

Division of Mental Health and Addiction Services Community Wellness Centers

Virtual Services vary by center/Please use contact numbers listed to determine service availability.

Currently: On-site Hours may vary due to current COVID related restrictions

Mental Health Association of NJ (MHANJ) /United by Wellness (UBW) /Statewide ALL Virtual Wellness Center

United By Wellness (UBW), is an all-virtual wellness center providing no-cost support, education, & advocacy plus hope & skills for recovery to people living with mental health and/or substance use disorder(s), in a safe, & diverse community which embraces the uniqueness of its members & their chosen path towards recovery. UBW offers peer-led groups 7 days a week with group topics covering all dimensions of wellness & recovery principles.

Offering 80+ groups a week, on zoom & phone.

Email: unitedbywellness@mhanj.org

Website: www.mhaac.info/ubw

Phone Number: 609-652-3800

Member Registration: <https://www.surveymonkey.com/r/8VXP2K8>

MHANJ/I.C.E. Wellness Center/Atlantic County

Individuals Concerted in Effort (ICE) *Services are offered virtual and in-person*

Please contact MHANJ Atlantic to receive calendar of services.

4 East Jimmie Leeds Road Suite 8 Galloway NJ 08205

Website: www.mhaac.info

Phone: 609-652-3800

Manager: Currently Vacant

Contact: Carolyn Quinn CPRP, CRSP, CPRS, I/C PRS, DRCC, B.S- Director of Community Engagement & Wellness Programs

Collaborative Support Programs of NJ (CSPNJ) /Bergen County Community Wellness Center (CWC) /Bergen County

177 Hudson Street

Hackensack, NJ 07601

Hours: Tue-Sat 1PM-5PM

Phone: 201-489-8402

Manager: TBA

www.cspnj.org

Catholic Charities/Riverbank Self-help Center/Burlington County

114 Delaware Avenue

Burlington, NJ 08016

Phone: 609-239-1786

Manager: Michael Olshansky

email: molshansky@cctrenton.org

**Oaks Integrated Care/The R.I.T.E. Center/Burlington County
Realizing Independence Through Empowerment**

Amherst Commons Building C

Lumberton, NJ

Phone: 609-518-7293

Manager: Carlyn Barnes

email: carlyn.barnes@oaksintcare.org

CSPNJ/Donald Mays Jr. Community Wellness Center/Camden County

204 White Horse Pike

Barrington, NJ 08007

Phone: 856-429-9940

Manager: Johnny Rice

email: jrice@cspnj.org

CSPNJ/Camden City Community Wellness Center/Camden County

400 Market Street

Camden, NJ 08102

Phone: 856-308-2287

Manager: Johnny Rice

email: jrice@cspnj.org

CSPNJ/ Learning Recovery Center/Cape May County

*** All services are being offered virtually at this time ***

Manager: Lisa Eachus

email: leachus@cspnj.org

CSPNJ/New Horizons Community Wellness Center/Cumberland County

63 South Myrtle Street

Vineland, NJ 08360

Phone: 856-696-1016

Manager: Chris Olausen

email: colausen@cspnj.org

CSPNJ/Better Life Community Wellness Center/Essex County

101 14th Avenue

Newark, NJ 07103

Phone: 862-229-1400

Manager: Shareatha Webster

email: swebster@cspnj.org

CSPNJ/Up Your Alley Community Wellness Center/Gloucester County

8 Liberty Street

Glassboro, NJ 08028

Phone: 856-881-2204

Manager: Pat Leary email: pleary@cspnj.org

CSPNJ/Hudson County Integrated Services (HCIS) /Hudson County

924 Bergen Ave, PBM #323 (mailing)
Jersey City, NJ 07306
422-426 Martin Luther King Jr. Drive (physical)
Jersey City, NJ 08304
Phone: 201-420-8013
Manager: Melisa Williams
Email: mwilliams@cspnj.org

Hunterdon Healthcare Services NJ/Getting Together Self-help Center/ Hunterdon County

52 East Main Street
Flemington, NJ 08822
Phone: 908-806-8202
Manager: Kerry McGinnity
email: kmcginnity@hhsnj.org

CSPNJ/Reach Out/Speak Out Community Wellness Center/Mercer County

6 North Broad Street
Trenton, NJ 08608
Phone: 609-984-8008
Manager: Lynne Blecher
email: lblecher@cspnj.org

CSPNJ/Moving Forward Community Wellness Center/ Middlesex County

25 Elizabeth Street 2nd Floor
New Brunswick, NJ 08901
Phone: 732-317-2920
Manager: Danijela Santos
email: dsantos@cspnj.org

CSPNJ/Freehold Community Wellness Center/Monmouth County

17 Bannard Street / Suite 22
Freehold, NJ 07728
Phone: 732-625-9485
Manager: Lisa Negron
email: lnegron@cspnj.org

CSPNJ/CARE Center Community Wellness Center/Monmouth County

80 Steiner Avenue
Neptune City, NJ 07753
Phone: 732-455-5358
Manager: Michelle Durant
email: mdurant@cspnj.org

CSPNJ/ Morris Community Wellness Center/Morris County

1259 Route 46 East
Bldg. #4, Door 4D
Parsippany, NJ 07054
Phone: 973-334-2470
Manager: Kenneth Kohn
email: kkohn@cspnj.org

CSPNJ/Brighter Days Community Wellness Center/Ocean County

268 Bennetts Mill Road
Jackson, NJ 08527
Phone: 732-534-9960
Manager: Steven Paris
Email: sparis@cspnj.org

MHANJ/Journey to Wellness (JTW) /Ocean County

Services are offered virtual & in-person

25 South Shore Drive, Toms River NJ 08753

In-Person Groups: Tuesday & Thursday Evenings / 4:45pm - 7:45pm at MHA-Ocean's Toms River Office

Please contact MHANJ Ocean to receive calendar of virtual & in-person groups, as well as socialization activities & other MHANJ-Ocean Services.

Phone: 732-914-1546 (JTW) or 732-244-0940 (MHANJ-Ocean)

Email: mhaocean@mhanj.org

Contact: Michelle Price GRS, CRSP, CPRS, - Director of MHANJ-Ocean County Offices

Manager: Mike Leotis - Journey to Wellness Program Coordinator

CSPNJ/Passaic County Community Wellness Center/Passaic County

60 Hamilton Street
Paterson, NJ 07505
Phone: 973-553-1101
Manager: Annette Wright
email: awright@cspnj.org

CSPNJ/New Dimensions Community Wellness Center/Salem County

PO Box 149 (mailing)
Alloway, NJ 08001
77 West Broadway(physical)
Salem, NJ 08079
Phone: 856-279-2753
Manager: Nerissa Jones
email: njones@cspnj.org

CSPNJ/Freedom Trail Community Wellness Center/ Somerset County

166 West Main Street
Somerville, NJ 08876
Phone: 908-722-5778
Manager: Jeffrey Philipps
email: jphillips@cspnj.org

CSPNJ/ A Way to Freedom Community Wellness Center/ Sussex County

29 Trinity Street
Newton, NJ 07860
Phone: 973-300-0830
Manager: TBA
Email: rcoley@cspnj.org

CSPNJ/Park Avenue Community Wellness Center/Union County

333 Park Avenue
Plainfield, NJ 07060
Phone: 908-757-1350
Manager: TBA
www.cspnj.org

MHANJ/Esperanza Self-help Center/Union County

*** All services are being offered virtually at this time ***

Please contact MHANJ Union to receive calendar of services
673 Morris Ave. Suite 100. Springfield, NJ 07081
Phone: 973-571-4100
Manager- Leslie Santana- Esperanza Wellness Center Manager
lsantana@mhanj.org

Center for Family Guidance/Better Future Self-help Center/Warren County

21 West Washington Ave
Washington, NJ 07882
Phone: 908-835-1180
Manager: Beverly Parello
email: bparello@fgcwc.org