

# Say Yes to Life Contract

This contract empowers teens to make decisions based on their personal safety, eliminating peer pressure and judgment. The agreement between parent and teen provides young drivers with a safe way out of dangerous – and potentially life threatening – situations.

The contract's name originated from the Rebeka Vereza Foundation's motto *Say Yes to Life*. The foundation's mission is to create awareness about the life saving importance of safe driving behaviors and encourage young drivers to make responsible decisions. Modeled after that mission and from research conducted by the Children's Hospital of Philadelphia, the intention of this contract is to save young lives.

## Teen Driver Agrees to:

contact \_\_\_\_\_ if I ever find myself in a situation in which I do not feel safe (i.e. the driver has been involved in an argument, is drinking or has taken drugs etc.) with the code word \_\_\_\_\_ to indicate I need help to get home safely. I understand that I will be asked to discuss what happened \_\_\_\_\_ days later and will be expected to work on strategies that will assist me in avoiding dangerous situations in the future. I also agree to do my best to avoid situations involving risky behaviors.

\_\_\_\_\_

Teen Signature

Date

## Parent/Guardian Agrees to:

pick up \_\_\_\_\_ if I receive a text or call that includes our code word \_\_\_\_\_ no matter the time of day or night. I will do my best to avoid a socially awkward situation for my teen by either creating an excuse for picking them up or by acting in an overprotective manner relieving them from any social judgment or pressure. I further agree to recognize my teen for making a courageous and responsible decision by not penalizing or lecturing them. I will take \_\_\_\_\_ days to gain more perspective before discussing what they've learned and work with them to develop strategies for avoiding situations that involve risky behaviors.

\_\_\_\_\_

Parent/Guardian Signature

Date

New Jersey  
**teendriving.com**  
The parent resource for teen driving safety

parent website • [www.njteendriving.com](http://www.njteendriving.com)

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