New Jersey’s Children’s System of Care

Presented by
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Assistant Commissioner
NJ Children’s System of Care
**Children’s System of Care Objectives**

*To help youth succeed…*

**At Home**
Successfully living with their families and reducing the need for out-of-home treatment settings.

**In School**
Successfully attending the least restrictive and most appropriate school setting close to home.

**In the Community**
Successfully participating in the community and becoming independent, productive and law-abiding citizens.
# System of Care Values and Principles

**Youth Guided & Family Driven**

**Community Based**

**Culturally/Linguistically Competent**

<table>
<thead>
<tr>
<th>Strength Based</th>
<th>Family Involvement</th>
<th>Individualized</th>
</tr>
</thead>
<tbody>
<tr>
<td>Unconditional Care</td>
<td>Collaborative</td>
<td>Home, School &amp; Community Based</td>
</tr>
<tr>
<td>Promoting Independence</td>
<td>Cost Effective</td>
<td>Team Based</td>
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<td></td>
<td>Comprehensive</td>
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1999
NJ wins a federal system of care grant that allowed us to develop a system of care.

2000 - 2001
NJ restructures the funding system that serves children. Through Medicaid and the contracted system administrator, children no longer need to enter the child welfare system to receive behavioral health care services.

2006
The Department of Children and Families (DCF) becomes the first cabinet-level department exclusively dedicated to children and families [P.L. 2006, Chapter 47].

2007 – 2012
The number of youth in out-of-state behavioral health care goes from more than 300 to three.*

July 2012
Intellectual/developmental disability (I/DD) services for youth and young adults under age 21 is transitioned from the Department of Human Services (DHS) Division of Developmental Disabilities to the DCF Children’s System of Care (CSOC).

July 2013
Substance use treatment services for youth under age 18 is transitioned from DHS, Division of Mental Health and Addiction Services, to DCF/CSOC.

May 2013
Unification of care management, under CMO, is completed statewide.

December 2014
Integration of Physical and Behavioral Health is piloted in Bergen and Mercer County with expected Statewide rollout.

July 2015
NJ wins a Federal SAMHSA Grant System of Care - Expansion and Sustainability.

*How did we do this? Careful individualized planning and the development of in-state options (based on research about what kids need) using resources that were previously going out of state.
Language Is Important

Client
Case
Placement
Language Is Important

<table>
<thead>
<tr>
<th>Language of CSOC</th>
<th>Not the Language of CSOC</th>
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</thead>
<tbody>
<tr>
<td>Children, youth, young adult</td>
<td>Clients, Case, Consumer</td>
</tr>
<tr>
<td>Parents, caregivers</td>
<td>Mom and Dad</td>
</tr>
<tr>
<td>Treatment</td>
<td>Placement</td>
</tr>
<tr>
<td>Engagement</td>
<td>Not Motivated</td>
</tr>
<tr>
<td>Transition</td>
<td>Close, Terminate</td>
</tr>
<tr>
<td>Missing</td>
<td>Runaway</td>
</tr>
<tr>
<td>Therapeutic leave</td>
<td>Home visits</td>
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</tbody>
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New Jersey Department of Children and Families
Key System Components

**Intensive In-Community**
- Flexible, multi-purpose, in-home/community clinical support for parents/caregivers and youth with behavioral and emotional disturbances who are receiving care management, MRSS, or out-of-home services

**Out of Home**
- Full continuum of treatment services based on clinical need

**DD-IIH and Family Support Services**
- Supports, services, resources, and other assistance designed to maintain and enhance the quality of life of a young person with intellectual/developmental disability and his or her family, including respite services and assistive technology

**Substance Use Treatment Services**
- Outpatient, out of home, detox treatment services (limited), co-occurring services

**Traditional Services**
- Partial Care, Partial Hospitalization, Inpatient, and Outpatient services
Key System Components

Contracted System Administrator
- PerformCare is the single portal for access to care available 24/7/365

Care Management Organization
- Utilizes a wraparound model to serve youth and families with complex needs

Mobile Response & Stabilization Services
- Crisis response and planning available 24/7/365

Family Support Organization
- Family-led support and advocacy for parents/caregivers and youth
Lessons Learned

“We don’t know what we don’t know…”

But Also

“We have done this before”
For More Information

NJ’s Children’s System of Care

www.state.nj.us/dcf

PerformCare

www.performcarenj.org