

WELLNESS AND RECOVERY TRANSFORMATION ACTION PLAN UPDATE OCTOBER 2008

Systems Enhancement

Objective: New and/or expanded roles for consumers and families

- Peer Specialist positions are being created in each of the state psychiatric hospitals.
- On-grounds consumer operated Self-Help center opening in October 2008 at Ancora with others to follow.
- Training was provided to Self-Help Center management and membership in advocacy and leadership.
- The Univ. of Penn's Center for Community Integration provided training to Self-Help Centers on Olmstead.

Objective: Emphasize and Integrate Tools to Promote Consumer Empowerment

- Regulations on Psychiatric Advanced Directive (PAD) have been published.
- Training on supporting consumers in completing PAD is available on the DMHS website.

Objective: Improve Integration between Primary Care and Mental Health Treatment

- DMHS awarded Proposals to provide enhanced supportive housing for consumers ready for discharge on CEPP status in state psychiatric hospitals who also have co-existing medical conditions.

Objective: Improve Integration of Services for Consumers That Cross Systems

- Recommendations by DD/MI Task Force were presented on October 10, 2008.
- DMHS and DAS will be co-chairing a task force to examine issues to creating a Co-occurring Competent System. Application for membership is available at the link below on the DHS website and application is due by 10/30/08. http://www.state.nj.us/humanservices/dmhs/Co_occurring_task_force_applic.pdf
- Protocols to facilitate transition for youths Aging Out of the children's behavioral health system are being piloted in Middlesex, Monmouth, Ocean and Burlington Counties this fall.

Objective: Create a culture of wellness and recovery and an emphasis on active treatment facilitating life in the community within the state psychiatric hospitals

- DMHS published its' Home to Recovery CEPP/Olmstead Plan in January 2008.

- A progress report on improvements at Ancora Psychiatric Hospital can be viewed on DMHS's website.

Objective: Emphasize Evidence-Based, Best and Promising Practices within the mental health system

- DMHS issued 5 RFPs for enhanced Supportive Housing for consumers on CEPP status w/co-existing medical conditions or challenging behaviors requiring specialized services; and consumers in the community deemed "At Risk" for homelessness or institutionalization. A total of 325 additional consumers will be served.
- DMHS is working with Medicaid to create reimbursable services for supported housing and has convened a community work group to review documentation issues.
- A statewide Warm Line RFP was awarded to MHA NJ and will be operational in Nov. 2008. This service is based on the emerging best practice of Intentional Peer Support and can be effective in reducing reliance on acute care services.
- TAC of UBHC trained 5 partial care programs in implementing Integrated Dual Disorder Treatment.
- DMHS has issued an RLI to eligible IFSS to implement 3 evidence based Multi-family Psycho-education Groups.
- IMR training and services are underway in all state hospitals, PCPs, PACT and some residential programs.
- IMR has been incorporated into partial care and PACT regulations as a vital service component.
- DMHS sponsored an intensive training in the Intercept Systems Mapping process in Cumberland County to better understand the criminal justice and mental health needs in the County.
- An Acute Care Task Force was convened to ensure relevant stakeholder input and make program, policy, regulatory and data recommendations to DMHS.
- Actions taken to address issues of the acute care system include the addition of 83 STCF beds; 2 "alternative to screening" pilots located in Morris and Atlantic Counties; and an Intensive Outpatient Program was implemented in Camden County.

Data Driven Decision Making

Objective: Establish system wide outcomes and measures; Implement performance based contracting

- Unique to NJ, DMHS posted Data Dashboard Reports on the website about each of the State hospitals.
- DMHS has identified domains in which systems outcomes will be identified and measured. These domains are: Improved Access to Services; Promotion of Recovery Oriented Outcomes; Appropriateness of Service; Effectiveness of Services; Efficiencies; Integrated Systems; Decreased Stigma and Discrimination; and Environment of Care.
- Contract reform continues to take place with stakeholders and constituent participation. Activities related to contract reform to date include: refining units of services and service commitments; updating the QCMR; defining units of services and service commitments; and defining performance measures for PACT.

Workforce Development

Objective: Develop and implement a competency based Workforce Development Plan

- DMHS has consulted with the National Research Institute to assist us going forward to ensure a competent workforce in NJ.