## **Application Packet Cover Sheet**



ľ	Name:		
	Last Name, First Name, MI	_	
	Required Documents Checklist	<b>~</b>	Official Use Only
S.P. 894	TYW Application		
S.P. 894A	Medical/Insurance/Emergency Information		
	Photocopy of Medical Insurance Card (front/back)		
S.P. 894B	Physician Medical Approval Form		
S.P. 479	Consent for Photograph & Audio/Visual Release		

Return this form and all required documents no later than May 15th, 2023 to:

Division of State Police Outreach Unit Attn: Trooper Youth Coordinator P.O. Box 7068, Bldg. #4, West Trenton, NJ 08628-0068

Or scan (PDF format ONLY) and email to:

TrooperYouth@njsp.org

Leadership Essay (500 word minimum)

1. Applicant Information - to be complete	ed by <b>Student</b>							
Name (Last, First, MI)		Gender	Age		Date of Birth	Email Addres	is	
Address (Number & Street, City, State, ZIP Code)		County		Tele	l ephone	T-SI Size		L XXL  M XL Other
Race or Ethnic Group (Completion of this question Hispanic or	Latino (	African American/Black (No:	t Hispanic,	/Latino,	Native Amer./Alaska	n Native <i>(Not Hisp</i>		
is voluntary. The requested information will be kept confidential and used for statistical purposes.) White (Not	Hispanic/Latino) (	Asian (Not Hispanic/Latino)			Native Hawaiian/Oth	ner Pacific Islander	(Not Hispa	nic/Latino)
Parent/Guardian Name	Parent/Guardian H	Home Telephone	Pa	rent/0	Guardian Work Telephone	e	Parent/0	Guardian Cell Phone (24 Hr. Emergency)
Parent/Guardian Address if different from above (Number & Stre	et, City, State, ZIP Co	ode)	Parent/	/Guard	lian County	Parent/Guard	lian Email	Address
2. Essay - to be completed by Student								
The applicant shall <b>submit an essay</b> describing essay may meet or exceed 500 words but <u>shall n</u>								
3. School Certification - to be completed b	v Hiah School	Guidance Counselo	r					
Name of High School	, mgm semsor	Address (Number & Stree		ate, ZI	P Code)			Telephone
I hereby certify the Applicant is in good academic si sophomores who are currently 17 years of age may Youth Week class.								
Name of Guidance Counselor	- Guidance Co	unselor Signature			Date			
4. Reference								
Applicant is Recommended by		Relationship to Applicant						Telephone
○ NJSP/Law Enforcement	hool Principal	C Re	eligious	Leac	ler			
	nity Representat							
I hereby certify that the Applicant named abo	ve is honest, o	of good reputation,	, and :	soun	d moral characte	r.		
	Reference Sig	inature					_	
5. Week - to be completed by the Parent/Guard	lian							
July 31st-August 4th, 2023 and Audecisions are finalized.	gust 7th-1	1th – You will I	be n	otif	ied as to your	accepta	nce in	the program as
6. Waiver & Release - to be completed by th	e <b>Applicant A</b> l	ND the Parent/Guar	dian					
In consideration of the New Jersey State Police (NJ. my heirs, executors, administrators and assigns, h any act, or failure to act, of the NJSP, its officers, a Academy property and waive any and all specific r	SP) allowing mo ereby waive ar gents, employe	e to participate in the nd release any and al ees or recruits. I assun	Troop I claim ne the	s for	damages or loss to	my person o	and/or p	property that may be caused by
My participation in the Trooper Youth Week progrenforcement training exercises. Knowing that so participating in these exercises, even though they Week Rules & Regulations as established by the Natrooper Youth Week program.	ome risk exists, may arise out o	. I nevertheless volui of the negligence of t	ntarily he per	assu sons	ıme all risks of loss entities listed above	s, damage o	or injury accept a	that may be sustained while and abide by the Trooper Youth
I have read and understand the contents of this W. <b>THE S</b>		SE as well as the TROC OF A PARENT OR I					ınd I am	ı signing voluntarily.
	Date		-	Paren	t/Guardian Signature			Date
Return this form no later than <b>May 15, 2023</b>	Attn:	Trooper Youth Cod	ordina	itor				
Р.	∪. BOX /068, l	Bldg. #4, West Tren	ton, N	J 080	ე∠ <i>8-00</i> 68			

or scan (PDF format ONLY) and email to: TrooperYouth@njsp.org

To be completed by Parent/Guardian. Mark N/A when information is not applicable. Attach additional information as necessary.

	-		Last Name,	First Name, MI	-	Dat	e of Birth	
Expl	lain any existing med	dical condition	s/allergies	s/nutritional requi	irements th	e Trooper	Youth Applicar	nt may have:
1				3.				
2.				4.				
l ist :	any medications (ove			intion ex.: Tylend	ol. Motrin. I	Benadryl.	<i>etc.</i> ) to be taker	during the week
Medica			<u></u>	Dosage		on prescribed fo		
Side Ef	fects	ts			Prescribing Physician			ne
Medica	ation			Dosage	Conditi	on prescribed fo	or	
Side Ef	ffects			Prescribing Physic	cian		Physician Telepho	ne
Medica	ation			Dosage	Conditi	on prescribed fo	or	
Side Ef	ffects			Prescribing Physic	cian		Physician Telepho	ne
Γ	ergency Contact Info	rmation:		Relationship			24 Hour Telephone	
1.		rmation:		Relationship  Relationship			24 Hour Telephone 24 Hour Telephone	
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I laar	Ph	VCI	വാ	n:
Dear	1 11	y OI	oıa	11.

The following i	individual	has	submitted	an	application	to	participate	in the	e New	Jersey	State	Police	(NJSP)	Trooper	Youth
Week Program	n.														

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lame:
Address:
As part of the Trooper Youth Week Program, the NJSP requires each applicant to undergo a medical examination by censed physician. Trooper Youth Applicants should be in good physical health and able to participate in physical fitness ac vities (marching, running on all surfaces [blacktop, grass, sand]), calisthenics and organized athletic sports. Trooper Yout Veek is a residential program. Applicants receive room and board at the NJSP Academy in Sea Girt, NJ.
Physician's Statement (Please check one box)
☐ I have examined the above named applicant and find he/she can safely perform in the program.
☐ I have examined the above named applicant and find he/she cannot safely perform in the program.
▼ Examination shall be consistent with the 2014 14-Element AHA/ACC Recommendations.
▼ Examination date MAY NOT be greater than one year old from the last day the applicant attends the Trooper Youth Week Program.
Physician's Signature Date
Please Type or Print:
Physician's Name:
Address:
Affix Physician's Office Stamp:  (Must be M.D. or D.O.; Physician Assistant or Nurse Practitioner is NOT acceptable.)
The 14-Element, American Heart Association/American College of Cardiology Recommendations for Preparticipation Cardiovascular Screening of Competitive Athletes:
(Personal history)  1. Exertional chest pain/discomfort  2. Unexplained syncope/near-syncope†  3. Excessive exertional and unexplained dyspnea/fatigue, associated with exercise  4. Prior recognition of a heart murmur  5. Elevated systemic blood pressure (Family history)

- 6. Premature death (sudden and unexpected, or otherwise) before age 50 years due to heart disease, in one or more relatives
- 7. Disability from heart disease in a close relative under 50 years of age
- 8. Specific knowledge of certain cardiac conditions in family members: hypertrophic or dilated cardiomyopathy, long-QT syndrome or other ion channelopathies, Marfan syndrome, or clinically important arrhythmias

## (Physical examination)

- 9. Heart murmur‡
- 10. Femoral pulses to exclude aortic coarctation
- 11. Physical stigmata of Marfan syndrome
- 12. Brachial artery blood pressure (sitting position) §
- 13. If individual has been restricted from participation in sports in the past
- 14. If individual has had prior testing for the heart, ordered by a health care provider

†Judged not to be neurocardiogenic (vasovagal); of particular concern when related to exertion.

Auscultation should be performed in both supine and standing positions (or with Valsalva maneuver), specifically to identify murmurs of dynamic left ventricular outflow tract obstruction. §Preferably taken in both arms.

Please list any relevant restrictions or limitations if any:

<sup>\*</sup>Parental verification is recommended for high school and middle school athletes.

## Consent for Photograph & Audio/Visual Release Form

electro NJSP	onic means, activities in which you (the Programs:	ests your permission to reproduce through place participant) or your child has engaged in for ogram,   NJSP Explorer Post,   Other	3							
		photographs and/or video footage taken durin mass media, displays, brochures, websites, e								
•	I, as a parent or guardian of the below-named youth, or as an adult participant, fully authorize and grant the NJSP and its authorized representatives the right to print, photograph, record, and edit as desired, the name, image, likeness, and/or voice of myself or the below-named youth on audio, video, film, slide, or any other electronic and printed format currently developed for the purpose stated or related to the above									
•	I understand and agree that the use me personally, the youth, or the you	of such photographs and video will be with ath's parent/guardian.	out any compensation to							
•	I understand all photos and/or vide without specific notification.	eos will be property of the NJSP. Photos and	d/or videos may be used							
•	I understand and agree that the NJSP and/or its authorized representatives shall have the exclusive right, title, and interest, including copyrights, of such photographs and video recordings.									
•	I understand and agree that the NJSP and/or its authorized representatives shall have the unlimited right to use the photographs or videos for any purpose stated or related to the above.									
•	damages, costs, or expenses, incl	the NJSP and its authorized representatives luding attorney's fees, brought by myself rise out of, any use of these photographs ar	, the youth, and/or the							
	read and understand the contents of g voluntarily.	this Consent for Photograph & Audio/Visua	l Release Form and I am							
Particip	pant – Print Name	Participant Signature	Date							
	Guardian – Print Name red if participant is under 18 years old.)	Parent/Guardian Signature	Date							