To: Agency Providers, Community Care Residence Providers  
Distribution

From: Kathy Patrick, Director  
Office of Licensing

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Subject: Cardio-Pulmonary Resuscitation (CPR) and Standard First Aid Training

Background
The Department of Human Services puts forth the following guidelines in collaboration with Community Service Providers and the NJ Division of Developmental Disabilities to support compliance in meeting the requirements at N.J.A.C. 10:44A-2.7(a)4 & 5, N.J.A.C. 10:44C-2.7(a)4 & 5, and N.J.A.C. 10:44B-2.1(f), regarding staff and community care residence licensee training requirements for Standard First Aid and Cardio-Pulmonary Resuscitation (CPR).

Guidelines
Any training entity, which meets current Emergency Cardiovascular Care (ECC) guidelines and through which certification in Standard First Aid and CPR is obtained, may be utilized. The ECC Guidelines provide recommendations regarding how to resuscitate victims in the event of a cardiovascular emergency and represent a consensus reached by the International Liaison Committee on Resuscitation (ILCOR), whose membership includes seven international resuscitation organizations. A list of these entities is available through the American Heart Association at http://guidelines.ecc.org/index.html.

Community Service Providers shall obtain, and make available to the Office of Licensing during inspections, documentation that the training entity utilizes a curriculum in compliance with the ECC guidelines. The documentation shall be a statement, on the training entity letterhead, that their training content/curriculum meets the ECC Guidelines.

Additionally, in accordance with Division of Developmental Disabilities’ Circular #31 “First Aid and Cardiopulmonary Resuscitation Training,” agencies shall ensure staff competency through the successful completion of a standard First Aid and CPR course, which shall include:

- In-person course with a certified instructor; online certifications are not acceptable;
- Successful completion of a skills/practicum;
- Successful completion of a competency assessment;
- Re-certification every two years to include skills and competency assessment;
- When renewing certification, blended learning, with study online and then completion of hands-on training in person, is acceptable.