources for

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UHC Community & State NJ Website: PPP Information

- This section provides a link to more information about the Personal Preference Program, and a downloadable and fillable form to apply.
- The form can be completed electronically, saved and emailed to the address displayed in blue highlighted text: uhcnjppp@uhc.com
- UHC members or authorized representatives can also call the toll free number to request enrollment into the Personal Preference Program

Personal Preference Program

Personal Care Assistance, Your Way: The Personal Preference Program

The Personal Preference Program (PPP) allows you greater flexibility and control over the care you need by self-directing your Personal Care Assistance (PCA). PPP allows you to hire, train, and schedule the people you want to provide the care you need, when and where you need it. PPP is an alternative to traditional agency-delivered PCA, one where you are in control.

For more information about the Personal Preference Program, click here.

To apply for the Personal Preference Program, please print this form and email it United Healthcare at uhcnjppp@uhc.com or call us at 1-800-645-9409

UHC Community & State NJ Website: PPP Information

- Program information contains all Personal Preference Program FAQ that is currently linked on the DMAHS site
- As the FAQs are updated, UHC will replacing the document with the most current version



Personal Preference Program
Participation Information

1. What it means to self-direct personal care services:

Self-directing emphasizes independence and empowerment by expanding your degree of choice and control over your long term services and supports. It allows you and your authorized program representative to serve as the employer and take responsibility for directly hiring, training, supervising, and firing your paid workers. You and your authorized program representative become the experts on your own care and are able to determine the services and supports that best meet your personal care needs. The Personal Preference Program (PPP) offers you greater control, flexibility, and freedom. You can choose who provides your care, what type of care you want and need, when you want care to be provided and where the care will be provided. Workers become accountable to you/authorized program representative.

In self-directed programs, you negotiate wage rates within the program rules, purchase other goods and services to increase safety and independence in the home or reduce your need for paid services. You may also choose to take 10% of the monthly budget as cash for justifiable purchases of goods and services not readily available through other means.

All PPP participants will receive guidance and support from a Financial

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Wellpoint Self Direction – Personal Preference Program (PPP)

FIT Community Meeting-Web Page review

Web page link: https://www.wellpoint.com/nj/medicaid



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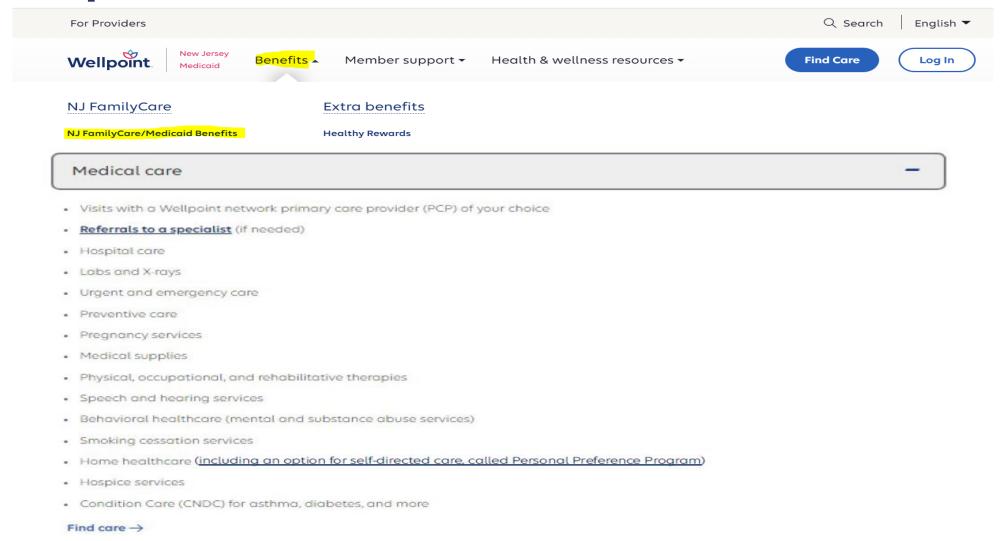
Let us help coordinate your care

Our Care Management team works to help make healthcare less complicated for our MLTSS members. We manage all your physical, behavioral health, and long-term care services through care coordination. These services include:



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You'll have your own Care Manager who will get to know you, your family, and your care team. This Care Manager will visit in-person to help you:

- · Access the right long-term care services in the right setting.
- · Receive necessary medical supplies and equipment.
- Find doctors and other resources close to home.
- Make good healthcare choices.

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- What services are covered?
- Benefits of Wellpoint MLTSS NJ Family Care coverage include:
- ✓ Home- Based supportive care or self-directed care through the Personal Preference Program(PPP)
- ✓ Home delivered meals
- ✓ Personal emergency response system
- ✓ In home respite care
- ✓ In home respite care
- ✓ Inpatient respite care
- ✓ Home modifications
- √ Vehicle modifications
- ✓ Assisted care living facility

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- ✓ Assisted living program
- ✓ Adult family care
- Be sure to review the Wellpoint MLTSS companion guide for a complete list of benefits. For some services, a doctor's order and/or approval from Wellpoint may be required.

Personal Preference Program (PPP)

The New Jersey Personal Preference Program (PPP) offers an alternative way for NJ Family Care members who qualify for the Personal Care Assistant (PCA) services benefit to remain in their home and active in their community and does not require the use of a home health care agency.

Personal Preference Program (PPP) Information - click here for additional details

Wellpoint PPP Web Page

Clicking this link leads to a PDF document that gives more information about the program as well as contact information

The New Jersey Personal Preference Program (PPP) offers an alternative way for NJ Family Care members who qualify for the Personal Care Assistant (PCA) services benefit to remain in their home and active in their community, and does not require the use of a home health care agency.

PCA services are non-emergency, health related tasks through NJ FamilyCare. Tasks include help with activities of daily living (ADLs) and with household duties essential to the patient's health and comfort, such as bathing, dressing, meal preparation, and light housekeeping.

You will work with a financial consultant to develop a monthly budget, through which you will decide the services you need and the individuals and/or agencies you wish to hire to provide the identified services. If you are cognitively impaired or unable to make decisions on your own, you can choose an authorized representative to assist you.

The PPP also provides fiscal management services to assist you with the financial aspects of the program. PCG Public Partnerships, LLC (PPL) is the fiscal intermediary (FI) for the PPP, and is responsible for handling payroll responsibilities, acting as a bookkeeping service, processing time sheets and issuing paychecks to your workers.

The PPP requires greater individual responsibility, but in return, offers you greater control, flexibility and choice over the services you receive.



Why Choose the Personal Preference Program?

PPP allows you to:

- Choose the home care services you want.
- Hire workers, including people you know/trust such as friends, relatives, and neighbors.
- Schedule services to meet your individual needs.
- Exercise greater independence and control over your life.

Eligibility:

- Applicants must be:
- NJ Family Care eligible.
- Approved for Personal Care Assistant Services (PCA)*.
- Able to self-direct services or choose a representative who can act on his/her behalf.

To qualify for PCA services, recipients must:

- Have NJ FamilyCare
- Obtain a doctor's order, prescription to receive the service (do not have to be permanently disabled).
- Live in a community-based residence, such as a private home, apartment, rooming house, boarding home or
 group home, skill development home, supervised apartment or other congregate living program where personal
 care is not provided as part of the service package included in the living arrangement.
- Have a documented need for hands-on personal care.



Wellpoint Web Site

- If you have additional information regarding the Personal Preference Program or would like to request a PCA assessment for enrollment into PPP, please contact us at:
- NJPersonalpref@wellpoint.com, phone: 1-855-661-1996, or visit:
- Fiscal Intermediary-Public Partnership https://www.publicpartnerships.com/stateprograms-ppl/new-jersey/nj-division-of-medical-assistance-and-health-ppp/covid-19-information/
- New Jersey Department of Human Service Personal Preference Program (PPP) https://www.nj.gov/humanservices/dmahs/clients/njppp.html

Follow up & Next steps:

Follow up: Please share your feedback with the PPP Team!

→ MCO web page feedback and suggested updates are requested by Wednesday, March 27, 2024.

Please email your feedback to Amy Hoffmaster/CHCS <u>ahoffmaster@chcs.org</u> and PPP Team <u>MAHS.PPP@dhs.nj.gov</u>

Next Steps:

Our next meeting is scheduled for Wednesday, April 3, 2024 3:00 − 4:00 pm → We will continue to review and discuss the MCOs' web pages

Resources:

DMAHS PPP web page: https://www.state.nj.us/humanservices/dmahs/clients/njppp.html

Contact Information:

→ General PPP Email Address: MAHS.PPP@dhs.nj.gov

→ Becky Thomas: <u>Rebecca.Thomas@dhs.state.nj.us</u>

→ Dana Bivona: <u>Dana.Bivona@dhs.nj.gov</u>



Additional Resources

Interested in learning more about PPP?

To learn more about PPP and how to apply please visit the DMAHS PPP website: https://www.state.nj.us/humanservices/dmahs/clients/njppp.html

If you are already enrolled in a NJ FamilyCare health plan, please contact your health plan to request a PCA assessment for enrollment into PPP.

Aetna Better Health of New Jersey 1-855-232-3596

Fidelis Care 1-855-642-6185

Horizon NJ Health 1-855-465-4777

UnitedHealthcare Community Plan 1-800-645-9409

Wellpoint 1-855-661-1996

Fiscal Intermediary Transition Community Conversations

The PPP Team held three (3) Community Conversations facilitated by the Center for Healthcare Strategies (CHCS).

Goals included:

- 1. Share information about the transition in the Personal Preference Program;
- 2. Answer questions about the transition from presubmitted questions and live Q & A sessions; and
- Hear ideas and suggestions for improving the program going forward and any feedback people wanted to share.

What we heard:

Each conversation provided valuable feedback, recommendations, and discussion that shape the transition approach as we move forward.

Themes from these conversations included:

- It is important to improve coordination of PPP services between members & authorized representatives, workers, caregivers, families, MCOs, and the fiscal intermediary they are working with;
- Assuring transition communications are available and up-to-date through both the PPP website and managed care organizations is essential; and
- Continued community participation will ensure the success of this transition.

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Information & Assistance Services in Self-direction

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What are Information and Assistance (I&A) services in self-direction?

- Service/function that assists the participant or participant's family or representative in arranging for, directing and managing services.
- Assist in identifying immediate and long-term needs
- Developing options to meet those needs
- Accessing identified supports and services

CMS 1915(c) waiver technical guide

What are Information and Assistance (I&A) services in self-direction? continued

- Practical skills training to independently direct and manage waiver services
- Providing information on recruiting, hiring, and managing workers
- Providing information on communication & problem solving
- Ensure participants understand responsibilities

CMS 1915(c) waiver technical guide

Approaches to Information and Assistance (I&A)

In self-direction, different models of I&A structure include:

- I&A is provided by the case manager, in conjunction with their other responsibilities
- I&A is offered by a standalone service
 - Agency structure (e.g., a specialized support brokerage agency or as a service offered by a Center for Independent Living)
 - An independent model (i.e., individuals who meet provider qualifications for the service may enroll as providers)
- I&A offered as part of a Financial Management Services (FMS) entity or Managed Care Organization (MCO) scope of work

CMS 1915(c) waiver technical guide

How do Information and Assistance Services apply to the PPP?

The basics:

- I&A services are included in PPP
- I&A is provided by the current Fiscal Intermediary a.k.a. Financial Management Services (FMS) entity
- Each PPP participant has a dedicated Financial Consultant (FC) who provides this service

How do Information and Assistance Services apply to the PPP? continued

PPP Financial Consultants provide the following supports:

Service/function that assists the participant or participant's family or representative in arranging for, directing and managing services.

- → Provides one to one support for PPP participants
- → Ensure PPP participants understand self-direction responsibilities
- → Developing options to meet those needs
- → Developing cash management plan
- → Communicates programmatic and systems related changes and updates impacting the participant and workers

How do Information and Assistance Services apply to the PPP? continued

Accessing identified supports and services

-- Completes risk assessment and back-up plan

Practical skills training to independently direct and manage services

- → Providing information on recruiting, hiring, and managing workers
- → Providing information on communication & problem solving

PPP Website Updates 1.3.2024



- DHS Home
- Division of Medical Assistance and Health Services Home
- Consumers & Clients Individuals &
 - NJ FamilyCare/Medicaid
 - Lead Poisoning Prevention Resource Materials
- Information for Providers & Stakeholders: Contracts, Legal Notices
- News, Publications, Reports & Resources
- Division Staff & Contact Information
- Public Advisory Boards, Commissions & Councils

Personal Preference Program (PPP)

New Jersey Self-Directed Services

Self-directed services are home and community-based services that help you with your care needs and maintain your independence. In self-directed services, you can choose what services best meet your needs, who delivers them, and when and where they are provided within program guidelines.

The New Jersey PPP offers an alternative way for **Medicaid/NJ FamilyCare** members who qualify for the Personal Care Assistant **(PCA)** service to remain in their home and active in their community, and does not require the use of a home health care agency.

PCA services are non-emergency, health related tasks through NJ FamilyCare. Tasks include help with activities of daily living **(ADLs)** essential to the patient's health and comfort, such as bathing, dressing, meal preparation, and light housekeeping.

The PPP requires greater individual responsibility, but in return, offers you greater control, flexibility and choice over the services you receive. If you have any questions or concerns, please feel free to contact us!

Why Choose the Personal Preference Program?

PPP allows you:

- Choose the home care services you want;
- Hire workers, including people you know/trust such as friends, relatives and neighbors;
- Schedule services to meet your individual needs;
- Exercise greater independence and control over your life.

Eligibility

Applicants must be:

- Medicaid/NJ FamilyCare eligible. You can apply at your <u>local Board of Social Services Office</u> or <u>online</u>;
- Approved for Personal Care Assistant Services (PCA) and need PCA services for at least six months;
- Able to self-direct services or choose an Authorized Representative (AR) who can act on his/her behalf.

More Information

PPP Contact Information

PPP Fact Sheet

PPP FAQ

PPP FI Transition

PPP Community Workgroups

PPL News

PPL Program Documents

PPL Payment Schedule

PPL Better Online Portal

IRS Pub # 926

To Apply

If you are enrolled in a Medicaid/NJ FamilyCare Managed Care Organization MCO (also known as HMO or health plan), please contact your MCO to request a PCA assessment for enrollment into PPP.

Aetna Better Health of New Jersey	1-855-232-3596
Fidelis Care formally known as WellCare	1-855-642-6185
Horizon NJ Health	1-855-465-4777
UnitedHealthcare Community Plan	1-800-645-9409
WellPoint formally known as AMERIGROUP New Jersey, Inc.	1-855-661-1996

Fiscal Intermediary (FI)

Currently PPL helps participants manage the financial responsibilities, which comes with being an employer including: paying your workers, filing your paperwork with the IRS, paying employer fees and taxes, sending out payment for goods and services, and arranging for required Workers' Compensation insurance all in accordance with program rules.

Public Partnerships LLC (PPL) is the FI for the PPP. The FI provides bookkeeping services for you as the employer (participant) and acts as your business agent. PPL will help you manage the financial responsibilities, which come with being an employer, including:

- Paying your workers;
- Filing your paperwork with the IRS;
- Paying employer fees, taxes, and sending out payment for goods and services you use, within program rules; and
- Arranging for required Workers' Compensation insurance.

PPL Customer Service Contact Information:

Phone: 1-844-880-8702 (English)Phone: 1-844-880-8703 (Spanish)

Fax: 1-844-627-6834

Email: CS-NJPPP@pcgus.com

PPL Program Website: http://www.publicpartnerships.com/programs/newjersey/dds/

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Current PPP Participants

If you are on PPP and require further assistance or have a problem, click here for more information.

Transition

Over time, MCOs may transition to a **new FI vendor** after demonstrating to the state that they are ready for a smooth transition in the readiness review process.

FIT Frequently Asked Question

Community Workgroup

The PPP team continues to conduct a monthly meeting on the first **Wednesday** of each month to help guide the FI transition process and develop NJ self-directed best practices.

Join our Community Workgroup!

Access Past Meeting

Workgroup Schedule 2024

Training / Workshops

An Overview of the Personal Preference Program

FAQ to be developed

STATE PROGRAM OFFICE CONTACT INFORMATION

NJ Division of Medical Assistance and Health Services

P.O. Box 712

Trenton, NJ 08625

Telephone: 609-631-2481

Fax: 609-588-3806

Email: MAHS.PPP@dhs.nj.gov