

Help Eliminate Stigma and Discover Mental Health Resources for First Responders!

Attend this Critical, Free Webinar on Feb. 12th!

The New Jersey Governor's Council on Mental Health Stigma invites you to join us on February 12, 2026 at 10:30 a.m. to 12:00 p.m. for *Stronger than Stigma: Mental Health Resources for First Responders*.

Presenters will address how mental health stigma affects first responders (police officers, firefighters, emergency medical technicians, disaster response teams, etc.) and share valuable resources to help the state's first responders fight stigma and receive counseling and peer support, if needed.

Who Should Attend:

- Frontline (e.g., Law Enforcement Officers, Firefighters, Emergency Medical Technicians/Paramedics)
- Supervisory Ranks (e.g., Sergeants, Lieutenants, Captains)
- Chiefs and other Commanders (e.g., Deputy Chiefs, Chiefs, Sheriffs, other Officers)
- Behavioral and other Healthcare Providers who Support these Groups

Click [here](#) to register.

Share this opportunity with first responders and their leaders, healthcare providers and others you know who would benefit from this essential information!