

# Start the Conversation



## Employ Mental Health Awareness

Learn More About Your Mental Health

Mental Illness does not discriminate... people do



New Jersey Governor's Council on  
**Mental Health Stigma**  
*Eliminating Stigma to Ensure Equity for All*

[www.nj.gov/mhstigmacouncil](http://www.nj.gov/mhstigmacouncil)