

New Jersey Hope & Healing

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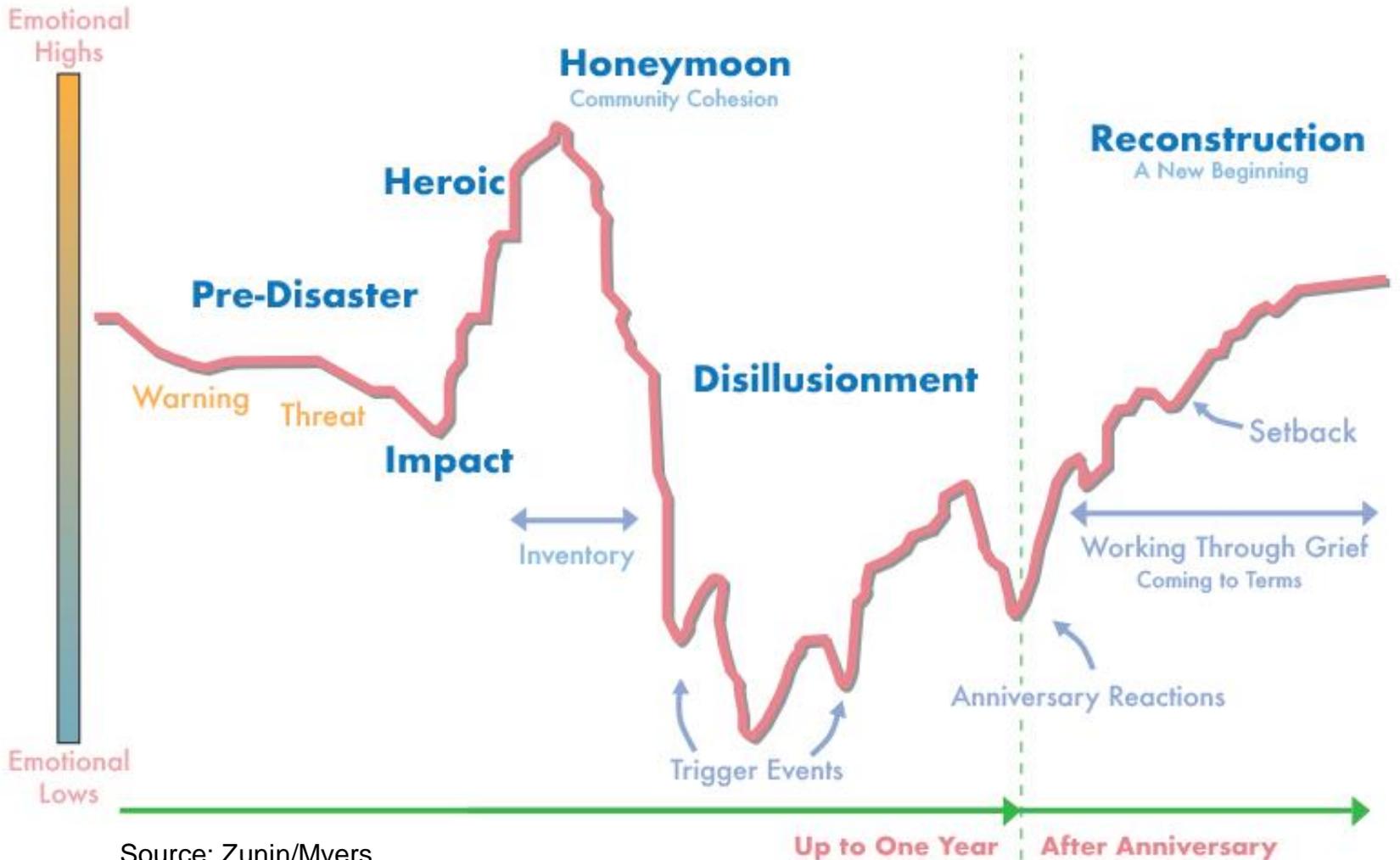
QUARTERLY PROVIDER MEETING

12/10/2020



Typical Phases of Disaster

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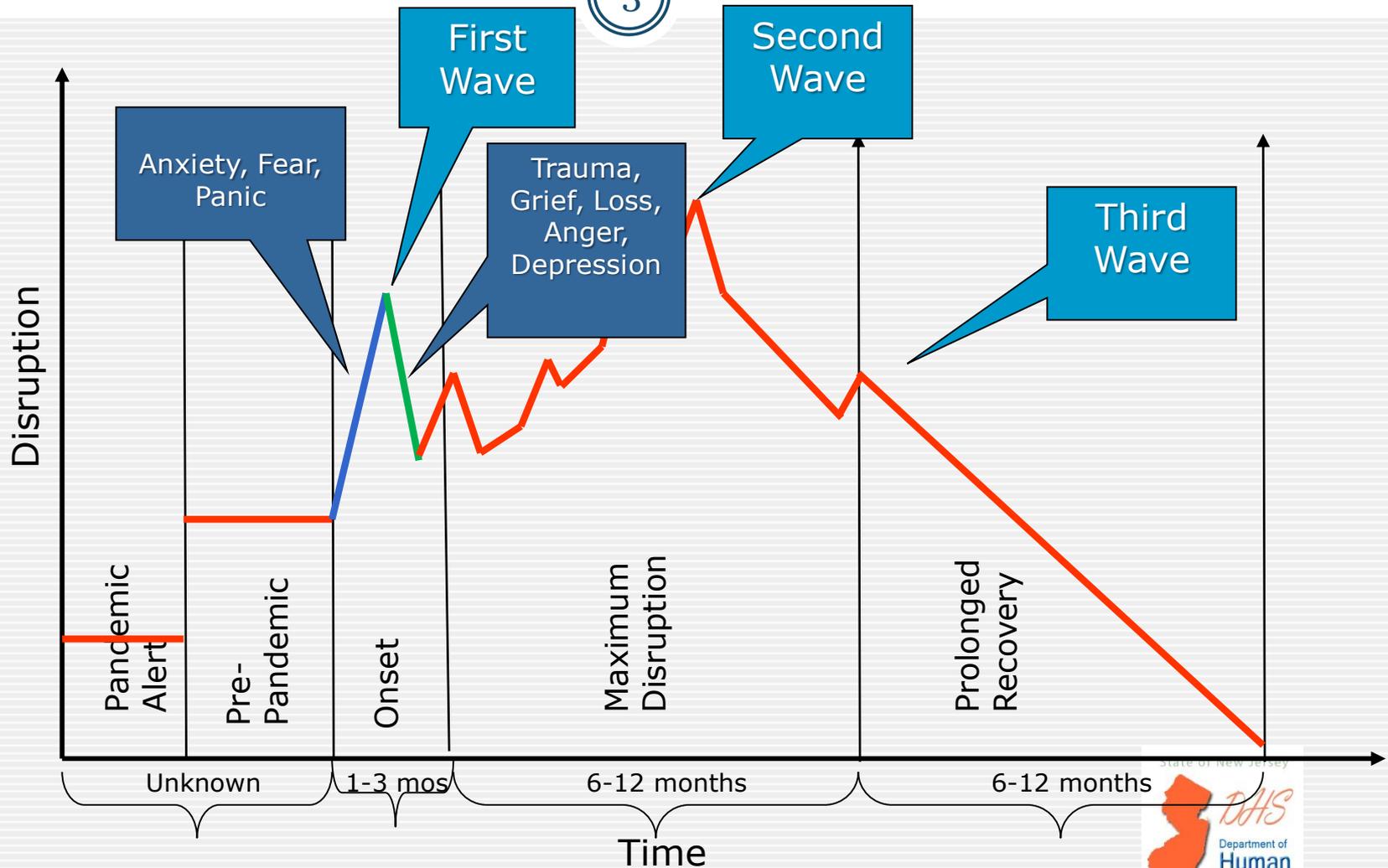


Source: Zunin/Myers

Pandemic Timeline and Planning Framework

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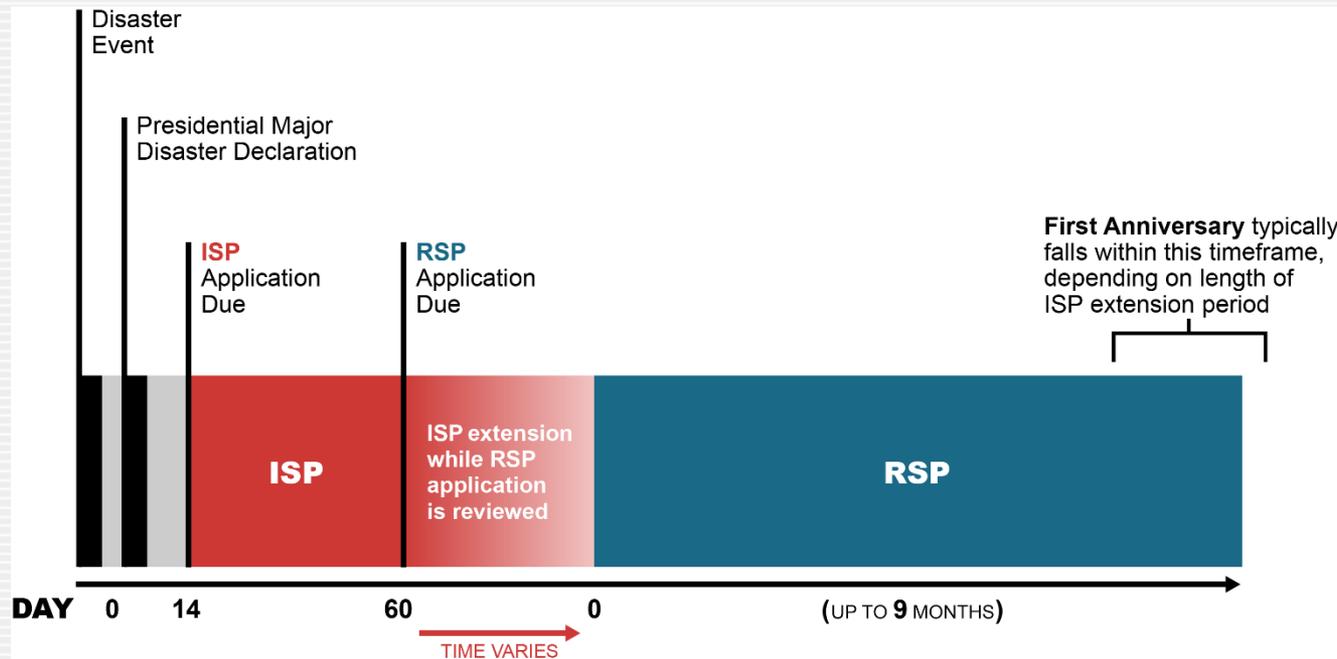
Adapted from Connell, P., "Banks and Avian Flu: Planning for a Possible Pandemic, 2006."



Disaster Response CCP Timeline

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- Typical CCP Timeline



Disaster Response Structure and Operations

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- **SAMHSA and FEMA Roles and Responsibilities**

- Through an interagency agreement, SAMHSA works with FEMA to implement the CCP.
- SAMHSA and FEMA collaborate to
 - ✦ Provide technical assistance and consultation
 - ✦ Administer grants
 - ✦ Oversee programs
 - ✦ Ensure that grant services are in accordance with the CCP model

Disaster & Terrorism Branch

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- Immediately offered webinars and training opportunities
- Offered Crisis Counseling
- Virtual Support Groups
- DRCC activated
- Ongoing workshops for vulnerable populations
- Coordinate Hope & Healing Grant

Key Concepts

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- The CCP model is
 - Strengths-based
 - Anonymous
 - Outreach-oriented
 - Culturally aware
 - Conducted in nontraditional settings
 - Designed to strengthen existing community support systems
 - Based on an assumption of natural resilience and competence



Key Concepts (cont.)

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- Outreach is

- Central to the CCP model
- Guided by initial and ongoing needs assessment
- A mechanism to find people in need
- A mode of service delivery



State of New Jersey



Key Concepts (cont.)

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Traditional Treatment

- Is office-based
- May involve diagnosis and treatment of mental illness, as well as identification of strengths and coping skills
- May focus on longer-term issues
- Validates experiences associated with distress that has brought the person to treatment
- Keeps records, charts, case files, etc.

Crisis Counseling

- Is home- and community-based
- Involves identification of strengths and coping skills
- Counsels on disaster-related issues
- Validates common disaster reactions and experiences
- Does not collect identifying information

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Provider	Contact Information	Service Areas	Special Populations
Capital Health System (Mercer) 1445 Whitehorse-Mercerville Road, Suite 111 Hamilton, NJ 08536-3834	Christi Weston, MD 609-689-5725 cweston@capitalhealth.org Victoria Pena-Cardinali vpena-cardinali@capitalhealth.org	Burlington, Hunterdon Mercer, Somerset and Middlesex Counties	First Responders, Healthcare Workers, Frontline Essential: Emergency Medical Services Personnel
Catholic Charities Diocese of Trenton (Mercer) 132 Warren Street Trenton, NJ 08608-1308	Arnold Valentin, Jr. 609-468-8452 avalentin@cctrenton.org Noelle Davies Ndavies@cctrenton.org	Statewide	Aging, Children/Youth/Families, First Responders, Healthcare Workers, AFN, Low Social Economic Status, Pregnant Women, Other: Domestic Violence, Veterans, Homeless
Center for Family Services (Camden) 584 Benson Street Camden, NJ 08103-1324	Barbara Maronski, Associate Vice President 609-230-8933 bmaronski@centerffs.org Andera Rao andrea.rao@centerffs.org 609-405-7817	Atlantic, Camden, Cape May, Cumberland, Essex, Gloucester, Morris, Passaic, Salem and Sussex Counties	Children/Youth/Families, First Responders, Healthcare Workers, General Population, ME Funeral Home Staff, Frontline Essential, Other: Employees of Businesses

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<p>Center for Psychological Services (Middlesex) Graduate School of Applied and Professional Psychology(GSAPP)- Rutgers University 152 Frelinghuysen Road Piscataway, NJ 08854-8020</p>	<p>Angelica Diaz-Martinez, PhD amd15@gsapp.rutgers.edu</p>	<p>Bergen, Camden, Essex, Hudson, Hunterdon, Mercer, Middlesex, Monmouth, Passaic, Somerset, Union and Warren Counties</p>	<p>Children/Youth/Families (Children in Foster Care), First Responders, Healthcare Workers, AFN (LEP, Medical Conditions, Individuals with Autism), General Population, Low Social Economic Status (Youth and Families), Pregnant Women, Frontline Essential (Allied, Healthcare Workers) , Other: Refugees, Immigrants (documented and undocumented) Asylum Seekers and Asylees, Trafficking Victims, Students, Substance Abuse</p>
<p>Church World Services (CWS) (Hudson) 26 Journal Square, Suite 600 Jersey City, NJ 07306-4103</p>	<p>Courtney Madsen 201-659- 0467 cmadsen@cwsglobal.org</p>	<p>Bergen, Hudson and Passaic Counties</p>	<p>AFN (LEP), Other: Refugees, Asylum Seekers, Asylees</p>
<p>Family Services Bureau (FSB) of Newark (Essex) 274 South Orange Avenue Newark NJ, 07103-2419</p>	<p>Arti Kakkar 732-213-3730 akakkar@newcommunity.org</p>	<p>Bergen, Essex and Hudson Counties</p>	<p>Aging, Children/Youth/Families, First Responders, Healthcare Workers, AFN, General Population, Low Social Economic Status, Frontline Essential, Other: Homeless</p>

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<p>Jewish Family Services & Children's Center of Clifton/Passaic (Passaic) 110 Main Avenue Passaic, NJ 07055-4427</p>	<p>Esther East 973-777-7638 ext.139 e.east@jfsclifton.org</p> <p>Max Kirshblum m.kirshblum@jfsclifton.org</p>	<p>Passaic County</p>	<p>Aging, Children/Youth/Families, First Responders, Healthcare Workers, AFN (Latino), General Population, Low Social Economic Status, Frontline Essential, Other: Domestic Abuse, Sexual Violence, Undocumented Latino Immigrants</p>
<p>Mental Health Association in NJ, Inc. (Union) 673 Morris Avenue, Suite 100 Springfield, NJ 07081</p>	<p>Jaime Angelini 609-652-3800 ext. 308 cell phone 609-576-9498 jangelini@mhanj.org</p>	<p>Atlantic, Ocean and Cape May Counties</p>	<p>Aging, Children/Youth/Families, First Responders, Healthcare Workers, AFN, General Population, Low Social Economic Status, ME Funeral Home Staff, Pregnant Women, Frontline Essential</p>
<p>Mental Health Association of Essex and Morris (Essex) 33 South Fullerton Avenue Montclair, N.J. 07042</p>	<p>Marvin Gorsky, LCSW Senior Director, Clinical Services 973-509-9777 ext.112 mgorsky@mhaessexmorrissex.org</p> <p>Genaya Palmer gplamer@mhaessexmorris.org</p>	<p>Essex and Morris County</p>	<p>Aging, Children/Youth/Families, AFN, General Population, Frontline Essential, Other: Communities of Color</p>

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<p>Richard Hall Community Mental Health Center of Somerset County 500 North Bridge Street Bridgewater Township, NJ 08807</p>	<p>Nicci Spinazzola 908-208-5750 or 908-253-3160 spinazzola@co.somerset.nj.us us Brett Peppe: peppe@co.somerset.nj.us</p> <p>Pareja, Ivana: pareja@co.somerset.nj.us Isbitski, Megan: isbitski@co.somerset.nj.us</p>	<p>Somerset County</p>	<p>Aging, Children/Youth/Families, First Responders, Healthcare Workers, AFN (Bi-lingual), General Population, Low Social Economic Status (Homeless), ME Funeral Home Staff, Frontline Essential, Other: Undocumented, Unemployed, Substance Abuse</p>
<p>RWJ Barnabas Health Institute for Prevention and Recovery 442 NJ-35 Building A, Third Floor Eatontown, NJ 07724</p>	<p>Connie Greene 908.915.4533 Connie.Greene@rwjbh.org Michael Litterer: michael.litterer@rwjbh.org Janis Mayer: reflectionsjm@icloud.com</p>	<p>Essex, Hudson, Mercer, Middlesex, Monmouth, Ocean, Somerset and Union Counties</p>	<p>Aging, Children/Youth/Families, First Responders, Healthcare Workers, ME Funeral Home Staff, Frontline Essential</p>
<p>Rutgers Health: University Behavioral HealthCare 671 Hoes Lane West Piscataway NJ 08854-5627</p>	<p>Cherie Castellano castelch@ubhc.rutgers.edu Marie Vogel marievog@ubhc.rutgers.edu</p>	<p>Statewide</p>	<p>First Responders, Healthcare Workers, Other: Veterans</p>

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Examples of Services:

- Virtual Support Groups
- Stress and Coping Trainings
- Individual Crisis Counseling
- Outreach to Vulnerable Populations
- Social Media messages
- Children's coping groups

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- For Statewide Access:

**During the COVID-19 Pandemic
your mental health is vital.**

**For Free Emotional Support
from Trained Staff**

Call 866-202-HELP (4357)
(Multilingual Service Available)

OR Text NJHOPE to 51684

7 Days/Week, 8 a.m. — 8 p.m.

This program is brought to you through NJ Hope and Healing Crisis Counseling Program (CCP). The Mental Health Association in New Jersey in collaboration with the New Jersey Department of Human Services, Division of Mental Health and Addiction Services is offering this CCP through a (FEMA/SAMHSA) grant.