DoAS
Division of Aging Services

Support for
New Jersey Residents to Participate
in Adult Day Services Programs



ADULT DAY SERVICES PROGRAM

for Persons with Alzheimer's Disease
or Related Disorders

A Program of the NJ Department of

Human Services, Division of Aging
Services to Benefit Caregivers

Caring for a family member, or someone you treat as family, is a huge job. When you're caring for someone with a permanent and progressive dementia, such as Alzheimer's disease, one of the challenges is keeping the person meaningfully occupied during the day. Often, the person is looking to you for direction or you need to keep checking up on that person throughout the day. The person you care for may be early in the disease process and social and active, or they may be further along and need hands-on care.

The Adult Day Services Program for Persons with Alzheimer's Disease or Related Disorders is for people at any stage, as long as they have family or friends who provide daily assistance. This program offers assistance, based on the person's income, toward attending one of the participating day services centers.



Does the Person You Care for Quality?

This program is for New Jersey residents with a diagnosis of a permanent, progressive type of dementia and:

- Has an unpaid/uncompensated caregiver– such as a spouse, partner, child, other family member, neighbor, or friend– who provides daily care. Daily care can range from daily "checks" or total care;
- Lives in the community and not in an assisted living, nursing home, or residential care facility;
- Does not participate in MLTSS or other NJ FamilyCare Program; and
- Meets financial guidelines for income and assets. This program provides subsidies, so there may be a copay based on income.

Examples of qualifying diagnoses are: Alzheimer's, Pick's disease, dementia due to Parkinson's, Huntington's disease, multi-infarct or vascular dementia, Creutzfeldt-Jakob disease, Fronto-Temporal dementia, Lewy body disease, dementia due to normal pressure hydrocephalus, or Wernicke-Korsakoff syndrome.

Find a Center That Fits Your Family Member

Adult day centers that work with this program have specialized services for people with dementia:

- A high staff-to-client ratio
- Activities designed to engage and interest people with cognitive loss from dementia
- Caregiver supports

Find a Center:
https://www.nj.gov/humanservices/doas/services/a-k/aads/

or call the

Aging and Disability Resource Connection
1-877-222-3737

Each center has its own unique character. It's best to visit centers that you are considering. Discuss the care needs, personality, likes, and dislikes of the person you care for in detail with the center's staff. They can help determine if their center is right for the person you care for.

Be aware that people with dementia often need to attend a center regularly in order to become accustomed to it. Communicate regularly and often with the center. Don't be surprised if the person is able to do things at the center that they can't do at home–adult day centers design their programs to help people succeed.

Other Assistance for Caregivers

The State of New Jersey also provides and funds other services to assist caregivers.

Direct Care:

- Statewide Respite Care Program
- Jersey Assistance for Community Caregivers (JACC)
- Managed Long Term Services and Supports (MLTSS), an NJ FamilyCare Program

Support For You:

- National Family Caregiver Support Program
  (Title III-E), a federal matching program
- Care2Caregivers Peer Support
  (1-800-424-2494)
- Women's Caregiver Retreat

Information and Assistance:

- County Area Agencies on Aging (Offices on Aging) and Aging & Disability Resources Connection

For these or any other service, please contact 1-877-222-3737

ADRC NJ

Additional Information About the Program

The Adult Day Services Program for Persons with Alzheimer's Disease or Related Disorders was implemented in 1987 (Public Law 1988, Chapter 114) to provide support and relief to family caregivers of people with Alzheimer's disease or related disorders by providing subsidized adult day services.

This program is funded by the State of New Jersey and managed by the NJ Department of Human Services, Division of Aging Services.

State of New Jersey
Mikie Sherrill, *Governor*
Shirley U. Emehelu, *Lt. Governor*

HUMAN SERVICES

Department of Human Services
Dr. Stephen Cha, *Commissioner*