



## Office of Diversity, Equity, Inclusion and Belonging

### MAY 2025 – DEIB CALENDAR

#### Additional Observances

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May encompasses various themes, observances, and celebrations that traverse diverse cultural backgrounds, heritages, traditions, and historical events. To consistently broaden our understanding and exposure to global experiences, here are additional inclusion days to explore for the month of May.

#### May 1st

- Asian-American and Pacific Islander Heritage Month
- Jewish American Heritage Month
- Haitian Heritage Month
- Indian Heritage Month
- Mental Health Awareness Month
- Older Americans Month
- ALS Awareness Month
- Fibromyalgia Education Month
- Global Employee Health and Fitness Month
- Local and Community History Month
- Lupus Awareness Month
- Military Appreciation Month
- Labor History Month
- Latino Books Months
- Melanoma/Skin Cancer Detection & Prevention Month
- National Community Action Month
- National Walking Month
- Silver Star Service Banner Day

#### May 3rd

- National Fitness Day

#### May 4th

- Red Cross Week
  - May 4th – 10th
- Public Service Recognition Week
  - May 4th - 10th

**May 5th**

- Cinco De Mayo
- National Silence the Shame Day
- Deaf Awareness Week
  - May 5th – 11th
- Sign Language Week
  - May 5th – 11th

**May 6th**

- National Nurses Day
- National Nurses Week
  - May 6th – 12th

**May 8th**

- Time of Remembrance and Reconciliation for those who Lost their Lives during WWII

**May 9th**

- National Military Spouse Appreciation Day

**May 10th**

- World Lupus Day
- National Mental Health Awareness Week
  - May 10th – 16th

**May 11th**

- Mother's Day

**May 12th**

- International Nurses Day

**May 13th**

- Children of Fallen Patriots Day

**May 15th**

- Global Accessibility Awareness Day

**May 16th**

- National Honor our LGBTQ Elders Day

**May 17th**

- International Day Against Homophobia, Transphobia, and Biphobia
- Armed Forces Day
- Culture Freedom Day

**May 18th**

- Haitian Flag Day

**May 19th**

- National Volunteering Week
  - May 19th - 20th

**May 22nd**

- Harvey Milk Day
- National Maritime Day

**May 25th**

- Global Africa Day

**May 26th**

- Memorial Day

**May 28th**

- World Hunger Day
- National Senior Health and Fitness Day

**May 30th**

- World Multiple Sclerosis Day