

STIGMA

is the

('stigmə)

a mark of disgrace associated with a circumstance, quality or person.

DISEASE

KNOWLEDGE

(nəlij) facts, information and skills acquired by a person through experience or education.

is the

CURE

Learn more about your mental health

Mental Illness Does Not
Discriminate... People Do



New Jersey Governor's Council on
Mental Health Stigma
Eliminating Stigma to Ensure Equity for All

www.nj.gov/mhstigmacouncil