Additional free benefits if your doctor accepts assignment:

ALCOHOL MISUSE SCREENING & COUNSELING
One alcohol misuse screening annually and up to four brief face-to-face counseling sessions per year with your doctor for those who could benefit from the sessions based on the results of the initial screening.

OBESITY SCREENING & COUNSELING
If your body mass index (BMI) is 30 or more, you can get face-to-face behavioral therapy visits with your doctor for up to 12 months to help you lose weight.

STI SCREENING AND COUNSELING
Testing for sexually transmitted infections for those at increased risk for an STI or those who are pregnant. Medicare also covers up to two individual counseling sessions with your doctor per year for those meeting certain criteria.

For additional information on the preventive benefits covered by Medicare Part B, contact the following agency:

For additional information call the NJ Division of Aging Services at 1-800-792-8820, or visit our website at www.aging.nj.gov

New Jersey Department of Human Services complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Líame al 1-877-222-3737.

注意：如果您使用繁體中文，您可以免費獲得語言協助服務，請致電 1-877-222-3737.

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Medicare Part B pays for preventive care to help you stay healthy. These benefits are free if your doctor accepts assignment, unless noted otherwise.

“WELCOME TO MEDICARE” PHYSICAL
Physical exam within 12 months of Part B enrollment

ANNUAL WELLNESS VISIT
Yearly visit with your doctor to assess health risks, develop or update a personalized prevention plan, and to discuss advance directives

ABDOMINAL AORTIC ANEURYSM SCREENING
A one-time ultrasound test for those at risk of a large vein rupture

CARDIOVASCULAR DISEASE SCREENINGS
Blood tests to check heart health every five years

DIABETES SCREENINGS
Twice a year for those at high risk

GLAUCOMA SCREENING
An annual eye pressure test for those at high risk – Medicare pays 80% after you meet the yearly deductible

BONE MASS MEASUREMENT
For those at high risk of osteoporosis

SCREENING MAMMOGRAPHY
One baseline test for women age 35-39, and annual testing for women age 40 and older

CERVICAL/VAGINAL CANCER SCREENINGS
A pap test and pelvic exam once every two years, or annually if at high risk, and a Human Papillomavirus (HPV) test – when received with a pap test – once every five years for non-symptomatic woman age 30-65

COLORECTAL CANCER SCREENINGS
Testing for cancers in the rectum and intestines for all enrollees age 50 and older

PROSTATE CANCER SCREENING
Annually for men age 50 and older – Medicare covers the Prostate Specific Antigen (PSA) test in full, but only 80% after you meet the yearly deductible for the digital rectal exam

DIABETES SELF-MANAGEMENT TRAINING
For those who must monitor blood sugar – Medicare pays 80% after you meet the yearly deductible

MEDICAL NUTRITIONAL THERAPY
Learning ways food can make you feel better for those with diabetes or kidney disease

DEPRESSION SCREENING
Once-a-year depression screening conducted by your primary care doctor

FLU SHOTS
Annually

PNEUMOCOCCAL SHOTS
Two different shots, one year apart

HEPATITIS B SCREENING
For those at high risk or pregnant

HEPATITIS B SHOT
For those at medium to high risk

HIV SCREENING
Upon request, annual testing for the Human Immunodeficiency Virus – women can get up to three HIV tests during a pregnancy

SMOKING CESSATION SERVICES
Up to eight sessions annually to help you stop smoking

CARDIOVASCULAR BEHAVIORAL THERAPY
An annual visit that may include blood pressure screening and behavioral counseling with your doctor, including tips for healthy eating and a discussion on aspirin use, if appropriate

HEPATITIS C SCREENING
Testing for individuals born between 1945 and 1965, or those who had blood transfusions before 1992, or those with a current or past history of illicit injection drug use

LUNG CANCER SCREENING
A low dose CT scan for smokers and ex-smokers meeting certain conditions

If you get your health care coverage through a Medicare Advantage Plan (i.e., Medicare Part C), call your plan for more information on preventive services.