

What is the New Jersey Evidence-Based Practices Initiative (EBPI)?

- The EBPI is a robust technical assistance (TA) initiative that helps behavioral health organizations implement and sustain evidence-based practices (EBPs) through training, technical assistance, evaluation, and workforce development.
- Provides training to implement the following EBPs with fidelity:
 - Motivational Interviewing (MI)
 - Cognitive Behavioral Therapy (CBT)
 - Universal Screening for Substance Use Disorder (SUD)
- Training is enhanced with live virtual practices, demonstrations, strength-based written reviews of clinicians' use of these EBPs, and updated video case studies to ensure participants are demonstrating fidelity to these models
- Agency leadership receive weekly consultation to support agency-wide changes in implementation and sustainability of EBPs across key organizational areas (staff recruitment, hiring and onboarding; training; clinical supervision; clinical workflow; criteria for admitting and discharging clients from treatment; assessing client treatment outcomes; clinical policies and procedures for use of EBPs)
- DMHAS has offered the EBPI since 2019 and funded 8 cohorts of the initiative to date

What are some key outcomes from the EBPI?

- 33 agencies across 109 sites, including 4 CCBHCs and mental health agencies working toward their SUD licensure have participated in the initiative
- 238 clinicians earned a Certificate of Competency in delivering MI and CBT with fidelity
- 1,801 staff trained, including clinicians, clinical supervisors, case managers, peer professionals, administrative and medical staff
- 80 clinicians completed a Train-the-Trainer 4-day intensive to learn how to train their colleagues to use these EBPs with fidelity

How can the EBPI benefit behavioral health providers – like yours?

- Significant gains in staff knowledge, skill, and confidence in using these EBPs
- Clients report stronger therapeutic relationships with counselors that use these EBPs
- Increased agency implementation and integration of EBPs across key organizational areas
- Access to resources to support agency implementation and sustainability of EBPs (e.g., examples of job descriptions, clinical supervision forms, fidelity monitoring tools, EBP knowledge assessments, training tools)

Can my agency apply to participate in the EBPI? And if so, what's the application process?

- Agencies that provide services for people who are managing SUD, including those who also manage mental illness are eligible to apply
- Application for the next EBPI Cohort will be available soon, sometime in Fall 2026
- Contact NJEBPI@jbsinternational.com to receive updates and learn how your organization can participate.

