



N.J.A.C. 10:49-5.5(a)1.

The matter arises regarding the denial of Petitioner's request for Durable Medical Equipment (DME), specifically an Icare home tonometer. DME is an item or apparatus that is primarily or customarily prescribed to serve a medical purpose and is medically necessary for the beneficiary for whom requested; is generally not useful to a beneficiary in the absence of a disease, illness, injury, or disability; and is capable of withstanding repeated use (durable) and is nonexpendable. N.J.A.C. 10:59-1.2. DME is not primarily for the convenience of the patient or the doctor. A home tonometer measures intraocular pressure, which is stored and coded. The device then needs to be taken to a doctor's office and read by an ophthalmologist. A tonometer is a monitoring device.

Linda Urbanski, M.D., National Medical Director at Anthem Utilization Management, testified as to the basis for the denial. In making her determination, she reviewed the Medicare and Medicaid rules, the Anthem/Amerigroup DME guidelines and the paper underwritten by Icare about its own product. She testified that any DME had to be reasonable and necessary for the treatment of an illness or injury, or to improve the functioning of a malformed body member, a home tonometer was a monitoring device, not used to treat an illness or injury. The monitoring of eye pressure could be performed on a routine basis in a doctor's office, which is a covered benefit. She reiterated that the at home tonometer is a monitoring device and is neither DME nor medically necessary for the Petitioner.

Moreover, Respondent, as well as two independent reviewers, MAXIMUS and IPRO, found no medical necessity for a home tonometer.<sup>1</sup> Additionally, the prescriptions

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<sup>1</sup> The federal reviewer, MAXIMUS, found that the "the available documentation does not support than an at home tonometer is medically reasonable and necessary...: R-11. The IPRO held that with respect to home tonometers "none to date completely fulfills the goal of providing a true diurnal IOP (intraocular pressure) profile. In this case,

written by Petitioner's doctors do not clearly explain the medical necessity for the Icare home tonometer, and neither appeared at the hearing to testify to the medical necessity of the device. Having reviewed this case file, I concur with the Initial Decision that the Icare home tonometer was appropriately denied as it was not medically necessary and that Petitioner's primary desire for the equipment was for his convenience. Thus, I hereby ADOPT the Initial Decision.

THEREFORE, it is on this 1<sup>st</sup> day of JULY 2021,

ORDERED:

That the Initial Decision is hereby ADOPTED.



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Jennifer Langer Jacobs, Assistant Commissioner  
Division of Medical Assistance  
And Health Services

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there is no medical necessity for this device. It is considered a luxury item." R-13.