

Substance Abuse Treatment Program Definitions

New Jersey's substance abuse treatment services and continuum of care network is structured around four major phases of treatment: Inpatient Treatment, Outpatient Treatment, and Pre-Treatment Recovery Support and Post Treatment Recovery Support.

Inpatient

New Jersey's system of care for inpatient treatment services is comprised of six levels: 1) sub-acute detoxification, 2) sub-acute enhanced medically managed detoxification 111.7D, 3) short-term residential treatment, 4) long-term residential treatment, 5) halfway house services and 6) residentially assisted partial care.

Certain providers offer specialized programs for women, children and adolescents, which are consistent with the level of care classification but include services appropriate to these populations. Services provided at each level of care will meet or exceed current New Jersey licensure standards.

Outpatient

New Jersey's level of care for outpatient treatment services is comprised of six levels: 1) early intervention, 2) outpatient, 3a) intensive outpatient (IOP) and 3b) methadone intensive outpatient (MIOP), 4) day treatment/partial hospitalization, 5) ambulatory detoxification and 6) opioid maintenance therapy. Services provided at each level of care will meet or exceed current New Jersey licensure standards.

Pre-Treatment Recovery Support

The DAS Information and Referral Hotline will provide pre-treatment assessment, motivational counseling and case management/care coordination which can better engage and support individuals who reach out in search of help.

Additionally, depending on the initiative, Recovery Mentors provide a bridge to treatment during the client's care through outreach and motivational support. Recovery Mentors are included in various DAS initiatives.

Post-Treatment Recovery Support

This is defined as the coordination of personal, family, and community resources to achieve the best possible quality of life. It can range from low level contact, such as quarterly telephone conversations, to high level contact such as coaching, depending on support needed.

Support for involvement of recovering persons in self-help groups such as Alcohol Anonymous and Narcotics Anonymous is also routinely provided as part of recovery planning - which begins in treatment and continues upon discharge.

Substance abuse treatment in New Jersey does not end upon discharge. A continuum of care, including personal, family and community resources must be established. Post-treatment supports will include a pilot housing program modeled on Housing First and incorporated into our Medication Assisted Treatment Initiative (MATI).