

# Veterans, life doesn't have to be a Battlefield.



## Don't let stigma stand in your way.

Post Traumatic Stress Disorder, Traumatic Brain Injury, Depression, Anxiety, Substance Abuse, and other Mental Health Care Needs.

Help is Available - For Information on Benefits and Services call or visit  
**1-866-VETS-NJ-4-U (1-866-838-7654) [www.state.nj.us/military](http://www.state.nj.us/military)**

