September 2019

The statewide **Substance Abuse Overview** provides statistics on substance abuse treatment in New Jersey for calendar year 2018. In 2018, there were 89,629 treatment admissions and 87,516 discharges reported to the New Jersey Department of Human Services, Division of Mental Health and Addiction Services by substance abuse treatment providers. These data were submitted through the web-based New Jersey Substance Abuse Monitoring System (NJSAMS). This report is based on the information provided in the June 2019 NJSAMS download data.

The Statewide Overview includes:

- State Totals for Substance Abuse Treatment Admissions
- Substance Abuse Admissions by County and Primary Drug
- Substance Abuse Admissions by Primary Drug within County
- Substance Abuse Admission Rates by County and Primary Drug
- Map for Number of Substance Abuse Admissions by County of Residence
- First Time Clients by County of Residence and Primary Drug
- Admissions by Age Group, Gender, and Primary Drug
- State Totals for Substance Abuse Treatment Discharges
- Length of Stay by Level of Care
- Waiting Time to Treatment Admission
- Detox Continuing Care Status at Discharge
- Detox Continuing Care by Level of Care
- Substance Abuse Treatment Demand Estimate

Reports for individual counties can be found by clicking on the county names.

If you have any questions about this report, you may contact us by email at:
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Limei.Zhu@dhs.nj.gov
Yohannes.Hailu@dhs.nj.gov

Sincerely,

Suzanne Borys, Ed. D., Assistant Division Director
Office of Planning, Research, Evaluation, Prevention and Olmstead
### New Jersey Substance Abuse Monitoring System (NJ-SAMS)
#### Substance Abuse Treatment Admissions 1/1/2018-12/31/2018
##### Middlesex County Residents

#### Primary Drug**
- Alcohol: 1,916 (31%)
- Heroin: 2,603 (42%)
- Other Opiates: 351 (6%)
- Cocaine: 298 (5%)
- Marijuana: 844 (14%)
- Other Drugs: 185 (3%)

#### Intravenous Drug Users
1,857 (30%)

#### Level of Care
- Outpatient Care (OP): 2,252 (36%)
- Intensive Outpatient (IOP): 1,240 (20%)
- Partial Hospitalization: 268 (4%)
- Opioid Maintenance OP: 702 (11%)
- Opioid Maintenance IOP: 78 (1%)
- Extended Care: 0 (0%)
- Halfway House: 105 (2%)
- Long-Term Residential: 240 (4%)
- Short-Term Residential: 585 (9%)
- Hospital Based Residential: 0 (0%)
- Detox Residential: 606 (10%)
- Detox Hospital: 5 (0%)
- Detox Outpatient Non-Methadone: 97 (2%)
- Detox Outpatient Methadone: 0 (0%)
- Early Intervention: 26 (0%)

#### Medication Assisted Therapy Planned in Treatment
- Methadone: 804 (13%)
- Suboxone: 457 (7%)
- Vivitrol: 190 (3%)

#### Referral Source
- Self-referral: 2,160 (35%)
- Family/Friend: 130 (2%)
- Addiction Services Program: 512 (8%)
- Workforce NJ SAI: 96 (2%)
- DCCP/CPSAI: 213 (3%)
- Mental Health: 89 (1%)
- Criminal Justice: 1,690 (27%)
- Interim Managing Entity (IME): 129 (2%)
- IDRC: 822 (13%)
- Other: 492 (8%)

#### Sex
- Male: 4,414 (71%)
- Female: 1,788 (29%)

#### Pregnant Women (Yes)**
64 (1%)

#### Age
- Under 18: 60 (1%)
- 18-21: 364 (6%)
- 22-24: 538 (9%)
- 25-29: 1,246 (20%)
- 30-34: 1,007 (16%)
- 35-44: 1,496 (24%)
- 45-54: 964 (16%)
- 55 and over: 529 (9%)

#### Race/Ethnicity
- White (non-Hispanic): 3,492 (56%)
- Black (non-Hispanic): 1,081 (17%)
- Hispanic Origin: 1,379 (22%)
- Other: 252 (4%)

#### Highest School Grade Completed
- Completed High School: 3,837 (62%)
- Some College: 1,310 (21%)

#### Employment Status
- Unemployed: 1,195 (19%)
- Student: 127 (2%)
- Not in Labor Force: 2,492 (40%)
- Employed Full/Part Time: 2,387 (38%)

#### Living Arrangement
- Homeless: 292 (5%)
- Dependent Living/Institution: 1,183 (19%)
- Independent Living: 4,725 (76%)

#### Marital Status
- Single/Divorced: 5,044 (81%)
- Married/Civil Union: 850 (14%)
- Widowed: 92 (1%)
- Separated: 218 (4%)

#### Legal Problem*
- None: 2,213 (36%)
- Case Pending: 660 (11%)
- Probation/Parole: 1,619 (26%)
- DUI License Suspension: 923 (15%)
- Drug Court: 659 (11%)
- DCCP/Family Court: 369 (6%)
- Other: 158 (3%)

#### Federal Poverty Level (0-133%)**
4,140 (78%)

#### Health Insurance*
- No Insurance: 1,757 (28%)
- Medicaid: 3,619 (58%)
- Medicare: 118 (2%)
- Private Insurance: 1,246 (20%)
- Other Insurance: 81 (1%)

#### Treated in County of Residence
3,877 (62%)

#### County Where Patient Was Treated
- Atlantic: 106 (2%)
- Bergen: 7 (0%)
- Burlington: 38 (1%)
- Camden: 23 (0%)
- Cape May: 0 (0%)
- Cumberland: 28 (0%)
- Essex: 168 (3%)
- Gloucester: 58 (1%)
- Hudson: 115 (2%)
- Hunterdon: 32 (1%)
- Mercer: 83 (1%)
- Middlesex: 3,877 (62%)
- Monmouth: 896 (14%)
- Ocean: 52 (1%)
- Passaic: 296 (5%)
- Salem: 0 (0%)
- Somerset: 103 (2%)
- Sussex: 42 (1%)
- Union: 197 (3%)
- Warren: 9 (0%)
- Other: 0 (0%)

#### Unduplicated Clients Admitted = 4,181

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*Totals may be greater than 100% because of multiple responses.
**Percentage calculations excluded missing values.
### New Jersey Substance Abuse Monitoring System (NJ-SAMS)
#### Substance Abuse Treatment Admissions 1/1/2018-12/31/2018
##### Treatment Site in Middlesex County

#### Primary Drug**
- Alcohol: 1,708 (33%)
- Heroin: 2,035 (39%)
- Other Opiates: 303 (6%)
- Cocaine: 243 (5%)
- Marijuana: 825 (16%)
- Other Drugs: 123 (2%)

#### Intravenous Drug Users
- 1,375 (26%)

#### Smoke Tobacco (Yes)**
- 2,999 (57%)

#### Level of Care
- Outpatient Care (OP): 2,275 (43%)
- Intensive Outpatient (IOP): 977 (19%)
- Partial Hospitalization: 198 (4%)
- Opioid Maintenance OP: 645 (12%)
- Opioid Maintenance IOP: 56 (1%)
- Extended Care: 0 (0%)
- Halfway House: 0 (0%)
- Long-Term Residential: 209 (4%)
- Short-Term Residential: 194 (4%)
- Hospital Based Residential: 1 (0%)
- Detox Residential: 535 (10%)
- Detox Hospital: 1 (0%)
- Detox Outpatient Non-Methadone: 134 (3%)
- Detox Outpatient Methadone: 0 (0%)
- Early Intervention: 15 (0%)

#### Medication Assisted Therapy Planned in Treatment
- Methadone: 703 (13%)
- Suboxone: 360 (7%)
- Vivitrol: 182 (3%)

#### Referral Source
- Self-referral: 1,983 (38%)
- Family/Friend: 79 (2%)
- Addiction Services Program: 87 (2%)
- Workforce NJ SAI: 88 (2%)
- DCPP/CPSAI: 221 (4%)
- Mental Health: 65 (1%)
- Criminal Justice: 1,570 (30%)
- IDRC: 800 (15%)
- Interim Managing Entity (IME): 38 (1%)
- Other: 347 (7%)

#### Sex
- Male: 3,701 (71%)
- Female: 1,538 (29%)

#### Pregnant Women (Yes)**
- 54 (1%)

#### Age
- Under 18: 48 (1%)
- 18-21: 335 (6%)
- 22-24: 477 (9%)
- 25-29: 1,011 (19%)
- 30-34: 899 (17%)
- 35-44: 1,202 (23%)
- 45-54: 849 (16%)
- 55 and over: 419 (8%)

#### Race/Ethnicity
- White (non-Hispanic): 2,677 (51%)
- Black (non-Hispanic): 1,046 (20%)
- Hispanic Origin: 1,297 (25%)
- Other: 220 (4%)

### Highest School Grade Completed
- Completed High School: 3,180 (61%)
- Some College: 1,099 (21%)

### Employment Status
- Unemployed: 1,089 (21%)
- Student: 101 (2%)
- Not in Labor Force: 1,897 (36%)
- Employed Full/Part Time: 2,153 (41%)

### Living Arrangement
- Homeless: 233 (4%)
- Dependent Living/Institution: 4,271 (82%)
- Independent Living: 736 (14%)

### Marital Status
- Single/Divorced: 4,240 (81%)
- Married/Civil Union: 748 (14%)
- Widowed: 60 (1%)
- Separated: 192 (4%)

### Legal Problem*
- None: 1,718 (33%)
- Case Pending: 500 (10%)
- Probation/Parole: 1,467 (28%)
- DUI License Suspension: 879 (17%)
- Drug Court: 522 (10%)
- DCPP/Family Court: 345 (7%)
- Other: 110 (2%)

### Arrest in the Last 30 Days (Yes)
- 228 (4%)

### Special Population*
- DCPP/CPSAI: 468 (9%)
- DUI: 1,293 (25%)
- Developmental Disability: 21 (0%)
- Blind and Visually Impaired: 11 (0%)
- Deaf and Hard of Hearing: 14 (0%)

### Federal Poverty Level (0-133%)**
- 3,597 (76%)

### Health Insurance*
- No Insurance: 1,638 (31%)
- Medicaid: 3,117 (59%)
- Medicare: 95 (2%)
- Private Insurance: 908 (17%)
- Other Insurance: 66 (1%)

### Treated in County of Residence
- 3,877 (74%)

### County of Residence
- Atlantic: 18 (0%)
- Bergen: 36 (1%)
- Burlington: 53 (1%)
- Camden: 45 (1%)
- Cape May: 16 (0%)
- Cumberland: 28 (1%)
- Essex: 50 (2%)
- Gloucester: 37 (1%)
- Hudson: 40 (1%)
- Hunterdon: 16 (0%)
- Mercer: 52 (1%)
- Monmouth: 3,877 (74%)
- Morris: 29 (1%)
- Ocean: 105 (2%)
- Passaic: 44 (1%)
- Salem: 2 (0%)
- Somerset: 254 (5%)
- Sussex: 10 (0%)
- Union: 196 (4%)
- Warren: 24 (0%)
- Other: 0 (0%)

### Fee For Service Admissions
- 1,333 (25%)

### Fee For Service Unique Client
- 1,022 (25%)

### Total Admissions = 5,240
### Unduplicated Clients Admitted = 4,064

*Totals may be greater than 100% because of multiple responses.

**Percentage calculation excluded missing values.
## Substance Abuse Admissions by Municipality and Primary Drug

### 2018 NJ Resident Admissions

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### Substance Abuse Admissions by Primary Drug within Municipality
#### 2018 NJ Resident Admissions

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2018 Middlesex County Substance Abuse Admissions by Municipality of Residence

Admission Counts
- 15 - 88
- 89 - 244
- 245 - 401
- 402 - 796

Top Five Municipalities
1. New Brunswick City 796
2. Woodbridge Township 686
3. Perth Amboy City 616
4. Edison Township 539
5. Old Bridge Township 401

Data: NJSAMS 2019 June Download
Report Date: September 2019

NJ Department of Human Services
Division of Mental Health and Addiction Services
Planning, Research, Evaluation, Prevention and Olmstead Office
## Admissions by Municipality of Residence, Age Group and Primary Drug
### 2018 NJ Resident Admissions

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* Missing primary drug or age admissions are not included.
## Admissions by Age Group, Gender and Primary Drug
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<td>Heroin</td>
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<tr>
<td>Other Opiates</td>
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<tr>
<td>Marijuana/Hashish</td>
<td>68</td>
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<tr>
<td>Other Drugs</td>
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<tr>
<td>Alcohol</td>
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<tr>
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<tr>
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<tr>
<td>Heroin</td>
<td>20</td>
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</tr>
<tr>
<td>Other Opiates</td>
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<td>100</td>
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<td>Marijuana/Hashish</td>
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<tr>
<td>Other Drugs</td>
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<tr>
<td>Alcohol</td>
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<tr>
<td>Heroin</td>
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<td>Other Opiates</td>
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<tr>
<td>Marijuana/Hashish</td>
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<td>Other Drugs</td>
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* Unknown age or gender admissions are not included.
### New Jersey Substance Abuse Monitoring System (NJ-SAMS)
#### Substance Abuse Treatment Discharges 1/1/2018- 12/31/2018

**Middlesex County Resident**

<table>
<thead>
<tr>
<th>Level of Care</th>
<th>Outpatient Care (OP)</th>
<th>Intensive Outpatient (IOP)</th>
<th>Partial Hospitalization</th>
<th>Opioid Maintenance OP</th>
<th>Opioid Maintenance IOP</th>
<th>Extended Care</th>
<th>Halfway House</th>
<th>Long-Term Residential</th>
<th>Short-Term Residential</th>
<th>Hospital Based Residential</th>
<th>Detox Residential</th>
<th>Detox Hospital</th>
<th>Detox Outpatient Non-Methadone</th>
<th>Detox Outpatient Methadone</th>
<th>Non-Traditional Program</th>
<th>Early Intervention</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>2,191</td>
<td>1,188</td>
<td>254</td>
<td>589</td>
<td>89</td>
<td>0</td>
<td>101</td>
<td>241</td>
<td>580</td>
<td>0</td>
<td>606</td>
<td>5</td>
<td>88</td>
<td>0</td>
<td>1</td>
<td>21</td>
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<tr>
<td><strong>Total</strong></td>
<td>5,954</td>
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<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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<tr>
<td><strong>Unduplicated Clients Discharged</strong></td>
<td>3,998</td>
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<td></td>
<td></td>
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<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| Living Arrangements                   |                      |                             |                         |                      |                        |                    |               |                      |                         |                        |                      |                  |                                |                          |                        |                      |
|                                        | Homeless             | Dependent Living/Institution | Independent Living     |                      |                        |                    |               |                      |                         |                        |                      |                  |                                |                          |                        |                      |
|                                        | 187                  | 1,034                       | 4,570                   |                      |                        |                    |               |                      |                         |                        |                      |                  |                                |                          |                        |                      |

| Employment Status                     |                      |                             |                         |                      |                        |                    |               |                      |                         |                        |                      |                  |                                |                          |                        |                      |
|                                        | Unemployed            | Student                     | Not in Labor Force     |                      | Employment Full/Part Time |                    |               |                      |                         |                        |                      |                  |                                |                          |                        |                      |
|                                        | 1,127                | 115                         | 1,895                   |                      | 2,654                  |                    |               |                      |                         |                        |                      |                  |                                |                          |                        |                      |

<table>
<thead>
<tr>
<th>Reasons for Discharge or Treatment not Completed</th>
<th>Treatment Plan Completed</th>
<th>Quit or Dropped Out</th>
<th>Needs Different Level of Care</th>
<th>Unable to Meet Client's Other Needs</th>
<th>Administrative Discharge</th>
<th>Exhaustion of Payment Source</th>
<th>Incarcerated</th>
<th>Medical Discharge/Deceased</th>
<th>Other</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>3,214</td>
<td>1,315</td>
<td>478</td>
<td>37</td>
<td>307</td>
<td>28</td>
<td>110</td>
<td>47</td>
<td>221</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>Continuing Care</th>
<th>No Continuing Care Needed</th>
<th>Refused or Unable to Continue</th>
<th>Continue Care</th>
<th>Not Assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>1,506</td>
<td>910</td>
<td>1,881</td>
<td>1,657</td>
</tr>
</tbody>
</table>

| Significant Problems or Conditions            | Mental Health Problem    | Compulsive Gambling          | Physical Disability or Handicap | Victim of Physical Abuse or Neglect |
|                                               | 1,446                     | 11                            | 74                           | 274                     |
|                                               |                            |                               |                               | 216                     |
|                                               |                            |                               |                               | 45                      |
|                                               |                            |                               |                               | 1                      |
|                                               |                            |                               |                               | 64                      |
|                                               |                            |                               |                               | 106                     |
|                                               |                            |                               |                               | 93                      |
|                                               |                            |                               |                               | 283                     |
|                                               |                            |                               |                               | 19                      |
|                                               |                            |                               |                               | 678                     |
|                                               |                            |                               |                               | 177                     |

| Arrested in the Last 30 days (Yes)            | 237                       |                                |                               |                          |

| County Where Patient Was Treated              | Atlantic                  | Bergen                        | Burlington                   | Camden                  |
|                                               | 3,761                     | 846                           | 38                           | 21                      |
|                                               | 63%                       | 14%                           | 1%                           | 0%                      |
|                                               |                           |                               |                               |                          |
|                                               |                           |                               |                               |                          |

| *Percentage for goal achievement based on total clients for whom goal was applicable. All other percentages are based on total discharges. **Percentage calculation excluded missing values.
## New Jersey Substance Abuse Monitoring System (NJ-SAMS)
### Substance Abuse Treatment Discharges 1/1/2018 - 12/31/2018

**Middlesex County Treatment Sites**

<table>
<thead>
<tr>
<th>Level of Care</th>
<th>Living Arrangements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outpatient Care (OP)</td>
<td>Homeless 154 3%</td>
</tr>
<tr>
<td>Intensive Outpatient (IOP)</td>
<td>Dependent Living/Institution 582 11%</td>
</tr>
<tr>
<td>Partial Hospitalization</td>
<td>Independent Living 4,197 83%</td>
</tr>
<tr>
<td>Opioid Maintenance OP</td>
<td></td>
</tr>
<tr>
<td>Extended Care</td>
<td></td>
</tr>
<tr>
<td>Halfway House</td>
<td></td>
</tr>
<tr>
<td>Long-Term Residential</td>
<td></td>
</tr>
<tr>
<td>Short-Term Residential</td>
<td></td>
</tr>
<tr>
<td>Hospital Based Residential</td>
<td></td>
</tr>
<tr>
<td>Detox Residential</td>
<td></td>
</tr>
<tr>
<td>Detox Outpatient Non-Methadone</td>
<td></td>
</tr>
<tr>
<td>Detox Outpatient Methadone</td>
<td></td>
</tr>
<tr>
<td>Non-Traditional Program</td>
<td></td>
</tr>
<tr>
<td>Early Intervention</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Employment Status</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Unemployed</td>
<td>996 20%</td>
</tr>
<tr>
<td>Student</td>
<td>96 2%</td>
</tr>
<tr>
<td>Not in Labor Force</td>
<td>1,469 29%</td>
</tr>
<tr>
<td>Employed Full/Part Time</td>
<td>2,372 47%</td>
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</table>

<table>
<thead>
<tr>
<th>Reasons for Discharge or Treatment not Completed</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Treatment Plan Completed</td>
<td>2,594 51%</td>
</tr>
<tr>
<td>Quit or Dropped Out</td>
<td>1,187 23%</td>
</tr>
<tr>
<td>Needs Different Level of Care</td>
<td>431 9%</td>
</tr>
<tr>
<td>Unable to Meet Client's Other Needs</td>
<td>22 0%</td>
</tr>
<tr>
<td>Administrative Discharge</td>
<td>309 6%</td>
</tr>
<tr>
<td>Exhaustion of Payment Source</td>
<td>19 0%</td>
</tr>
<tr>
<td>Incarcerated</td>
<td>102 2%</td>
</tr>
<tr>
<td>Medical Discharge/Deceased</td>
<td>50 1%</td>
</tr>
<tr>
<td>Other</td>
<td>196 4%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Continuing Care</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>No Continuing Care Needed</td>
<td>1,411 28%</td>
</tr>
<tr>
<td>Refused or Unable to Continue</td>
<td>858 17%</td>
</tr>
<tr>
<td>Continue Care</td>
<td>1,329 26%</td>
</tr>
<tr>
<td>Not Assessed</td>
<td>1,467 29%</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Significant Problems or Conditions</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Mental Health Problem</td>
<td>1,077 21%</td>
</tr>
<tr>
<td>Compulsive Gambling</td>
<td>10 0%</td>
</tr>
<tr>
<td>Physical Disability or Handicap</td>
<td>73 1%</td>
</tr>
<tr>
<td>Victim of Physical Abuse or Neglect</td>
<td>214 4%</td>
</tr>
<tr>
<td>Victim of Sexual Abuse</td>
<td>178 4%</td>
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<tr>
<td>Pregnancy</td>
<td>45 1%</td>
</tr>
<tr>
<td>Suicide Attempt</td>
<td>40 1%</td>
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<tr>
<td>Runaway Behavior</td>
<td>168 3%</td>
</tr>
<tr>
<td>Neglect or Abuse of Own Children</td>
<td>54 1%</td>
</tr>
<tr>
<td>Child of Substance Abuser</td>
<td>210 4%</td>
</tr>
<tr>
<td>Batterer</td>
<td>18 0%</td>
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<tr>
<td>Criminal Activity</td>
<td>566 11%</td>
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<tr>
<td>Other</td>
<td>136 3%</td>
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| Arrested in the Last 30 days (Yes)          | 203 4%              |

<table>
<thead>
<tr>
<th>County of Residence</th>
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<tbody>
<tr>
<td>Atlantic</td>
<td>16 0% Middlesex 3,761 74%</td>
</tr>
<tr>
<td>Bergen</td>
<td>32 1% Monmouth 218 4%</td>
</tr>
<tr>
<td>Burlington</td>
<td>63 1% Morris 30 1%</td>
</tr>
<tr>
<td>Camden</td>
<td>44 1% Ocean 94 2%</td>
</tr>
<tr>
<td>Cape May</td>
<td>15 0% Passaic 42 1%</td>
</tr>
<tr>
<td>Cumberland</td>
<td>23 0% Salem 3 0%</td>
</tr>
<tr>
<td>Essex</td>
<td>93 2% Somerset 248 5%</td>
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<tr>
<td>Gloucester</td>
<td>32 1% Sussex 12 0%</td>
</tr>
<tr>
<td>Hudson</td>
<td>45 1% Union 183 4%</td>
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<tr>
<td>Hunterdon</td>
<td>17 0% Warren 27 1%</td>
</tr>
<tr>
<td>Mercer</td>
<td>49 1% Other 20 0%</td>
</tr>
</tbody>
</table>

| Total Discharges                           | 5,065               |
| Unduplicated Clients Discharged            | 3,902               |

* Percentage for goal achievement based on total clients for whom goal was applicable.
**All other percentages are based on total discharges.
**Percentage calculation excluded missing values.