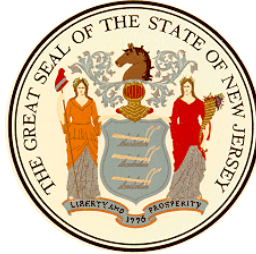


New Jersey Drug and Alcohol Use Treatment

Substance Use Overview 2025 Middlesex County



**Department of Human Services
Division of Mental Health and Addiction Services
Office of Planning, Research, Evaluation, Prevention and Olmstead
Trenton, New Jersey**

July 2026



MIKIE SHERRILL
Governor

State of New Jersey
DEPARTMENT OF HUMAN SERVICES
Division of Mental Health and Addiction Services
5 Commerce Way, Suite 100
P.O. Box 362
Trenton, NJ 08625

STEPHEN CHA, MD, MHSR
Commissioner

DR. DALE G. CALDWELL
Lt. Governor

DAVID C. HELFAND, MS
Assistant Commissioner

The statewide **Substance Use Overview** provides statistics on substance use disorder treatment in New Jersey for calendar year 2025. In 2025, there were 75,770 treatment admissions and 74,343 discharges reported to the New Jersey Department of Human Services, Division of Mental Health and Addiction Services by substance use disorder treatment providers. These data were submitted through the web-based New Jersey Substance Abuse Monitoring System (NJSAMS). This report is based on the information provided in the March 2025 NJSAMS download data.

The Statewide Overview includes:

- State Totals for Substance Use Treatment Admissions
- Substance Use Treatment Trend Charts for Admission, Primary Drug, Level of Care and Age Group
- Substance Use Admissions by County and Primary Drug
- Substance Use Admissions by Primary Drug within County
- Substance Use Admission Rates by County and Primary Drug
- Map for Number of Substance Use Admissions by County of Residence
- First Time Clients by County of Residence and Primary Drug
- Admissions by Age Group, Gender, and Primary Drug
- State Totals for Substance Use Treatment Discharges
- Length of Stay by Level of Care
- Waiting Time to Treatment Admission
- Reasons for Waiting Time over 3 Days to Treatment Admission
- Time to First Readmission
- Detox Continuing Care Status at Discharge
- Detox Continuing Care within 90 days by Level of Care
- Substance Use Treatment Demand Estimate
- Estimate of Treatment Need for Alcohol and Drug Addiction

Reports for individual counties can be found by clicking on the county names.

If you have any questions about this report, you may contact us by email at:
Suzanne.Borys@dhs.nj.gov, Limei.Zhu@dhs.nj.gov

Sincerely,

Suzanne Borys, Ed. D., Assistant Division Director
Office of Planning, Research, Evaluation, Prevention and Olmstead

CY2025 Substance Use Treatment Admissions Middlesex County Residents

Primary Drug

Alcohol	2,387	48%
Heroin	1,026	21%
Other Opiates	287	6%
Cocaine	578	12%
Marijuana/Synthetic cannabinoids	425	9%
Methamphetamines/Other Stimulants	98	2%
Other Drugs	180	4%

Intravenous Drug Users

523 10%

Level of Care

Outpatient Care (OP)	1,498	30%
Intensive Outpatient (IOP)	1,086	22%
Partial Hospitalization	157	3%
Opioid Maintenance OP	339	7%
Opioid Maintenance IOP	34	1%
Extended Care	0	0%
Halfway House	72	1%
Long-Term Residential	326	7%
Short-Term Residential	700	14%
Hospital Based Residential	0	0%
Detox Residential	750	15%
Detox Hospital	1	0%
Detox Outpatient Non-Methadone	11	0%
Detox Outpatient Methadone	2	0%
Early Intervention	12	0%
Interim Services	0	0%

Medication Assisted Therapy Planned in Treatment

Methadone	588	12%	Buprenorphine	354	7%
Vivitrol	90	2%	Psychotropic	1,072	21%

Sex

Male	3,725	75%	Female	1,253	25%
------	-------	-----	--------	-------	-----

Race/Ethnicity

White (non-Hispanic)	2,669	54%
Black (non-Hispanic)	955	19%
Hispanic Origin	1,154	23%
Other	210	4%

Primary Language

English	4,655	93%	Spanish	289	6%
Other	44	1%			

Age

Under 18	28	1%	30-34	830	17%
18-21	158	3%	35-44	1,555	31%
22-24	234	5%	45-54	924	19%
25-29	566	11%	55 and over	693	14%

Marital Status

Single/Divorced	4,026	81%	Widowed	93	2%
Married/Civil Union	587	12%	Separated	154	3%

Pregnant Women (Yes)**

24 0%

Veteran (Yes)**

79 2%

Referral Source

Self-referral	2,633	53%
Family/Friend	59	1%
Addiction Services Program	415	8%
Welfare/Social Service Agency	31	1%
Child Protection Substance Abuse Initiative	103	2%
Mental Health	54	1%
Corrections Related Programs	873	18%
Intoxicated Drivers Resource Center	609	12%
Reach NJ	119	2%
Other	180	4%

Employment Status

Unemployed	1,134	23%
Student	53	1%
Not in Labor Force	2,272	46%
Employed Full/Part Time	1,523	31%

Living Arrangement

Homeless	636	13%
Dependent Living/Supervised Living	549	11%
Independent Living	3,795	76%

Highest School Grade Completed

Completed High School	3,245	65%
Some College	1,168	23%

Tobacco Products Used (Yes)**

2,234 45%

Gambling Problem

74 1%

Legal Problem*

None	2,437	49%
Case Pending	600	12%
Probation/Parole	799	16%
Driving Under the Influence	681	14%
Recovery Court	393	8%
Child Protection/Family Court	192	4%
Other	95	2%

Special Population*

Child Protection/Child Welfare Program	193	4%
Driving Under the Influence	998	20%
Developmental Disability	13	0%
Blind and Visually Impaired	5	0%
Deaf and Hard of Hearing	6	0%

Health Insurance*

No Insurance	887	18%
Medicaid	3,288	66%
Medicare	105	2%
Private Insurance	988	20%
Other Insurance	111	2%

Attendance Self-Help group in past 30 Days (Yes)

Narcotic Anonymous (NA)	498	10%
Alcoholic Anonymous (AA)	552	11%

Arrest in the Last 30 Days (Yes)

124 2%

Federal Poverty Level (0-133%)**

4,004 93%

Treated in County of Residence

2,894 58%

Treated in County of Residence

Atlantic	238	5%	Middlesex	2,894	58%
Bergen	14	0%	Monmouth	832	17%
Burlington	64	1%	Morris	20	0%
Camden	53	1%	Ocean	45	1%
Cape May	0	0%	Passaic	123	2%
Cumberland	27	1%	Salem	0	0%
Essex	220	4%	Somerset	79	2%
Gloucester	44	1%	Sussex	7	0%
Hudson	124	2%	Union	145	3%
Hunterdon	27	1%	Warren	5	0%
Mercer	27	1%	Other	0	0%

Fee For Service Admissions

792 16%

Fee For Service Unique Clients

581 19%

Number of Admissions for Unique Clients

1 Admission	1,800	60%	2 Admissions	598	20%
3+ Admissions	617	20%			

Unduplicated Clients Admitted = 3,015
Total Admissions = 4,988

*Totals may be greater than 100% because of multiple responses.

**Percentage calculation excluded missing values.

CY2025 Substance Use Treatment Admissions Treatment Site in Middlesex County

Primary Drug						Employment Status					
Alcohol				3,299	53%	Unemployed			1,560	25%	
Heroin				1,060	17%	Student			56	1%	
Other Opiates				331	5%	Not in Labor Force			1,923	31%	
Cocaine/Crack				642	10%	Employed Full/Part Time			2,706	43%	
Marijuana/Synthetic cannabinoids				466	7%	Living Arrangement					
Methamphetamines/other Stimulants				136	2%	Homeless			439	7%	
Other Drugs				310	5%	Dependent Living/Supervised Living			1,039	17%	
Intravenous Drug Users						Independent Living			4,765	76%	
				585	9%	Highest School Grade Completed					
Level of Care						Completed High School			3,730	60%	
Outpatient Care (OP)				1,718	27%	Some College			1,834	29%	
Intensive Outpatient (IOP)				1,541	25%	Tobacco Products Used (Yes)**					
Partial Hospitalization				246	4%				2,620	42%	
Opioid Maintenance OP				344	6%	Gambling Problem					
Opioid Maintenance IOP				23	0%				114	2%	
Extended Care				0	0%	Legal Problem*					
Halfway House				0	0%	None			3,300	53%	
Long-Term Residential				792	13%	Case Pending			642	10%	
Short-Term Residential				703	11%	Probation/Parole			782	13%	
Hospital Based Residential				0	0%	Driving Under the Influence			858	14%	
Detox Residential				861	14%	Recovery Court			492	8%	
Detox Hospital				0	0%	Child Protection/Family Court			217	3%	
Detox Outpatient Non-Methadone				11	0%	Other			129	2%	
Detox Outpatient Methadone				1	0%	Special Population*					
Early Intervention				13	0%	Child Protection/Child Welfare Program			215	3%	
Interim Services				0	0%	Driving Under the Influence			1,270	20%	
Medication Assisted Therapy Planned in Treatment						Developmental Disability			12	0%	
Methadone	692	11%	Buprenorphine	405	6%	Blind and Visually Impaired			11	0%	
Vivitrol	142	2%	Psychotropic	1,836	29%	Deaf and Hard of Hearing			11	0%	
Sex						Health Insurance*					
Male	4,593	73%	Female	1,654	26%	No Insurance			804	13%	
Race/Ethnicity						Medicaid			3,125	50%	
White (non-Hispanic)				3,382	54%	Medicare			91	1%	
Black (non-Hispanic)				1,174	19%	Private Insurance			2,422	39%	
Hispanic Origin				1,456	23%	Other Insurance			200	3%	
Other				241	4%	Attendance Self-Help group in past 30 Days (Yes)					
Primary Language						Narcotic Anonymous (NA)			576	9%	
English	5,776	92%	Spanish	417	7%	Alcoholic Anonymous (AA)			761	12%	
Other	60	1%	Arrest in the Last 30 Days (Yes)						137	2%	
Age						Federal Poverty Level (0-133%)**					
Under 18	31	0%	30-34	994	16%				3,793	93%	
18-21	223	4%	35-44	1,868	30%	Treated in County of Residence					
22-24	327	5%	45-54	1,203	19%				2,894	46%	
25-29	715	11%	55 and over	892	14%	County of Residence					
Marital Status						Atlantic	59	1%	Middlesex	2,894	46%
Single/Divorced	4,694	75%	Widowed	86	1%	Bergen	157	3%	Monmouth	526	8%
Married/Civil Union	1,122	18%	Separated	221	4%	Burlington	57	1%	Morris	127	2%
Pregnant Women (Yes)**						Camden	56	1%	Ocean	191	3%
				13	0%	Cape May	13	0%	Passaic	128	2%
Veteran (Yes)**						Cumberland	44	1%	Salem	11	0%
				107	2%	Essex	233	4%	Somerset	375	6%
Referral Source						Gloucester	20	0%	Sussex	57	1%
Self-referral				2,445	39%	Hudson	117	2%	Union	444	7%
Family/Friend				98	2%	Hunterdon	87	1%	Warren	49	1%
Addiction Services Program				1,341	21%	Mercer	113	2%	Other	495	8%
Welfare/Social Service Agency				35	1%	Fee For Service Admissions					
Child Protection Substance Abuse Initiative				128	2%				813	13%	
Mental Health				47	1%	Fee For Service Unique Clients					
Corrections Related Programs				1,056	17%				646	15%	
Intoxicated Drivers Resource Center				802	13%	Number of Admissions for Unique Clients					
Reach NJ				97	2%	1 Admission	2,245	53%	2 Admissions	974	23%
Other				255	4%	3+ Admissions	1,049	25%			

*Totals may be greater than 100% because of multiple responses.

**Percentage calculation excluded missing values.

Unduplicated Clients Admitted = 4,268
Total Admissions = 6,253

Substance Use Admissions by Municipality and Primary Drug 2025 NJ Resident Admissions

MIDDLESEX	PRIMARY DRUG														TOTAL	
	Alcohol		Cocaine/Crack		Heroin		Other Opiates		Marijuana/ Hashish		Methamphetamines		Other Drugs& Unknown			
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
CARTERET BORO	59	2	22	4	42	4	7	2	11	3	1	1	5	2	147	3
CRANBURY TWP	8	0	1	0			2	1							11	0
DUNELLEN BORO	41	2	9	2	16	2	3	1	8	2			2	1	79	2
EAST BRUNSWICK TWP	114	5	18	3	46	4	2	1	12	3	8	10	11	5	211	4
EDISON TWP	186	8	37	6	77	8	18	6	38	9	4	5	18	9	378	8
HELMETTA BORO	7	0	2	0	10	1	1	0	1	0			2	1	23	0
HIGHLAND PARK BORO	38	2	1	0	23	2	2	1	10	2	1	1	9	4	84	2
JAMESBURG BORO	16	1	1	0	3	0	2	1	10	2	2	2	1	0	35	1
METUCHEN BORO	38	2	6	1	12	1	4	1	3	1			2	1	65	1
MIDDLESEX BORO	84	4	30	5	25	2	6	2	21	5	5	6	10	5	181	4
MILLTOWN BORO	17	1	5	1	6	1	5	2	1	0	2	2	4	2	40	1
MONROE TWP	91	4	20	3	33	3	13	5	16	4	3	4	13	6	189	4
NEW BRUNSWICK CITY	239	10	90	16	133	13	22	8	73	17	8	10	28	14	593	12
NORTH BRUNSWICK TWP	126	5	27	5	42	4	10	3	20	5	3	4	6	3	234	5
OLD BRIDGE TWP	197	8	33	6	58	6	24	8	11	3	10	12	20	10	353	7
PERTH AMBOY CITY	190	8	76	13	96	9	32	11	60	14	12	15	19	9	485	10
PISCATAWAY TWP	148	6	28	5	49	5	15	5	21	5	1	1	5	2	267	5
PLAINSBORO TWP	40	2	2	0	3	0	3	1	5	1	3	4	1	0	57	1
SAYREVILLE BORO	144	6	25	4	50	5	14	5	12	3			5	2	250	5
SOUTH AMBOY CITY	52	2	8	1	37	4	10	3	7	2	7	9	10	5	131	3
SOUTH BRUNSWICK TWP	39	2	6	1	27	3	6	2	12	3			2	1	92	2
SOUTH PLAINFIELD BORO	65	3	6	1	24	2	9	3	10	2			2	1	116	2
SOUTH RIVER BORO	67	3	10	2	34	3	8	3	11	3			3	1	133	3
SPOTSWOOD BORO	20	1	18	3	16	2	9	3	6	1	1	1	1	0	71	1
UNKNOWN	1	0													1	0
WOODBRIIDGE TWP	282	12	62	11	123	12	53	18	38	9	6	7	17	8	581	12
UNKNOWN	78	3	35	6	41	4	7	2	8	2	4	5	8	4	181	4
Total	2387	100	578	100	1026	100	287	100	425	100	81	100	204	100	4988	100

Substance Use Admissions by Primary Drug within Municipality 2025 NJ Resident Admissions

Middlesex	Primary Drug														Total	
	Alcohol		Cocaine/Crack		Heroin		Other Opiates		Marijuana/ Hashish		Methamphetamines		Other Drugs& Unknown			
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
CARTERET BORO	59	40	22	15	42	29	7	5	11	7	1	1	5	3	147	100
CRANBURY TWP	8	73	1	9			2	18							11	100
DUNELLEN BORO	41	52	9	11	16	20	3	4	8	10			2	3	79	100
EAST BRUNSWICK TWP	114	54	18	9	46	22	2	1	12	6	8	4	11	5	211	100
EDISON TWP	186	49	37	10	77	20	18	5	38	10	4	1	18	5	378	100
HELMETTA BORO	7	30	2	9	10	43	1	4	1	4			2	9	23	100
HIGHLAND PARK BORO	38	45	1	1	23	27	2	2	10	12	1	1	9	11	84	100
JAMESBURG BORO	16	46	1	3	3	9	2	6	10	29	2	6	1	3	35	100
METUCHEN BORO	38	58	6	9	12	18	4	6	3	5			2	3	65	100
MIDDLESEX BORO	84	46	30	17	25	14	6	3	21	12	5	3	10	6	181	100
MILLTOWN BORO	17	43	5	13	6	15	5	13	1	3	2	5	4	10	40	100
MONROE TWP	91	48	20	11	33	17	13	7	16	8	3	2	13	7	189	100
NEW BRUNSWICK CITY	239	40	90	15	133	22	22	4	73	12	8	1	28	5	593	100
NORTH BRUNSWICK TWP	126	54	27	12	42	18	10	4	20	9	3	1	6	3	234	100
OLD BRIDGE TWP	197	56	33	9	58	16	24	7	11	3	10	3	20	6	353	100
PERTH AMBOY CITY	190	39	76	16	96	20	32	7	60	12	12	2	19	4	485	100
PISCATAWAY TWP	148	55	28	10	49	18	15	6	21	8	1	0	5	2	267	100
PLAINSBORO TWP	40	70	2	4	3	5	3	5	5	9	3	5	1	2	57	100
SAYREVILLE BORO	144	58	25	10	50	20	14	6	12	5			5	2	250	100
SOUTH AMBOY CITY	52	40	8	6	37	28	10	8	7	5	7	5	10	8	131	100
SOUTH BRUNSWICK TWP	39	42	6	7	27	29	6	7	12	13			2	2	92	100
SOUTH PLAINFIELD BORO	65	56	6	5	24	21	9	8	10	9			2	2	116	100
SOUTH RIVER BORO	67	50	10	8	34	26	8	6	11	8			3	2	133	100
SPOTSWOOD BORO	20	28	18	25	16	23	9	13	6	8	1	1	1	1	71	100
UNKNOWN	1	100													1	100
WOODBRIIDGE TWP	282	49	62	11	123	21	53	9	38	7	6	1	17	3	581	100
UNKNOWN	78	43	35	19	41	23	7	4	8	4	4	2	8	4	181	100
Total	2387	48	578	12	1026	21	287	6	425	9	81	2	204	4	4988	100

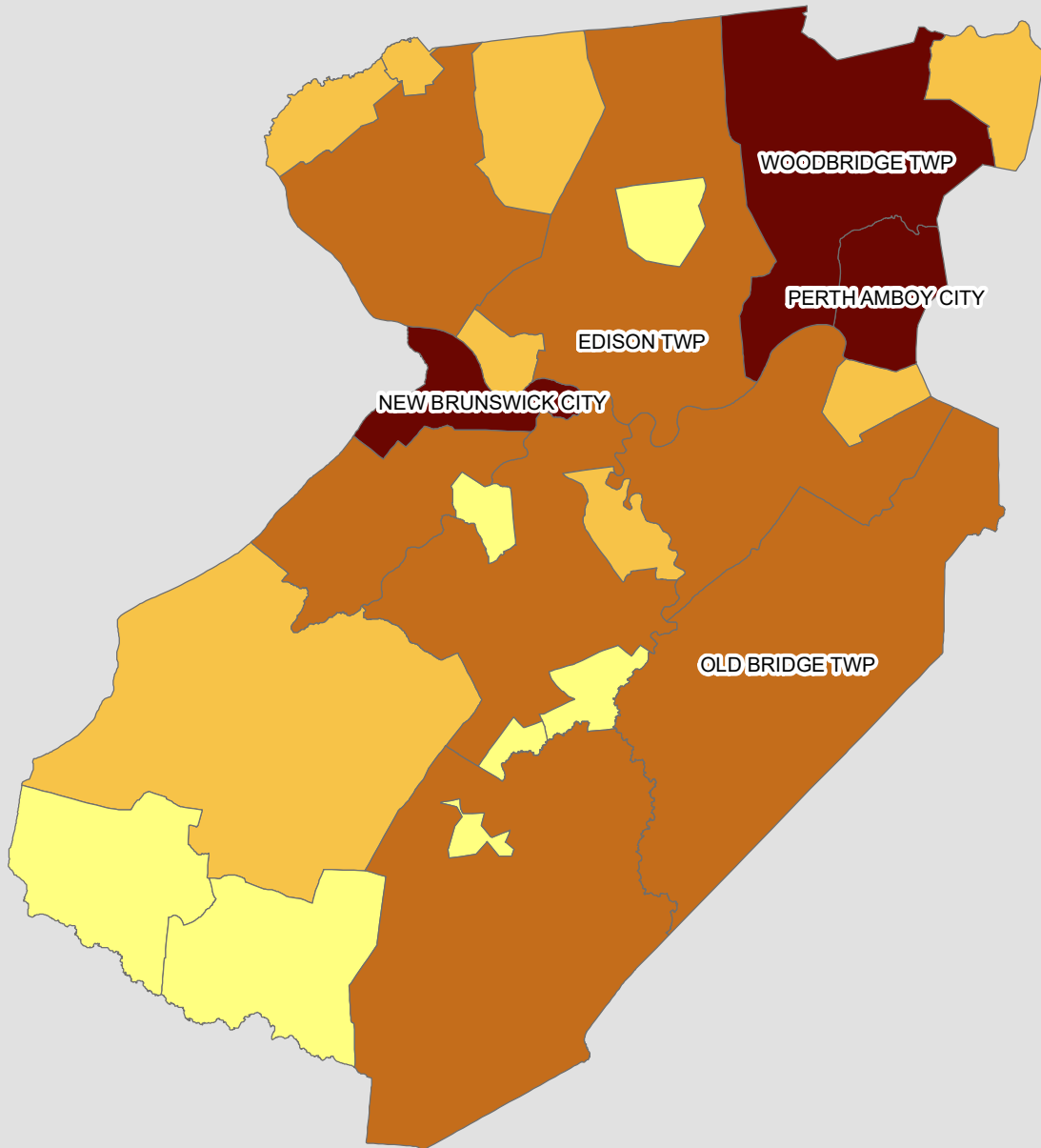
2025 Middlesex County Substance Use Admissions by Municipality of Residence

Admission Counts

- 11 - 74
- 75 - 184
- 185 - 398
- 399 - 593

Top Five Municipalities

1	New Brunswick City	593
2	Woodbridge Township	581
3	Perth Amboy City	485
4	Edison Township	378
5	Old Bridge Township	353



NJ Department of Human Services
 Division of Mental Health and Addiciton Sevices
 Planning, Research, Evaluation, Prevention and Olmstead Office

0 0.5 1 2 3 4 Miles

Admissions by Municipality of Residence, Age Group and Primary Drug 2025 NJ Resident Admissions

Middlesex	Alcohol						Drugs						Total					
	18 & Over		Under 18		Total		18 & Over		Under 18		Total		18 & Over		Under 18		Total	
	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%	N	%
CARTERET BORO	59	100			59	100	88	100			88	100	147	100			147	100
CRANBURY TWP	8	100			8	100	3	100			3	100	11	100			11	100
DUNELLEN BORO	41	100			41	100	37	100			37	100	78	100			78	100
EAST BRUNSWICK TWP	114	100			114	100	95	98	2	2	97	100	209	99	2	1	211	100
EDISON TWP	186	100			186	100	189	99	2	1	191	100	375	99	2	1	377	100
HELMETTA BORO	7	100			7	100	16	100			16	100	23	100			23	100
HIGHLAND PARK BORO	38	100			38	100	44	96	2	4	46	100	82	98	2	2	84	100
JAMESBURG BORO	16	100			16	100	19	100			19	100	35	100			35	100
METUCHEN BORO	38	100			38	100	27	100			27	100	65	100			65	100
MIDDLESEX BORO	84	100			84	100	96	99	1	1	97	100	180	99	1	1	181	100
MILLTOWN BORO	17	100			17	100	23	100			23	100	40	100			40	100
MONROE TWP	89	98	2	2	91	100	96	98	2	2	98	100	185	98	4	2	189	100
NEW BRUNSWICK CITY	239	100			239	100	340	97	12	3	352	100	579	98	12	2	591	100
NORTH BRUNSWICK TWP	126	100			126	100	106	100			106	100	232	100			232	100
OLD BRIDGE TWP	197	100			197	100	155	100			155	100	352	100			352	100
PERTH AMBOY CITY	190	100			190	100	294	100	1	0	295	100	484	100	1	0	485	100
PISCATAWAY TWP	148	100			148	100	119	100			119	100	267	100			267	100
PLAINSBORO TWP	40	100			40	100	17	100			17	100	57	100			57	100
SAYREVILLE BORO	144	100			144	100	105	99	1	1	106	100	249	100	1	0	250	100
SOUTH AMBOY CITY	52	100			52	100	79	100			79	100	131	100			131	100
SOUTH BRUNSWICK TWP	39	100			39	100	52	98	1	2	53	100	91	99	1	1	92	100
SOUTH PLAINFIELD BORO	65	100			65	100	51	100			51	100	116	100			116	100
SOUTH RIVER BORO	67	100			67	100	66	100			66	100	133	100			133	100
SPOTSWOOD BORO	20	100			20	100	51	100			51	100	71	100			71	100
UNKNOWN	1	100			1	100							1	100			1	100
WOODBRIIDGE TWP	282	100			282	100	299	100			299	100	581	100			581	100
NOT Stated	76	97	2	3	78	100	103	100			103	100	179	99	2	1	181	100
Total	2383	100	4	0	2387	100	2570	99	24	1	2594	100	4953	99	28	1	4981	100

* Missing primary drug or age admissions are not included.

Admissions by Age Group, Gender and Primary Drug 2025 NJ Resident Admissions

Middlesex		Gender				Total	
		Female		Male			
		N	%	N	%	N	%
0-17	Alcohol			4	19	4	14
	Marijuana/Hashish	6	86	17	81	23	82
	Other Drugs&Unknown	1	14			1	4
	Total	7	100	21	100	28	100
18-24	Alcohol	52	51	134	47	186	48
	Heroin	9	9	16	6	25	6
	Other Opiates	5	5	22	8	27	7
	Marijuana/Hashish	25	25	90	32	115	30
	Other Drugs&Unknown	10	10	23	8	33	9
	Total	101	100	285	100	386	100
25-59	Alcohol	470	44	1539	48	2009	47
	Heroin	286	27	655	21	941	22
	Other Opiates	68	6	177	6	245	6
	Marijuana/Hashish	40	4	236	7	276	7
	Methamphetamines	10	1	69	2	79	2
	Other Drugs&Unknown	191	18	502	16	693	16
	Total	1065	100	3178	100	4243	100
60&Over	Alcohol	40	50	143	59	183	57
	Heroin	14	18	45	19	59	18
	Other Opiates	3	4	12	5	15	5
	Marijuana/Hashish	2	3	6	2	8	2
	Methamphetamines			2	1	2	1
	Other Drugs&Unknown	21	26	33	14	54	17
	Total	80	100	241	100	321	100
Total	Alcohol	562	45	1820	49	2382	48
	Heroin	309	25	716	19	1025	21
	Other Opiates	76	6	211	6	287	6
	Marijuana/Hashish	73	6	349	9	422	8
	Methamphetamines	10	1	71	2	81	2
	Other Drugs&Unknown	223	18	558	15	781	16
	Total	1253	100	3725	100	4978	100

Note: Unknown age or gender admissions are not included.

CY2025 Substance Use Treatment Discharges Middlesex County Resident

Level of Care

Outpatient Care (OP)	1,404	29%
Intensive Outpatient (IOP)	1,023	21%
Partial Hospitalization	142	3%
Opioid Maintenance OP	403	8%
Opioid Maintenance IOP	34	1%
Extended Care	0	0%
Halfway House	75	2%
Long-Term Residential	325	7%
Short-Term Residential	705	14%
Hospital Based Residential	0	0%
Detox Residential	751	15%
Detox Hospital	1	0%
Detox Outpatient Non-Methadone	11	0%
Detox Outpatient Methadone	1	0%
Non-Traditional Program	0	0%
Early Intervention	12	0%
Interim Services	0	0%

Medication Prescribed to Treat Substance Use

Methadone	584	12%
Buprenorphine	331	7%
Vivitrol	85	2%
Psychotropic	585	12%

Sex

Male	3,634	74%
Female	1,242	25%

Age

Under 18	19	0%
18-21	141	3%
22-24	203	4%
25-29	502	10%
30-34	804	16%
35-44	1,541	32%
45-54	935	19%
55 and over	742	15%

Race/Ethnicity

White	2,614	53%
Black	942	19%
Hispanic	1,135	23%
Other	196	4%

Drug and Alcohol Use

Not Using Alcohol or Drugs	3,195	65%
Using Alcohol	243	5%
Using Drugs	567	12%
Unknown	827	17%

Mental Illness/Co-Occurring Disorder 2,873 59%

Arrest in the Last 30 days (Yes) 83 2%

Tobacco Products Used (Yes)** 1,573 33%

Living Arrangement

Homeless	328	7%
Dependent Living/Institution	639	13%
Independent Living	3,781	77%

Employment Status

Unemployed	1,146	23%
Student	46	1%
Not in Labor Force	1,747	36%
Employed Full/Part Time	1,809	37%

Reasons for Discharge or Treatment Not Completed

Completed at This Level of Care	2,748	56%
Quit or Dropped Out	1,225	25%
Needs Different Level of Care	310	6%
Administrative Discharge	183	4%
Medical Discharge	59	1%
Deceased	19	0%
NJSAMS System Discharge	180	4%
Other	163	3%

Continuing Care

No Continuing Care Needed	1,096	22%
Refused or Unable to Continue	588	12%
Continue Care	1,692	35%
Not Assessed	1,511	31%

Attendance Self-Help group in past 30 Days (Yes)

Narcotic Anonymous (NA)	1,102	23%
Alcoholic Anonymous (AA)	1,160	24%

Client Goal Achieved *

Alcohol or Drug Problem	2,434	57%
Educational	924	58%
Employment or Vocational	1,033	56%
Legal	1,111	55%
Family Situation/Social	1,158	56%
Psychological or Mental Health	1,194	54%
Physical Health	1,064	63%
Gambling	533	61%
Tobacco	501	42%
Financial	800	54%
Housing	1,013	63%

County Where Patient Was Treated

Atlantic	235	5%	Middlesex	2,834	58%
Bergen	12	0%	Monmouth	808	17%
Burlington	64	1%	Morris	20	0%
Camden	49	1%	Ocean	45	1%
Cape May	0	0%	Passaic	133	3%
Cumberland	29	1%	Salem	0	0%
Essex	212	4%	Somerset	78	2%
Gloucester	46	1%	Sussex	8	0%
Hudson	118	2%	Union	139	3%
Hunterdon	29	1%	Warren	5	0%
Mercer	23	0%	Other	0	0%

Total Discharges = 4,887
Unduplicated Clients Discharged = 2,986

* Totals may be greater than 100% because of multiple responses. Percentage for goal achievement based on total clients for whom goal was applicable.

**Percentage calculation excluded missing values.

CY2025 Substance Use Treatment Discharges

Middlesex County Treatment Sites

Level of Care			Living Arrangement		
Outpatient Care (OP)	1,604	26%	Homeless	256	4%
Intensive Outpatient (IOP)	1,464	24%	Dependent Living/Institution	1,017	17%
Partial Hospitalization	242	4%	Independent Living	4,736	77%
Opioid Maintenance OP	356	6%	Employment Status		
Opioid Maintenance IOP	25	0%	Unemployed	1,258	21%
Extended Care	0	0%	Student	49	1%
Halfway House	0	0%	Not in Labor Force	1,586	26%
Long-Term Residential	834	14%	Employed Full/Part Time	3,116	51%
Short-Term Residential	703	11%	Reasons for Discharge or Treatment Not Completed		
Hospital Based Residential	0	0%	Completed at This Level of Care	3,613	59%
Detox Residential	883	14%	Quit or Dropped Out	1,526	25%
Detox Hospital	0	0%	Needs Different Level of Care	361	6%
Detox Outpatient Non-Methadone	11	0%	Administrative Discharge	173	3%
Detox Outpatient Methadone	0	0%	Medical Discharge	55	1%
Non-Traditional Program	0	0%	Deceased	9	0%
Early Intervention	12	0%	NJSAMS System Discharge	178	3%
Interim Services	0	0%	Other	219	4%
Medication Prescribed to Treat Substance Use			Continuing Care		
Methadone	623	10%	No Continuing Care Needed	1,373	22%
Buprenorphine	353	6%	Refused or Unable to Continue	439	7%
Vivitrol	166	3%	Continue Care	2,474	40%
Psychotropic	648	11%	Not Assessed	1,848	30%
Sex			Attendance Self-Help group in past 30 Days (Yes)		
Male	4,495	73%	Narcotic Anonymous (NA)	1,873	31%
Female	1,631	27%	Alcoholic Anonymous (AA)	2,175	35%
Age			Client Goal Achieved *		
Under 18	27	0%	Alcohol or Drug Problem	3,419	61%
18-21	192	3%	Educational	1,143	57%
22-24	307	5%	Employment or Vocational	1,214	59%
25-29	669	11%	Legal	1,314	58%
30-34	958	16%	Family Situation/Social	1,398	61%
35-44	1,857	30%	Psychological or Mental Health	1,262	54%
45-54	1,176	19%	Physical Health	1,247	66%
55 and over	948	15%	Gambling	688	66%
Race/Ethnicity			Tobacco	397	37%
White	3,352	55%	Financial	790	55%
Black	1,132	18%	Housing	991	65%
Hispanic	1,411	23%	County of Residence		
Other	239	4%	Atlantic	55	1%
Drug and Alcohol Use			Bergen	156	3%
Not Using Alcohol or Drugs	4,196	68%	Burlington	54	1%
Using Alcohol	283	5%	Camden	49	1%
Using Drugs	535	9%	Cape May	13	0%
Unknown	1,088	18%	Cumberland	36	1%
Mental Illness/Co-Occurring Disorder			Essex	231	4%
	4,140	67%	Gloucester	25	0%
Arrest in the Last 30 days (Yes)			Hudson	116	2%
	90	1%	Hunterdon	80	1%
Tobacco Products Used (Yes)**			Mercer	112	2%
	1,723	29%	Middlesex	2,834	46%
			Monmouth	509	8%
			Morris	120	2%
			Ocean	190	3%
			Passaic	125	2%
			Salem	10	0%
			Somerset	366	6%
			Sussex	62	1%
			Union	429	7%
			Warren	47	1%
			Other	515	8%

Total Discharges = 6,134
Unduplicated Clients Discharged = 4,213

* Totals may be greater than 100% because of multiple responses. Percentage for goal achievement based on total clients for whom goal was applicable.

**Percentage calculation excluded missing values.