NEW JERSEY DEPARTMENT OF CHILDREN AND FAMILIES

Overview of the Children's System of Care (CSOC)

Understanding DD Services and Supports for NJ Children and Families

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What is the Children's System of Care?

- NJ's public behavioral health system that serves youth under age 21 with emotional and mental health care needs, substance use challenges, and/or intellectual/developmental disabilities (IDD).

- CSOC's structure, policies, and practices are aligned with the core values of the System of Care Model.

  - Strengths and needs of the child and family determine the services and supports to be provided
  - Services are delivered in the community and supported by state/local systems management and infrastructure
  - Services are culturally and linguistically competent
  - Services are voluntary





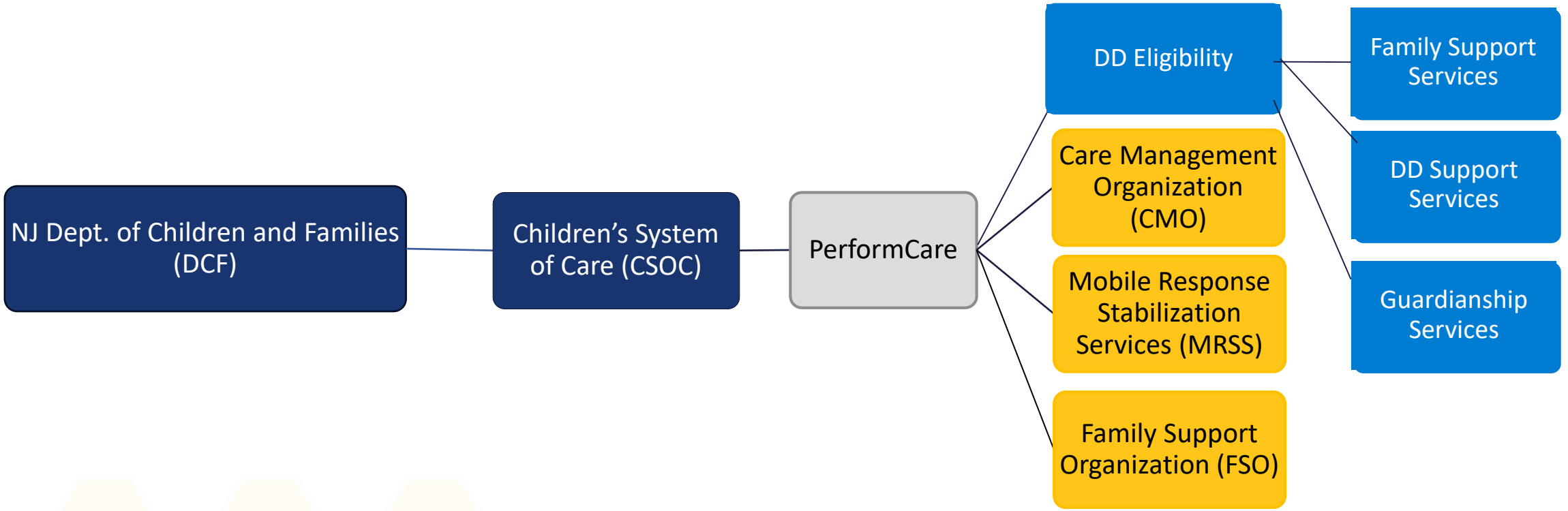
Contracted System Administrator (CSA)

- PerformCare is the current Contracted System Administrator (CSA) for CSOC
- Front door access to all CSOC services
- 1-877-652-7624 - 24 hours a day/7 days a week
- Obtains Caregiver Consent
- Does not provide direct services

NJ Children's System of Care

Contracted System Administrator — PerformCare®

Roles and Responsibilities



CSOC Core Services

Mobile Response Stabilization Services (MRSS)

- 24/7 Community Response – MRSS serves families where they are, anywhere in NJ, within a 60-minute timeframe
- 72 Hour Initial Intervention
- Up to 8 Week Stabilization Period
- Crisis Assessment Tool (CAT)
- Individualized Crisis Planning

Care Management Organization (CMO)

- Engage youth and families to assess strengths and identify priority needs.
- Develop and facilitate Child Family Teams (CFT)
- Treatment Planning
- Community collaboration and relationship development

Family Support Organization (FSO)

- Individual peer/CFT support for CMO connected families
- Community supports and system collaboration
  - -Warmline, support groups, education, advocacy and system navigation
- Youth Partnerships
  - -Youth voice, building leadership, advocacy and life skills

CSOC Residential Treatment Services

Principles of Out-of-Home Treatment

- Family involvement
- Child Family Team (CFT) agreement
- Clinically appropriate to meet youth needs
- Provide least restrictive treatment setting
- Short term

OOH Treatment Types

- Crisis Stabilization and Assessment Programs (CSAP)
- Group Home (GH)
- Intensive IDD (Int I/DD)
- Psychiatric Community Home (PCH)/ (PCH I/DD)
- Intensive Psychiatric Community Home (IPCH I/DD)
- Intensive Residential Treatment Services (IRTS)
- Residential Treatment Centers (RTC)
- Specialty Program (SPEC)
- Stabilization and Assessment Services (STAS)
- Special Skills Home for I/DD (SSH I/DD)
- Treatment Home (TH)

CSOC Intellectual/Developmental Disability (I/DD) Services

- **Developmental Disability (DD) Eligibility**
- **Family Support Services (FSS)**
  - Respite Care, Educational Advocacy, Summer Camp, and Assistive Technology
- **Intensive In-Home (IIH)/Individual Support Services (ISS)**
  - Behavioral Health Services (IIH Behavioral/ABA)
  - Clinical and Therapeutic Services (IIH Clinical)
  - Individual Support Services (ISS)

Applying for I/DD Services

Youth Ages 0-17

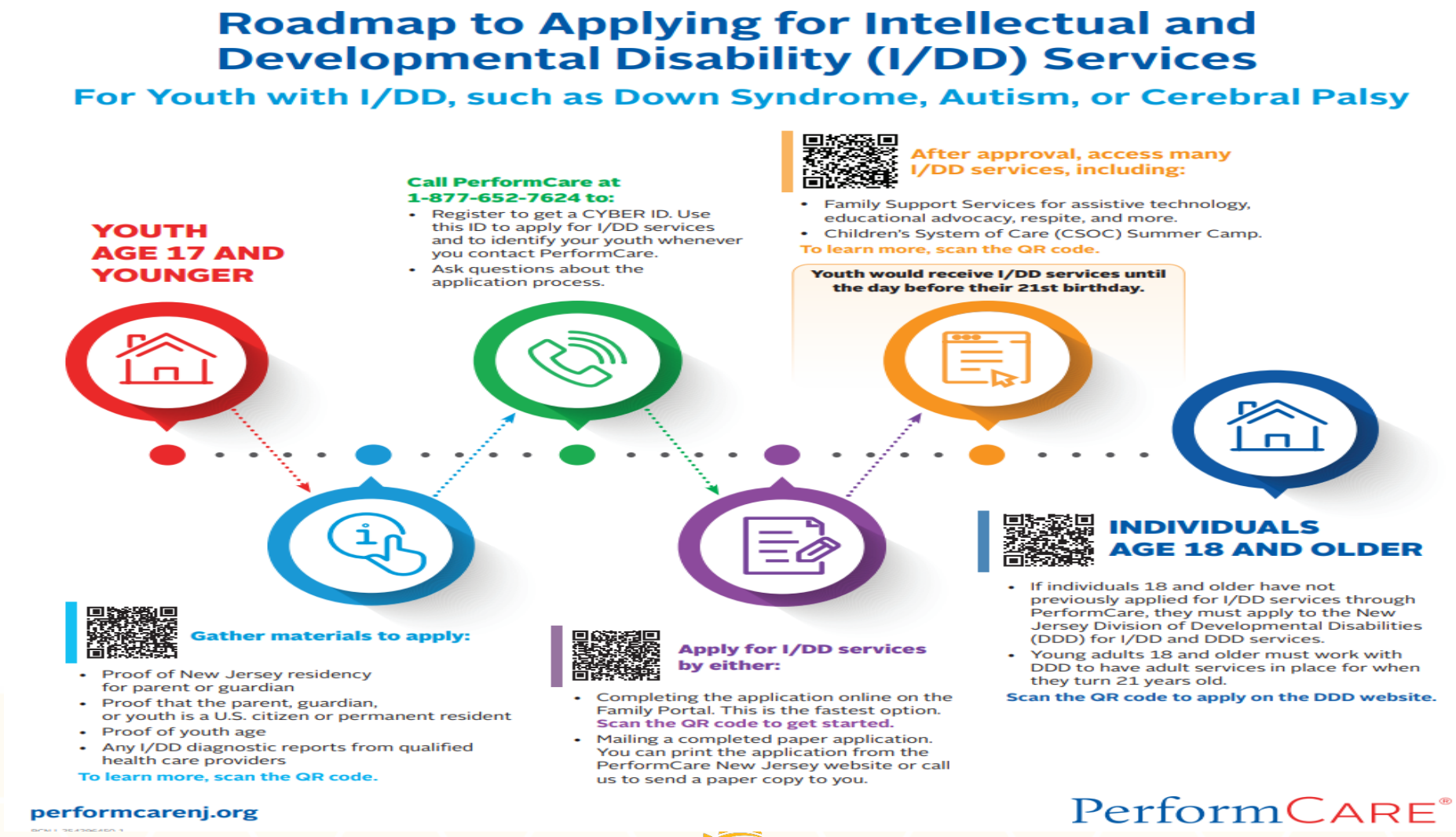
- To access CSOC services for youth (ages 0-17) diagnosed with intellectual/developmental disabilities (I/DD), the parent/legal guardian must apply for DD eligibility through PerformCare before the youth turns 18.
- **Apply online:** Intellectual and Developmental Disability Services
- CSOC services available for DD-eligible youth include therapeutic and behavioral services, family support services, etc.

Questions? Email: DD.Transition@dcf.nj.gov

Youth Ages 18-21+

- At age 18, families and the care team should begin planning for transition to DDD at age 21 by discussing essential life domains (housing, education, employment, services, and supports) **and** applying to the adult disability system, DDD.
- **Division of Developmental Disabilities (DDD) - Apply Now:** Division of Developmental Disabilities | Apply for Services
- Youth deemed **DD eligible** through CSOC or DDD can receive services through PerformCare until age 21.
- At age 21, youth who are DDD eligible must have adult Medicaid (SSI, ABD Medicaid, or NJ FamilyCare) to access adult services.

Roadmap to Applying for I/DD Services



CSOC I/DD Transition Supports

- **Transition Support**
  - Prepare youth and families to transition to adult services at age 21
  - Connect with the youth's CMO or DCPP staff to coordinate steps for transition to the adult DDD system
  - Collaborate with the adult DDD system
- **Guardianship Support**
  - Provide alternative guardianship and supportive decision-making options for youth with family support
  - Referral to Bureau of Guardianship Services (BGS) for youth in need of a state-appointed guardian

DDD Transition Timeline: Youth ages 18-21



Start Planning Early at age 18

Contact PerformCare to determine **DD Eligibility**

Contact DCF Transition Mailbox for consultation DD.Transition@dcf.nj.gov

Apply to DDD via the FULL or SHORT application

Be prepared! Documentation is required

Apply for NJ Medicaid and **SSI** before 21

Does the youth need a **Guardian**? Contact DCF Guardianship Mailbox DCF-CSOC.Guardianship@dcf.nj.gov