



PROJECT HEALTHY BONES SITE LIST

Strong Bones for a Lifetime

Updated: 2/2022

For program locations and schedules, please call the phone number listed for each site. If your county is not listed, please call the New Jersey Department of Human Services, Division of Aging Services at 609-438-4798 or 609-438-4797.

ATLANTIC

Milton and Betty Katz Jewish Community Center	Margate	609-822-1167
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BERGEN

Hackensack University Medical Center	Hackensack	551-996-2038 or harp@hmn.org
Ridgefield Health Department	Ridgefield	201-943-6062

BURLINGTON

Medford Senior Center	Medford	609-206-1842
Willingboro Township Senior Center	Willingboro	609-877-8444

CAMDEN

VITALity Catholic Healthcare Services, Diocese of Camden	Camden	856-583-6120
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CAPE MAY

VITALity Catholic Healthcare Services, Diocese of Camden	Cape May	856-583-6120
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CUMBERLAND

Edgar Joyce Senior Center	Seabrook	856-451-5649
<u>ESSEX</u>		
City View Landing	Newark	267-253-7347
Millburn Bauer Community Center	Millburn	973-564-7091
Nutley Parks & Recreation	Nutley	973-284-4966
Township of Livingston	Livingston	973-535-7925 x260
Township of West Orange	West Orange	973-325-4106
<u>GLOUCESTER</u>		
Gloucester County Health Department	Sewell	856-218-4106
Pfeiffer Community Center	Williamstown	856-728-9840
<u>HUNTERDON</u>		
Division of Senior Disabilities & Veterans Services	Flemington	908-284-6128
<u>MERCER</u>		
Hopewell Township Department of Health	Titusville	609-537-0326
Interfaith Caregivers of Greater Mercer Co. (+Spanish)	Hamilton/Trenton	609-393-9922
<u>MIDDLESEX</u>		
Madison Center, Genesis HealthCare	Matawan	732-566-6400
Monroe Senior Center (residents only)	Monroe Twp.	609-448-7140
Senior Corps RSVP	New Brunswick	609-395-1187
<i>(East Brunswick, Highland Park, Monmouth Junction, North Brunswick)</i>		
South Plainfield Senior Center (residents only)	South Plainfield	908-754-1047
University Orthopedic Associates	Somerset	732-537-0909 x2400

MONMOUTH

Eatontown Community Center	Eatontown	732-389-7647
Middletown Senior Center(residents only)	Leonardo	732-615-2265
Red Bank Senior Center (residents only)	Red Bank	732-747-5204
St. Margaret's Church	Spring Lake	732-449-5765
United Methodist Church	Manasquan	732-223-5432

MORRIS

Lakeland Hills YMCA	Mountain Lakes	973-334-2820
Long Hill Senior Center	Gillette	908-626-1101
Madison Health Department	Madison	973-593-3073
NORWESCAP RSVP	Rockaway	973-784-4900 x2903

OCEAN

Lighthouse Community Medical Center	Toms River	732-557-3210
Long Beach Island Health Department (residents only)	Ship Bottom	609-492-1212
St. Barnabas Parish	Bayville	732-269-2208

PASSAIC

NORWESCAP RSVP	Wayne	973-784-4900 x2903
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SALEM

Corpus Christi Church	Carneys Point	856-299-3833
YMCA of Salem County	Carneys Point	856-769-2478
Pennsville Recreation Building	Pennsville	856-678-2056
Salem County Office on Aging and Disabilities	Salem	856-339-8622

SOMERSET

Somerset County Office on Aging and Disability Services Somerville 908-704-6346

SUSSEX

Sussex County Department of Human Services,
Division of Senior Services Newton 973-579-0555 x1285

UNION

Cranford Recreation Center Cranford 908-709-7283
Fanwood Scotch Plains YMCA Scotch Plains 908-889-8880
Westfield Area YMCA Westfield & Mountainside 908-233-2700 x246
YMCA of Eastern Union County Union 908-249-4800
Kenilworth Senior Center Kenilworth 908-272-7743

WARREN

NORWESCAP RSVP Belvidere 973-784-4900 x2903