MEDICARE PREVENTIVE BENEFITS

MEDICARE PART B PAYS FOR PREVENTIVE CARE TO HELP YOU STAY HEALTHY. TALK TO YOUR DOCTOR TO SEE IF THESE BENEFITS ARE RIGHT FOR YOU.

“WELCOME TO MEDICARE” PHYSICAL
Physical exam within 12 months of enrollment

ANNUAL WELLNESS EXAM
Yearly visit with your doctor to assess health risks and develop or update a personalized prevention plan

ABDOMINAL AORTIC ANEURYSM SCREENING
A one-time ultrasound test for those at risk of a large vein rupture

CARDIOVASCULAR SCREENING BLOOD TESTS
Blood tests to check heart health every five years

DIABETES SCREENING TESTS
Twice a year for those at high risk

GLAUCOMA SCREENING
An annual eye pressure test for those at high risk – Medicare pays 80% after you meet the yearly deductible

BONE MASS MEASUREMENT
For those at high risk of osteoporosis

SCREENING MAMMOGRAPHY
An annual test for breast health for women age 40 and older

PAP TESTS & PELVIC EXAMINATION
Testing for cervical and vaginal cancers once every two years, or annually if at high risk

COLORECTAL CANCER SCREENING
Testing for cancers in the rectum and intestines for all enrollees age 50 and older

PROSTATE CANCER SCREENING
Tests for prostate cancer annually for all men age 50 and older

DIABETES SELF-MANAGEMENT TRAINING
For those who must monitor blood sugar – Medicare pays 80% after you meet the yearly deductible

MEDICAL NUTRITIONAL THERAPY
Learning ways food can make you feel better for those with diabetes or kidney disease

SMOKING CESSATION SERVICES
Eight sessions annually to help you stop smoking – Medicare pays 80% after you meet the yearly deductible, or free if you have not been diagnosed with a smoking-related illness

FLU & H1N1 VACCINATION (SHOTS)
Annually

PNEUMOCOCCAL VACCINATION (SHOTS)
Once per lifetime

HEPATITIS B VACCINATION (SHOTS)
For those at medium or high risk

HIV SCREENING
Upon request, annual testing for the Human Immunodeficiency Virus

DEPRESSION SCREENING
Once-a-year depression screening conducted by your primary care doctor

CARDIOVASCULAR BEHAVIORAL THERAPY
An annual visit that includes blood pressure screening and intensive behavioral counseling with your doctor

ALCOHOL MISUSE COUNSELING
One alcohol misuse screening annually and up to four brief face-to-face counseling sessions per year with your doctor for those who could benefit from the sessions based on the results of the initial screening

BEHAVIORAL THERAPY FOR OBESITY
If your body mass index (BMI) is 30 or more, you can get face-to-face behavioral therapy visits with your doctor for up to 12 months to help you lose weight

STI SCREENING AND COUNSELING
An annual testing for sexually transmitted infections for those at increased risk for an STI or those who are pregnant. Medicare also covers up to two individual counseling sessions with your doctor per year for those meeting certain criteria

Call 1-800-792-8820
or visit our website at www.aging.nj.gov

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