

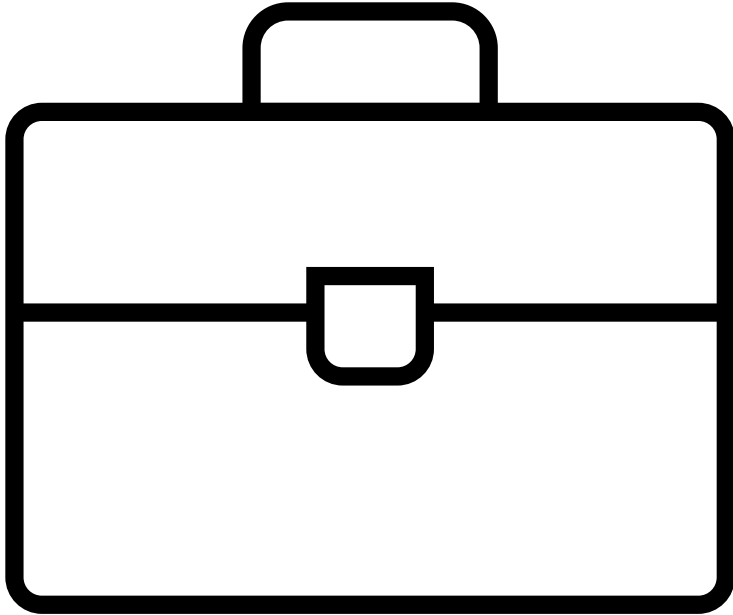
Real-Time Insights: Analysis of Job Posting Data in New Jersey 1st Quarter 2026



**NJDOL - Office of Research & Information
Division of Economic & Demographic Research
April 2026**

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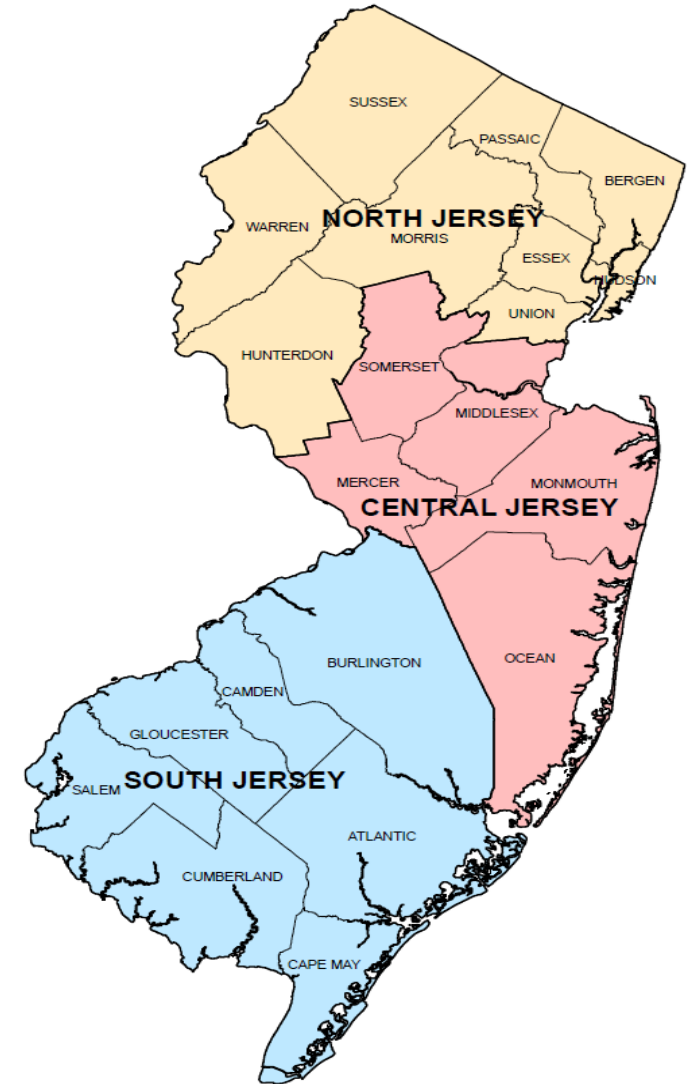


Real-Time Insights: Analysis of Job Posting Data in New Jersey

- This report highlights job postings at the state and regional level.
- The report includes data from January 2026 to March 2026.

Real-Time Insights: Analysis of Job Posting Data in New Jersey Continued

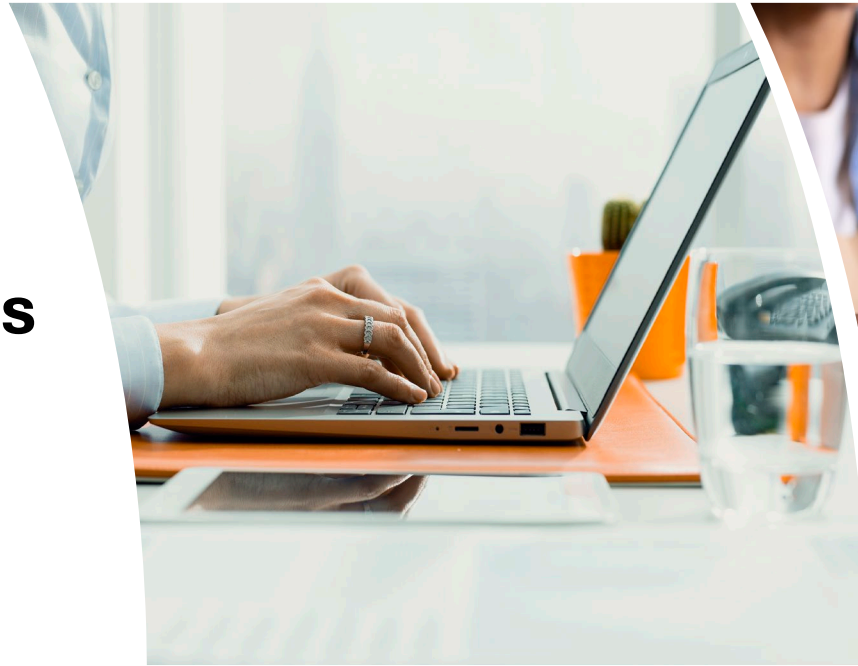
- This report breaks down job postings by three regions based on metropolitan statistical areas defined by Office of Management and Budget :



Real-Time Insights: Analysis of Job Posting Data in New Jersey Continued

Job Posting Data Breakdown

- Top Employers
- Key Occupations
- In-Demand Skills
- Major Cities



Key Findings: New Jersey Shows a Diverse Mix of Job Postings Across Multiple Regions and Industries

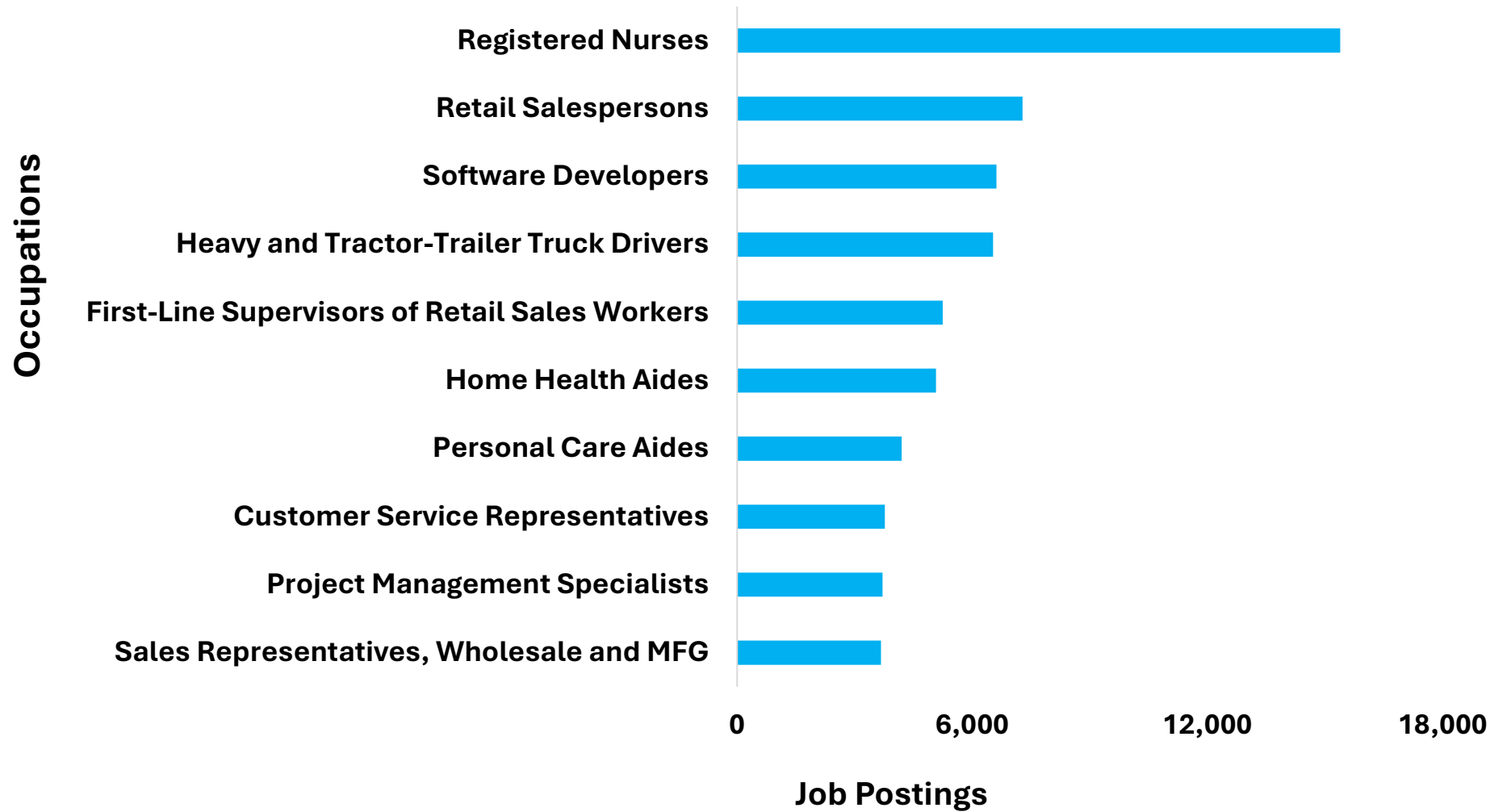


Bergen County had the most job postings in the state, followed by Hudson, Middlesex and Essex Counties. These four counties have the highest population and employer density in the state.

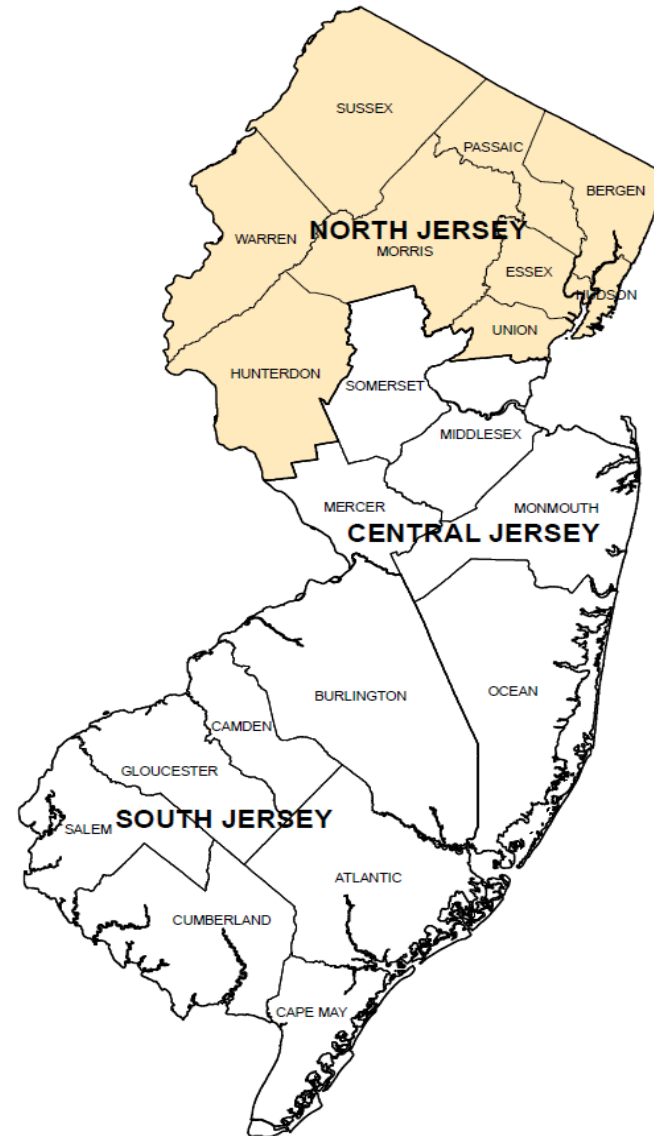


The two most populous cities in the state, Jersey City and Newark had the most job postings at the municipal level.

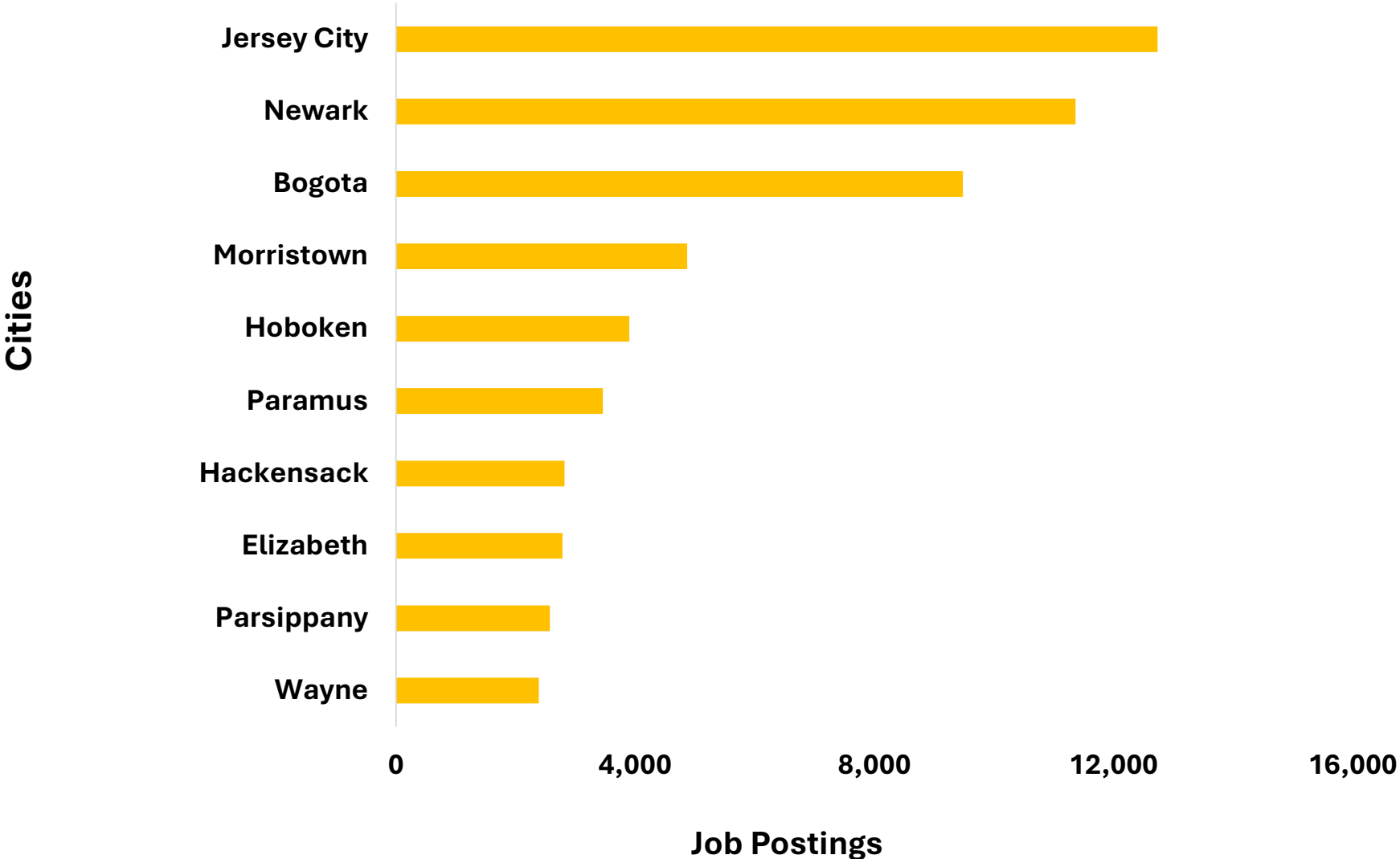
Registered nurses, retail sales, and software developer positions had the highest number of job postings statewide



Northern Region



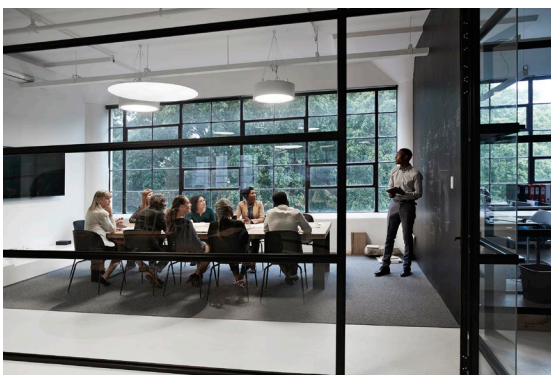
Jersey City, Newark and Bogota recorded the highest number of job postings in the Northern Region



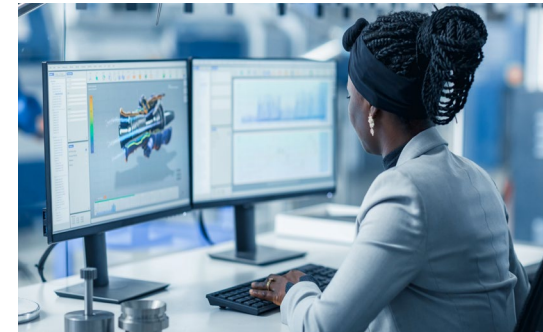
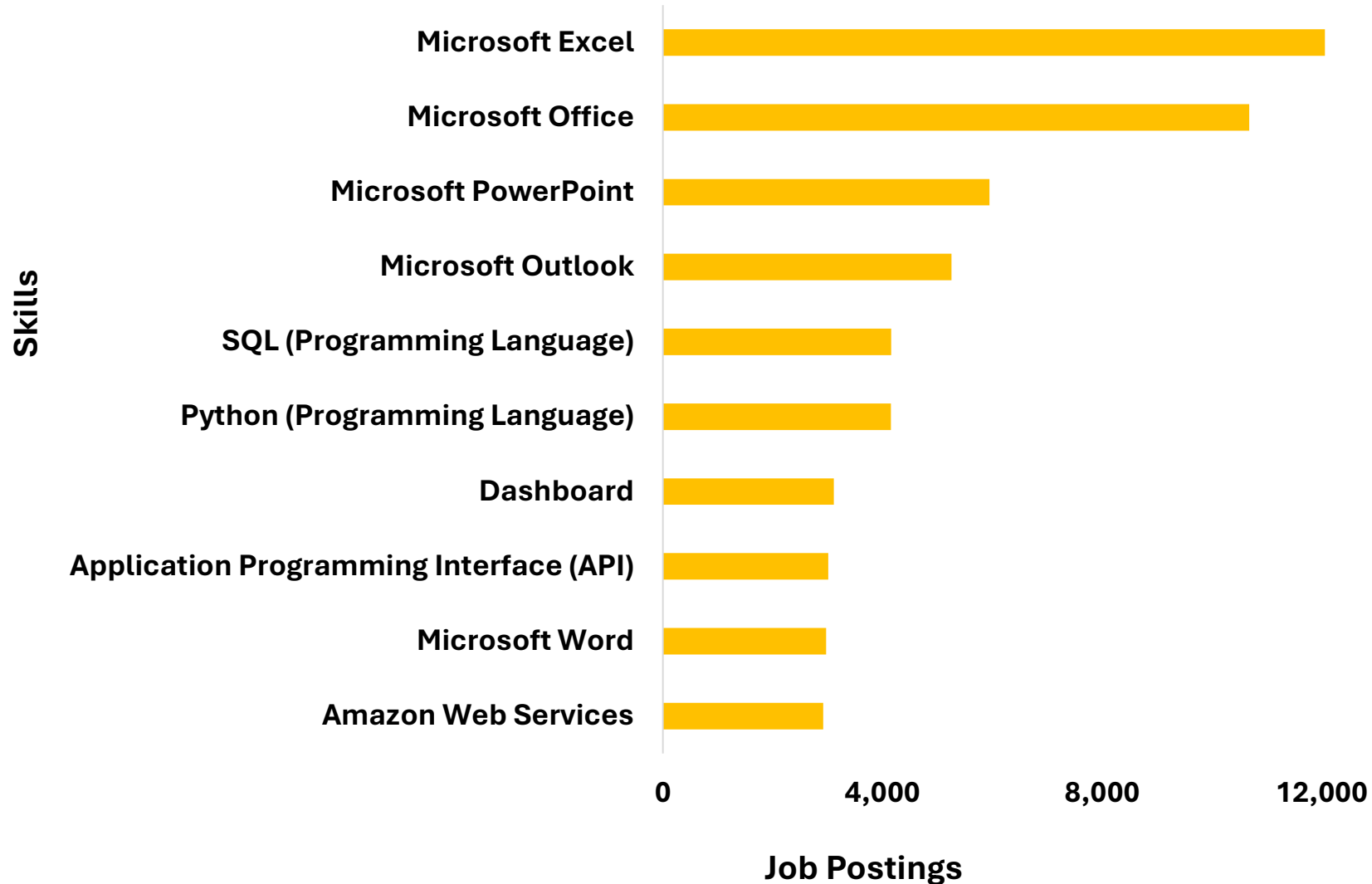
Registered nurses, home health aides and software developers had the most job postings in the Northern Region



Project management, workflow management and marketing were the most sought-after skills in the Northern Region

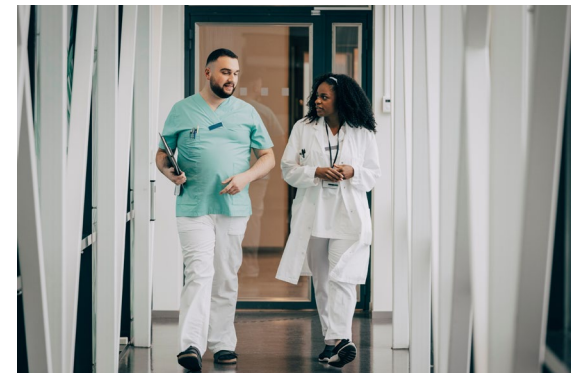


Microsoft Office Suite and programming languages are the most requested software skills in job in Northern Region

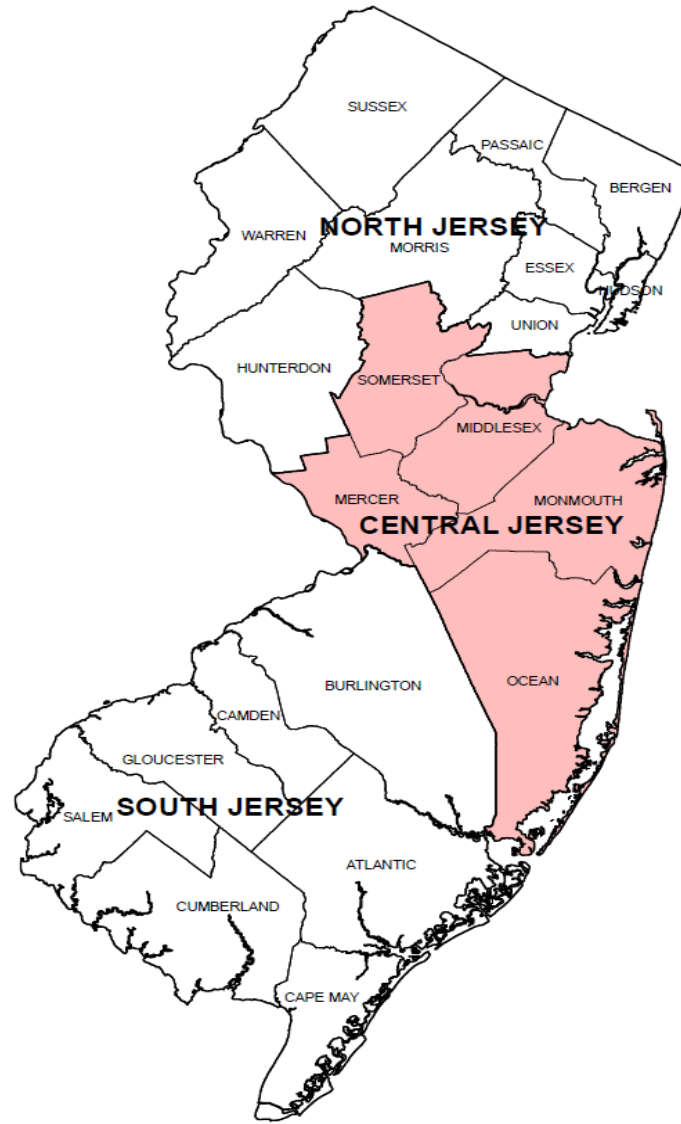


Top 10 Employers by Job Postings Northern Region

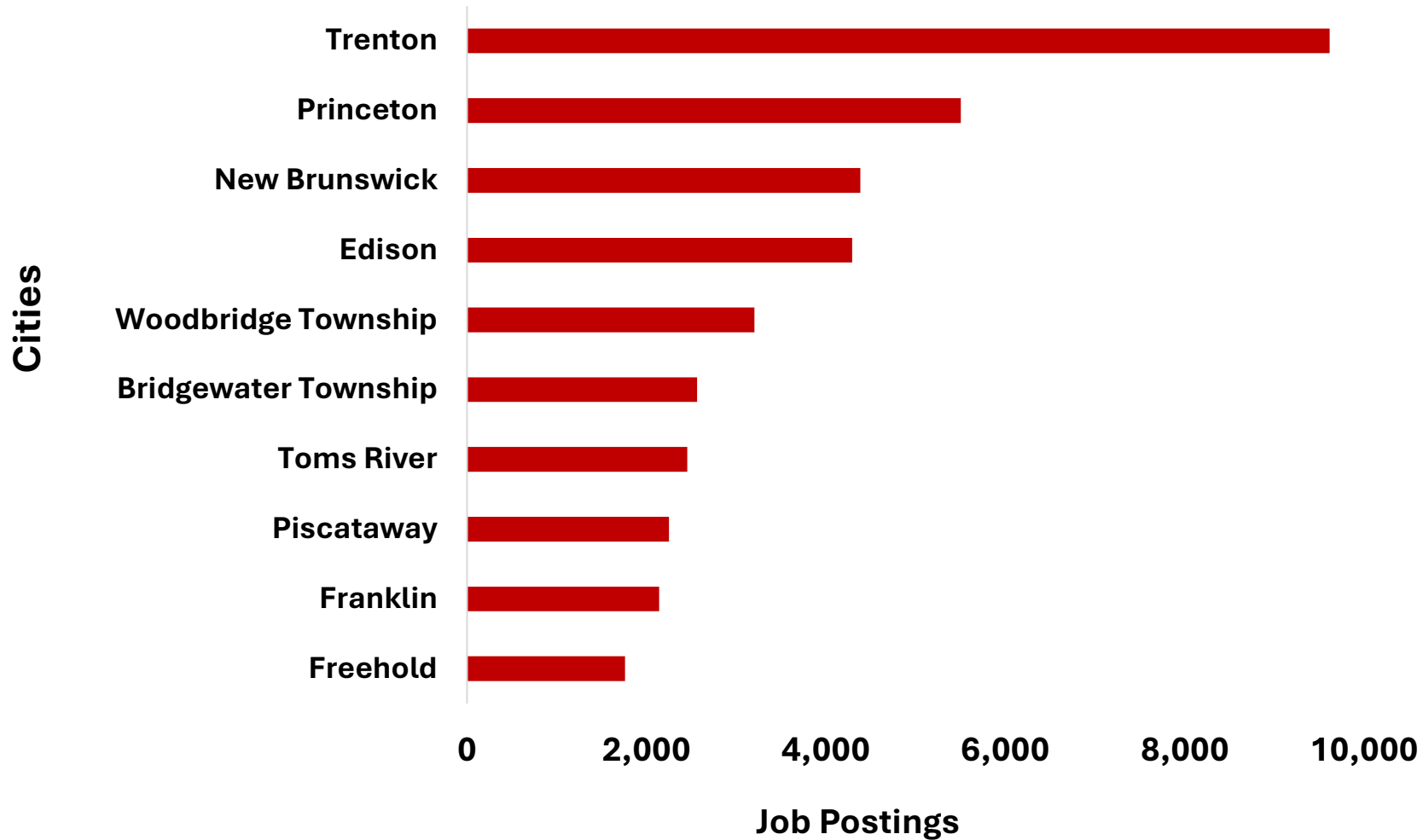
- Atlantic Health System
- JPMorgan Chase
- RWJBarnabas Health
- ShopRite
- Soliant Health
- Hackensack Meridian Health
- Insight Global
- Activos
- CVS Health
- Aya Healthcare



Central Region



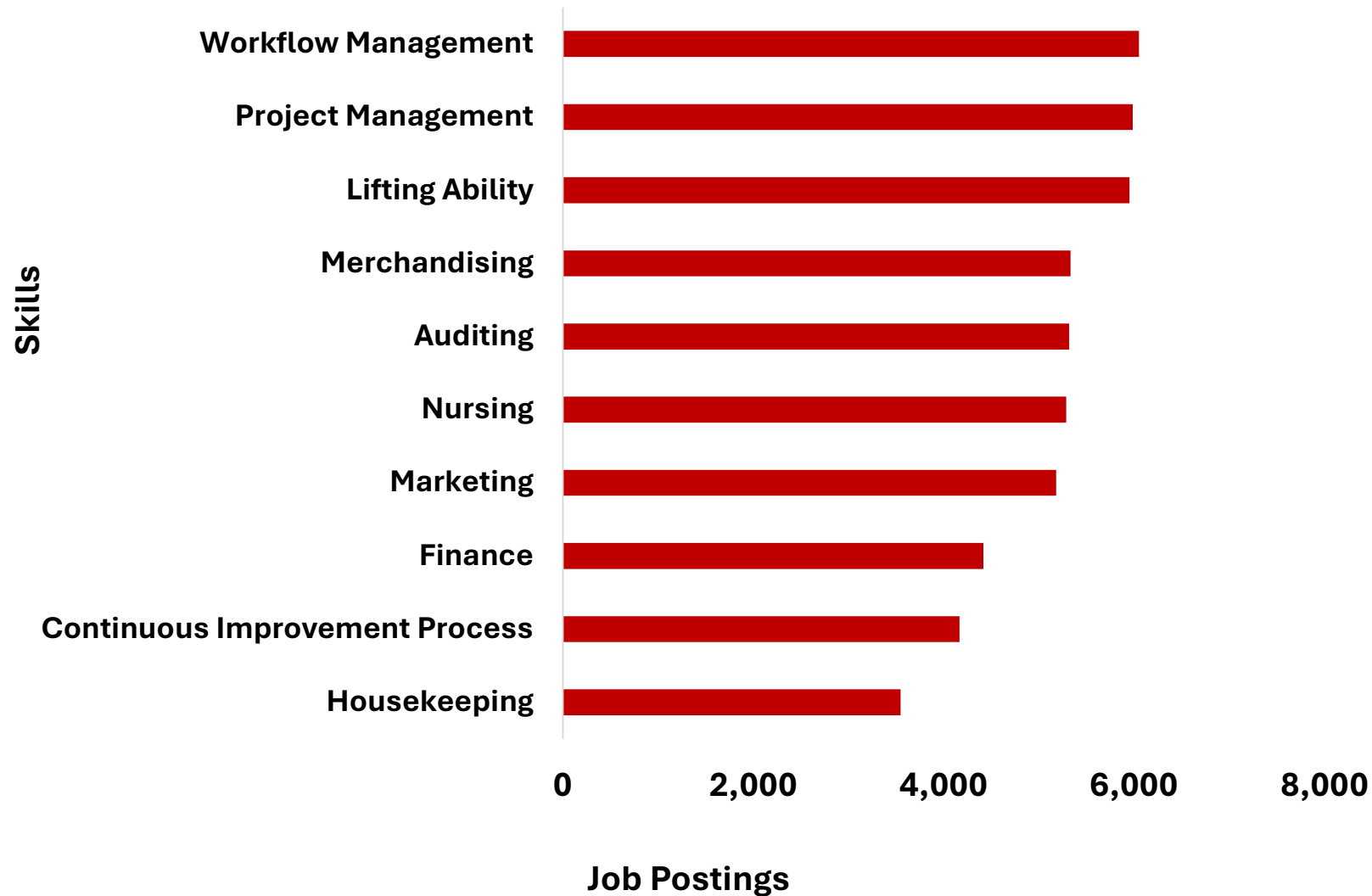
Trenton, Princeton and New Brunswick had the highest number of job postings in the Central Region



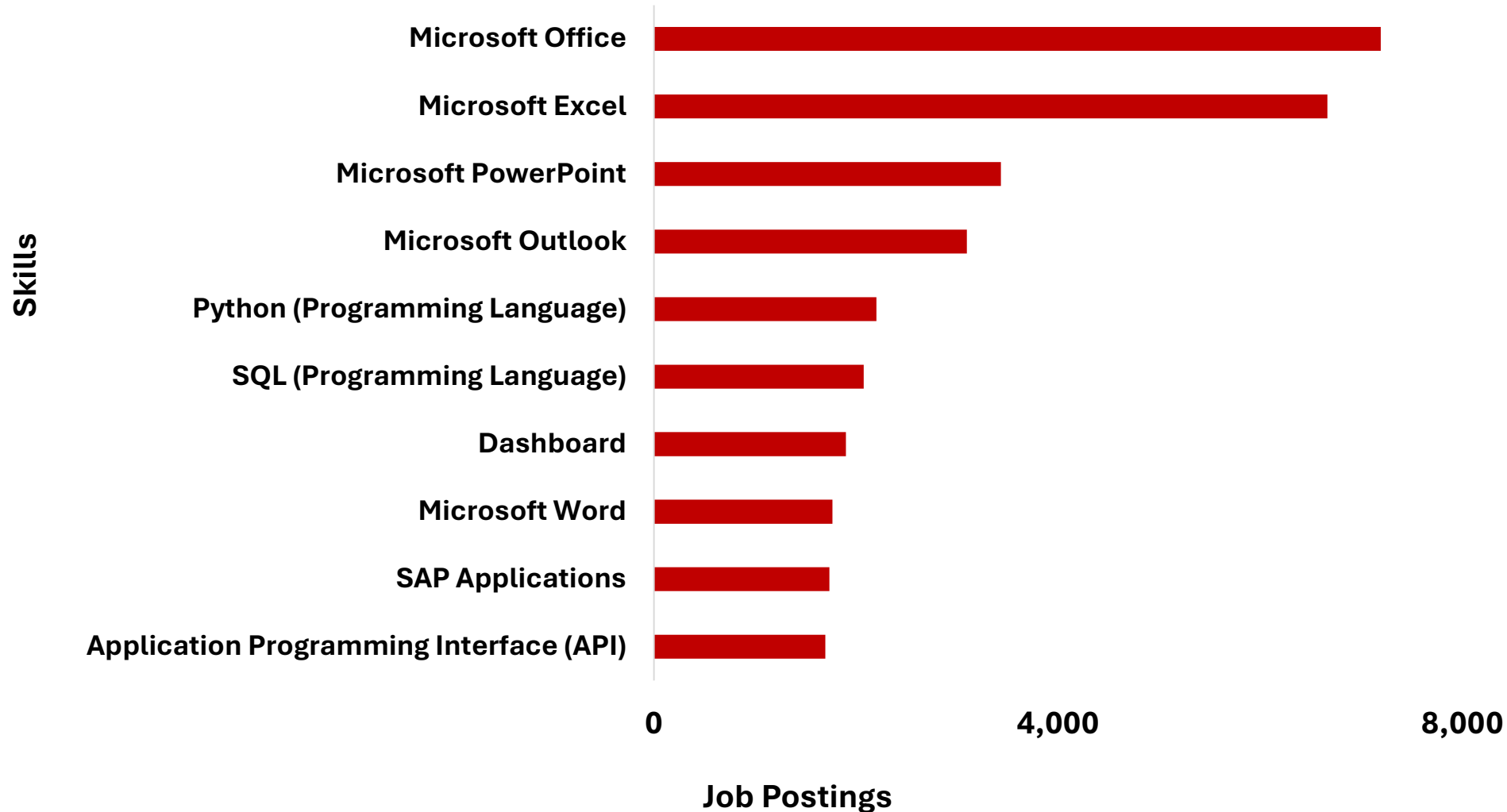
Registered nurses, home health aides and retail sales had the most job postings in the Central Region



Workflow management, project management and lifting ability were the most sought-after skills in the Central Region



Microsoft Office Suite and programming languages are the most requested software skills in the Central Region

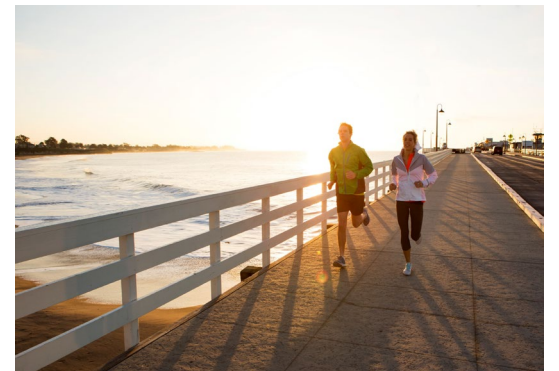
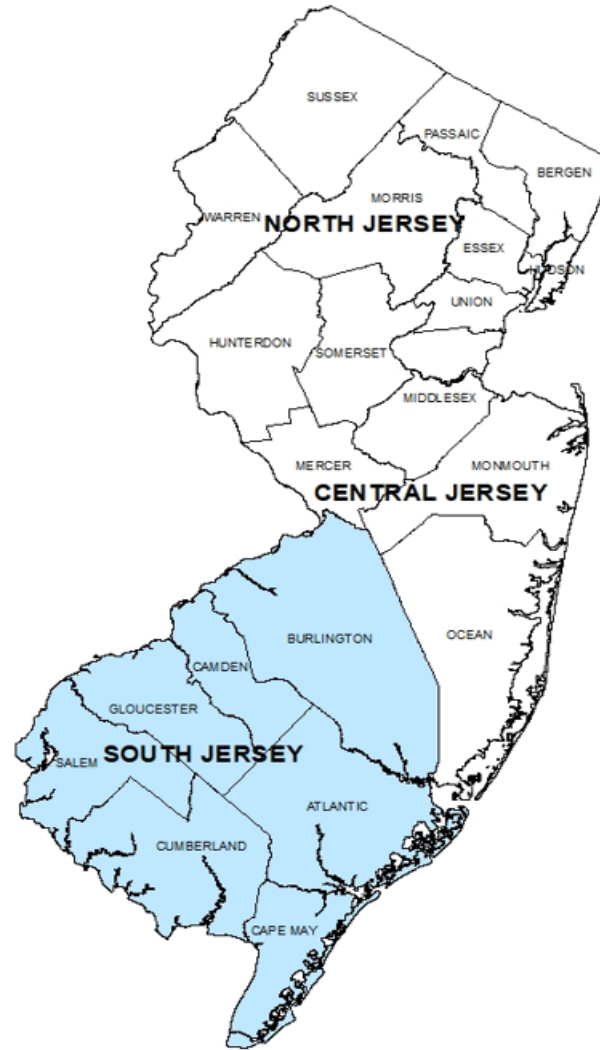


Top 10 Employers by Job Postings Central Region

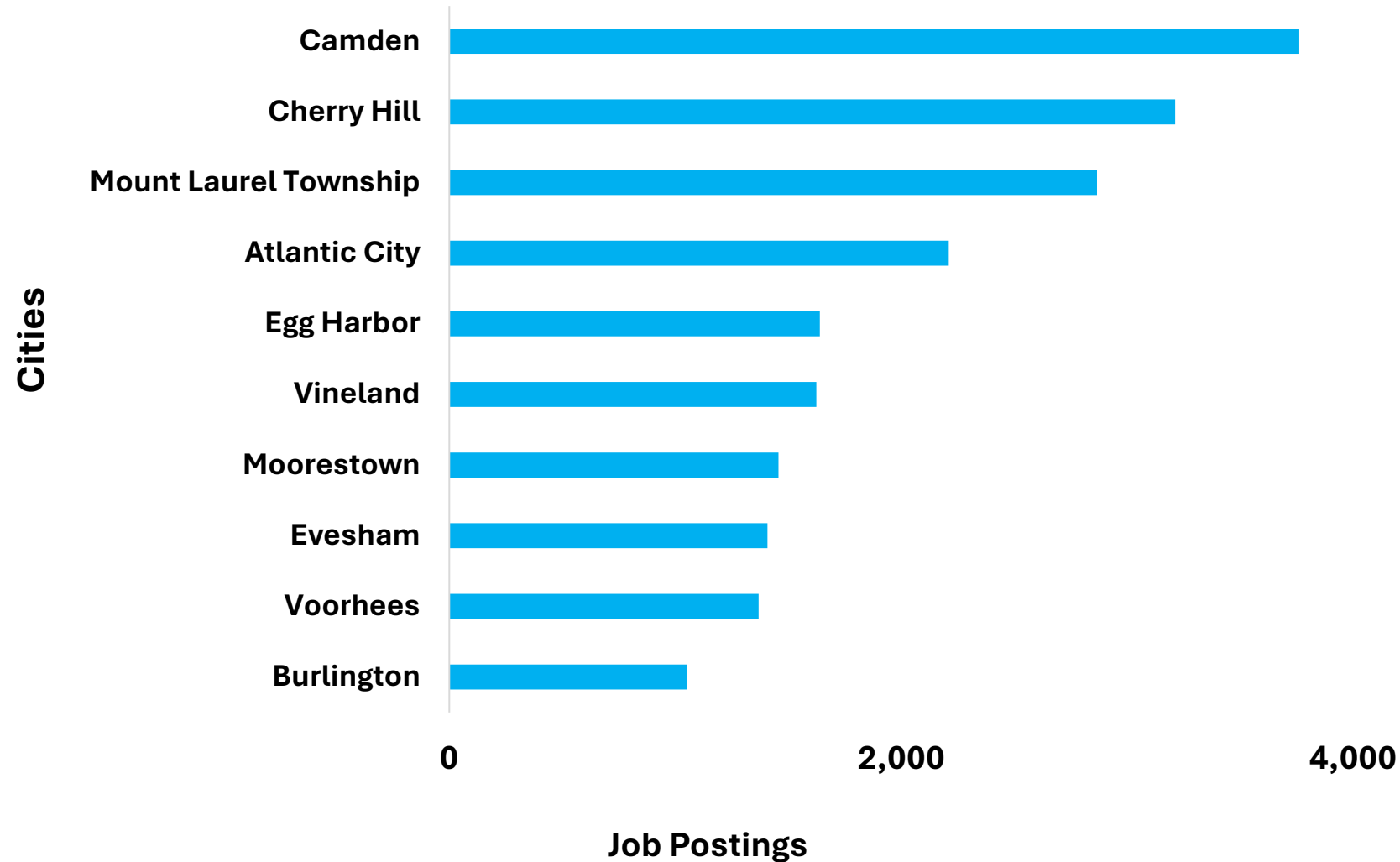
- Rutgers University
- RWJBarnabas Health
- Shoprite
- Hackensack Meridian Health
- Johnson & Johnson
- CVS Health
- Bristol-Myers Squibb
- Aya Health Care
- Six Flags Great Adventure
- Soliant Health



Southern Region



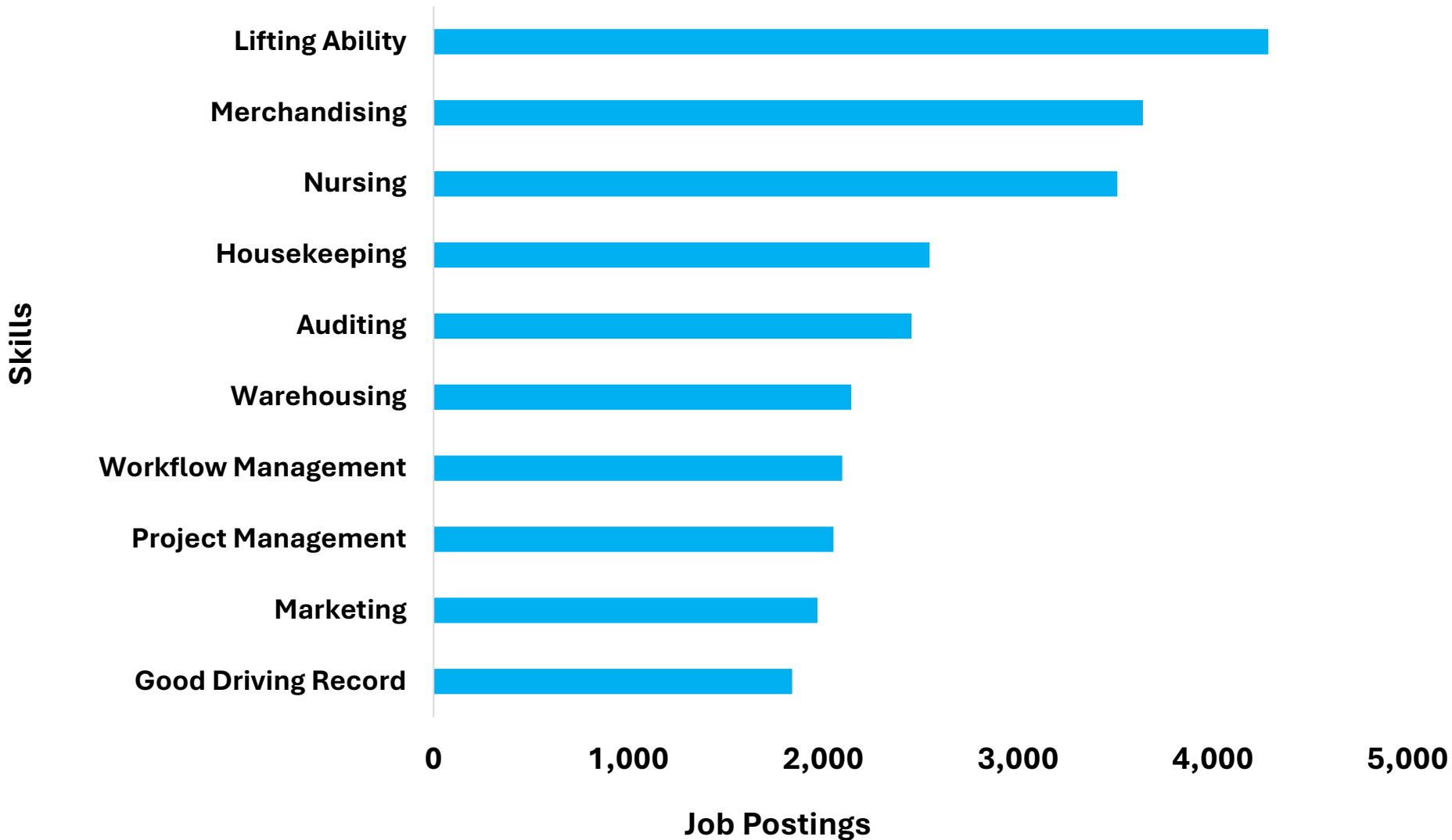
Camden, Cherry Hill and Mount Laurel had the most job postings in the Southern Region



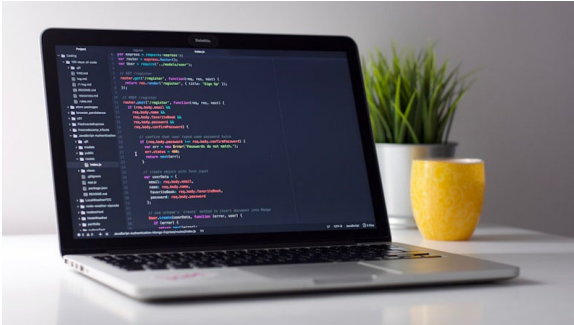
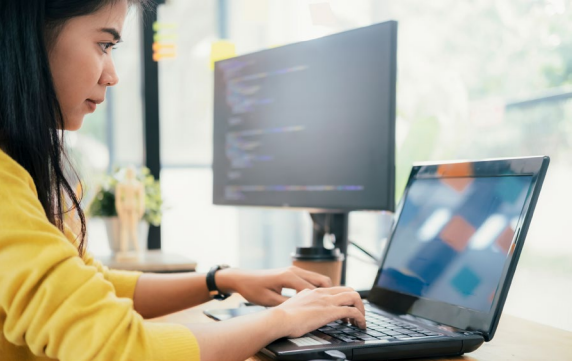
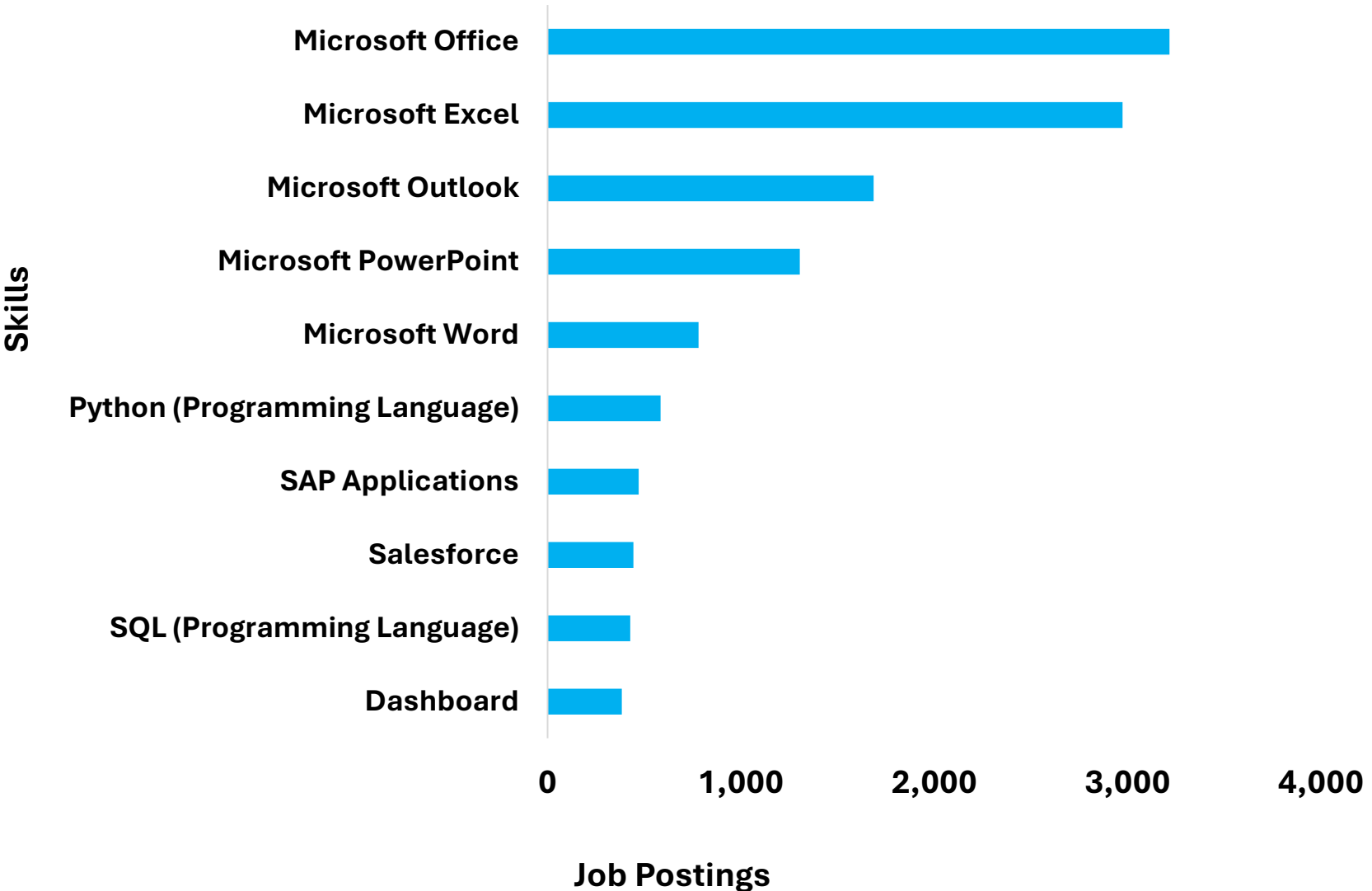
Registered nurses, home health aides and retail sales had the most job postings in the Southern Region



Lifting ability, merchandising and nursing were the most sought-after skills in the Southern Region



Microsoft Office Suite and its components are the most requested software skills in the Southern Region



Top 10 Employers by Job Postings Southern Region

- Virtua Health
- Cooper University Health Care
- TD Bank
- ShopRite
- Lockheed Martin
- Atlanticare Regional Medical Center
- Inspira Health Network
- Walmart
- Allied Universal
- CVS Health



Real Time Job Posting Data

- This analysis is conducted using Lightcast data, which collects data from job postings listed on the internet.
- Data layered together across 2.5 billion job postings, 400 million career profiles, and 100+ government sources, scraped daily from online labor exchanges.
- Job posting data updated continuously, historically available, and regionally relevant.

Source: Lightcast Technologies, New Jersey 2025

Prepared by: New Jersey Department of Labor and Workforce Development, January 2026

Limitations of the Data

Limitations:

- A posting does not necessarily equal a job
- Some occupations and industries are underrepresented, some may be over-represented
- While Lightcast uses algorithms to remove duplicate listings, some redundancies remain

2025 Report Overview and Subscription Information

This report was prepared by the Office of Research and Information, Division of Economic & Demographic Research. This division collects and disseminates vital data on employers, employees, and population demographics.

2025-2026 NJDOL PUBLICATIONS

- [Identifying and Tracking Emerging Occupations in New Jersey's Key Sectors](#) (January 2026)
- [New Jersey's Manufacturing Sector](#) (Winter 2025)
- [County Brief: Labor Market Facts](#) (December 2025)
- [Labor Market Spotlight - Celebrating New Jersey's Veterans](#) (Issue No. 28, Volume 3: November 2025)
- [Labor Market Spotlight - New Jersey's Waterways Help Keep the Economy Flowing](#) (Issue No. 27, Volume 3: October 2025)
- [New Jersey Employment Situation](#) (September 2025)
- [Job Openings and Labor Turnover Survey \(JOLTS\)](#) (August 2025)
- [New Jersey Building Permits](#) (August 2025)
- [New Jersey's Life Sciences Sector](#) (Fall 2025)
- [Labor Market Spotlight - The Industries Powering New Jersey's Special Moments](#) (Issue No. 26, Volume 3: August 2025)
- [Real-Time Insights: Analysis of Job Posting Data in New Jersey 2nd Quarter 2025](#) (August 2025)
- [New Jersey's Health Care Sector](#) (June 2025)
- [New Jersey Business Employment Dynamics](#) (May 2025)
- [Survey of Occupational Injuries and Illnesses \(SOII\)](#) (April 2025)
- [Labor Market Spotlight - Fortune 500 Companies](#) (Issue No. 25, Volume 3: March 2025)
- [Labor Market Spotlight - Young Adult Workforce](#) (Issue No. 24, Volume 3: January 2025)

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- Link: nj.gov/labor/subscribetoori





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