

Important information for Uniting for Ukraine (U4U) supporters and beneficiaries in New Jersey

Ukrainians who were granted humanitarian parole status between **February 24, 2022** and **September 30, 2023** are eligible to apply for the following benefit programs and assistance:

Help and Support Available	Where to Apply or Get Assistance
Refugee Cash Assistance (RCA) - Cash Assistance for individuals without dependent children	To enroll in the RCA program near you contact njor.info@rescue.org or call 917-561-3327 .
Food Assistance – NJSNAP	Apply online or through your local county board of social services, application and local offices list available online at njsnap.gov
Cash Assistance for families with children-TANF	Apply online njhelps.gov or through your local county board of social services
Health insurance coverage NJ FamilyCare (Medicaid)	Apply online at njfamilycare.org
Food and nutrition assistance for pregnant woman and children up to 5 – Women, Infant and Children (WIC) program	Apply through a local agency, find the list at www.nj.gov/health/fhs/wic/participants/apply-wic/
Mental Health and Emotional Support	Call 1-866-202-4357 to talk to a trained professional
Legal Assistance* <i>*Ukrainians without humanitarian parole should seek out legal advice from an immigration attorney for immigration relief options.</i>	For a list of immigration attorneys near you, go to www.justice.gov/eoir/file/ProBonoNJ/download

Eligibility for public benefits (TANF, Medicaid, and SNAP) includes financial and other non-financial factors such as eligible immigration status. Immigration eligibility for those granted humanitarian parole remains while they have parole status and until the end of the parole term unless amended by law or if the individual gains other eligible immigration status. Please check eligibility requirements online.



ADDITIONAL RESOURCES

Welcome.US offers helpful guides for supporters on all things related to supporting a refugee

U4U Support line brought by the International Rescue Committee and Loyal Source - U4U recipients anywhere in the U.S. can call **407-591-3963** Support line provides information about benefits and resources including employment assistance.

Visit us at www.nj.gov/humanservices/njnewamericans/ for more information and updates.

If you have any questions, you can e-mail us at NJRefugeeProgram@dhs.nj.gov

