

Section III

County-Level Tables - Older Adult Demographics and Health Status

DATA AND METHODOLOGY

The major dataset used for this report is the New Jersey Behavioral Risk Factor Survey. Partially funded by the Centers for Disease Control and Prevention (CDC), the New Jersey Behavioral Risk Factor Survey is a component of the national Behavioral Risk Factor Surveillance System (BRFSS). The BRFSS is an ongoing, state based, random-digit-dialed telephone survey that collects self-reported health information from a representative sample of the civilian, noninstitutionalized U.S. population aged 18 and over. This report displays county-level weighted estimates for New Jersey people aged 60 years and older. Because estimates based on small sample sizes tend to have larger standard errors and be unreliable, in order to minimize the impact of small sample sizes on the quality of the estimates, New Jersey BRFSS surveys 2003-2005 were combined to yield county-specific prevalence data on a series of health risk factors. County-level estimates that were obtained from samples with less than 100 observations were marked with asterisks, implying relatively large standard errors.

Physical Activity, Nutrition/Obesity

Table 1. Health behaviors/Risk factors of persons age 60 years and older, percentages from the New Jersey BRFSS weighted data, 2003-2005

Geographic name	Overweight or obese		No leisure time physical activity in last 30 days		Consuming less than 5 servings of fruits and vegetable daily ^a	
	Sample size	Percent	Sample size	Percent	Sample size	Percent
New Jersey	11,048	62.8	11,536	32.8	7,686	69.2
Atlantic	423	65.9	437	36.6	315	68.6
Bergen	1,076	58.7	1,124	27.2	704	66.6
Burlington	573	65.2	605	32.4	377	70.6
Camden	588	62.0	611	33.6	375	73.0
Cape May	417	66.7	431	29.0	320	67.2
Cumberland	247	69.6	254	40.1	184	72.3
Essex	710	60.3	732	32.2	483	65.4
Gloucester	423	66.4	441	40.0	313	77.0
Hudson	463	64.5	483	44.7	335	77.4
Hunterdon	249	55.2	265	25.9	206	64.5
Mercer	466	61.3	488	29.5	316	69.0
Middlesex	758	60.8	793	31.3	505	68.6
Monmouth	712	60.9	744	27.4	468	69.4
Morris	657	62.8	693	28.1	461	66.6
Ocean	1,116	69.1	1,171	34.8	707	71.5
Passaic	523	64.5	548	39.8	383	67.9
Salem	145	54.8	152	33.8	114	67.6
Somerset	407	57.4	425	28.8	302	63.8
Sussex	318	61.3	330	29.5	258	69.0
Union	495	60.8	515	36.7	323	67.3
Warren	282	72.4	294	39.6	237	70.5

^a This question was asked in 2003 and 2005 only. The estimates were derived from two-year data.

Health Status

Table 2. Percentage of persons age 60 years and older reporting poor health status, New Jersey BRFSS weighted data, 2003-2005

Geographic name	Fair or poor general health		Poor mental health in the past 30 days	
	Sample size	Percent	Sample size	Percent
New Jersey	11,462	26.4	11,923	20
Atlantic	436	27.3	449	21.4
Bergen	1,115	19.6	1,167	17.5
Burlington	605	21.3	616	18.4
Camden	608	29.1	623	20.9
Cape May	427	21.5	445	19.5
Cumberland	252	30.0	252	16.0
Essex	724	32.0	762	24.5
Gloucester	438	24.1	442	18.5
Hudson	478	40.4	501	19.3
Hunterdon	264	18.5	278	17.9
Mercer	486	28.2	510	21.5
Middlesex	787	28.3	839	25.3
Monmouth	741	22.5	775	18.2
Morris	686	17.4	724	17.2
Ocean	1,165	28.2	1,184	21.0
Passaic	545	32.0	566	20.6
Salem	150	28.1	151	25.6
Somerset	422	20.9	455	18.8
Sussex	329	24.3	336	19.8
Union	513	32.7	544	15.0
Warren	291	28.3	304	27.1

Preventive Screenings

Table 3. Preventive screening tests of persons age 60 years and older, percentages from the New Jersey BRFSS weighted data, 2003-2005

Geographic name	No clinical breast examination and mammogram within the past 2 years		No PSA test for screening prostate cancer within the past 2 years	
	Sample size	Percent	Sample size	Percent
New Jersey	6,738	34.3	3,716	23.5
Atlantic	245	34.8	151	24.7
Bergen	657	33.8	386	20.6
Burlington	346	30.6	207	18.5
Camden	389	39.0	169	26.4
Cape May	250	40.5	123	15.6
Cumberland	141	36.4	86	34.6*
Essex	430	34.5	228	27.6
Gloucester	242	36.5	141	32.3
Hudson	279	36.7	151	37.1
Hunterdon	161	24.5	78	16.0*
Mercer	294	33.7	145	20.3
Middlesex	486	31.7	253	26.1
Monmouth	419	33.3	252	18.5
Morris	404	31.4	245	16.6
Ocean	693	33.0	390	22.8
Passaic	322	35.9	176	23.9
Salem	79	39.3*	53	26.9*
Somerset	251	31.3	132	19.0
Sussex	186	39.2	101	25.9
Union	290	36.5	169	26.8
Warren	174	41.8	80	26.3*

- Relatively large standard error (sample size < 100)

Cholesterol and Blood Pressure Screenings

Table 4. Cholesterol and blood pressure checks for persons age 60 years and older, percentages from the New Jersey BRFSS weighted data, 2003-2005

Geographic name	No Cholesterol checked by a health professional within the past 5 years		Have high blood pressure	
	Sample size	Percent	Sample size	Percent
New Jersey	9,373	7.7	10,088	52.4
Atlantic	374	7.8	393	56.3
Bergen	894	7.0	962	48.6
Burlington	491	7.1	519	48.9
Camden	493	8.6	516	53.7
Cape May	366	5.3	385	52.7
Cumberland	209	11.3	225	52.4
Essex	597	10.6	650	56.5
Gloucester	363	6.7	381	52.0
Hudson	396	14.4	432	54.9
Hunterdon	231	6.4	257	44.8
Mercer	399	5.5	433	53.6
Middlesex	626	6.7	691	50.7
Monmouth	581	7.9	630	51.5
Morris	558	5.0	599	48.2
Ocean	900	5.7	960	56.6
Passaic	452	8.4	493	53.2
Salem	131	5.8	139	49.4
Somerset	356	6.5	391	49.7
Sussex	292	4.4	308	56.6
Union	404	10.9	447	52.6
Warren	260	6.2	277	56.0

Pneumonia and Influenza Vaccination

Table 5. Percentage of persons age 60 years and older who did not receive pneumococcal vaccinations and influenza vaccinations, New Jersey BRFSS weighted data, 2003-2005

Geographic name	Never had a pneumonia shot		No flu shot in the last 12 months	
	Sample size	Percent	Sample size	Percent
New Jersey	11,182	46.0	12,143	41.7
Atlantic	426	43.3	457	41.6
Bergen	1,081	50.4	1,188	43.4
Burlington	589	35.1	624	36.5
Camden	598	37.7	634	43.0
Cape May	415	44.1	447	41.0
Cumberland	248	51.5	260	45.5
Essex	706	54.0	782	48.9
Gloucester	425	41.2	454	32.2
Hudson	460	63.9	510	53.3
Hunterdon	260	41.3	284	40.3
Mercer	470	39.6	516	35.5
Middlesex	771	44.3	860	37.9
Monmouth	717	46.9	786	41.1
Morris	668	50.4	735	36.0
Ocean	1,150	38.9	1,208	37.5
Passaic	529	51.0	577	44.6
Salem	148	50.9	157	48.8
Somerset	416	40.6	461	40.8
Sussex	323	51.3	343	45.6
Union	492	51.3	553	48.7
Warren	290	38.7	307	43.0

Tobacco and Alcohol Use

Table 6. Percentage of persons age 60 years and older who consume tobacco and alcohol, New Jersey BRFSS weighted data, 2003-2005

Geographic name	Current smoker		Binge drinking in the past 30 days	
	Sample size	Percent	Sample size	Percent
New Jersey	12,124	10.7	12,043	4.3
Atlantic	453	13.4	449	4.7
Bergen	1,189	9.8	1,181	4.5
Burlington	626	8.0	621	4.9
Camden	630	12.5	631	3.0
Cape May	447	11.7	445	5.4
Cumberland	260	15.0	259	2.0
Essex	782	12.2	775	4.3
Gloucester	450	13.0	447	4.3
Hudson	510	13.5	505	4.3
Hunterdon	285	8.7	283	3.2
Mercer	513	10.1	511	3.5
Middlesex	860	8.9	853	4.3
Monmouth	786	11.8	783	5.0
Morris	734	8.5	724	4.4
Ocean	1,204	11.7	1,194	3.8
Passaic	579	7.4	574	5.3
Salem	156	15.0	154	4.2
Somerset	459	7.1	456	3.6
Sussex	342	9.6	338	3.1
Union	554	10.9	553	5.5
Warren	305	12.2	307	5.8

Disability Status

Table 7. Type of disability for the noninstitutionalized population aged 60+ years by county, New Jersey, 2000

Geographic name	Disability Status		Type of Disability				
	No disability	With any disability	With sensory disability	With physical disability	With mental disability	With self-care disability	With go-outside-home disability
New Jersey	893,895	498,380	141,265	317,130	111,730	105,040	244,895
Atlantic	26,375	16,790	4,910	11,410	3,985	3,825	7,830
Bergen	115,000	52,805	14,895	32,040	11,835	11,615	26,820
Burlington	44,880	22,245	6,480	14,470	4,555	4,015	9,825
Camden	50,035	30,110	8,425	19,880	6,995	5,820	14,635
Cape May	16,590	8,850	2,495	5,925	1,655	1,495	3,820
Cumberland	12,945	10,290	3,075	6,970	2,760	2,395	4,970
Essex	72,115	47,875	11,990	29,920	11,530	10,715	24,685
Gloucester	23,860	14,465	4,080	9,610	3,055	3,005	6,850
Hudson	51,250	39,315	10,360	24,525	9,460	8,730	21,460
Hunterdon	11,560	4,585	1,600	2,800	1,070	1,055	2,195
Mercer	34,605	19,940	5,420	12,760	4,275	4,430	9,560
Middlesex	75,640	40,665	11,925	25,575	9,165	8,515	20,740
Monmouth	65,320	31,850	9,380	20,750	6,610	6,870	15,080
Morris	50,170	21,105	5,985	12,950	4,440	4,225	9,770
Ocean	83,820	47,210	14,570	30,735	9,170	9,160	21,215
Passaic	45,440	29,330	7,980	18,230	7,310	6,370	15,460
Salem	6,720	4,690	1,410	3,035	1,075	905	2,140
Somerset	29,020	12,465	3,795	7,670	2,650	2,485	5,975
Sussex	11,375	5,985	1,990	4,000	1,405	1,380	2,715
Union	57,120	31,655	8,695	19,655	7,345	6,805	16,125
Warren	10,045	6,160	1,795	4,220	1,410	1,230	3,000

Note: Sensory disability refers to blindness, deafness, or a severe vision or hearing impairment; physical disability refers to a long-lasting condition that substantially limits one or more basic physical activities, such as walking, climbing stairs, reaching, lifting, or carrying; mental disability refers to a condition lasting 6 months or more that made it difficult to learn, remember, or concentrate; self-care disability refers to a condition lasting 6 months or more that made it difficult to perform activities such as dressing, bathing, or getting around inside the home; going outside the home disability refers to a condition lasting 6 months or more that made it difficult to go outside the home alone to shop or visit a doctor’s office.

Universe: Civilian noninstitutionalized population 60 years and over

Source: Census 2000 Special Tabulation on Aging

Projected 60+ Population Increase

Table 8. Projected increase in population aged 60+ years by county, New Jersey, 2000-2025

Geographic name	Population in 2000	Projected population in 2025	Projected increase in percent
New Jersey	1,443,782	2,279,700	57.9
Atlantic	44,781	73,200	63.5
Bergen	173,897	248,700	43.0
Burlington	70,008	118,000	68.6
Camden	82,197	129,300	57.3
Cape May	26,234	30,100	14.7
Cumberland	24,726	36,800	48.8
Essex	125,044	188,400	50.7
Gloucester	38,931	73,300	88.3
Hudson	92,226	134,300	45.6
Hunterdon	16,780	40,200	139.6
Mercer	57,089	87,600	53.4
Middlesex	119,933	185,600	54.8
Monmouth	100,503	178,700	77.8
Morris	73,933	143,900	94.6
Ocean	136,367	183,400	34.5
Passaic	77,267	122,900	59.1
Salem	12,013	18,400	53.2
Somerset	44,289	86,400	95.1
Sussex	18,247	40,300	120.9
Union	92,422	129,500	40.1
Warren	16,895	30,500	80.5