

PROGRAM E: EWING RESIDENTIAL TREATMENT CENTER

Name of Placement: Ewing Residential Treatment Center
Address: 1610 Stuyvesant Avenue
Trenton, NJ 08618
Telephone: (609) 530-3350 or (609) 530-6096
Director Intern of Training: David M. Young, Ph.D.
Acting Clinical Director: Edward Zupkus
APA Accreditation Status: None

The Ewing Residential Treatment Center (ERTC) is a clinical inpatient treatment facility located in Ewing Township a suburb of Trenton, New Jersey. Fully accredited by the Joint Commission on the Accreditation of Healthcare Organizations, it can be easily reached from the New Jersey Turnpike, I-95, or U.S. Route 1. Ewing Residential Treatment Center operates under the auspices of the New Jersey Department of Children and Families, Division of Youth and Family Services (DYFS). Our internship program participates in the New Jersey Psychology Internship Program, an association of affiliated internship programs that is operated by the New Jersey Department of Human Services. ERTC It provides a full range of services including psychological, social, educational, and psychiatric services to adolescent males in its catchment area. However, adolescents from other counties are considered for admission as well.

The Clinical Department at ERTC offers a one-year, full-time internship in clinical psychology. Interns receive intensive supervision while working with a population of behaviorally disordered and emotionally disturbed males. Although the age range for admission is 12½ to 17½ years, residents can remain in the program up to the age of 21 years, if they are still in a school program. Training here emphasizes the development of the diagnostic and clinical skills necessary to treat these youth and their families, with the goal of returning the residents to the least restrictive environment.

Interns are expected to help develop and implement treatment plans as part of a multiple disciplinary team which meets weekly to review each resident's progress in the program. In addition, interns have ample opportunity to provide individual therapy to residents several times per week if desired. Group therapy is also offered to residents, with emphasis on helping them improve social, coping and adaptive skills and to aid in the development of empathy. There are ample opportunities for interaction with team members representing various disciplines such as education, social work, nursing, medical, residential staff, recreation, occupational and family therapy, and psychiatry, as well as with other social agencies in the communities serving residents and their families.

Interns are trained in the administration of psychological tests and in preparing written reports for treatment teams. Interns are also expected to be available to provide crisis counseling to residents and to consult with staff concerning treatment issues. Attendance at clinical staff meetings, and at community meetings in the residential units are other important parts of the internship experience.

Other training experiences and opportunities include participation at our school, The Lincoln School at ERTC, which operates under the auspices of the New Jersey State Office of Education. Additionally, the Mercer County District DYFS offices in Trenton are available as one-day outpatient sites where interns will participate and provide psychodiagnostic evaluations and psychotherapy of adults and children experiencing family problems.

ERTC currently has four part-time consulting psychologists, and two part-time consulting psychiatrists and three full-time social workers. We currently are seeking a full-time psychologist to fill the role of Clinical Director. We also contract with other licensed psychologists who are experienced supervisors to provide additional individual supervision. All psychologists are licensed in New Jersey. ERTC also has two consulting psychiatrists and three full-time social workers who are available for consultation with our interns. Clinical supervisors have a variety of theoretical orientations and can introduce the intern to diverse supervisory styles and professional roles. Interns are provided a minimum of three hours per week of individual face to face supervision for their clinical and assessment work. Interns at ERTC also participate in the Group Therapy supervision group that meets biweekly at nearby Trenton Psychiatric Hospital, as well as attending the weekly full-day New Jersey Psychology Internship Colloquium Seminar series. At ERTC, interns also participate in our monthly Grand Rounds and in-service presentations that are presented to by our Clinical Department. Over the course of the internship year, interns are also expected to make a presentation of their own to our department.