



**Introduction to Garden State Alliance of
Recovery Residences (GSARR) Accreditation
DMHAS Quarterly Providers Meeting
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Made possible by:



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GARDEN STATE ALLIANCE
OF RECOVERY RESIDENCES

SAMHSA

Substance Abuse and Mental Health
Services Administration

Our History

The National Alliance for Recovery Residences (NARR) was founded in 2011 to fill a void in the field of addiction recovery services. Until then, there were no widely recognized best practices or quality oversight in the operation of recovery housing, which has been in existence since the mid-nineteenth century. Using input from 48 thought leaders across 12 states, NARR created a uniform language and standards for a wide range of peer-based housing and recovery residences that promote addiction recovery.



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Our mission at **NATIONAL ALLIANCE FOR RECOVERY RESIDENCES (NARR)** is to enhance access to quality recovery residences by setting standards, providing education, and advocating for those in addiction recovery.

National Alliance For Recovery Residences
569 Selby Ave, Saint Paul, MN 55102

NARR STANDARDS 🔍

OVER
30
States

MORE THAN
6,500
Certified Residenc

ANNUALLY
160,000
People Served



Who We Are:

GSARR is dedicated to empowering individuals in recovery from substance use disorders by enhancing access to safe, nurturing, and high-quality recovery housing. We are dedicated to ensuring these residences provide social support, comprehensive services, placement assistance, and education - creating a foundation for long-term recovery success and personal growth.

Our Mission:

To support persons in recovery from substance use disorders by improving their access to quality recovery residences through standards, support services, placement, education, research, and advocacy.



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National Alliance for Recovery Residences (NARR) State Affiliates inspect, certify/accredit, and monitor local recovery residences to ensure they meet the national quality and safety standards set by NARR.



Core Responsibilities of a NARR State Affiliate:

- **Accreditation:** Review applications, conduct on-site inspections, and issue quality credentials.
- **Standard Enforcement:** Apply the national NARR standards locally while adapting to state-specific laws and needs.
- **Quality Improvement:** Provide ongoing monitoring, renewals, training, and technical assistance for recovery housing operators.
- **Community Advocacy:** Foster education, maintain public directories of certified/accredited homes, and handle local grievance processes.



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Recovery is not a "one size fits all" process, and it is critical that people in recovery have the ability to choose a residence that aligns with their specific recovery needs.

NARR standards recognize the diverse needs of individuals in recovery.

The NARR standard is recognized as best-practice by SAMSHA, ASAM and the National Council for Mental Wellbeing.



Types of Recovery Residence Support

Current NARR Levels	New ASAM/NARR Types	Defining Characteristics
Level 1	Type P	<i>Peer-run</i> , decisions made solely by residents.
Level 2	Type M	<i>Monitored</i> environment; house guidelines/rules, appointed resident leader.
Level 3	Type S	<i>Supervised</i> activities, staffing, life skills programming.
Level 4	Type C	<i>Clinical</i> services included.

Note: No changes in NARR level definitions were made in creating this new naming convention.

Domains, Core Principles and Standards



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Administrative Operations

- A. Operate with integrity
Standards 1 – 4
- B. Uphold residents' rights
Standards 5 & 6
- C. Create a culture of
empowerment where
residents engage in
governance and leadership
Standards 7 & 8
- D. Develop staff abilities to
apply the social model
Standards 9 - 13

Physical Environment

- E. Provide a home-like
environment
Standards 14 & 15
- F. Promote a safe and
healthy environment
Standards 16 - 19

Recovery Support

- G. Facilitate active
recovery and recovery
community engagement
Standards 20 – 25
- H. Model prosocial
behaviors and relationship
enhancement skills
Standard 26
- I. Cultivate the resident's
sense of belonging and
responsibility for
community
Standards 27 – 29

Good Neighbor

- J. Be a Good Neighbor
Standards 30 & 31

The core principles are followed by individual standards that establish the minimum criteria for accreditation.
Meeting each of the 31 standards across the 10 principles is required for accreditation.



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